



**ATHLETICS WELLINGTON**  
P O Box 1734, Wellington  
**CROSS COUNTRY & ROAD**  
**WELLINGTON TEAM**  
**NZ CROSS COUNTRY CHAMPIONSHIPS - TAUPO**  
**SATURDAY 30 JULY 2022**

**Senior Men**

Toby Gualter [OLYMPIC]  
Liam Lamb [WAIRARAPA T&F]  
Seamus Kane [SCOTTISH]  
Nathan Tse [WHAC]  
Jack Shaw [SCOTTISH]  
Ryan McAlister [WHAC]  
Liam Chesney [WHAC]

**Senior Women**

Sarah Drought [WHAC]  
Esther George [WHAC]  
Andrea Peat [WHAC]  
Natasha Rae [WHAC]  
Hannah Miller [SCOTTISH]  
Deb Lynch [OLYMPIC]

**Men 20**

Daniel du Toit [TRENTHAM UNITED]  
Flynn Register [A & C MASTERTON]  
Liam Larkin [WAIRARAPA T&F]

**Women 20**

Saskia Cosgrove-Drayton [WHAC]

**Men 18**

Max Poland [TRENTHAM UNITED]  
Josh Jordan [TRENTHAM UNITED]  
Ben Brunner [SCOTTISH]  
Connor Chesney [WHAC]  
Ryan Mackay [OLYMPIC]

**Women 18**

Lulu Davies [WHAC]  
Amy McHardy [OLYMPIC]  
Kate McHardy [OLYMPIC]

**Master Men 35**

Nick Horspool [SCOTTISH]  
Brian Garmonsway [TRENTHAM UNITED]  
Daniel Clendon [WHAC]  
Stephen Day [SCOTTISH]  
Mathew Rogers [HUTT VALLEY H & AC]

**Master Women 35**

Mel Aitken [SCOTTISH]

**Master Men 50**

Joe Fowler [OLYMPIC]  
Peter Stevens [SCOTTISH]  
Paul Hewitson [WHAC]  
Phil Sadgrove [SCOTTISH]  
Nick Perry [WHAC]

**Master Women 50**

Vickie Humphries [WHAC]  
Heather Walker [SCOTTISH]

**Master Men 65**

Tony Price [A & C MASTERTON]  
Keith Chapman [OLYMPIC]

**Master Women 65**

*no selections*

**Entry:** Athletes must make their own Individual entries with Athletics NZ <https://2022-nzxc.eventdesq.com/>

**Athletics Wellington Athlete Subsidy:**

Entry refund and \$50 accommodation subsidy. Payment to subject athletes finishing. Athletes should contact Todd Stevens [toddstevens6@gmail.com](mailto:toddstevens6@gmail.com) with their their bank account number after the event

**Team Managers:** Athletics Wellington 2022 Cross Country and Road managers are:

Ken Howell – [kenhowell27@gmail.com](mailto:kenhowell27@gmail.com)  
Bev Hodge - [bev.martin.hodge@gmail.com](mailto:bev.martin.hodge@gmail.com)

**CLUBS:** Any club **may** enter the inaugural NZ Cross Country Relay to be held on Sunday 31 July  
Team composition must be two male and two female (including the composite grade).  
Composite teams can comprise athletes from any grade.  
Entry Fee is \$60.00 per team