

WELLINGTON REGIONAL PRIMARY & INTERMEDIATE SCHOOLS
CROSS COUNTRY CHAMPIONSHIPS 2015

Tuesday 5 July, 2016

(Postponement Thursday 7 July)

10 - 2.30pm

Waikanae Park, Ngarara Road, Waikanae

COURSE

- The course is located at Waikanae Park around the sports fields and passive bush space. The course has varied elevation.
- A video of the course can be found [here](#).
- Course distances are as follows:
 - Year 4 boys and girls 1km (one lap)
 - Year 5 boys and girls 2km (two laps)
 - Year 6 boys and girls 2km (two laps)
 - Year 7 boys and girls 3km (three laps)
 - Year 8 boys and girls 3km (three laps)
 - AWD (all ages) 1km (one lap)

ENTRIES

- Entries close on Friday 24 June at 10am. No late entries will be accepted.
- Entries cost \$2.00 per child. Cheques will be accepted on the day of the event. Please advise if you require an invoice. Cash will not be accepted.
- Each association is limited to 10 competitors per year level and gender in the individual events.
- Each association will be responsible for their own entries. This will be completed via Google Docs. The link to the entries can be found [here](#).

COMPETITORS

- Competitors must have qualified in their association event in order to compete at regional level and must only compete in one year level.
- All associations must have accompanying adults with their competitors.
- It is the role of each association to arrange signage and a meeting place for their competitors. There will be plenty of space for competitors and spectators.
- Please note there will be an official photographer present at this event. Should any parent NOT want their child's photo to be used in any publicity, please bring this to the attention of the race director prior to the event commencing. We will give the child a red label to wear.

- There is some desire to help facilitate a warm-up session for competitors before they gather at the starting line. This is yet to be confirmed and more details will follow.
- All associations are to provide a first aid kit for their own competitors use in the event of an injury. There will be designated first aid on site also.

TIMING LOGISTICS

- We are excited to be in the position to utilise timing micro-chip equipment. This means that children participating will be participating in a quality and professional event.
- The logistics of getting the timing chips out to the associations is currently being discussed. We will let you know the instructions soon.
- The timing chips will have a number that will correlate to the child's name in the computer system. As the child runs through the finish shoot, their time is automatically logged on the computer system.
- Once the child has finished, officials at the finish chute will collect the chip from the child.
- If a chip is lost or not returned, there will be a cost of \$10.00 which will be the responsibility of the association to pay for.
- The same system will be used for the Kāpiti Inter-school event on Tuesday 21 June. Association Officials are more than welcome to attend to see how the equipment works.

SPECTATORS

- Spectators are not permitted on the course at any stage of the event including the walk around.
- Spectators are not to interfere with competitors, marshals or any other officials.
- No dogs are permitted at this event as per the Kapiti Coast District Council dog bylaw.

OFFICIALS

- Each association is required to provide at least three officials to undertake the roles of team manager and course marshal. Any additional volunteers to act as course marshals would be kindly welcomed. Please email to advise if you can provide additional marshals. It may be that not all these officials are required. If that is the case, we will be in touch.
- There will be a briefing for all course marshals, recorders and team managers at the finish line at the following times:
 - 10.45am Course marshals
 - 11.00am Team managers and recorders

PHOTOGRAPHS

A photographer will be present to take photos throughout the day. These will be made available online a few days later after the event. A link of where the photos can be found will be distributed following the event.

FOOD

Kapanui School will be selling different items of food and drink. This is a fundraiser so please take the opportunity to support them. They will be stationed near the Waikanae Recreation Centre.

POSTPONEMENT/CANCELATION

The event will be postponed/cancelled if the weather conditions are deemed to be detrimental to the athletes health and safety. (i.e. A combination of intense rain, wind and cold.) If postponed/cancelled due to the weather or ground conditions, the school sports association convenor will be contacted and asked to communicate this information to their participating schools. A cancellation notice will also be announced over Newstalk ZB (AM 1035, or FM 89.3) placed on the 6am announcements. This will also be posted at www.kapiticoast.govt.nz/school-sports.

PROGRAMME

Report to Waikanae Park 30 minutes prior to you race or earlier if you wish to walk the course.

Time	Race
10.00am	Course open for walk around
10.45am	Course Marshals Meeting
11.00pm	Team Managers and Officials Meeting
11.15pm	Welcome
11.30pm	Year 4 Girls
11.45pm	Year 4 Boys
12.00pm	Athletes with Disabilities
12.15pm	Year 5 Girls
12.30pm	Year 5 Boys
12.45pm	Year 6 Girls
1.00pm	Year 6 Boys
1.15pm	Year 7 Girls
1.30pm	Year 7 Boys
1.45pm	Year 8 Girls
2.00pm	Year 8 Boys

Please note these times are approximate and may change on the day.

EVENT ORGANISERS

		
Porirua	Intermediates Association	Kapiti School Sports Programme
South Wairarapa	Masterton Cluster	Parumoana

With support from...

		
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