

Have A Go Day 2019 - 12/10/2019
inc Opening Day
Newtown Park Stadium, Wellington
Results

Event 510 Mixed 100 Metre Run Open

Name	Age Team	Finals
Heat 1 Wind: NWI		
1 Douglass, Emma	W17 Olympic H&A	12.72
2 Walker, Amy	M17 Unattached	13.35
3 Blakely, Ella	W16 Unattached	14.10
4 Stevens, Danielle	W24 Scottish	15.38
5 Leikis, Libby	W21 Wellington Harriers	16.76
6 Mitchelson, Katrina	W50 Wellington Harriers	27.51
Heat 2 Wind: NWI		
1 Sos, Saravee	M28 Wellington Harriers	11.27
2 Oliver, Issac	M18 Mana Amateur	11.29
3 Krijuin, Oliver	M15 Mana Amateur	11.50
4 Lambert, Ben	M14 Paraparaumu	11.60
5 Cabell, Sali	M31 Unattached	12.41
6 McNikolas, Dominic	M15 Wellington Harriers	12.61
7 Martin, Alex	M14 Karori Athle	12.82
8 Roberts, Chris	M53 Unattached	13.56

Event 510H Mixed High Jump Open

Name	Age Team	Finals
Trial 1		
1 Lock, Hamish	M18 Upper Hutt A	1.75m
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
- - O O XO O XXX		
2 Tiukle, Mark	M33 Kiwi Athleti	1.70m
1.50 1.55 1.60 1.65 1.70 1.75		
- O O XO XO XXX		
3 Jenkins, Jess	W16 Titahi Bay A	1.50m
1.50 1.55		
O XXX		

Event 520 Mixed 200 Metre Run Open

Name	Age Team	Finals
Heat 1 Wind: NWI		
1 Douglass, Emma	W17 Olympic H&A	26.28
2 Blakely, Ella	W16 Unattached	28.87
3 Gardiner, Lauren	W21 Unattached	29.53
4 Stevens, Danielle	W24 Scottish	33.46
Heat 2 Wind: NWI		
1 Pepperell, Caitlin	W19 Unattached	30.51
2 Vessiot, Jaime	W31 Scottish	34.62
3 Littler, Kath	W40 Scottish	39.32
4 Mitchelson, Katrina	W50 Wellington Harriers	56.30
Heat 3 Wind: NWI		
1 Sos, Saravee	M28 Wellington Harriers	22.56
2 Lambert, Ben	M14 Paraparaumu	24.33
3 McNikolas, Dominic	M15 Wellington Harriers	25.81
4 Kerr, Malcolm	M34 Scottish	30.31
5 Morton, Ian	M63 Scottish	37.96

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Event 530 Mixed 3000 Metre Run Open

Name	Age Team	Finals
Heat 1		
1 Richardson, Alistair	M26 Hill City Uni	9:24.98
2 Day, Stephen	M44 Scottish	9:39.99
3 White, Jamie	M35 Scottish	9:48.45
4 Saunders, Alasdair	M38 Scottish	9:50.26
5 Jones, Liam	M20 Scottish	9:50.38
6 McLean, Harry	M19 Scottish	9:59.56
7 Stevens, Peter	M55 Scottish	10:17.16
8 Lees, Guy	M14 Unattached	10:46.00
9 Kerr, Malcolm	M34 Scottish	10:51.83
10 Gordon, Gerard	M50 Scottish	10:55.46
11 Hughes, Jessica	W16 Olympic H&A	11:09.43
12 Knox, Saskia	W15 Olympic H&A	11:10.74
13 Harris, Amelia	W21 Olympic H&A	11:13.58
14 Atmore, Bruce	M54 Olympic H&A	11:17.92
15 Jenkins, Katie	W46 Olympic H&A	11:33.37
16 Mckevitt, Erin	W17 Kapiti Runni	11:40.17
17 Vessiot, Jaime	W31 Scottish	12:14.86
18 Vessiot, Nicolas	M35 Scottish	12:21.98
19 Humphries, Heidi-Jane	W41 Athletics &	13:14.28

Event 530L Mixed Long Jump Open

Name	Age Team	Finals	Wind
Trial 1			
1 Roil, Jackson	M18 Upper Hutt A	5.45m	+0.0
5.30m(-1.0)	5.45m(+0.0)	5.42m(-0.9)	5.22m(-0.3)
5.45m(+0.0)	X		
2 Thomson, Anna	W24 Mana Amateur	5.33m	+0.0
-	X	5.33m(+0.0)	5.23m(+0.0)
3 Szabo, Lili	W20 Upper Hutt A	5.12m	-0.6
5.11m(-1.3)	X	5.12m(-0.6)	X
4.99m(+0.0)	4.94m(+0.0)		
4 Douglass, Emma	W17 Olympic H&A	4.94m	NWI
4.87m(0.8)	4.94m(-0.0)	4.69m(0.1)	3.95m(+0.0)
4.42m(+0.0)	4.52m(NWI)		
5 Gardiner, Lauren	W21 Unattached	4.47m	NWI
3.69m(+0.0)	4.12m(+0.0)	X	4.27m(-0.6)
4.36m(+0.0)	4.47m(NWI)		
6 Littler, Kath	W40 Scottish	2.67m	-1.0
2.48m(0.8)	2.67m(-1.0)	2.43m(-0.2)	X
X	X	X	X

Event 530W Mixed 3000 Metre Race Walk Open

Name	Age Team	Finals	
Heat 1			
1 Du Toit, Daniel	M16 Wellington Harriers	12:53.89	
2 Du Toit, Sarah	W13 Wellington Harriers	13:58.09	2000m
3 Connelly, Rebecca	W14 Unattached	14:00.18	2000m
4 Lake, Sean	M48 Scottish	16:40.46	
5 McGovern, Clive	M69 Trentham United	17:49.69	
6 Antcliff, Joseph	M53 Trentham United	19:22.73	
7 Gardner, Bob	M65 Scottish	20:21.15	
8 Grimmett, Terri	W62 Scottish	20:41.82	
9 Jones, Daphne	W78 Scottish	21:22.80	
10 Edwards, Julie	W59 Olympic H&A	21:40.72	

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Event 540 Mixed 400 Metre Run Open

Name	Age Team	Finals
1 Walker, Amy	M17 Unattached	1:01.82
2 Butchard, Nathan	M14 Olympic H&A	1:04.32
3 Kerr, Malcolm	M34 Scottish	1:08.77
4 Stevens, Danielle	W24 Scottish	1:15.01
5 Vessiot, Jaime	W31 Scottish	1:18.35

Event 540T Mixed Triple Jump Open

Name	Age Team	Finals	Wind
Trial 1			
1 Thomson, Anna	W24 Mana Amateur	11.87m	-0.6
X	11.76m(-0.1)	11.87m(-0.6)	-

Event 550S Mixed Shot Put Open

Name	Age Team	Finals
1 Stoeveken, Petra	M54 Kiwi Athleti	7.02m 3kg
- - 6.98m 7.02m 6.91m 6.32m		
2 Cook, Graham	M75 Kiwi Athleti	6.56m 4kg
6.47m 6.52m 6.56m 6.31m 0.64m 6.33m		
3 Morton, Ian	M63 Scottish	5.36m 4kg
- - 5.20m 5.36m 5.28m 5.06m		
4 Jack, Peter	M73 Kiwi Athleti	4.86m 4kg
4.52m 4.27m - 4.53m 4.76m 4.86m		

Event 560D Mixed Discus Throw Open

Name	Age Team	Finals
1 Gardiner, Lauren	W21 Unattached	20.75m 1kg
20.54m X 20.12m 19.08m X 20.75m		
2 Cook, Graham	M75 Kiwi Athleti	15.93m 1kg
13.57m X 15.53m 15.93m X 15.03m		
3 Morton, Ian	M63 Scottish	13.98m 1kg
13.98m X 13.03m 13.80m 13.24m X		
4 Littler, Kath	W40 Scottish	12.84m 1kg
X 12.52m 12.75m X 12.46m 12.84m		
5 Jack, Peter	M73 Kiwi Athleti	12.59m 1kg
10.72m 12.59m 10.60m 11.59m - X		

Event 560H Mixed 110 Metre Hurdles Open

Name	Age Team	Finals
Heat 1 Wind: NWI		
1 Lock, Hamish	M18 Upper Hutt A	15.47

Event 568H Mixed 80 Metre Hurdles Open

Name	Age Team	Finals
1 Butchard, Nathan	M14 Olympic H&A	15.21

Have A Go Day 2019 - 12/10/2019
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Event 580 Mixed 800 Metre Run Open

Name	Age Team	Finals
Heat 1		
1 Hughes, Jessica	W16 Olympic H&A	2:40.31
2 O'Regan-Smith, Maeve	W14 Unattached	2:41.87
3 Knox, Saskia	W15 Olympic H&A	2:42.17
Heat 2		
1 Martin, Alex	M14 Karori Athle	2:12.19
2 Hagen, Finlay	M15 Karori Athle	2:15.26
3 Hagen, Josh	M15 Karori Athle	2:15.79
4 McBride, Milo	M16 Olympic H&A	2:20.21
5 Stevens, Peter	M55 Scottish	2:21.41
6 Cresswell, Jordan	M16 Olympic H&A	2:24.23
7 Butchard, Nathan	M14 Olympic H&A	2:29.73
Heat 3		
1 Paine, Jack	M18 Wellington Harriers	2:01.13
2 Barnes, Jamie	M17 Scottish	2:01.67
3 Beard, Reuben	M16 Wellington Harriers	2:03.43
4 Jack, Julian	M15 Olympic H&A	2:07.34
5 Marks, Akash	M16 Wellington Harriers	2:07.91
6 Grover, Luke	M16 Scottish	2:08.03
7 McLean, Harry	M19 Scottish	2:13.67