College Sport
Wellington
Where sports stars unfold

To: Cross Country Convenor

2023 COLLEGE SPORT CROSS COUNTRY CHAMPIONSHIPS

WEDNESDAY 24 MAY HARCOURT PARK-
UPPER HUTT

1.   Age Groups/Distances/Times
        Age as at 31 December 2023 (to fit with National dates)

Year 9 Girls/Boys: Year 9 students only. Have turned 13 and U15 years as of 31 December in the year of the event.
Junior (U16) Girls/Boys: Have turned 13 and U16 years as of 31 December in the year of the event.
Senior Girls/Boys: U20 years as of 31 December in the year of the event.

Boys	-	Senior (Under 19)	6.0K	1.55pm start
	-	Intermediate (Under 16)	4.0K	1.15pm start
	-	Junior (year 9 and below)	3.0K	12.45pm start
Girls	-	Senior (Under 19)	4.0K	1.35pm start
	-	Intermediate (Under 16)	3.0K	1.00pm start
	-	Junior (year 9 and below)	3.0K	12.30pm start

ATHLETES WITH DISABILTIES (Under 21) - 2 KMS – BOYS RACE WILL COMMENCE AT 12.00PM AND GIRLS 12.05PM REPORT TIME 11.30am (for registration).

Please note:
6km   3 full laps
4km   2 full laps
3 km   1 short loop 1 full lap
2 km   1 full loop

2.   Competition in all grades will be for: (i) Individuals
                                                        (ii) 3 person teams
                                                        (iii) 6 person teams
        There is no limit to number of entrants.

3.   **Team Managers must report with their athletes to the registration desk at Harcourt Park from 11.30am for registration.**

4.   There will be CSW medals for the winners in all grades
5.   Pennants will be awarded to the winning schools of the 3-person Senior Team Race
6.   Cost for CSW member schools $5 per athlete - to be invoiced after event
7.   Wairarapa schools and others will be invoiced $11.50 per athlete
8.   One volunteer to help from each school is required-Please provide name to CSW for allocation of duties.
9.   Bus parking will be available on Norbert Street down past the park gates (on Course map).

There is a small carpark on Norbert Street before the park gates and another car park on Akatarawa Rd (Both indicated on the course map). Street parking in the neighbouring streets is also a possibility.

ENTRIES CLOSE 22 MAY THROUGH CSW ON-LINE ENTRY SYSTEM