



Athletics Wellington Track & Field IMPORTANT ATHLETE INFORMATION



PLEASE READ THE FOLLOWING INFORMATION

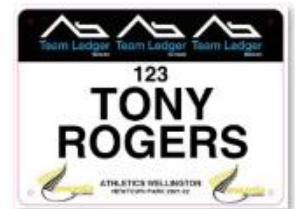
This is a two-day event which a “My Vaccine Pass” event.

The following Basic COVID rules must be adhered to for the safety of all

1. You should stay home if you are unwell and call your doctor or Healthline on 0800 358 5433 for advice about getting tested.
2. Record keeping and scanning of the COVID-19 Tracer App is required on entry.
3. You must show your “MVP” on arrival through the west grandstand entry door.
4. This will be the entry and exit point to the stadium.
5. Face Coverings are mandatory in the Stadium when not competing.
6. When not competing or warming up please SIT in the grandstand zoned for you
7. Remain at least one metre apart when not competing and in warm up areas
8. Come to the stadium in the session time of which you will compete and NO EARLIER Than ONE HOUR before your EVENT. Session groupings are
 - a. Saturday morning session
 - b. Saturday afternoon session
 - c. Sunday morning session
 - d. Sunday afternoon session
 - e. 5000m athletes session
9. We ask you NOT to STAND or Congregate at the track perimeter fence line
10. We expect athletes to **leave the stadium post event** between sessions
11. We ask you not to mix with any WHAC or AWD athletes that are in the stadium on arrival

Competition Requirements:

- Athletes must wear **club uniform**
- Athletes must bring their **AW competition bib**
- which has been used for weekly Newtown Park
- competitions which look like the illustration here
- Athletes need to be familiar with World Athletics Shoe requirements
- Check in at your event 30 mins for Field and 10 mins for Track
- Post events collect from the TIC your AW Championships medal – there will be no medal presentations



Coaches and Spectators

- Only Officials will be permitted to enter the competition arena
- We encourage **NO spectators** for your safety and the safety of athletes and officials
- Coaches will be permitted but only to SIT in the Grandstand zone designated



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SATURDAY 12th FEBRUARY - Day One

TRACK		FIELD	
10.00am	Women 2000m S/Chase (0.762m)	10.00am	Men & Women Javelin
10:15am	Men 2000m S/Chase (0.838m)	10.00am	Men Pole Vault
10:30am	Masters Men 3000m S/Chase (0.914m)		
10:50am	Masters 60m Women and Men		
11:00am	Women 100m Finals All grades	11.00am	Men High Jump
11.15am	Men 100m Finals All grades	12:00pm	Men Hammer
SESSION BREAK			
1:00pm	Women 400m Finals all grades	1.00pm	Men & Women Triple Jump
1.15pm	Men 400m Finals all grades		
1:30pm	Women U16 80m hurdles		
1.40pm	Women 100m hurdles all grades	1.45pm	Women Hammer
1.45pm	Men U16 100m hurdles (.838m)		
2.00pm	Men U18 & Masters 110m hurdles (.914m)	2.00pm	Women High Jump
2.30pm	Women 1500m – All grades		
2.40pm	Men, Men U18, Men U16 1500m	2:45pm	Masters Weight Throw
2.50pm	Masters Men 1500m		

SUNDAY 13th FEBRUARY – Day Two

TRACK		FIELD	
11:00am	Women U16 200m Heats	10:00am	Women Shot Put
11.10am	Women 200m all other grades	11.00am	Men Shot Put
11.15am	Men 200m all grades		
11:30pm	Women 800m all grades		
11.40pm	Men 800m all grades		
SESSION BREAK			
1:00pm	Women U 16 200m Final	1:00pm	Men Long Jump
1:15pm	M & W 3000m Walk – all grades	1:00pm	Women Discus
2:00pm	300m hurdles Men and Women		
2:15pm	400m hurdles Men and Women		
2.30pm	Senior Women 5000m	2.30pm	Men Discus
2.50pm	Men Senior and Men U18 5000m	2:30pm	Women Long Jump
3.10pm	Masters Men 35 - 49 5000m		
3.30pm	MW 35-49, 50+, MM 50+, 60+, 70+ 5000m		