



28th Annual Handicap Marathon
&
2 x 1/2 Marathon Handicap Relay
&
4 x 1/4 Marathon Handicap Relay



Upper Hutt
Sunday 4 June 2023
(Queen's Birthday Weekend)

**Start and End of the race: Silverstream School,
1 Whitemans Road, Silverstream, Upper Hutt 5019,
New Zealand**

The relays are over the full Marathon course, with lap changes at approx. $\frac{1}{4}$, $\frac{1}{2}$, & $\frac{3}{4}$ -way points

Start times for all events are based on the handicapper's estimate of the time you will take to complete your chosen event by 2.00pm **All competitors have a reasonable chance to take line honours.**

In addition to the designated merit prizes in the handicap section, merit prizes will be awarded for fastest times in the marathon.

There will be a three-person Full Marathon team trophy.

And a good range of spot prizes will be available to all participants who attend the prize-giving. **(Some exclusions may apply).**

All entrants who complete the course will receive a certificate of achievement.

Soup and a light buffet meal will be available at about 2pm

For more information on conditions of entry and race rules please

email: aotearoa@lionsclubs.org.nz



Aotearoa Lions Club

2023 Entry Form

(Sunday 4 June 2023)



Your/Team email address: _____

Marathon: Name: _____ Gender: _____

Address: _____ Age on Race Day: _____

Postcode: _____

Telephone Numbers – Home: _____ Work: _____

I expect to complete this Marathon in _____ hr _____ min _____ sec

My most recent Marathons or Distance Events (please indicate distance) were –

Event: _____ Date: ___/___/___ Time: _____ h _____ m _____ s

Event: _____ Date: ___/___/___ Time: _____ h _____ m _____ s

Relay Entry: Team Name: _____

Team Address _____

Team Telephone Numbers – Home: _____ Work: _____

Lap 1 Name: _____ Gender: _____

I expect to complete my lap in _____ hr _____ min _____ sec Age on day of race _____

Lap 2 Name: _____ Gender: _____

I expect to complete my lap in _____ hr _____ min _____ sec Age on day of race _____

Lap 3 Name: _____ Gender: _____

I expect to complete my lap in _____ hr _____ min _____ sec Age on day of race _____

Lap 4 Name: _____ Gender: _____

I expect to complete my lap in _____ hr _____ min _____ sec Age on day of race _____

Declaration: I/We declare that the information provided above is correct, that I/we will comply with the conditions of entry, and that I/we compete entirely at my/our own risk.

Signed: _____

(Marathon/Lap 1 Entrant)

(Lap 2 Entrant)

(Lap 3 Entrant)

(Lap 4 Entrant)

ENTRY FEE

Marathon: - \$60.00 plus (includes meal)

Relay Teams: - \$60.00/team (includes meal)

Extra Meal Tickets - \$10.00pp

Please make payments to “Lions Club of Aotearoa” at Westpac account number 03-0502-0537094-000 and reference “2023AHM”, your surname & initials.

Cheques are no longer accepted.

Return this entry form to: Annual Handicap Marathon, PO Box 38 319, Wellington Mail Centre, Lower Hutt 5045 or email to aotearoa@lionsclubs.org.nz to reach us by 28 May 2021.