



Athletics Wellington Senior Track & Field
Opening Day Meeting Saturday 15 October
 Newtown Park **2.00pm**

Timetable

1-15 - 1.30 pm Registration and Reporting

- ✓ All athletes up Newtown Park Competition Bib # on arrival
 - See Information on the calendar event page on how you obtain your number
- ✓ All **Secondary Schools'** athletes are welcome
- ✓ **No Entry Fee** for this meeting
- ✓ **All officials report for Managers Meeting**

A call for any officials who are available to help our programme and those interested in learning. Please email Vaughan Oates [Here](#) to indicate your support

Athletes

Please read the Athletics Wellington Competition Rules for Open meetings

These are available on the website on the calendar event page

Season Opening Meet			
Saturday 15 October 2022			
Track	All Grades Men & Women, u16 to Open	Field	All Grades Men & Women, u16 to Open
	Men will race first followed by Women		Men and Women will compete concurrently
2.00 pm	1500 Metres Track Walk	2.00 pm	Discus Throw
2.20 pm	60 Metres		High Jump
2.30 pm	1000 metres		
3.00 pm	150 Metres	3.00 pm	Shot Put
3.15pm	3000 Metres		Long Jump <i>and</i> Triple Jump
3.45pm	600 Metres		