

AWJC Track & Field Championships 2020 - 15/03/2020 to 22/03/2020**Junior Championships
Newtown Park Stadium, Wellington****Championship - Records**

Girls 60 Metres Run Grade 7	9.46	2007	Ruby Stirling - Titahi Bay
Girls 100 Metres Run Grade 7	15.52	2000	A. Birch - Onslow
Girls 200 Metres Run Grade 7	33.48	2000	A. Conroy - Mana
Girls Long Jump Grade 7	3.46m	1983	I. Iota - Naenae
Girls Discus Throw 500g Grade 7	19.09m	15/03/2020	Keira-El Curtis - Wgtn Harrier
Girls Shot Put 1.000kg Grade 7	6.76m	2014	Mikayla Solo - Lower Hutt
Girls 4x100 Metres Relay Grade 7	1:06.40	1987	Paraparaumu
Girls 60 Metres Run Grade 8	9.20	1982	L. Read - Titahi Bay
Girls 100 Metres Run Grade 8	14.80	1986	K. Cusin - Maidstone
Girls 200 Metres Run Grade 8	31.90	1984	E. MacIntyre - Otaki
Girls Long Jump Grade 8	4.04m	1982	T. Catchpole - Eastern Suburbs
Girls Discus Throw 500g Grade 8	23.32m	2008	Terrelle Onesemo - Lower Hutt
Girls Shot Put 1.500kg Grade 8	7.58m	2013	Kyrah Whitman - Titahi Bay
Girls 4x100 Metres Relay Grade 8	1:03.10	1982	Paraparaumu
Girls 60 Metres Run Grade 9	8.80	1987	C. Marshall - Maidstone
Girls 100 Metres Run Grade 9	14.20	1981	A. Watson - Titahi Bay
Girls 200 Metres Run Grade 9	29.70	1987	K. Cusin - Maidstone
Girls Long Jump Grade 9	4.48m	2019	Sari Willis - Lower Hutt
Girls Discus Throw 500g Grade 9	24.88m	1986	M. Ngatai - Porirua
Girls Shot Put 1.500kg Grade 9	9.18m	2014	Kyrah Whitman - Titahi Bay
Girls 4x100 Metres Relay Grade 9	1:00.60	2017	Olympic
Girls 100 Metres Run Grade 10	13.93	1989	A. Piper - Paraparaumu
Girls 200 Metres Run Grade 10	28.50	1987	T. Waikari - Titahi Bay
Girls 400 Metres Run Grade 10	1:06.81	2005	Emily Eastgate - Karori
Girls 800 Metres Run Grade 10	2:29.53	1986	G. Smith - Masterton
Girls 1500 Metres Run Grade 10	5:15.87	2016	Maia Wilkinson - WHAC
Girls 1200 Metres Race Walk Grade 10	8:40.89	2017	Chille Murphy - WHAC
Girls High Jump Grade 10	1.42m	2006	Tiana Lewis - Titahi Bay
Girls Long Jump Grade 10	4.55m	2003	Amelia Birch - Onslow
Girls Discus Throw 750g Grade 10	26.74m	2012	Amanda Holmes - Titahi Bay
Girls Shot Put 2.000kg Grade 10	10.42m	2015	Kyrah Whitman - Titahi Bay
Girls 4x100 Metres Relay Grade 10	59.10	1984	Paraparaumu
Girls 100 Metres Run Grade 11	13.15	2003	Danielle Choat - Karori
Girls 200 Metres Run Grade 11	27.28	2004	Catherine Faumuina - Titahi Bay
Girls 400 Metres Run Grade 11	1:03.12	2006	Emily Eastgate - Karori
Girls 800 Metres Run Grade 11	2:25.50	1983	W. Driver - Titahi Bay
Girls 1500 Metres Run Grade 11	4:55.60	2013	Phoebe McKnight - Lower Hutt
Girls 1200 Metres Race Walk Grade 11	7:41.60	2014	Sam MacKinder - Upper Hutt
Girls High Jump Grade 11	1.48m	2016	Siena Cockburn - Athletics Wairarapa
Girls Long Jump Grade 11	4.82m	2017	Rylee Watt - Lower Hutt
Girls Discus Throw 750g Grade 11	30.00m	1986	G. Isaacs - Paraparaumu
Girls Shot Put 2.000kg Grade 11	11.63m	2016	Elizabeth Hewitt - Mana
Girls 4x100 Metres Relay Grade 11	56.07	2003	Karori
Girls 100 Metres Run Grade 12	12.90	1984	A. Atkinson - Mana
Girls 200 Metres Run Grade 12	26.50	1984	A. Atkinson - Mana
Girls 400 Metres Run Grade 12	1:00.78	2005	Anna Roche - WHAC
Girls 800 Metres Run Grade 12	2:19.90	1982	A. Stuart - Otaki
Girls 1500 Metres Run Grade 12	4:47.60	2008	Stevie Paine - Masterton
Girls 1200 Metres Race Walk Grade 12	7:36.35	2015	Sam Mackinder - Upper Hutt
Girls 80 Metres Hurdles 0.762m Grade 12	13.45	2015	Bernadine Solo - Titahi Bay
Girls 1000 Metres Steeplechase 0.762m Grade 12	3:30.82	2011	Kelsey Forman - WHAC
Girls High Jump Grade 12	1.56m	2008	Tiana Lewis - Titahi Bay
Girls Long Jump Grade 12	5.03m	2019	Rhea Whiteman - Olympic
Girls Discus Throw 750g Grade 12	33.17m	2008	Jessika Akavi - Titahi Bay
Girls Shot Put 3.000kg Grade 12	11.58m	2013	Rebecca Toimata - Karori
Girls 4x100 Metres Relay Grade 12	52.93	2013	Titahi Bay

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Girls 100 Metres Run Grade 13	12.68	2000	Sarah Buchanan - Karori
Girls 200 Metres Run Grade 13	26.09	1981	L. Bogiwalu - Johnsonville
Girls 400 Metres Run Grade 13	58.85	2009	Stevie Paine - Masterton
Girls 800 Metres Run Grade 13	2:14.70	1983	A. Stuart - Otaki
Girls 1500 Metres Run Grade 13	4:39.00	1983	A. Stuart - Otaki
Girls 1600 Metres Race Walk Grade 13	10:29.58	2014	McKenzie Jacques - Upper Hutt
Girls 80 Metres Hurdles 0.762m Grade 13	12.81	2008	April Campbell - Carterton
Girls 1000 Metres Steeplechase 0.762m Grade 13	3:26.72	2008	Ariana Blackwood - Carterton
Girls High Jump Grade 13	1.60m	2012	Phoebe Edwards - WHAC
Girls Long Jump Grade 13	5.11m	2007	Bobby Rose Girven-Russell - WHAC
Girls Discus Throw 1.000kg Grade 13	33.12m	1990	M. Ngatai - Porirua
Girls Shot Put 3.000kg Grade 13	11.71m	2014	Rebecca Toimata - Karori
Girls 4x100 Metres Relay Grade 13	52.12	1981	Paraparaumu
Girls 100 Metres Run Grade 14	12.59	2000	K. Kalivati - Lower Hutt
Girls 200 Metres Run Grade 14	25.82	2000	K. Kalivati - Lower Hutt
Girls 400 Metres Run Grade 14	58.52	2014	Izzy Hegan - Olympic
Girls 800 Metres Run Grade 14	2:12.80	1984	A. Stuart - Otaki
Girls 1500 Metres Run Grade 14	4:32.00	1984	A. Stuart - Otaki
Girls 2000 Metres Race Walk Grade 14	13:47.49	2015	Jessica Duthie - Ath Wairarapa
Girls 80 Metres Hurdles 0.762m Grade 14	12.22	2000	K. Kalivati - Lower Hutt
Girls 1000 Metres Steeplechase 0.762m Grade 14	3:18.46	2012	Alison Andrews-Paul - Masterton
Girls High Jump Grade 14	1.70m	2009	Keeley O'Hagan - Paraparaumu
Girls Long Jump Grade 14	5.30m	1985	D. Judd - Maidstone
Girls Discus Throw 1.000kg Grade 14	40.34m	2008	Courtney Fafeita - Carterton
Girls Shot Put 3.000kg Grade 14	13.40m	2019	Elizabeth Hewitt - Mana
Girls 4x100 Metres Relay Grade 14	51.94	2015	Titahi Bay
Girls 100 Metres Run Grade 15	12.40	1993	M. Maunder - Paraparaumu
Girls 200 Metres Run Grade 15	26.23	1990	E. MacIntyre - Otaki
Girls 400 Metres Run Grade 15	1:00.17	2007	Vicky Paine - Masterton
Girls 800 Metres Run Grade 15	2:18.58	2018	Esther Kozyniak - WHAC
Girls 1500 Metres Run Grade 15	4:48.62	2018	Sarah Kebbell - WHAC
Girls 2000 Metres Race Walk Grade 15	14:38.79	2016	McKenzie Jacques - Upper Hutt
Girls 80 Metres Hurdles 0.762m Grade 15	12.20	1995	C. Dunning - Onslow
Girls 1000 Metres Steeplechase 0.762m Grade 15	3:22.97	2013	Alison Andrews-Paul - Athletics Wairarapa
Girls High Jump Grade 15	1.75m	2010	Keeley O'Hagan - Paraparaumu
Girls Long Jump Grade 15	5.28m	1994	B. Beazer - Lower Hutt
Girls Discus Throw 1.000kg Grade 15	46.40m	2009	Leesa Lealaisalanoa - Titahi Bay
Girls Shot Put 3.000kg Grade 15	12.27m	2015	Terrelle Onesemo - Lower Hutt
Girls 4x100 Metres Relay Grade 15	51.26	1992	Paraparaumu
Boys 60 Metres Run Grade 7	9.09	2000	A. Curtis - Kiwi
Boys 100 Metres Run Grade 7	14.63	2000	A. Curtis - Kiwi
Boys 200 Metres Run Grade 7	30.96	1991	N. Willis - Lower Hutt
Boys Long Jump Grade 7	3.92m	2005	F. Meo - WHAC
Boys Discus Throw 500g Grade 7	24.17m	1984	S. Williams - Porirua
Boys Shot Put 1.000kg Grade 7	10.49m	2014	Va'a Tui - Titahi Bay
Boys 4x100 Metres Relay Grade 7	1:03.90	1983	Porirua
Boys 60 Metres Run Grade 8	8.82	1991	R. Brown - Paraparaumu
Boys 100 Metres Run Grade 8	14.30	1983	J. Donnelly - Titahi Bay
Boys 200 Metres Run Grade 8	30.07	1990	A. Steinmetz - Paraparaumu
Boys Long Jump Grade 8	4.27m	1982	K. Kuzmicich - Eastern Suburbs
Boys Discus Throw 500g Grade 8	28.89m	2016	Josh Ingham - Olympic
Boys Shot Put 1.500kg Grade 8	9.57m	2017	Nelsson Tuimalu - Titahi Bay
Boys 4x100 Metres Relay Grade 8	59.70	1984	Paraparaumu
Boys 60 Metres Run Grade 9	8.53	2000	A. Brewster - Titahi Bay
Boys 100 Metres Run Grade 9	13.47	2000	A. Brewster - Titahi Bay
Boys 200 Metres Run Grade 9	28.30	2000	A. Brewster - Titahi Bay

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Boys Long Jump Grade 9	4.77m	2000	A. Brewster - Titahi Bay
Boys Discus Throw 500g Grade 9	34.03m	2018	Nelsson Tuimalu - Titahi Bay
Boys Shot Put 1.500kg Grade 9	10.77m	2010	Nathan Giles - Mana
Boys 4x100 Metres Relay Grade 9	58.80	1985	Paraparaumu
Boys 100 Metres Run Grade 10	13.33	1981	A. Schroder - Richmond
Boys 200 Metres Run Grade 10	27.18	2001	A. Brewster - Titahi Bay
Boys 400 Metres Run Grade 10	1:03.67	2007	Barkhad Mohamed - Titahi Bay
Boys 800 Metres Run Grade 10	2:20.80	2007	Barkhad Mohamed - Titahi Bay
Boys 1500 Metres Run Grade 10	4:48.24	2007	Barkhad Mohamed - Titahi Bay
Boys 1200 Metres Race Walk Grade 10	7:12.27	2017	Liam Dunlop-Brown - Mana
Boys High Jump Grade 10	1.51m	2009	Mate Poduje - WHAC
Boys Long Jump Grade 10	4.99m	1992	A. Steinmetz - Paraparaumu
Boys Discus Throw 750g Grade 10	32.80m	2004	Manaaki Walker-Tepaniia - Titahi Bay
Boys Shot Put 2.000kg Grade 10	12.16m	2019	Nelsson Tuimalu - Titahi Bay
Boys 4x100 Metres Relay Grade 10	57.20	1987	Titahi Bay
Boys 100 Metres Run Grade 11	12.47	2010	Mafutaga Tau - Titahi Bay
Boys 200 Metres Run Grade 11	25.40	2002	A. Brewster - Titahi Bay
Boys 400 Metres Run Grade 11	58.71	2008	Barkhad Mohamed - Titahi Bay
Boys 800 Metres Run Grade 11	2:12.64	2008	Barkhad Mohamed - Titahi Bay
Boys 1500 Metres Run Grade 11	4:31.31	2008	Barkhad Mohamed - Titahi Bay
Boys 1200 Metres Race Walk Grade 11	6:27.90	2015	Daniel du Toit - Upper Hutt
Boys High Jump Grade 11	1.65m	2008	Barkhad Mohamed - Titahi Bay
Boys Long Jump Grade 11	5.30m	2002	A. Brewster - Titahi Bay
Boys Discus Throw 750g Grade 11	35.44m	1995	T. Waldrom - Wainuiomata
Boys Shot Put 3.000kg Grade 11	11.03m	2010	Mafutaga Tau - Titahi Bay
Boys 4x100 Metres Relay Grade 11	54.20	1987	Paraparumu
Boys 100 Metres Run Grade 12	11.96	2011	Mafutaga Tau - Titahi Bay
Boys 200 Metres Run Grade 12	24.69	2011	Mafutaga Tau - Titahi Bay
Boys 400 Metres Run Grade 12	56.50	1983	G. Stone - Maidstone
Boys 800 Metres Run Grade 12	2:07.93	2016	Finlay Seeds - Upper Hutt
Boys 1500 Metres Run Grade 12	4:24.71	2016	Finlay Seeds - Upper Hutt
Boys 1200 Metres Race Walk Grade 12	6:18.40	2016	Daniel du Toit - Upper Hutt
Boys 80 Metres Hurdles 0.762m Grade 12	12.21	2006	Manaaki Walker-Tepania - Titahi Bay
Boys 1000 Metres Steeplechase 0.762m Grade 12	3:16.80	2004	Corey Casey - Carterton
Boys High Jump Grade 12	1.69m	2007	Hoani Walker-Tepania - Titahi Bay
Boys Long Jump Grade 12	5.65m	2006	Manaaki Walker-Tepaniia - Titahi Bay
Boys Discus Throw 1.000kg Grade 12	39.71m	2019	Va'a Tui - Titahi Bay
Boys Shot Put 3.000kg Grade 12	13.14m	2019	Va'a Tui - Titahi Bay
Boys 4x100 Metres Relay Grade 12	49.89	2011	Titahi Bay
Boys 100 Metres Run Grade 13	11.55	2012	Mafutaga Tau - Titahi Bay
Boys 200 Metres Run Grade 13	23.21	1989	M. Beldham - Paraparaumu
Boys 400 Metres Run Grade 13	53.50	1984	G. Stone - Maidstone
Boys 800 Metres Run Grade 13	2:02.96	2007	Jack Oliver - Titahi Bay
Boys 1500 Metres Run Grade 13	4:15.28	2017	Finlay Seeds - Upper Hutt
Boys 1600 Metres Race Walk Grade 13	7:34.02	2017	Daniel du Toit - WHAC
Boys 80 Metres Hurdles 0.762m Grade 13	11.62	2007	Manaaki Walker-Tepania - Titahi Bay
Boys 1000 Metres Steeplechase 0.762m Grade 13	3:01.60	2009	Tom Quinn - Carterton
Boys High Jump Grade 13	1.82m	2008	Hoani Walker-Tepania - Titahi Bay
Boys Long Jump Grade 13	5.96m	2014	Ben Murdoch - Olympic
Boys Discus Throw 1.000kg Grade 13	49.89m	1997	T. Waldrom - Wainuiomata
Boys Shot Put 4.000kg Grade 13	15.44m	2016	Zion Trigger-Fautele - Titahi Bay
Boys 4x100 Metres Relay Grade 13	47.74	2007	Titahi Bay
Boys 100 Metres Run Grade 14	11.23	2014	Nick Smith - Lower Hutt
Boys 200 Metres Run Grade 14	23.12	2014	Nick Smith - Lower Hutt
Boys 400 Metres Run Grade 14	51.90	1986	D. Laterveer - Johnsonville
Boys 800 Metres Run Grade 14	2:00.02	2006	Corey Casey - Carterton

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Boys 1500 Metres Run Grade 14	4:07.79	2006	Corey Casey - Carterton
Boys 2000 Metres Race Walk Grade 14	9:25.12	2018	Daniel du Toit - WHAC
Boys 100 Metres Hurdles 0.838m Grade 14	14.25	2011	Jordan Brown - Paraparaumu
Boys 1000 Metres Steeplechase 0.762m Grade 14	2:52.18	2006	Corey Casey - Carterton
Boys High Jump Grade 14	1.95m	1986	J. Edwards - Titahi Bay
Boys Long Jump Grade 14	6.48m	2008	Manaaki Walker-Tepaniia - Titahi Bay
Boys Discus Throw 1.250kg Grade 14	51.93m	2017	Zion Trigger-Fautele - Titahi Bay
Boys Shot Put 5.000kg Grade 14	15.80m	2017	Zion Trigger-Fautele - Titahi Bay
Boys 4x100 Metres Relay Grade 14	46.80	2014	Karori
Boys 100 Metres Run Grade 15	11.22	15/03/2020	Oliver Krijnen - Mana
Boys 200 Metres Run Grade 15	23.20	1995	R. Bade - Paraparaumu
Boys 400 Metres Run Grade 15	51.63	1991	M. Beldham - Paraparaumu
Boys 800 Metres Run Grade 15	1:58.01	2016	Max Spencer - Athletics Wairarapa
Boys 1500 Metres Run Grade 15	4:10.90	2010	Kieron McDonald - WHAC
Boys 2000 Metres Race Walk Grade 15	8:11.59	2019	Daniel du Toit - WHAC
Boys 100 Metres Hurdles 0.838m Grade 15	13.91	2017	Roderick Solo - Titahi Bay
Boys 1000 Metres Steeplechase 0.762m Grade 15	2:54.51	2019	Finlay Seeds - Lower Hutt
Boys High Jump Grade 15	1.85m	1994	S. Rongo - Kiwi
Boys Long Jump Grade 15	6.44m	2017	Roderick Solo - Titahi Bay
Boys Discus Throw 1.250kg Grade 15	57.03m	2018	Zion Trigger-Fautele - Titahi Bay
Boys Shot Put 5.000kg Grade 15	13.19m	2000	T. Smith - Titahi Bay
Boys 4x100 Metres Relay Grade 15	46.36	2014	Titahi Bay
Mixed Distance Medley Grade 10	4:50.71	2015	Olympic
Mixed Distance Medley Grade 11	4:37.95	2015	Olympic
Mixed Distance Medley Grade 12	4:28.16	2013	Olympic
Mixed Distance Medley Grade 13	4:13.78	2015	Lower Hutt
Mixed Distance Medley Grade 14	4:09.41	2015	Olympic
Mixed Distance Medley Grade 15	3:55.25	2006	Carterton