

Regional League 3 - 19/11/2016
Newtown Park Stadium, Wellington
Results

Women 100 Metre Run

Name	Age	Team	Finals
Heat 1 Wind: 1.8			
1 Maples, Genna	13	Wanganui	12.49
2 Pukaikia, Letisha	15	Taranaki	12.84
3 Bennett, Ashleigh	17	Taranaki	12.91
4 Forman, Elise	17	W H A C	12.92
5 Seymour, Olivia	16	Wanganui	12.95
6 Araba, Faith	14	Taranaki	13.09
7 Szabo, Lili	17	W H A C	13.12
8 Story, Vanessa	42	Palmerston N	13.26
Heat 2 Wind: 0.1			
1 Ensor, Sophie	17	Wanganui	13.37
2 Tikitiki, Kyra	15	Palmerston N	13.44
3 Whiteman, Georgia	18	Palmerston N	13.45
4 Lovell, Rose	14	Olympic Athl	13.56
5 Russell, Sophie	14	Karori Athle	13.61
6 Morgan, Olivia	15	Taranaki	13.67
7 Feaunati, Maddie	14	Paraparaumu T&F	13.72
8 Evans, Phoebe	14	Lower Hutt	13.76
Heat 3 Wind: 1.0			
1 Te Pou, Te Aira	13	Hastings Ath	13.77
2 Elemam, Summa	14	Taranaki	13.91
3 Bird, Sarah	16	Taranaki	14.09
4 Whyte, Samantha	13	W H A C	14.09
5 Denton, Cherize	16	Taranaki	14.18
Heat 4 Wind: 0.4			
1 Falloon, Jesse	14	Palmerston N	14.36
2 Whiteman, Nicole	13	Palmerston N	14.68
3 Reid, Brooke	13	Taranaki	14.91
4 Bgoni, Maka	40	Olympic Athl	14.95
5 Wilson, Taya	13	Taranaki	15.07
6 Irvine, Jemima	12	Mana Athletics Club	15.34
7 Leikis, Libby	18	Karori Athle	16.79

Women 200 Metre Run

Name	Age	Team	Finals
Heat 1 Wind: -2.6			
1 Maples, Genna	13	Wanganui	26.08
2 Forman, Elise	17	W H A C	26.79
3 Story, Vanessa	42	Palmerston N	27.36
4 Farmer, Sarah	14	Taranaki	27.85
5 Araba, Faith	14	Taranaki	27.99
6 Green, Victoria	15	Olympic Athl	27.99
7 Homstad, Ellen	17	Lower Hutt	28.26
Heat 2 Wind: 2.7			
1 Tikitiki, Kyra	15	Palmerston N	27.68
2 Russell, Sophie	14	Karori Athle	27.70
3 Evans, Phoebe	14	Lower Hutt	28.53
4 Te Pou, Te Aira	13	Hastings Ath	28.58
5 Elemam, Summa	14	Taranaki	29.41
6 Denton, Cherize	16	Taranaki	29.83
7 Bird, Sarah	16	Taranaki	31.14
Heat 3 Wind: 1.7			
1 Robinson, Madison	16	Upper Hutt A	29.00
2 Falloon, Jesse	14	Palmerston N	29.27
3 Turley, Maddison	15	Visitor	29.45

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4	Whiteman, Nicole	13	Palmerston N	30.51
5	Reid, Brooke	13	Taranaki	31.38
6	Irvine , Jemima	12	Mana Athletics Club	32.54
7	Wilson, Taya	13	Taranaki	33.64
8	Leikis, Libby	18	Karori Athle	35.95

Women 400 Metre Run

Name	Age	Team	Finals
Heat 1			
1	Brunger, Tayla	14	Wanganui 58.29
2	Godfrey, Grace	16	Wanganui 59.65
3	Story, Vanessa	42	Palmerston N 1:00.35
4	Green, Victoria	15	Olympic Athl 1:01.92
5	Feaunati, Maddie	14	Paraparaumu T&F 1:02.39
6	Lovell, Rose	14	Olympic Athl 1:02.44
7	Farmer, Sarah	14	Taranaki 1:04.52
Heat 2			
1	Whiteman, Monique	15	Palmerston N 1:01.50
2	White, Eleanor	14	Olympic Athl 1:03.06
3	Phelan, Dana	14	Taranaki 1:05.22
4	Gunn, Ashleigh	13	Palmerston N 1:05.54
5	MacKinder, Sam	14	Palmerston N 1:05.65
6	Goodwin, Charlie	14	Taranaki 1:10.20
7	Lightfoot, Sam	16	Wainuiomata 1:14.36
8	Irvine , Jemima	12	Mana Athletics Club 1:15.94

Women 800 Metre Run

Name	Age	Team	Finals
Heat 1			
1	Skelton, Imogen	16	W H A C 2:14.74
2	Hunt, Tessa	16	W H A C 2:18.06
3	Atkinson, Sophie	15	Auckland Cit 2:18.77
4	Hegan, Lucy	14	Olympic Athl 2:19.17
5	Lee, Briana	14	Hastings Ath 2:19.36
6	Rae, Kirstie	15	W H A C 2:21.31
7	Shadbolt, Ilena	15	W H A C 2:21.72
8	Floodsmith-Ryan, Charlot	14	W H A C 2:22.64
Heat 2			
1	Whiteman, Monique	15	Palmerston N 2:26.64
2	Crawford, Jo	35	Olympic Athl 2:27.53
3	Phelan, Dana	14	Taranaki 2:29.06
4	Kyle-Ford, Maali	13	W H A C 2:29.09
5	MacKinder, Sam	14	Palmerston N 2:32.06
6	Gunn, Ashleigh	13	Palmerston N 2:32.52
7	Doyle, Metiria	13	W H A C 2:37.68
8	Creaser, Renae	42	Kapiti Harriers 2:37.78
9	Watkins, Mya	14	Taranaki 2:43.27

Women 1500 Metre Run

Name	Age	Team	Finals
Heat 1			
1	Forman, Kelsey	18	W H A C 4:52.53
2	Keibell, Sarah	14	Wgtn Girls College 5:02.34

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...Women 1500 Metre Run

3 Van Boheemen, Phoebe	17 Olympic Athl	5:08.32
4 Dunn, Emily	16 Hastings Ath	5:15.28
5 Creser, Renae	42 Kapiti Harriers	5:21.79
6 Burnard, Monica	Palmerston N	5:25.40
7 Lambert, Sarah	15 Wanganui	5:32.79
8 A Dummy, Women F	Unattached	5:33.75
9 Abraham, Emma	15 Wanganui	5:40.70
10 Matthews, Sarah	14 Wanganui	5:46.13
11 McCarthy, Sophie	13 Wanganui	5:47.79
12 Matthews, Brittney	16 Wanganui	5:55.01

Women 300 Metre Hurdles

Name	Age	Team	Finals
1 Whiteman, Georgia	18	Palmerston N	48.19
2 Clarkson, Petra	15	W H A C	48.61
3 Robinson, Madison	16	Upper Hutt A	50.33
4 Redmayne, Sophie	15	Wanganui	50.55
5 Brabyn, Isabel	14	Wanganui	51.61
Heat 2			
1 Szabo, Lili	17	W H A C	50.05
2 Georgina, Matson	14	Wanganui	51.85
3 Burt, Tamsin	17	Taranaki	52.48
4 Hurley-Langton, Ellie	15	Taranaki	53.44
5 Phelan, Dana	14	Taranaki	54.18

Women 4x100 Metre Relay

Team	Finals
Heat 1	
1 Wanganui Athletics Club 'A'	50.36
2 Palmerston North Athletics Clu 'A'	52.11
3 Taranaki 'A'	53.06
4 Taranaki 'B'	54.98
5 Wanganui Athletics Club 'C'	55.24
6 Olympic Athletics Club 'A'	55.42
7 Palmerston North Athletics Clu 'B'	55.57
-- Wanganui Athletics Club 'B'	DNF

Women 4x400 Metre Relay

Team	Finals
1 Wanganui Athletics Club 'A'	4:06.76
2 Palmerston North Athletics Clu 'A'	4:18.11
3 Wanganui Athletics Club 'B'	4:26.04
4 Taranaki 'A'	4:29.38

Women High Jump

Name	Age	Team	Finals
Flight 1			
1 Skelton, Imogen	16	W H A C	1.60m
1.50 1.55 1.60 1.68			
O O O XXX			

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....Women High Jump

2	Saville, Ranae	15	Palmerston N	1.55m
	1.35 1.40 1.45 1.50 1.55 1.60			
	XO O O O XO XXX			
3	Reeves, Josephine	15	Lower Hutt	1.55m
	1.30 1.35 1.40 1.45 1.50 1.55 1.60			
	O O O O O XXO XXX			
4	MacKinder, Sam	14	Palmerston N	1.50m
	1.35 1.40 1.45 1.50 1.55			
	O XO O O XXX			
5	Matthews-Wanden, Jade	13	Lower Hutt	1.45m
	1.25 1.30 1.35 1.40 1.45 1.50			
	O O O O O XXX			
6	Whiteman, Georgia	18	Palmerston N	1.45m
	1.30 1.35 1.40 1.45 1.50			
	O O XXO XXO XXX			

Women Long Jump

Name	Age	Team	Finals	Wind
1 Bennett, Ashleigh	17	Taranaki	5.42m	1.9
4.96m(2.2) 5.08m(0.2) 5.10m(1.4) 5.42m(1.9) FOUL(0.2) FOUL(2.1)				
2 Maples, Genna	13	Wanganui	5.18m	2.3
5.16m(2.1) 4.91m(1.0) 4.76m(2.3) 5.18m(2.3) PASS PASS				
3 Stewart, Abby	17	W H A C	5.11m	0.4
4.12m(2.7) 4.98m(1.4) 4.95m(1.8) 4.97m(1.0) 5.08m(1.1) 5.11m(0.4)				
4 Blackwood, Ariana	22	Palmerston N	4.90m	1.7
4.62m(0.6) 4.47m(0.4) 4.90m(1.7) FOUL(3.0) 4.71m(1.1) 4.75m(+0.0)				
5 Gunn, Stacey	22	Palmerston N	4.84m	0.3
4.78m(0.5) 4.84m(0.3) FOUL(1.9) FOUL(3.0) 3.58m(2.7) 4.67m(1.2)				
6 Evans, Phoebe	14	Lower Hutt	4.60m	0.1
4.18m(2.9) 4.60m(0.1) 4.31m(0.6) 4.58m(NWI) 4.58m(1.1) 4.36m(1.9)				
7 Homstad, Ellen	17	Lower Hutt	4.57m	0.2
4.42m(0.7) 4.57m(0.2) 4.49m(1.1)				
8 Morgan, Olivia	15	Taranaki	4.42m	1.0
4.42m(1.0) 3.66m(0.4) 3.99m(1.9)				
9 Reeves, Josephine	15	Lower Hutt	4.37m	0.4
4.23m(2.1) 4.37m(0.4) 4.28m(2.9)				
9 Lin, Lisa	18	Wanganui	4.37m	0.2
3.64m(2.2) 4.27m(1.3) 4.37m(0.2)				
11 Matthews-Wanden, Jade	13	Lower Hutt	4.20m	0.3
4.20m(0.3) 3.72m(0.7) 4.15m(2.4)				
12 Farmer, Jessica	15	Taranaki	4.19m	1.5
4.11m(0.1) 4.10m(2.8) 4.19m(1.5)				
13 Hurley-Langton, Ellie	15	Taranaki	4.04m	1.5
3.77m(1.2) 4.04m(1.5) FOUL(0.5)				
14 Russell, Sophie	14	Karori Athle	4.03m	0.8
FOUL(2.8) FOUL(1.6) 4.03m(0.8)				
15 Keene, Elsa	15	Olympic Athl	3.90m	0.6
3.90m(0.6) FOUL(0.8) FOUL(1.5)				
16 Whyte, Samantha	13	W H A C	3.85m	1.1
3.85m(1.1) 3.56m(1.2) 3.57m(2.7)				
-- Yee, Emerson	16	Olympic Athl	FOUL	
FOUL(2.1) FOUL(2.6) FOUL(0.1)				

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Women Triple Jump

Name	Age	Team	Finals	Wind
1 Thomson, Anna	21	Mana Athletics Club	12.14m	-1.7
			12.14m(-1.7) FOUL(-1.1) 11.99m(0.4) FOUL(-0.5) FOUL(1.0) 11.80m(-1.6)	
2 Bennett, Ashleigh	17	Taranaki	11.48m	-1.3
			11.48m(-1.3) 11.44m(-2.8) FOUL(+0.0) PASS 10.15m(1.0) PASS	
3 Lin, Lisa	18	Wanganui	10.05m	-2.2
			10.05m(-2.2) 9.81m(-2.8) 9.75m(-0.2) 9.92m(-0.4) FOUL(-0.2) 9.76m(1.7)	
4 Maples, Genna	13	Wanganui	9.97m	2.8
			9.37m(-1.7) FOUL(-0.9) 9.87m(-1.6) 9.97m(2.8) PASS 9.88m(1.5)	
5 Morgan, Olivia	15	Taranaki	9.79m	0.4
			9.62m(-1.9) 9.46m(1.1) 9.62m(0.3) 9.61m(1.0) 9.59m(0.4) 9.79m(0.4)	
6 Keene, Elsa	15	Olympic Athl	9.77m	1.1
			9.12m(+0.0) 9.73m(1.8) FOUL(2.5) 9.77m(1.1) FOUL(-2.2) 9.72m(1.1)	
7 Hurley-Langton, Ellie	15	Taranaki	9.55m	0.8
			9.10m(-2.3) 9.45m(-1.5) 9.55m(0.8)	
8 Farmer, Jessica	15	Taranaki	9.24m	1.8
			FOUL(-0.7) FOUL(-2.2) 9.24m(1.8)	
-- Hamilton, Laura	25	Mana Athletics Club	FOUL	
			FOUL(-0.7) FOUL(-1.4) FOUL(+0.0)	

Women Shot Put

Name	Age	Team	Finals
1 Maples, Lexi	17	Wanganui	12.92m 3kg
			11.46m 12.35m 12.36m 11.98m FOUL 12.92m
2 Fia, Palu	19	Palmerston N	12.61m 4kg
			11.36m 12.61m 11.97m 12.40m 11.65m 12.46m
3 Blackwood, Ariana	22	Palmerston N	10.48m 4kg
			9.36m 10.01m FOUL 9.74m 9.82m 10.48m
4 Collier, Phoebe	14	Wanganui	10.32m 3kg
			8.67m 9.15m 9.92m 9.60m 9.72m 10.32m
5 Bennett, Nicole	15	Taranaki	10.19m 3kg
			9.98m 9.99m 9.49m 9.83m 10.19m 9.97m
6 Andrews, Sophie	14	Wanganui	9.62m 3kg
			9.44m 9.62m 8.19m 8.18m 8.05m FOUL
7 Scriven, Michelle	48	Wgtn Masters	9.34m 4kg
			8.91m FOUL 9.34m
8 Samson, Aaliyah	15	Feilding Barbarians	8.66m 3kg
			8.66m 8.30m 7.87m
9 Reid, Brooke	13	Taranaki	8.57m 3kg
			8.57m 8.43m 8.08m
10 MacKinder, Sam	14	Palmerston N	8.26m 3kg
			7.69m 8.26m 7.72m
11 Collins, Brandy	18	Titahi Bay	7.61m 4kg
			7.43m 7.61m FOUL

Women Discus Throw

Name	Age	Team	Finals
1 Blackwood, Ariana	22	Palmerston N	36.14m 1kg
			36.14m FOUL PASS FOUL 33.86m PASS
2 Samson, Aaliyah	15	Feilding Barbarians	28.03m 1kg
			27.32m 25.79m 27.91m 23.83m 23.40m 28.03m
3 Collier, Phoebe	14	Wanganui	26.61m 1kg
			21.60m 18.71m FOUL 26.61m 24.85m FOUL

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4	Andrews, Sophie	14	Wanganui	26.42m	1kg
	23.47m 25.37m FOUL		26.42m FOUL FOUL		
5	Scriven, Michelle	48	Wgtn Masters	25.37m	1kg
	FOUL 21.82m FOUL FOUL		25.37m 22.85m		
6	Collins, Brandy	18	Titahi Bay	22.94m	1kg
	FOUL 22.27m FOUL		22.94m FOUL 21.66m		
7	Nixon, Charlotte	14	Wanganui	14.96m	1kg
	FOUL FOUL 14.96m				

Women Javelin Throw

Name	Age	Team	Finals
1 Blackwood, Ariana	22	Palmerston N	31.85m 600g
			29.15m 29.34m 29.59m 31.49m 31.85m FOUL
2 Andrews, Sophie	14	Wanganui	27.87m 500g
			24.12m 23.75m 26.43m 27.87m 25.97m 24.56m
3 Schultablers, Tessa	15	W H A C	26.98m 500g
			23.22m 24.63m 25.35m 24.67m 24.79m 26.98m
4 Collier, Phoebe	14	Wanganui	26.15m 500g
			20.91m 23.50m 26.15m 24.03m FOUL FOUL
5 MacKinder, Sam	14	Palmerston N	23.65m 500g
			21.04m 22.30m 22.53m 23.65m
6 Maples, Lexi	17	Wanganui	22.27m 500g
			21.50m FOUL FOUL 22.27m FOUL 22.20m
7 Nixon, Charlotte	14	Wanganui	11.07m 500g
			11.07m FOUL FOUL FOUL FOUL FOUL

Men 100 Metre Run

Name	Age	Team	Finals
Heat 1 Wind: 1.3			
1 Smith, Nick	17	Lower Hutt	10.91
2 Rosario, Yasheek	17	W H A C	11.04
3 Paul, Jake	18	Kiwi Athletic Club	11.15
4 Foster, Luke	18	Wanganui	11.23
5 Minshull, Jacob	18	Lower Hutt	11.27
6 Peters, Jordan	22	Palmerston N	11.56
7 Murphy, Benjamin	16	Kiwi Athletic Club	11.62
8 Khaled Abbas, Islam	16	Olympic Athl	11.73
Heat 2 Wind: 1.6			
1 Wagener, Bernard	17	Palmerston N	11.64
2 Webb, Liam	17	Kiwi Athletic Club	11.70
3 Robertson, James	17	Wairarapa	11.73
4 Smith, Aiden	17	Palmerston N	11.80
5 Howat, Jack	15	Lower Hutt	12.02
6 Pinson, Sam	21	W H A C	12.10
7 Abbiss, Rory	17	Wanganui	12.30
Heat 3 Wind: 3.0			
1 Matsuoka-Webber, Andrew	35	Palmerston N	11.74
2 Wilson, Cody	16	Taranaki	11.77
3 Cook, Caylem	17	Taranaki	12.06
4 Lock, Hamish	15	Upper Hutt A	12.08
5 Hohne, Marcel	31	Kiwi Athletic Club	12.32
6 Roil, Jackson	15	Upper Hutt A	12.49
7 Morgan, Cameron	16	W H A C	12.66
Heat 4 Wind: 1.9			
1 Tauli, VJ	14	Palmerston N	11.92

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2 Dawson, Reef	14 Palmerston N	12.00
3 Jones, Harry	14 Karori Athle	12.33
4 Yang, Wayne	14 Wanganui	12.36
5 Jobson, Fergus	14 W H A C	12.54
6 Tinkle, Mark	30 Kiwi Athletic Club	12.61
7 Macfarlane, Mark	53 Wgtn Masters	13.17
8 Sawaisananyakom, Pomm	15 Wanganui	13.49
Heat 5 Wind: 2.5		
1 McInnes, John	Wgtn Masters	12.63
2 Turner, John	49 Wgtn Masters	13.26
3 Thang, Joseph	14 Kiwi Athletic Club	13.41
4 Hunt, Darin	36 Kiwi Athletic Club	13.99
5 Hunt, Aneurin	19 Kiwi Athletic Club	14.03
6 Cameron, Gordon	60 Wgtn Masters	14.12

Men 200 Metre Run

Name	Age Team	Finals
Heat 1 Wind: -0.6		
1 Smith, Nick	17 Lower Hutt	22.40
2 Minshull, Jacob	18 Lower Hutt	22.77
3 Morison, Jonty	19 Wairarapa	22.88
4 Foster, Luke	18 Wanganui	23.01
5 Peters, Jordan	22 Palmerston N	23.08
6 Murphy, Benjamin	16 Kiwi Athletic Club	23.22
7 Khaled Abbas, Islam	16 Olympic Athl	23.95
8 Montgomery, Liam	17 Wairarapa	24.08
Heat 2 Wind: 2.0		
1 Robertson, James	17 Wairarapa	23.83
2 Mikael, Starzynski	15 Wairarapa	23.95
3 Lock, Hamish	15 Upper Hutt A	24.50
4 Howat, Jack	15 Lower Hutt	24.71
5 Abbiss, Rory	17 Wanganui	24.88
6 Manning, Zach	17 Hastings Ath	25.41
7 Morgan, Cameron	16 W H A C	26.08
8 Tinkle, Mark	30 Kiwi Athletic Club	26.38
Heat 3 Wind: 0.9		
1 Wilson, Cody	16 Taranaki	24.48
2 Dawson, Reef	14 Palmerston N	24.49
3 Roil, Jackson	15 Upper Hutt A	25.14
4 Grainger, Corban	15 Taranaki	25.50
5 Macfarlane, Mark	53 Wgtn Masters	26.82
6 Sawaisananyakom, Pomm	15 Wanganui	27.87
7 Clancy, Niall	13 Taranaki	29.15
8 Ward, Keelan	20 Wairarapa	29.25

Men 400 Metre Run

Name	Age Team	Finals
Heat 1		
1 Paul, Jake	18 Kiwi Athletic Club	50.19
2 Mikael, Starzynski	15 Wairarapa	50.31
3 Webb, Liam	17 Kiwi Athletic Club	50.89
4 Merson, Sam	19 Wanganui	52.12
5 Stewart, Thomas	17 W H A C	52.62
Heat 2		
1 Baikie, Rowan	16 Wgtn College	52.58

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2 Pinna, Alessandro	50	Wgtn Scottish	53.59
3 Poa, Michael	16	StreamzTC	53.94
4 Shaw, Jaeden	15	Palmerston N	55.04
5 Manning, Zach	17	Hastings Ath	55.91
6 Ledger, Andrew	15	Upper Hutt A	57.89
7 Roil, Jackson	15	Upper Hutt A	1:02.03

Heat 3

1 Jones, Harry	14	Karori Athle	55.52
2 Aikman-Nordon, Oliver	16	Scots College	55.96
3 Duncan, Jimmy	17	Wanganui	56.71
4 Hunt, Daniel	22	Victoria Uni	58.02
5 Jobson, Fergus	14	W H A C	59.68
6 Adams, Will	15	StreamzTC	1:00.11
7 McInnes, John		Wgtn Masters	1:02.09
8 Harper, Jonathon	66	Wgtn Scottish	1:15.51

Men 800 Metre Run

Name	Age	Team	Finals
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Heat 1

1 Spencer, Max	16	Wairarapa	1:57.98
2 Nairne, Josh	17	Olympic Athl	1:59.08
3 Porritt, Harrison	16	Palmerston N	1:59.59
4 Conder, Christian	18	Wanganui	2:02.03
5 Hammond, Jack	16	Lower Hutt	2:02.76
6 Waddy, Charles	18	Wanganui	2:03.13
7 Seeds, Finn	13	Upper Hutt A	2:06.07
8 Dowden, Isaac	17	Mana Athletics Club	2:08.81
9 Ledger, Andrew	15	Upper Hutt A	2:14.66

Heat 2

1 Waterworth, Jack	16	W H A C	2:08.09
2 Gibson Scarlett, Jack	17	W H A C	2:08.28
3 Sarten, Jared	14	StreamzTC	2:14.28
4 Kortink, Euan	14	StreamzTC	2:14.34
5 Stevens, Peter	52	Wgtn Scottish	2:16.50
6 Bruce, Lachlan	13	Wgtn College	2:17.00
7 Corbett, Trent	39	Olympic Athl	2:23.53

Heat 3

1 Plimmer, John	52	Wgtn Scottish	2:27.65
2 Clark, Marshall	61	Wgtn Scottish	2:31.13
3 Brent, Richard	65	W H A C	2:31.31
4 Cooper, Will	48	Paraparaumu T&F	2:31.88
5 Vink, Geordie	14	Taranaki	2:35.83
6 Cooper, Daniel	13	Paraparaumu T&F	2:38.56
7 Watson, Rupert	69	Wgtn Masters	3:01.60

Men 1500 Metre Run

Name	Age	Team	Finals
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Heat 1

1 Conder, Christian	18	Wanganui	4:08.73
2 Cooper, Evan	26	Wgtn Scottish	4:09.59
3 Wall, Ben	15	Palmerston N	4:09.71
4 Kane, Seamus	17	Olympic Athl	4:11.35
5 Carman, Joel	17	Lower Hutt	4:12.31
6 Sutcliffe, Matthew	16	Wgtn Scottish	4:12.98
7 Hyde-Smith, Sam	16	W H A C	4:15.71

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8 Marshall, Jack	17	Wgtn Scottish	4:17.93
9 Reilly, James	16	W H A C	4:31.37
10 Stevens, Peter	52	Wgtn Scottish	4:39.03

Heat 2

1 Seeds, Finn	13	Upper Hutt A	4:25.22
2 Barrass, Oliver	16	Trentham Uhc	4:31.26
3 Gay, Jack	16	Wanganui	4:33.07
4 Clancy, Niall	13	Taranaki	4:41.10
5 Conder, Thomas	16	Wanganui	4:42.65
6 Corbett, Trent	39	Olympic Athl	4:46.95
7 Sanders, Alasdair	35	Wgtn Scottish	4:46.97
8 Wall, Liam	13	Palmerston N	4:48.32
9 A Dummy, Man C		Unattached	4:49.24
10 O'Leary, Oliver	16	Wanganui	4:53.53
11 Tyson, Elijah	14	StreamzTC	4:59.65
12 Lendrum, Damon	13	Wgtn Scottish	5:01.36
13 Grover, Luke	13	W H A C	5:07.50

Men 110 Metre Hurdles

Name	Age	Team	Finals
Heat 1 Wind: 3.7			
1 Wells, Richmond	16	Wanganui	16.20 0.914
2 Cook, Caylem	17	Taranaki	16.53 0.914
3 Hunt, Aneurin	19	Kiwi Athletic Club	22.27 0.990

Men 400 Metre Hurdles

Name	Age	Team	Finals
Heat 1			
1 Davenport, Andrew	49	Palmerston N	1:08.64

Men 2000 Metre Steeplechase

Name	Age	Team	Finals
1 Davenport, Andrew	49	Palmerston N	7:15.21
2 Searle, Mark	28	Upper Hutt A	7:30.15
3 Dabb, Rob	57	Feilding Barbarians	8:22.64

Men 4x100 Metre Relay

Team	Finals
1 Wanganui Athletics Club 'A'	44.19
2 Palmerston North Athletics Clu 'B'	46.30
3 Wanganui Athletics Club 'B'	47.96
4 Upper Hutt Athletics Club 'A'	51.84
5 Wairarapa 'A'	56.02

Men 4x400 Metre Relay

Team	Finals
1 Palmerston North Athletics Clu 'A'	3:36.98
2 Palmerston North Athletics Clu 'B'	3:50.10
3 Wanganui Athletics Club 'B'	3:55.44

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....Men 4x400 Metre Relay

4 Wgtn Scottish 'A' 4:13.25
 -- Wanganui Athletics Club 'A' DQ

Men High Jump

Name	Age	Team	Finals
Flight 1			
1 William, Crayford	29	W H A C	2.00m
1.75 1.80 1.85 1.90 1.95	2.00 2.03		
O O O O O	XO XX		
2 Miller-Jose, Isaac	18	Wgtn Scottish	1.95m
1.75 1.80 1.85 1.90 1.95	2.00		
O O O XO O	XXX		
3 Pinson, Sam	21	W H A C	1.90m
1.75 1.80 1.85 1.90 1.95			
O O XO O XXX			
4 Seumanu, Mark	15	Palmerston N	1.80m
1.65 1.70 1.75 1.80 1.85			
O P XXO XO XXX			
5 Wells, Richmond	16	Wanganui	1.70m
1.65 1.70 1.75 1.80			
O O XP XX			
5 Aomarere-Poole, Jacob	18	Palmerston N	1.70m
1.65 1.70 1.75			
O O XXX			
5 Tinkle, Mark	30	Kiwi Athletic Club	1.70m
1.65 1.70 1.75			
O O XXX			
8 Manktelow, Xander	14	Kiwi Athletic Club	1.70m
1.50 1.55 1.60 1.65 1.70 1.75			
O XO XO XXO XO XXX			
9 Fage, Austin	16	Taranaki	1.70m
1.55 1.60 1.65 1.70 1.75			
O O O XXO XXX			
10 Murdoch, Ben	16	Olympic Athl	1.65m
1.55 1.60 1.65 1.70			
O O XO XXX			
11 Hunt, Darin	36	Kiwi Athletic Club	1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
XO O O O XO XXX			
12 Turner, John	49	Wgtn Masters	1.55m
1.45 1.50 1.55 1.60			
O XO O XXX			
13 Vink, Geordie	14	Taranaki	1.40m
1.30 1.35 1.40 1.45			
O XO O XXX			
14 Hunt, Toby	14	Wgtn College	1.40m
1.35 1.40 1.45			
O XXO XXX			

Men Pole Vault

Name	Age	Team	Finals
1 Wells, Richmond	16	Wanganui	2.90m
2.50 2.60 2.70 2.80 2.90 3.00			
O O XO XXO XO XXX			

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....Men Pole Vault

2	Hunt, Darin	36	Kiwi Athletic Club	2.80m
	2.40 2.50 2.60 2.70 2.80 2.90 3.00			
	O P O P O P XXX			
3	Claro, Francisco	16	Wanganui	2.60m
	2.40 2.50 2.60 2.70			
	XO O O XXX			

Men Long Jump

Name	Age	Team	Finals	Wind
1 Peters, Jordan	22	Palmerston N	6.73m	1.2
			6.64m(0.3) 6.59m(0.4) 6.73m(1.2) FOUL(1.9) 6.47m(2.0) 6.48m(2.6)	
2 Bryan, Jack	20	Napier Athle	6.43m	1.0
			6.43m(1.0) 6.38m(1.4) 6.09m(1.9) 6.04m(0.5) 6.33m(0.7) 6.38m(3.5)	
3 Tauli, VJ	14	Palmerston N	5.77m	1.2
			5.57m(2.1) 5.77m(1.2) 5.11m(2.0) 5.33m(0.8) 5.42m(0.1) 5.34m(0.5)	
4 Henry, Logan	14	Wanganui	5.66m	1.7
			FOUL(+0.0) FOUL(5.0) 5.66m(1.7) 5.41m(0.9) FOUL(1.4) 5.60m(2.0)	
5 Bolton, James	16	Palmerston N	5.58m	1.4
			5.48m(0.4) 5.58m(1.4) 4.91m(1.4) PASS PASS PASS	
6 Pere, Kieran	16	Wanganui	5.57m	0.3
			5.57m(0.3) 5.34m(0.2) 5.14m(0.9) 5.07m(+0.0) PASS PASS	
7 Roil, Jackson	15	Upper Hutt A	5.13m	1.4
			FOUL(2.5) FOUL(2.0) 5.13m(1.4)	
8 Macfarlane, Mark	53	Wgtn Masters	4.34m	1.0
			3.87m(2.7) 4.34m(1.0) FOUL(1.6)	
9 Hunt, Aneurin	19	Kiwi Athletic Club	3.96m	2.4
			3.84m(0.4) 3.96m(2.4) 3.86m(1.0)	

Men Triple Jump

Name	Age	Team	Finals	Wind
1 Pere, Kieran	16	Wanganui	11.70m	1.3
			10.99m(2.4) 11.48m(-2.3) 10.82m(1.7) 10.59m(0.5) 10.29m(-1.2) 11.70m(1.3)	
2 Bolton, James	16	Palmerston N	11.56m	NWI
			11.56m(NWI) 11.20m(3.5) 10.46m(-3.2) PASS PASS 10.30m(-3.3)	
3 Duncan, Jimmy	17	Wanganui	11.45m	+0.0
			11.05m(2.6) 11.45m(+0.0) 11.20m(+0.0) 11.43m(2.4) 11.41m(-2.6) 11.39m(-3.7)	
4 Aizpuru, Miguel	16	St Pats Town	11.43m	2.4
			FOUL(0.4) FOUL(-1.3) 11.43m(2.4) 10.89m(3.0) 11.25m(3.3) FOUL(-0.7)	
5 Henry, Logan	14	Wanganui	11.17m	4.5
			PASS PASS 10.38m(-3.2) FOUL(1.7) 11.17m(4.5) 11.14m(-3.1)	
6 Dowden, Isaac	17	Mana Athletics Club	10.75m	-2.4
			10.22m(+0.0) 10.39m(1.9) 10.55m(5.0) 9.98m(+0.0) 9.70m(-0.6) 10.75m(-2.4)	
7 Kosena, Sur	15	St Pats Town	10.37m	1.7
			10.22m(-0.2) 10.37m(1.7) 10.05m(-1.3)	
8 Hunt, Aneurin	19	Kiwi Athletic Club	8.44m	-0.2
			8.44m(-0.2) 8.40m(-2.4) 8.23m(-0.7)	
9 Watson, Rupert	69	Wgtn Masters	7.25m	0.8
			7.23m(0.7) 7.21m(0.9) 7.25m(0.8)	

Men Shot Put

Name	Age	Team	Finals
1 Palmer, Nick	16	Hastings Ath	17.20m 5kg
			16.28m 17.20m FOUL 16.95m FOUL 15.65m

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....Men Shot Put

2	Sulupo, Nathaniel	18	Lower Hutt	14.94m	6kg
	12.84m 14.14m 14.24m 14.83m 14.83m 14.94m				
3	Lealamisa, Josiah	15	StreamzTC	13.97m	5kg
	11.06m 12.39m 12.81m 13.33m 12.49m 13.97m				
4	Ahnau, Gerard	17	Titahi Bay	13.95m	5kg
	12.39m 12.18m FOUL FOUL 13.80m 13.95m				
5	Robinson, Cam	16	Kiwi Athletic Club	13.68m	5kg
	13.68m 12.61m 13.16m FOUL 13.08m 12.65m				
6	Schoeman, Stephan	25	Palmerston N	12.97m	7.26kg
	FOUL 12.97m 12.36m				
7	Lewer, Jack	18	Palmerston N	11.86m	5kg
	11.31m 11.26m 11.86m 11.27m FOUL 11.65m				
8	Howe, Sean	15	Karori Athle	11.36m	5kg
	10.87m 10.86m 11.36m				
9	McInnes, John		Wgtn Masters	10.55m	7.26kg
	PASS 10.55m FOUL				
10	McConachy, Callum	31	Palmerston N	10.51m	7.26kg
	9.94m 10.44m 10.51m				
11	Soria, Eddie	45	Kiwi Athletic Club	9.96m	7.26kg
	9.55m 9.96m 9.38m				
12	Stirling-Walker, Blair	16	Wairarapa	9.60m	5kg
	9.52m 9.60m 9.56m				
13	Howat, Jack	15	Lower Hutt	8.97m	5kg
	FOUL 8.75m 8.97m				
14	Cook, Graham	72	Kiwi Athletic Club	6.95m	4kg
	6.95m 6.94m 6.51m				
15	Jack, Peter	70	Kiwi Athletic Club	5.75m	4kg
	5.65m 5.56m 5.75m				
--	Moir, Ondray		Kiwi Athletic Club	FOUL	7.26
	FOUL FOUL FOUL				
--	Thomson, Richard	54	Mana Athletics Club	FOUL	7.26kg
	FOUL FOUL FOUL				

Men Discus Throw

Name	Age	Team	Finals
1 Sulupo, Nathaniel	18	Lower Hutt	53.62m 1.75kg
			FOUL 49.93m FOUL 45.49m 51.05m 53.62m
2 Ahnau, Gerard	17	Titahi Bay	46.58m 1.5kg
			FOUL FOUL 40.16m 36.42m 46.58m 44.97m
3 Howe, Sean	15	Karori Athle	40.21m 1.25kg
			38.49m FOUL 40.21m FOUL FOUL FOUL
4 Parker, Patrick	17	Wanganui	39.37m 1.5kg
			39.37m 35.37m 37.49m 37.47m FOUL FOUL
5 van den Broek, Ryan	16	Wanganui	38.74m 1.5kg
			38.74m 36.72m FOUL 33.32m FOUL 35.31m
6 Leo, Pati	16	Wanganui	37.75m 1.5kg
			37.75m FOUL 33.69m 37.32m FOUL 36.32m
7 Nesbit, Jack	16	Palmerston N	37.29m 1.5kg
			31.67m 37.29m 35.97m
8 Beatson, Jack	17	Feilding Barbarians	35.94m 1.5kg
			34.30m 35.28m 35.94m
9 Schoeman, Stephan	25	Palmerston N	34.89m 2kg
			34.89m FOUL FOUL
10 Schwamm, Jayleb	15	Feilding Barbarians	34.25m 1.25kg
			FOUL 34.25m 31.36m
11 Abbot, Max	13	Karori Athle	34.11m 1kg
			34.11m 0.32m FOUL

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....Men Discus Throw

12 Soria, Eddie	45 Kiwi Athletic Club	30.37m	2kg
FOUL 30.37m FOUL			
13 McConachy, Callum	31 Palmerston N	29.91m	2kg
29.82m 28.79m 29.91m			
14 Lewer, Jack	18 Palmerston N	28.94m	1.5kg
FOUL 28.66m 28.94m			
15 Davy, Noah	15 Wanganui	28.31m	1.25kg
28.31m PASS 27.59m			
16 Watson, Rupert	69 Wgtn Masters	25.31m	1kg
22.04m 25.31m 21.75m			
17 McPhail, Graham	49 Kiwi Athletic Club	23.99m	2kg
23.99m FOUL FOUL			
18 Moir, Ondray	Kiwi Athletic Club	22.35m	2kg
FOUL FOUL 22.35m			
19 Cook, Graham	72 Kiwi Athletic Club	17.24m	1kg
14.86m 15.37m 17.24m			
20 Jack, Peter	70 Kiwi Athletic Club	15.31m	1kg
14.55m 15.31m 13.81m			

Men Javelin Throw

Name	Age Team	Finals
1 Robinson, Cam	16 Kiwi Athletic Club	59.02m 700g
49.13m 53.13m FOUL 53.27m 59.02m 57.83m		
2 Smith, Aiden	17 Palmerston N	54.25m 700g
FOUL 54.25m PASS PASS PASS PASS		
3 Moir, Ondray	Kiwi Athletic Club	36.32m 800g
36.32m 33.08m 28.50m 34.07m FOUL FOUL		
4 Hunt, Darin	36 Kiwi Athletic Club	31.21m 800g
28.50m 30.12m 31.20m 31.21m 29.81m 29.91m		
5 Blair, Jim	85 Wgtn Masters	22.92m 400g
22.86m 22.53m 22.92m FOUL FOUL FOUL		
6 Hunt, Aneurin	19 Kiwi Athletic Club	18.90m 800g
18.90m 14.90m 15.20m 16.14m FOUL 15.03m		

Mixed 3000 Metre Run

Name	Age Team	Finals
Heat 1		
1 Hogan, Louis	M18 Wanganui	8:56.64
2 Karamanolis, Max	M19 W H A C	8:57.32
3 Tse, Nathan	M21 W H A C	8:58.19
4 Burnard, Harry	M19 Wgtn Scottish	9:02.08
5 Stewart, Callum	M18 W H A C	9:15.06
6 Goodwin, Tom	M17 Wgtn Scottish	9:15.96
7 Hooper, Rowan	M38 Wgtn Scottish	9:16.14
8 Wharton, Andrew	M41 Wgtn Scottish	9:19.79
9 Elliott, Jack	M16 Taranaki	9:21.25
10 Macdonald, Niam	M20 Wgtn Scottish	9:22.76
11 Chesney, Liam	M15 W H A C	9:25.37
12 White, Jamie	M32 Wgtn Scottish	9:26.54
13 Purdy, Theo	M15 Palmerston N	9:27.28
14 A Dummy, Man B	M Unattached	9:27.35
15 Slee, Logan	M16 Upper Hutt A	9:28.66
16 Justice, Jonathon	M36 Wgtn Scottish	9:30.69
17 O'Connor, Hannah	W15 Taranaki	9:38.60
18 Manz, Olaf	M17 W H A C	9:43.82

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...Mixed 3000 Metre Run

19	Murphy, Issac	M23	W H A C	9:43.98	
20	Sarten, Jared	M14	StreamzTC	9:44.04	
21	Ford, Andrew	M38	Wgtn Scottish	9:44.68	
22	Keller, Simon	M43	Wgtn Scottish	9:50.32	
23	Ferry, Geoff	M34	Wgtn Scottish	9:51.48	
24	Wall, Ben	M15	Palmerston N	9:57.85	
25	Steinmetz, Adam	M35	Wgtn Scottish	10:06.45	
26	Barrass, Oliver	M16	Trentham Uhc	10:11.79	
27	Waterworth, Mason	M16	W H A C	10:13.73	
28	Chesney, Finbar	M14	W H A C	10:28.74	
29	Sanders, Alasdair	M35	Wgtn Scottish	10:33.93	
30	Kemp, Katie	W40	Wgtn Scottish	10:45.62	
31	Bassett, Caitlin	W14	W H A C	10:53.80	
32	Joslin, Barrie	M48	Olympic Athl	10:58.01	
33	Smith, Anna	W28	Wgtn Scottish	11:10.00	estimated
34	Hardaker, Natalie	W	Wgtn Scottish	11:15.73	
35	Barwick, Lindsay	W42	Wgtn Scottish	11:16.76	
36	Kulathilake, Chandima	M42	Wgtn Scottish	11:24.28	
37	Bonoma, Sarah	W34	W H A C	11:32.10	
38	Dabb, Rob	M57	Feilding Barbarians	11:56.82	
39	Burnard, Monica	W	Palmerston N	11:58.12	
40	Pugh, Olivia	W14	Olympic Athl	12:18.00	estimated
41	Wallis, Glen	M52	Wgtn Scottish	12:29.13	
42	Cass, Sian	W53	Palmerston N	12:30.50	

Mixed 5000 Metre Run

Name	Age	Team	Finals
1 Day, Stephen	M41	Wgtn Scottish	15:38.86
2 Tanimoto, Hiro	M31	Wgtn Scottish	15:43.69
3 Lovelock, David	M30	Palmerston N	15:56.05
4 Clendon, Daniel	M40	W H A C	16:14.92

Mixed 80 Metre Hurdles

Name	Age	Team	Finals
Heat 1 Wind: -2.2			
1 Clarkson, Petra	W15	W H A C	13.50 0.762
2 Brabyn, Isabel	W14	Wanganui	14.42 0.762
3 Farmer, Jessica	W15	Taranaki	14.56 0.762
4 Porritt, Aden	M13	Palmerston N	14.63 0.762
5 Hurley-Langton, Ellie	W15	Taranaki	14.74 0.762
6 Dunlop-Browne, Anya	W12	Mana Athletics Club	16.59 0.762
7 Georgina, Matson	W14	Wanganui	16.66 0.762

Mixed 100 Metre Hurdles

Name	Age	Team	Finals
Heat 1 Wind: -5.3			
1 Lock, Hamish	M15	Upper Hutt A	15.84 0.840
2 Forman, Elise	W17	W H A C	17.99 0.762
3 Szabo, Lili	W17	W H A C	19.07 0.762

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Mixed 2000 Metre Steeplechase

Name	Age	Team	Finals
Heat 1			
1 Webb, Tessa	W16	Feilding Barbarians	7:25.62
2 Lennox, Jane	W16	Wanganui	7:25.98
3 Alabaster, Caitlyn	W15	Wanganui	7:37.75
4 Sharp, Braydon	M14	Taranaki	7:38.35
5 Porritt, Aden	M13	Palmerston N	7:41.72
6 Du Toit, Daniel	M13	W H A C	7:49.20

Mixed 3000 Metre Race Walk

Name	Age	Team	Finals
1 Lake, Sean	M45	Wgtn Scottish	16:55.07
2 Popow, Bradyn	M13	Palmerston N	18:03.79
3 Gilberd, Hannah	W15	Taranaki	18:05.51
4 Keheley, Laura	W14	Taranaki	18:13.84
5 Wilson, Jacqueline	W70	Trentham Uhc	18:44.95
6 Gardner, Bob	M62	Wgtn Scottish	18:46.27
7 Henderson, Bart	M54	Wgtn Masters	19:22.96
8 Antcliff, Joseph	M50	Trentham Uhc	19:24.52
9 Gardner, Christina	W17	Wgtn Scottish	19:56.39
10 Sutherland, Holly	W14	Taranaki	20:14.73
11 Wong-Tung, Arlene	W44	Wgtn Scottish	20:47.34
12 Jones, Daphne	W75	Wgtn Scottish	21:26.11
13 Keheley, Emma	W12	Taranaki	21:51.20
-- Kupe-King, Tamaari	M16	Taranaki	DQ
-- Du Toit, Daniel	M13	W H A C	DQ