Mid-week Twilight Track Meet #5 incl 5000m Championships - 8/02/2023

Hosted by Wellington Scottish Athletics Club

Newtown Park Stadium, Wellington

Results

Women	100	Metres	Run	Onen
women	100	Michies	IXuII	Open

	Name	Age	Team	Finals	Wind	
Finals	1 vanie	ng.	Itam	1 mais	** inu	
1 1	Houghton, Nadine	18	Upper Hutt Athletic	13.40	+0.0	
2	Whiteman, Rhea	17		13.40	+0.0	
3	Gotico, Celena		Olympic Harrier and Athletics	13.58	+0.0	
3 4	Rudd, Analin	17	· ·			
		16	7	13.62	+0.0	
5	Abbott, Greta	14	Olympic Harrier and Athletics	14.12	+0.0	
Wome	en 200 Metres Run Open					
	Name	Age	Team	Finals	Wind	
Finals						
1	Houghton, Nadine	18	Upper Hutt Athletic	27.81	0.4	
2	Whiteman, Rhea	17	Olympic Harrier and Athletics	28.39	0.4	
3	Abbott, Greta	14	Olympic Harrier and Athletics	29.09	0.4	
4	Robins, Holly	15	Olympic Harrier and Athletics	30.47	0.4	
5	Mawby, Seren	14	Olympic Harrier and Athletics	32.05	0.4	
6	Robins, Grayce	14	Olympic Harrier and Athletics	33.30	0.4	
Woma	en Long Jump Open					
**ome	Name	Age	Team	Finals	Wind	
Finals	1 vanite	ngt	Ivam	1 111/15	** IIIu	
rmais 1	Gotico, Celena	17	Olympic Harrier and Athletics	4.75m	NWI	
2	Rudd, Analin		Wellington Harrier Athletic	4.63m	NWI	
3	Robins, Holly	15	· ·	4.53m	NWI	
4	Abbott, Greta		Olympic Harrier and Athletics	4.27m	NWI	
5	Whiteman, Rhea	17	, .	4.22m	NWI	
6	Mawby, Seren	14	, .	4.16m	NWI	
7	Robins, Grayce	14	Olympic Harrier and Athletics	3.61m	NWI	
Man 1						
vien i	00 Metres Run Open					
vien i	00 Metres Run Open Name	Age	Team	Finals	Wind	H#
	-	Age	Team	Finals	Wind	H#
	-	Age 17		Finals 11.25	Wind -0.7	Н# 1
Finals	Name					
Finals 1	Name Lotsu, Joshua	17 21	Paraparaumu Track and Field	11.25	-0.7	1
Finals 1 2	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas	17 21	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field	11.25 11.27 11.84	-0.7 -0.7 -0.7	1 1 1
Finals 1 2 3 4	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack	17 21 16 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics	11.25 11.27 11.84 11.93	-0.7 -0.7 -0.7 -0.7	1 1 1 1
Finals 1 2 3 4 5	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke	17 21 16 15 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field	11.25 11.27 11.84 11.93 12.16	-0.7 -0.7 -0.7 -0.7 0.3	1 1 1 1 2
Finals 1 2 3 4 5 6	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius	17 21 16 15 15 16	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College	11.25 11.27 11.84 11.93 12.16 12.55	-0.7 -0.7 -0.7 -0.7 0.3 -0.7	1 1 1 2 1
Finals 1 2 3 4 5 6 7	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus	17 21 16 15 15 16 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic	11.25 11.27 11.84 11.93 12.16 12.55 12.65	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3	1 1 1 2 1 2
Finals 1 2 3 4 5 6	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua	17 21 16 15 15 16 15 16	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.66	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3	1 1 1 2 1 2 2
Finals 1 2 3 4 5 6 7 8 9	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan	17 21 16 15 15 16 15 16 12	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.66 12.81	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 0.3	1 1 1 2 1 2 2 2 2
Finals 1 2 3 4 5 6 7 8 9 10	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max	17 21 16 15 15 16 15 16 12 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.66 12.81 12.96	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 0.3 -0.7	1 1 1 2 1 2 2 2 1
Finals 1 2 3 4 5 6 7 8 9 10 11	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor	17 21 16 15 15 16 15 16 12 15 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 -0.7 0.3	1 1 1 2 1 2 2 2 2 1 2
Finals 1 2 3 4 5 6 7 8 9 10 11 12	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex	17 21 16 15 15 16 15 16 12 15 15 15 19	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics Unattached	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16	$\begin{array}{c} -0.7\\ -0.7\\ -0.7\\ -0.7\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor	17 21 16 15 15 16 15 16 12 15 15 15 19	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 -0.7 0.3	1 1 1 2 1 2 2 2 2 1 2
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex	17 21 16 15 15 16 15 16 12 15 15 15 19	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics Unattached	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16	$\begin{array}{c} -0.7\\ -0.7\\ -0.7\\ -0.7\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Aidan	17 21 16 15 15 16 15 16 12 15 15 15 19	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics Unattached	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16	$\begin{array}{c} -0.7\\ -0.7\\ -0.7\\ -0.7\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\\ -0.7\\ 0.3\\ 0.3\\ 0.3\end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Aidan	17 21 16 15 15 16 15 16 12 15 15 19 14	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Mana Amateur Athletics Olympic Harrier and Athletics Unattached Olympic Harrier and Athletics	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16 15.12	$\begin{array}{c} -0.7 \\ -0.7 \\ -0.7 \\ -0.7 \\ 0.3 \\ -0.7 \\ 0.3 \\ 0.3 \\ 0.3 \\ -0.7 \\ 0.3 \\ 0.3 \\ 0.3 \\ 0.3 \end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 Vien 2	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Aidan	17 21 16 15 15 16 15 16 12 15 15 19 14	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Olympic Harrier and Athletics Unattached Olympic Harrier and Athletics Team	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16 15.12	$\begin{array}{c} -0.7 \\ -0.7 \\ -0.7 \\ -0.7 \\ 0.3 \\ -0.7 \\ 0.3 \\ 0.3 \\ 0.3 \\ -0.7 \\ 0.3 \\ 0.3 \\ 0.3 \\ 0.3 \end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 Men 2 Finals	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Conor Kutt, Alex Rook, Aidan 200 Metres Run Open Name Calder-Cass, Ethan	17 21 16 15 15 16 15 16 15 15 15 19 14 Age	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Olympic Harrier and Athletics Unattached Olympic Harrier and Athletics Team	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16 15.12 Finals 22.51	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 -0.7 0.3 0.3 0.3 0.3 Wind	$ \begin{array}{c} 1 \\ 1 \\ 1 \\ 2 \\ 1 \\ 2 \\ 2 \\ 1 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 Men 2 Finals 1 2	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Conor Kutt, Alex Rook, Aidan 200 Metres Run Open Name Calder-Cass, Ethan Lotsu, Joshua	17 21 16 15 15 16 15 16 12 15 15 19 14 Age 21 17	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Olympic Harrier and Athletics Unattached Olympic Harrier and Athletics Team Paraparaumu Track and Field Paraparaumu Track and Field	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.66 12.81 12.96 12.97 13.16 15.12 Finals 22.51 22.80	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3	1 1 1 2 1 2 2 2 1 2 2 1 2 2
Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 Men 2 Finals 1	Name Lotsu, Joshua Calder-Cass, Ethan Lambert, Lucas Kimmins, Zack Jarvis, Luke Filo-Smith, Marius Neilson, Gus Ingham, Joshua Wilson, Gyan Lewer, Max Rook, Conor Kutt, Alex Rook, Conor Kutt, Alex Rook, Aidan 200 Metres Run Open Name Calder-Cass, Ethan	17 21 16 15 15 16 15 16 12 15 15 19 14 Age 21 17 15	Paraparaumu Track and Field Paraparaumu Track and Field Paraparaumu Track and Field Olympic Harrier and Athletics Paraparaumu Track and Field Rongotai College Lower Hutt Amateur Athletic Olympic Harrier and Athletics Olympic Harrier and Athletics Olympic Harrier and Athletics Unattached Olympic Harrier and Athletics Team Paraparaumu Track and Field	11.25 11.27 11.84 11.93 12.16 12.55 12.65 12.65 12.66 12.81 12.96 12.97 13.16 15.12 Finals 22.51	-0.7 -0.7 -0.7 -0.7 0.3 -0.7 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 U.3	1 1 1 2 1 2 2 2 1 2 2 1 2 2

Mid-week Twilight Track Meet #5 incl 5000m Championships - 8/02/2023

Hosted by Wellington Scottish Athletics Club

Newtown Park Stadium, Wellington

Results

Finals	(Men	200	Metres	Run	Onen)
1 111415	(1)1011	200	1VICTIC5	Itun	openj

	(intell 200 inter es tiun open)				
	Name	Age	Team	Finals	Wind
6	Wilson, Gyan	12	Olympic Harrier and Athletics	26.67	-1.4
7	Rook, Conor	15	Olympic Harrier and Athletics	26.73	-1.4
Men I	Long Jump Open				
	Name	Age	Team	Finals	Wind
Finals					
1	Calder-Cass, Ethan	21	Paraparaumu Track and Field	5.79m	NWI
2	Lambert, Lucas	16	Paraparaumu Track and Field	5.69m	NWI
3	Rook, Conor	15	Olympic Harrier and Athletics	4.98m	NWI
4	Neilson, Gus	15	Lower Hutt Amateur Athletic	4.90m	NWI
5	Lotsu, Joshua	17	Paraparaumu Track and Field	4.47m	NWI
6	Rook, Aidan	14	Olympic Harrier and Athletics	4.03m	NWI
Men 7	Friple Jump Open				
	Name	Age	Team	Finals	Wind
Finals					
1	Cosgrave, Lebron	15	St Pats College Town	11.76m	NWI