



ATHLETICS WELLINGTON
P O Box 1734, Wellington
CROSS COUNTRY & ROAD: SELECTION POLICY 2023



Introduction

Athletics Wellington will select athletes to represent the Centre at the:

- A. **NZ Secondary Schools Cross Country Relay Championships**, at Palmerston North on **Sunday 18 June 2023**
- B. **North Island Cross Country Championships**, at Taupo on **Saturday 1 July 2023**
- C. **Athletics NZ Cross Country Championships**, at Taupo on **Saturday 29 July 2023**
- D. **Athletics NZ Road Championships** at Palmerston North on **Sunday 10 September 2023**

1. Selection Policy Philosophy

The key objectives are:

- 1. To send competitive Athletics Wellington teams in all grades to these events, where possible.
- 2. To enable this for the NZ Cross Country and NZ Road Championships, in general individual athletes will be selected foremostly on the basis that they show ability to finish in the predicted top half of the field for their event.
- 3. When appropriate to enable a top team to finish for the NZ Cross Country and NZ Road Championships, some additional athletes maybe selected to ensure there is a competitive scoring team.
- 4. Individuals will be selected on merit even when no team is likely based on clause 1.2

For the North Island Cross Country, NZ Cross Country and NZ Road Championships, selections will be made in the following grades: Men, Women, Men Under 20, Women Under 20, Men Under 18, Women Under 18, Masters Men M35+, Masters Men M50+, Masters Men 65+, Masters Women W35+ and Masters Women W50+ and Masters Women 65+.

2. Expression of Intention

Athletes wishing to be considered for selection **must notify the Selectors** of the events they wish to be considered for at least two days prior to the relevant selection date, by completing both:

- ✓ the online [Expression of Interest \[EOI\]](#) to notify your intention to be selected and the Athletics Wellington [Athlete Team Agreement](#).

If an athlete subsequently becomes unavailable, the athlete must notify the Selectors immediately.

No athlete will be considered for selection if they are not recorded on the ANZ membership database as a current member of an Athletics Wellington club.

3. Selections

- *NZSS Cross Country Relay Teams*



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Teams to represent Wellington will be selected for this event to be staged on day 2 of the NZ Secondary Schools Championships in Palmerston North on Sunday 18 June 2023.

Selection Events

- **CSW Cross Country Relays on Monday 15 May**, at Wakefield Park, Berhampore
- **CSW Cross Country Championships on Wednesday 24 May**, at Harcourt Park Upper Hutt
- **Dorne Cup Cross Country on 10 June 2023** at Trentham Memorial Park

Selectors will select teams, with reserves, based on selection events and entry by the individuals by their schools into the NZSS Cross Country Championships.

The intention will be to field a minimum of one team per grade for Year 9, Juniors, and Seniors for both genders.

Teams' final composition will be determined post the Individual Championships on Day 1 of the Championships.

Selections will be made for the following events on the following dates:

➤ *NZSS Cross Country Relay Teams*

- Announcement of provisional relay teams will be made following the Dorne Cup on 10 June 2023 (and once NZSSAA release school entries)
- Relay Team confirmation will be made by the AW team manager post day one of the NZSS Cross Country Championships on Saturday on June 17th.

➤ *North Island Cross Country:*

- Selections announced following the Dorne Cup on 10 June 2023

➤ *NZ Cross Country:*

- Initial selections of up to 4 in each grade announced following the Dorne Cup on 10 June 2023 (based on athletes demonstrating the ability to comfortably finish in the top half of their race at the NZ Cross Country based on performances in winter interclub competition in 2023)
- Following the Athletics Wellington Cross Country Championships on 16 July 2023, the balance of the selections will be announced.
- Athletes initially selected after the Dorne Cup are expected to demonstrate fitness by racing in the Wellington Cross Country Championships.

➤ *NZ Road:*

- Initial selections of up to 4 in each grade announced following the Athletics Wellington Cross Country Championships on 16 July 2023 (based on athletes demonstrating the ability to comfortably finish in the top half of their race at the NZ Road Champs based on performances in winter interclub competition in 2023)



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- Following the Athletics Wellington Road Championships on 19 August 2023, the balance of the selections will be announced.
- Athletes initially selected after the Athletics Wellington Cross Country are expected to demonstrate fitness by racing in the Wellington Road Champs.

If a selected athlete withdraws from the team, the selectors may replace that athlete at any time.

4. General

Athlete Details

On advice of selection in the team, the athlete must let the Athletics Wellington General Manager or Team Manager know their uniform requirements and travel and accommodation plans.

Online forms will be set up for these requirements.

Team Uniform and Hoodie

Selected athletes will be able to purchase an Athletics Wellington team singlet and hoodie. These are only available for purchase to those named in Athletics Wellington teams for these events. An online form will be set up for this.

Subsidies

Athletes selected for the NZ Cross Country and NZ Road Championships will receive reimbursement (via their club) of their entry fees. An accommodation subsidy of \$50.00 will be given to each athlete selected for the NZ Cross Country.

Payment of subsidies is conditional on completing the race.

5. Selectors and Managers

The **Selectors** are:

Nathan Lewer: nathan@awesomebounce.co.nz

Julie Richards: juliemaerdy@yahoo.co.uk

John Cope: johnandjacquicope@gmail.com

The **Team Managers** (for NZ Cross Country and NZ Road Championships are:

Bev Hodge: bev.martin.hodge@gmail.com