Wellington 5000m Championships - 8/02/2023 Hosted by Wellington Scottish Athletics

Newtown Park Stadium, Wellington

Results - Track events

Women 5000 Metres Run Masters 35-49

| women 5000 Mietres Run Masters 55-49 | | | | | |
|--------------------------------------|-----------------------|-----|--------------------------------|----------|--|
| | Name | Age | Team | Finals | |
| Finals | | | | | |
| 1 | Brandon, Mel | | Wellington Scottish Athletics | 18:46.97 | |
| 2 | Shafi, Ayesha | W35 | Wellington Scottish Athletics | 19:05.23 | |
| 3 | Barwick, Lindsay | W48 | Wellington Scottish Athletics | 19:09.10 | |
| 4 | Solsberg, Emily | W43 | Wellington Scottish Athletics | 20:51.70 | |
| 5 | Humphries, Heidi-Jane | W44 | Olympic Harrier and Athletic C | 24:01.17 | |
| Women 5000 Metres Run Masters 50-59 | | | | | |
| Finals | | | | | |
| 1 | van Looy, Michelle | W51 | Olympic Harrier and Athletic C | 22:21.87 | |
| Women 5000 Metres Run Masters 60-69 | | | | | |
| Finals | | | | | |
| 1 | Grimmett, Terri | W65 | Wellington Scottish Athletics | 31:31.92 | |
| Men 5000 Metres Run Masters 35-49 | | | | | |
| Finals | | | | | |
| 1 | Tanimoto, Hiro | M37 | Wellington Scottish Athletics | 15:47.09 | |
| 2 | Clendon, Daniel | | Wellington Harrier Athletic Cl | 16:03.64 | |
| 3 | Sinclair, Ewan | M42 | Wellington Scottish Athletics | 16:07.63 | |
| 4 | Day, Stephen | | Wellington Scottish Athletics | 16:33.20 | |
| 5 | Saunders, Alasdair | M41 | Wellington Scottish Athletics | 16:46.38 | |
| 6 | Gamperle, Dion | | Wellington Scottish Athletics | 17:04.58 | |
| 7 | Keller, Simon | M49 | Wellington Scottish Athletics | 17:23.26 | |
| 8 | Wharton, Andrew | M47 | Wellington Scottish Athletics | 17:25.40 | |
| 9 | Hooper, Rowan | M44 | Wellington Scottish Athletics | 17:49.84 | |
| 10 | Ford, Andy | M43 | Wellington Scottish Athletics | 18:00.23 | |
| 11 | Stallard, Regan | | Olympic Harrier and Athletic C | 19:47.81 | |
| | Grieve, Frank | M37 | Wellington Scottish Athletics | DNF | |
| Men 5000 Metres Run Masters 50-59 | | | | | |
| Finals | | | | | |
| 1 | Kerr, Andrew | | Wellington Scottish Athletics | 17:20.69 | |
| 2 | Stevens, Todd | M52 | Wellington Scottish Athletics | 18:04.23 | |
| 3 | Bagnall, Nicholas | | Wellington Scottish Athletics | 18:05.46 | |
| 4 | Morrison, Graeme | | Wellington Harrier Athletic Cl | 18:26.41 | |
| 5 | Mellsop, Darcy | | Olympic Harrier and Athletic C | 19:00.80 | |
| 6 | Dryden, Guy | M58 | Wellington Scottish Athletics | 20:15.77 | |
| Men 5000 Metres Run Masters 60-69 | | | | | |
| Finals | | | | | |
| 1 | Morton, Ian | M66 | Wellington Scottish Athletics | 26:33.10 | |
| | | | | | |