



Central Athletics League Regional Teams Competition Meeting Information 2021



INTRODUCTION

The Central Athletics League Regional Teams Competition is open to all athletes from clubs and schools in the Central or Lower North Island region which encompasses Athletics centres of Taranaki, Manawatu-Wanganui, Hawkes Bay-Gisborne, and Wellington. Athletes from outside the region may compete as guest athletes.

OFFICIALS

Officials Meeting - 11.00am at the start line. Officials will be co-ordinated into event teams and allocated walkie talkies for the day where required by the meeting manager at each venue.

Clubs are reminded they should supply two officials (minimum) to assist with officiating requirements.

VENUE INFORMATION

For ALL VENUES, please be aware that any valuables you leave in your vehicles will be at your own risk.

INGLEWOOD

The venue is called TET Stadium, 1 Elliot St, Inglewood. There is parking around the venue, please be courteous. There will be no parking wardens or such that will issue you with a ticket.

WHANGANUI

The venue is called Cooks Gardens, Maria Place, Whanganui. There is parking around the venue, please be courteous. There may be parking wardens that may issue you with a ticket.

MASTERTON

The venue is called Colin Pugh SportsBowl, Blair Street, Masterton. There is parking around the venue, please be courteous. It is unlikely that you will be issued any tickets, but we do suggest you park sensibly to avoid any disappointments at the end of the day.

HASTINGS

The venue is called Mitre 10 Park Hawkes Bay, 42 Percival Road, Hastings. There is parking around the venue, please be courteous. There will be no parking wardens or such that will issue you with a ticket.

PALMERSTON NORTH

The venue is called Manawatu Community Athletics Track, Athletic Track Access Dr, Massey University, Palmerston North. There is parking around the venue, please be courteous. There will be no parking wardens or such that will issue you with a ticket.

WELLINGTON

The venue is called Newtown Park, Newtown, Wellington. There is parking around the venue, please be courteous. There will be parking wardens that will issue you with a ticket, so we suggest you park sensibly. Parking and access are available off Russell Terrace. Leave time to come through Newtown traffic and find parking as Zoo patrons use the same parking areas.

Spike Length & Type

The recommended length for track races / Long Jump / Triple Jump is **7.0mm**.

The recommended length for High Jump /Javelin is **9.0mm**.

- HASTINGS





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- INGLEWOOD
- WHANGANUI
- PALMERSTON NORTH
- MASTERTON - The spike stipulated for the Masterton track is **CONE only**
- WELLINGTON



ATHLETE ENTRY

All Athlete Entries must be provided by Clubs to the league results manager **Mark Harris**. Mark will provide clubs with a link to complete **ONLINE ENTRY** of their athletes in advance. All entry enquires can be directed to Mark by email mark@maharris.co.nz Athletes or clubs wishing to gain information entry please contact Mark, if you do not receive in the link in advance.

ENTRY FEES

For each meets the fee is **\$5 .00 per athlete**. Clubs are asked to pay the athletes fees in bulk. Each club should bring a cheque (made out to the hosts) and pay for their athletes on the day, or you can make arrangements with the hosts to DD the funds once the event has concluded.

It is expected prompt payment will be made if you are going to DD the funds over.

SCORING

The scoring will be based upon the following point's allocation, with a maximum of **2 Athletes per Club per Event**

8 athletes or more	9, 7, 6, 5, 4, 3, 2, 1
7 Athletes	8, 6, 5, 4, 3, 2, 1
6 Athletes	7, 5, 4, 3, 2, 1
5 Athletes	6, 4, 3, 2, 1
4 Athletes	5, 3, 2, 1
3 athletes	4, 2, 1
2 Athletes	3, 1
1 Athlete	2

To find **2 per Club athletes** will be ranked upon performances over the number of heats contested, athletes in heat 2 or more may earn the points if their performance is good enough to rank highly to justify points being allocated.

TEAMS

Generally, the club teams that compete in the League are listed below. Any club in the region is **WELCOME** to compete, likewise smaller club teams may combine to form a team e.g. Kapiti-Mana Teams wishing to compete should contact the League Entry and Results Manager Mark Harris

Feilding Moa
Hastings Athletics
Kapiti Mana Team (combined Titahi Bay, Mana & Paraparaumu)
Karori AC
Kiwi AC
Lower Hutt AC
Napier Harriers
Olympic Harriers
Palmerston North AC

Trentham United
Victoria University of Wellington
Wellington Harrier Athletic Club
Wairarapa Team (combine Athletics Wairarapa & Wairarapa Track & Field)
Wellington Scottish
Taranaki Team (combine Taranaki clubs)
Whanganui



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EVENT RULES

All events will be run under World Athletics [WA] Rules except for the following:-

1. For field events excluding Pole Vault and High Jump, All athletes have **3 trials** with the leading **six** having three further trials.
2. An athlete can throw the weight of the implement they may use at the NZ Secondary Schools Championships or as per the WA rules for their age. This in effect makes the throws a handicap event.
3. An athlete can request a distance including hurdle heights they may use at the NZ Secondary Schools Championships or as per the WA rules for their age.

CALENDAR of EVENTS and RESULTS

Live Results can be found here [LIVE RESULTS](#) for each meeting

Post event a set Compiled results and Team results will be posted [Here](#) on the Wairarapa Track & Field website and on the Athletics Wellington [Here](#)

2021 Central League Teams Competition Dates and Venues

Meet 1. Saturday 30 October 2021 – TET Stadium, 1 Elliot St, Inglewood

- Entries Close **8.00pm Wednesday 27 October 2021**

Meet 2. Saturday 20 November 2021 – Manawatu Community Athletics Track, Athletic Track Access Dr, Massey University, Palmerston North

- Entries Close **8.00pm Wednesday 17 November 2021**

Meet 3. Saturday 4 December 2021 – Colin Pugh SportsBowl, Blair Street, Masterton

- Entries Close **8.00pm Wednesday 1 December 2021**

PROGRAMME

The events we will run are as follows:

TRACK

12:00 PM 300m Hurdles Women
 12:05 PM 400m Hurdles Women
 12:10 PM 300m Hurdles Men
 12:15 PM 400m Hurdles Men
 12:20 PM 3000m Walk All Grades
 12:45 PM 100m Women
 12:55 PM 100m Men
 1:05 PM 2k Steeples Women
 1:15 PM 2k Steeples Men
 1:25 PM 400m Women
 1:35 PM 400m Men
 1:45 PM 1500m Women
 1:55 PM 1500m Men
 2:05 PM 4 x 100m Relay Women
 2:10 PM 4 x 100m Relay Men
 2:20 PM 70mH 80mH Women/Men
 2:23 PM 100mH Women
 2:26 PM 100mH Men
 2:30 PM 110 Hurdles Men
 2:40 PM 800m Women
 2:50 PM 800m Men
 3:00 PM 200m Women
 3:00 PM 200m Men
 3:40 PM 3000m/5000m Women/Men
 4:20 PM 4 x 400m Relay Women/Men

FIELD

11:00 AM Hammer Men
 11:00 AM Long Jump Men
 12:00 PM Hammer Women
 12:00 PM High Jump Women
 12:00 PM Pole Vault Women / Men
NB: There is no Pole Vault in Masterton 2021
 12:30 PM Long Jump Women
 1:00 PM Shot Put Men
 1:00 PM Discus Women
 2:00 PM Shot Put Women
 2:00 PM Discus Men
 2:00 PM High Jump Men
 2:00 PM Triple Jump Men
 3:10 PM Javelin Women / Men
 3:10 PM Triple Jump Women