

Athletics Wellington Senior Program for 9th December 2018.

Approx Start Times	Track	Approx Start Times	Field
1pm	800m*	1pm	High Jump*
1.30pm	2000/3000* Steeplechase (pre- entry req)		
2pm	3000m Walk**		
2.30pm	100m	2.00pm	Long Jump
2.45pm	3000m	2.30pm	Javelin
3.00pm	400m		
3.15pm	200m	3.30pm	Hammer