

## AWJC CHAMPS PROGRAMME 2022

### DAY ONE - Sunday 13 March

Listen carefully to the Ground Announcer for your event to be called.

1= Zoo end 2= Finish Line end

|  |        |    |       |             |              |
|--|--------|----|-------|-------------|--------------|
|  | 9.30am | 10 | Girls | 800m        | Timed Finals |
|  |        | 11 | Girls | 800m        | Timed Finals |
|  |        | 10 | Boys  | 800m        | Timed Finals |
|  |        | 11 | Boys  | 800m        | Timed Finals |
|  |        |    |       |             |              |
|  |        | 10 | Girls | Long Jump 1 | Final        |
|  |        | 11 | Girls | Long Jump 2 | Final        |
|  |        | 10 | Boys  | Discus 1    | Final        |
|  |        | 11 | Boys  | Discus 2    | Final        |
|  |        |    |       |             |              |
|  |        | 10 | Girls | 200m        | Timed Finals |
|  |        | 10 | Boys  | 200m        | Timed Finals |
|  |        | 11 | Boys  | 200m        | Timed Finals |
|  |        | 11 | Girls | 200m        | Timed Finals |
|  |        |    |       |             |              |
|  |        | 10 | Girls | Discus 1    | Final        |
|  |        | 10 | Boys  | Long Jump 1 | Final        |
|  |        | 11 | Boys  | Long Jump 2 | Final        |
|  |        | 11 | Girls | Discus 2    | Final        |
|  |        |    |       |             |              |
|  |        |    |       |             |              |
|  | 1.15pm | 12 | Girls | 1K Stpl     | Final        |
|  |        | 13 | Girls | 1K Stpl     | Final        |
|  |        | 14 | Girls | 1K Stpl     | Final        |
|  |        | 15 | Girls | 1K Stpl     | Final        |
|  |        | 12 | Boys  | 1K Stpl     | Final        |
|  |        | 13 | Boys  | 1K Stpl     | Final        |
|  |        | 14 | Boys  | 1K Stpl     | Final        |
|  |        | 15 | Boys  | 1K Stpl     | Final        |
|  |        |    |       |             |              |
|  |        | 13 | Girls | 400m        | Timed Finals |
|  |        | 13 | Boys  | 400m        | Timed Finals |
|  |        | 12 | Girls | 400m        | Timed Finals |
|  |        | 12 | Boys  | 400m        | Timed Finals |
|  |        |    |       |             |              |
|  |        | 13 | Girls | High Jump   | Final        |
|  |        | 13 | Boys  | High Jump   | Final        |

|  |               |    |       |               |              |
|--|---------------|----|-------|---------------|--------------|
|  |               | 12 | Girls | Shot 1        | Final        |
|  |               | 12 | Boys  | Shot 1        | Final        |
|  |               |    |       |               |              |
|  |               | 12 | Girls | 100m          | Timed Finals |
|  |               | 12 | Boys  | 100m          | Timed Finals |
|  |               | 13 | Girls | 100m          | Timed Finals |
|  |               | 13 | Boys  | 100m          | Timed Finals |
|  |               |    |       |               |              |
|  |               | 12 | Girls | High Jump     | Final        |
|  |               | 12 | Boys  | High Jump     | Final        |
|  |               | 13 | Girls | Shot 2        | Final        |
|  |               | 13 | Boys  | Shot 2        | Final        |
|  |               |    |       |               |              |
|  |               | 13 | Girls | 1500m         | Timed Finals |
|  |               | 13 | Boys  | 1500m         | Timed Finals |
|  |               | 12 | Girls | 1500m         | Timed Finals |
|  |               | 12 | Boys  | 1500m         | Timed Finals |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  | <b>5.45pm</b> |    |       | <b>Finish</b> | <b>Day 1</b> |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |

## AWJC CHAMPS PROGRAMME 2022

### DAY TWO - Sunday 20 March

Listen carefully to the Ground Announcer for your event to be called.

1= Zoo end 2= Finish Line end

|  |        |    |       |            |              |
|--|--------|----|-------|------------|--------------|
|  | 9.30am | 10 | Girls | 1500m      | Timed Finals |
|  |        | 10 | Boys  | 1500m      | Timed Finals |
|  |        | 11 | Girls | 1500m      | Timed Finals |
|  |        | 11 | Boys  | 1500m      | Timed Finals |
|  |        |    |       |            |              |
|  |        | 10 | Girls | High Jump  | Final        |
|  |        | 10 | Boys  | High Jump  | Final        |
|  |        | 11 | Girls | Shot 1     | Final        |
|  |        | 11 | Boys  | Shot 1     | Final        |
|  |        |    |       |            |              |
|  |        | 11 | Girls | 100m       | Timed Finals |
|  |        | 11 | Boys  | 100m       | Timed Finals |
|  |        | 10 | Girls | 100m       | Timed Finals |
|  |        | 10 | Boys  | 100m       | Timed Finals |
|  |        |    |       |            |              |
|  |        | 11 | Girls | High Jump  | Final        |
|  |        | 11 | Boys  | High Jump  | Final        |
|  |        | 10 | Girls | Shot 2     | Final        |
|  |        | 10 | Boys  | Shot 2     | Final        |
|  |        |    |       |            |              |
|  |        | 10 | Girls | 400m       | Timed Finals |
|  |        | 11 | Girls | 400m       | Timed Finals |
|  |        | 10 | Boys  | 400m       | Timed Finals |
|  |        | 11 | Boys  | 400m       | Timed Finals |
|  |        |    |       |            |              |
|  |        |    |       |            |              |
|  | 2.05pm | 10 | Girls | 1200m Walk | Final        |
|  |        | 10 | Boys  | 1200m Walk | Final        |
|  |        | 11 | Girls | 1200m Walk | Final        |
|  |        | 11 | Boys  | 1200m Walk | Final        |
|  |        | 12 | Girls | 1200m Walk | Final        |
|  |        | 12 | Boys  | 1200m Walk | Final        |
|  |        | 13 | Girls | 1600m Walk | Final        |
|  |        | 13 | Boys  | 1600m Walk | Final        |
|  |        | 14 | Girls | 2000m Walk | Final        |
|  |        | 14 | Boys  | 2000m Walk | Final        |
|  |        | 15 | Girls | 2000m Walk | Final        |

|  |        |    |       |              |              |
|--|--------|----|-------|--------------|--------------|
|  |        | 15 | Boys  | 2000m Walk   | Final        |
|  |        |    |       |              |              |
|  | 2.35pm | 12 | Girls | 80m Hurdles  | Timed Finals |
|  |        | 13 | Girls | 80m Hurdles  | Timed Finals |
|  |        | 14 | Girls | 80m Hurdles  | Timed Finals |
|  |        | 15 | Girls | 80m Hurdles  | Timed Finals |
|  |        | 12 | Boys  | 80m Hurdles  | Timed Finals |
|  |        | 13 | Boys  | 80m Hurdles  | Timed Finals |
|  |        | 14 | Boys  | 100m Hurdles | Timed Finals |
|  |        | 15 | Boys  | 100m Hurdles | Timed Finals |
|  |        |    |       |              |              |
|  |        | 12 | Girls | Long Jump 1  | Final        |
|  |        | 12 | Boys  | Discus 1     | Final        |
|  |        | 13 | Girls | Long Jump 2  | Final        |
|  |        | 14 | Girls | Long Jump 2  | Final        |
|  |        | 15 | Girls | Long Jump 2  | Final        |
|  |        | 13 | Boys  | Discus 2     | Final        |
|  |        | 14 | Boys  | Discus 2     | Final        |
|  |        | 15 | Boys  | Discus 2     | Final        |
|  |        |    |       |              |              |
|  |        | 12 | Boys  | 200m         | Timed Finals |
|  |        | 12 | Girls | 200m         | Timed Finals |
|  |        | 13 | Boys  | 200m         | Timed Finals |
|  |        | 14 | Boys  | 200m         | Timed Finals |
|  |        | 15 | Boys  | 200m         | Timed Finals |
|  |        | 13 | Girls | 200m         | Timed Finals |
|  |        | 14 | Girls | 200m         | Timed Finals |
|  |        | 15 | Girls | 200m         | Timed Finals |
|  |        |    |       |              |              |
|  |        | 12 | Boys  | Long Jump 1  | Final        |
|  |        | 12 | Girls | Discus 1     | Final        |
|  |        | 13 | Boys  | Long Jump 2  | Final        |
|  |        | 14 | Boys  | Long Jump 2  | Final        |
|  |        | 15 | Boys  | Long Jump 2  | Final        |
|  |        | 13 | Girls | Discus 2     | Final        |
|  |        | 14 | Girls | Discus 2     | Final        |
|  |        | 15 | Girls | Discus 2     | Final        |
|  |        |    |       |              |              |
|  |        | 12 | Girls | 800m         | Timed        |

|  |               |    |       |               |              |
|--|---------------|----|-------|---------------|--------------|
|  |               |    |       |               | Finals       |
|  |               | 12 | Boys  | 800m          | Timed Finals |
|  |               | 13 | Girls | 800m          | Timed Finals |
|  |               | 14 | Girls | 800m          | Timed Finals |
|  |               | 15 | Girls | 800m          | Timed Finals |
|  |               | 13 | Boys  | 800m          | Timed Finals |
|  |               | 14 | Boys  | 800m          | Timed Finals |
|  |               | 15 | Boys  | 800m          | Timed Finals |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  | <b>6.10pm</b> |    |       | <b>Finish</b> | <b>Day 2</b> |
|  |               |    |       |               |              |
|  |               |    |       |               |              |

## AWJC CHAMPS PROGRAMME 2022

### DAY THREE - Sunday 27 March

Listen carefully to the Ground Announcer for your event to be called.

1= Zoo end 2= Finish Line end

|  |        |    |       |             |              |
|--|--------|----|-------|-------------|--------------|
|  | 9.30am | 7  | Girls | 60m         | Timed Finals |
|  |        | 8  | Girls | 60m         | Timed Finals |
|  |        | 7  | Boys  | 60m         | Timed Finals |
|  |        | 8  | Boys  | 60m         | Timed Finals |
|  |        |    |       |             |              |
|  |        | 7  | Girls | Long Jump 1 | Final        |
|  |        | 8  | Girls | Long Jump 2 | Final        |
|  |        | 7  | Boys  | Shot 1      | Final        |
|  |        | 8  | Boys  | Shot 2      | Final        |
|  |        |    |       |             |              |
|  |        | 7  | Boys  | 200m        | Timed Finals |
|  |        | 8  | Boys  | 200m        | Timed Finals |
|  |        | 7  | Girls | 200m        | Timed Finals |
|  |        | 8  | Girls | 200m        | Timed Finals |
|  |        |    |       |             |              |
|  |        | 7  | Boys  | Long Jump 1 | Final        |
|  |        | 8  | Boys  | Long Jump 2 | Final        |
|  |        | 7  | Girls | Discus 1    | Final        |
|  |        | 8  | Girls | Discus 2    | Final        |
|  |        |    |       |             |              |
|  |        | 7  | Girls | 100m        | Timed Finals |
|  |        | 8  | Girls | 100m        | Timed Finals |
|  |        | 7  | Boys  | 100m        | Timed Finals |
|  |        | 8  | Boys  | 100m        | Timed Finals |
|  |        |    |       |             |              |
|  |        | 7  | Girls | Shot 1      | Final        |
|  |        | 8  | Girls | Shot 2      | Final        |
|  |        | 7  | Boys  | Discus 1    | Final        |
|  |        | 8  | Boys  | Discus 2    | Final        |
|  |        |    |       |             |              |
|  | 2.00pm | 9  | Girls | 60m         | Timed Finals |
|  |        | 9  | Boys  | 60m         | Timed Finals |
|  |        | 14 | Girls | 400m        | Timed Finals |
|  |        | 15 | Girls | 400m        | Timed        |

|  |               |    |       |               |              |
|--|---------------|----|-------|---------------|--------------|
|  |               |    |       |               | Finals       |
|  |               | 14 | Boys  | 400m          | Timed Finals |
|  |               | 15 | Boys  | 400m          | Timed Finals |
|  |               |    |       |               |              |
|  |               | 9  | Girls | Long Jump 1   | Final        |
|  |               | 9  | Boys  | Shot 1        | Final        |
|  |               | 14 | Girls | High Jump     | Final        |
|  |               | 15 | Girls | High Jump     | Final        |
|  |               | 14 | Boys  | Shot 2        | Final        |
|  |               | 15 | Boys  | Shot 2        | Final        |
|  |               |    |       |               |              |
|  |               | 9  | Boys  | 200m          | Timed Finals |
|  |               | 9  | Girls | 200m          | Timed Finals |
|  |               | 14 | Boys  | 100m          | Timed Finals |
|  |               | 15 | Boys  | 100m          | Timed Finals |
|  |               |    |       |               |              |
|  |               | 14 | Girls | 100m          | Timed Finals |
|  |               | 15 | Girls | 100m          | Timed Finals |
|  |               |    |       |               |              |
|  |               | 14 | Boys  | High Jump     | Final        |
|  |               | 15 | Boys  | High Jump     | Final        |
|  |               | 14 | Girls | Shot 2        | Final        |
|  |               | 15 | Girls | Shot 2        | Final        |
|  |               |    |       |               |              |
|  |               | 9  | Girls | 100m          | Timed Finals |
|  |               | 9  | Boys  | 100m          | Timed Finals |
|  |               |    |       |               |              |
|  |               | 9  | Girls | Shot 1        | Final        |
|  |               | 9  | Boys  | Discus 1      | Final        |
|  |               |    |       |               |              |
|  |               | 14 | Girls | 1500m         | Final        |
|  |               | 15 | Girls | 1500m         | Final        |
|  |               | 14 | Boys  | 1500m         | Final        |
|  |               | 15 | Boys  | 1500m         | Final        |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  |               |    |       |               |              |
|  | <b>5.50pm</b> |    |       | <b>Finish</b> | <b>Day 3</b> |
|  |               |    |       |               |              |