

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****Event 110 Men 100 Metre Run**

Name	Age	Team	Finals
Heat 1 Wind: 0.2			
1 Stewart, Jordan	17	Paraparaumu	11.15
2 Lock, Hamish	18	Upper Hutt A	11.86
3 Woodhouse, Guy	26	Una	11.95
4 Roil, Jackson	18	Upper Hutt A	12.20
5 Morgan, Cameron	19	WHAC	12.44
6 Koed Chang, Ari	15	WHAC	12.71

**Event 120 Men 200 Metre Run**

Name	Age	Team	Finals
Heat 1 Wind: -0.8			
1 Stewart, Jordan	17	Paraparaumu	22.29
2 Sos, Saravee	28	Karori Athle	22.44
3 Lock, Hamish	18	Upper Hutt A	24.27
4 Roil, Jackson	18	Upper Hutt A	25.04
5 Morgan, Cameron	19	WHAC	26.68
6 McNicholas, Domonic	15	WHAC	29.41
7 Doyle, Richard	55	Lower Hutt A	30.30

**Event 140 Men 400 Metre Run**

Name	Age	Team	Finals
Heat 1			
1 Morgan, Cameron	19	WHAC	54.79
2 Mckenzie, Ethan	16	Titahi Bay A	55.79
3 Burnard, Harry	22	Scottish	56.40
4 Cooper, Daniel	16	Palmerston North	58.83
5 McNicholas, Domonic	15	WHAC	1:00.25

**Event 160H Men 110 Metre Hurdles**

Name	Age	Team	Finals
Heat 1 Wind: -0.5			
1 Lock, Hamish	18	Upper Hutt A	15.76 0.914m

**Event 210 Men High Jump**

Name	Age	Team	Finals
Trial 1			
1 Lock, Hamish	18	Upper Hutt A	1.85m
1.70 1.75 1.78 1.81 1.85 1.88			
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**Event 240 Men Triple Jump**

Name	Age	Team	Finals	Wind
Heat 1				
1 Roil, Jackson	18	Upper Hutt A	10.99m	NWI
10.99m(NWI) X X X X -				
2 Hunt, Aneurin	22	Kiwi Athleti	8.99m	NWI
8.69m(NWI) 8.86m(NWI) 8.60m(NWI) 8.73m(NWI) 8.99m(NWI) 8.41m(NWI)				

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****Event 250 Men Shot Put**

Name	Age	Team	Finals
1 Unknown, Athlete	20	Una	15.27m 7kg
14.20m 14.61m 15.27m 14.66m 14.55m X			
2 McPhail, Graham	52	Kiwi Athleti	10.29m 6kg
9.14m 9.85m 9.90m 10.29m 10.09m 10.17m			
3 Sola, Kaleb	16	HVHS	10.19m 5kg
X X 9.98m X X 10.19m			
4 Hanning F12, Corran	15	Kiwi Athleti	8.77m 5kg
7.88m 7.75m X 7.94m 8.77m X			
5 Hanson, Peter	80	Olympic Harr	8.58m 3kg
8.50m 8.58m 8.19m 8.22m 8.22m -			
6 Orman, Peter	68	Lower Hutt A	7.35m 5kg
6.44m 6.57m 7.19m 6.94m 7.35m 7.08m			
7 Cook, Graham	75	Kiwi Athleti	6.74m 4kg
6.17m 6.70m 6.56m 6.11m 6.74m 6.23m			

**Event 260 Men Discus Throw**

Name	Age	Team	Finals
1 Marshall, Hall		Auckland	61.49m 2kg
59.39m 61.49m 57.54m 58.66m 60.37m 58.81m			
2 Abbot, Max	16	Karori Athle	52.00m 1.25kg
45.48m 42.50m 49.90m 48.58m 50.22m 52.00m			
3 Unknown, Athlete	20	Una	47.11m 2kg
44.20m 46.34m X 47.11m 46.11m 44.72m			
4 Sola, Kaleb	16	HVHS	40.11m 1.25kg
X X 37.92m X 40.11m 36.06m			
5 Hanning F12, Corran	15	Kiwi Athleti	36.35m 3x 1.25kg, 3x 1kg
35.55m 31.54m 33.70m 36.35m X 35.30m			
6 Orman, Peter	68	Lower Hutt A	25.58m 1kg
25.58m 25.15m 24.39m 24.95m 22.68m 21.40m			
7 Unknown, Athlete 2	20	Una	25.41m 1kg
25.41m 24.10m X X 23.58m 25.14m			
8 McPhail, Graham	52	Kiwi Athleti	23.85m 1.5kg
23.85m 22.98m 22.57m - - -			
9 Hunt, Aneurin	22	Kiwi Athleti	16.70m 2kg
- 14.93m 14.97m 16.70m 15.08m 16.35m			
10 Cook, Graham	75	Kiwi Athleti	15.68m 1kg
15.38m 15.68m 15.63m 15.14m 14.27m 15.03m			

**Event 320 Women 200 Metre Run**

Name	Age	Team	Finals
Heat 1 Wind: 0.1			
1 Barton, Ruby	15	WHAC	27.90
2 Kozyniak, Edie	14	WHAC	28.80
3 Abernethy, Amelia	13	WHAC	29.46

**Event 340 Women 400 Metre Run**

Name	Age	Team	Finals
Heat 1			
1 Barton, Ruby	15	WHAC	1:00.40
2 Kozyniak, Edie	14	WHAC	1:02.25

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****....Event 340 Women 400 Metre Run**

3 Abernethy, Amelia	13 WHAC	1:04.12
4 Bentley, Liz	58 Scottish	1:18.54

**Event 368H Women 80 Metre Hurdles**

Name	Age Team	Finals
Heat 1 Wind: -0.1		
1 Matthews-Wanden, Jade	16 Lower Hutt A	12.89 0.762m

**Event 380 Women 800 Metre Run**

Name	Age Team	Finals
Heat 1		
1 Kozyniak, Esther	17 WHAC	2:14.85
2 Kyle-Ford, Maali	16 WHAC	2:15.76
3 Whiteman, Monique	18 Palmerston North	2:25.08
4 Bassett, Caitlin	17 WHAC	2:32.32
5 Bentley, Liz	58 Scottish	2:57.65

**Event 440 Women Triple Jump**

Name	Age Team	Finals	Wind
Trial 1			
1 Matthews-Wanden, Jade	16 Lower Hutt A	10.40m	NWI
		10.40m(NWI) 10.39m(NWI) 10.33m(NWI) 10.13m(NWI) X	-
2 Szabo, Lili	20 WHAC	9.94m	NWI
		X X 9.87m(NWI) 9.94m(NWI) X 9.86m(NWI)	

**Event 450 Women Shot Put**

Name	Age Team	Finals
1 Jamieson, Antonia	15 Saint Orans College	10.66m 3kg
		9.89m 9.69m 10.08m 10.15m 10.66m 10.57m
2 Sola, Mikayla	13 Lower Hutt A	9.99m 3kg
		9.99m 8.68m 8.89m 8.87m 9.40m 9.21m
3 Puks, Kullike	39 Kiwi Athleti	9.04m 4kg
		9.02m 9.04m X X X X

**Event 460 Women Discus Throw**

Name	Age Team	Finals
1 Sola, Mikayla	13 Lower Hutt A	28.90m 1kg
		X 25.98m 27.06m 28.90m X 26.29m
2 Puks, Kullike	39 Kiwi Athleti	26.40m 1kg
		21.95m X X 24.06m 26.40m X
3 Stoeveken, Petra	54 Kiwi Athleti	19.98m 1kg
		19.98m 19.29m 16.26m 18.30m 15.13m 19.51m

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****Event 510 Mixed 100 Metre Run**

Name	Age Team	Finals
Heat 1 Wind: 0.9		
1 McNicholas, Domonic	M15 WHAC	12.88
2 Szabo, Lili	W20 WHAC	13.06
3 Hunt, Aneurin	M22 Kiwi Athleti	13.63
4 Bentley, Liz	W58 Scottish	16.86

**Event 550 Mixed 1500 Metre Run**

Name	Age Team	Finals
Heat 1		
1 Tanimoto, Hirotaka	M34 Scottish	4:09.00
2 Stegenwallner, Hannah	W17 Lower Hutt A	4:59.35
3 Gordon, Hannah	W18 Lower Hutt A	5:06.66

**Event 561H Mixed 100 Metre Hurdles**

Name	Age Team	Finals
Heat 1 Wind: 0.1		
1 Szabo, Lili	W20 WHAC	18.58 0.840m

**Event 580 Mixed 800 Metre Run**

Name	Age Team	Finals
Heat 1		
1 Farmer, Hector	M27 WHAC	1:55.32
2 Sexton, Kieron	M28 Victoria Uni	1:55.98
3 O'Rahilly, Shane	M26 Scottish	1:59.15
4 waterworth, mason	M17 WHAC	2:06.19
5 Harper, Ariana	W24 Canterbury Uni	2:07.97
6 Beliveau, Henry	M16 WHAC	2:09.77

**Event 593 Mixed 5000 Metre Run**

Name	Age Team	Finals
1 Tanimoto, Hirotaka	M34 Scottish	15:18.62
2 Prendergast, Robert	M29 Scottish	15:31.41
3 Twyman, Ben	M29 Scottish	15:34.86
4 Day, Stephen	M44 Scottish	15:39.10
5 Strawbridge, Thomas	M18 Trentham Uni	15:43.31
6 Wemyss, Angus	M21 Victoria Uni	15:58.47
7 McAlister, Ryan	M26 WHAC	15:59.41
8 Hunt, Dan	M25 Victoria Uni	16:01.85
9 Saunders, Alasdair	M38 Scottish	16:06.54
10 Godfrey, Dom	M27 Scottish	16:06.64
11 Wharam, Chris	M31 Scottish	16:14.29
12 Edwards, Jerome	M44 Scottish	16:17.25
13 Barwick, Paul	M44 Scottish	16:26.74
14 Jackson, Anthony	M33 Lower Hutt A	16:33.40
15 Boyd, Tommy	M22 Victoria Uni	16:34.25
16 Ford, Andy	M39 Scottish	16:36.44
17 Hunt, Ryan	M22 Victoria Uni	16:44.79
18 Swan, Richard	M39 WHAC	16:45.60

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****....Event 593 Mixed 5000 Metre Run**

19	Christini, Maiya	W21 WHAC	16:45.80
20	Rogers, Mathew	M40 Lower Hutt A	16:49.47
21	Molloy, Finn	M18 Trentham Uni	16:51.62
22	Keller, Simon	M46 Scottish	16:56.49
23	Faulkner, Tina	W37 Scottish	16:57.33
24	Bonner, Matt	M31 Scottish	17:07.70
25	Kerr, Andrew	M47 Scottish	17:10.79
26	Wray, Michael	M52 Scottish	17:14.96
27	Gordon, Darren	M46 Lower Hutt A	17:20.03
Heat 2			
1	Ferry, Geoff	M37 Scottish	17:11.70
2	Jordan, Josh	M14 Upper Hutt A	17:18.36
3	Bass, Stephen	M43 Scottish	17:21.27
4	Snell, Hayden	M21 WHAC	17:25.17
5	Somerville, Walter	M32 Scottish	17:30.24
6	Thompson, Andrew	M39 Olympic Harr	17:32.07
7	Jones, Liam	M20 Scottish	17:35.22
8	Twiss, William	M51 Scottish	17:36.84
9	Hewitson, Paul	M56 WHAC	17:39.33
10	Jones, Jim	M52 Scottish	17:44.36
11	Cornwell, Gregg	M39 Victoria Uni	17:46.69
12	Turner, James	M56 Scottish	17:57.23
13	Beard, Reuben	M16 WHAC	18:04.61
14	Waite, James	M43 WHAC	18:09.22
15	Crumpton, Tom	M36 Victoria Uni	18:11.48
16	Barwick, Lindsay	W44 Scottish	18:26.38
17	Shafi, Ayesha	W31 Scottish	18:36.30
18	Aitken, Mel	W42 Scottish	18:40.02
19	Wilson, Dave	M39 Scottish	19:27.65
20	Cornelius, Benjamin	M44 Scottish	19:49.29
Heat 3			
1	Stevens, Mel	W42 Scottish	18:37.36
2	Wong, Brad	M36 Scottish	18:42.00
3	Howard, Chris	M43 Scottish	18:42.64
4	Whitham, Letha	W33 WHAC	18:45.86
5	Gunn, Willie	M48 WHAC	18:52.52
6	Fraser, Terry	M49 WHAC	19:10.14
7	McCarthy, Denis	M31 Victoria Uni	19:16.51
8	Spencer, Miranda	W28 WHAC	19:17.49
9	Gamperle, Dion	M34 Scottish	19:20.97
10	Smith, Hayden	M36 Scottish	19:32.69
11	Knox, Saskia	W15 Olympic Harr	19:41.48
12	Riceman, Sarah	W25 Olympic Harr	19:45.60
13	Denneny, Carla	W36 Scottish	20:16.05
14	Ellison, Sam	M28 Scottish	20:17.70
15	Van Looy, Michelle	W48 Olympic Harr	20:27.31
16	Bassett, Emma	W36 Scottish	20:43.02
17	Stewart, Ashley	M31 Una	20:43.51
18	Molloy, Hannah	W16 Trentham Uni	20:43.55
19	Hayes, Brian	M72 WHAC	21:15.12
20	Clark, Lyn	W54 Scottish	22:49.15
21	Skinnon, John	M72 Scottish	23:04.83
22	Sweetman, Richard	M72 Scottish	25:44.70

**Club Meet A & Wgtn 5000m Championships - 30/03/2019****Senior Results****Newtown Park Stadium, Wellington****Results****Event 594 Mixed 5000 Metre Race Walk**

Name	Age Team	Finals
Heat 1		
1 Du Toit, Daniel	M16 WHAC	22:50.53
2 Martin, Lucas	M15 Athletics Wa	25:57.29
3 Lake, Sean	M48 Scottish	28:53.06
4 McGovern, Clive	M69 Trentham Uni	30:28.01
5 Grimmett, Terri	W62 Scottish	35:24.66
6 Wong-Tung, Arlene	W47 Scottish	36:22.57
7 Jones, Daphne	W78 NZ Masters A	39:14.71