



ATHLETICS WELLINGTON

INCORPORATED

ANNUAL REPORT

AND

STATEMENT OF ACCOUNTS

FOR THE YEAR TO 31 MARCH 2023

PRESENTED TO THE

ANNUAL GENERAL MEETING

WEDNESDAY 5TH JULY 2023





ATHLETICS WELLINGTON

OFFICE BEARERS 2022 - 2023

PRESIDENT

Bernice Dickie

IMMEDIATE PAST PRESIDENT

Louise MacDonald

LIFE MEMBERS

Jim Blair **MNZM**

Simon England

Geoff Henry **MNZM**

David Lonsdale

Colin MacLachlan

Sylvia Maunder

Alan Stevens **MNZM**

Willy Szeto

Don Dalglish

Mark Harris

Peter Jack **QSM**

Bruce Perry

Peter Maunder

Peter Rendall

Todd Stevens

Ray Wallis

Deceased Life Members

Don Brown

Marian Jackman **MBE**

Vic Marks

Ian Priest

Bob Spence **QSM**

Peter Tearle

Clive Chandler

Dave Malcolm

Arthur May

John Riseborough

Bob Swain

BOARD

CHAIRMAN: Andrew Wharton [Sept -June]

Jake Inwood [Retired - Sept]

MEMBERS:

Joshua Dorman

Kirsten Kilmister [Appt. Sept]

Abi Skelton [Appt. Sept]

Joshua Ledger

Julia Ratcliffe [Retired Sept]

Eric Speakman

Michael Wray [Retired Aug]

ATHLETICS WELLINGTON MANAGEMENT TEAM [STAFF]

GENERAL MANAGER

Tony Rogers

COMMUNITY ENGAGEMENT LEAD

Tamsin Harvey

ATHLETICS WELLINGTON - SECTION LEADS TEAM [VOLUNTEERS]

TREASURER

Todd Stevens

REGISTRAR

vacant

COMMITTEE LEADS

JUNIORS

Willy Szeto

TRACK & FIELD

Yarride Rosario

CROSS COUNTRY & ROAD

Todd Stevens

OFFICIALS LEAD

Vaughan Oates

EQUIPMENT LEAD

Mike Ritchie

COACHING LEAD

Andrew Matsuoka Webber

OBITUARIES

Sally Mills

Sally Mills passed in November 2022. Sally was a dedicated official in Wellington for many years, becoming Athletics Wellington's first-ever 'Official of the Year'. In 2014 Sally successfully passed the National Technical Officials exam putting her at the highest level attainable within New Zealand. Sally was regarded highly for always being ready to support officiating in the Centre and her Upper Hutt Club.

Michael Brown

Michael passed in June 2023. He joined the Scottish Club in 1940's becoming a leading junior runner, winning Wellington Centre titles in 1948 / 49; He won the Dorne Cup in 1948 and Vosseler Shield in 1949, then Wellington Mile title in 1951. He then studied the Arts and spent time in UK returning in 1990's rejoining the Scottish club and embraced athletics again as Masters athlete in both cross country & road, and track at Newtown Park. Over the years he won many age group titles, both NZ and local level. The most memorable being the NZ Masters over 80 10km road champion. Michael contributed very regularly at Newtown Park officiating at many track events.

REPORTS

BOARD CHAIRMAN

Kia ora,

It is with pleasure that I submit the Chair's report for the 2022/23 year. This is my first report as Board Chair having taken over the role, in an interim manner, from Jake Inwood in August 2022. I have been ably supported by an extremely competent and highly engaged Board who are committed to seeing our sport thrive. Late last year the Board welcomed two additional members to our team, Abi Skelton and Kirsten Kilmister. Abi and Kirsten have been extremely enthusiastic and their collective knowledge and passion for the sport has been very helpful. I thank Jake Inwood and Michael Wray for their committed time to the board over recent years.

Our 2022-26 Strategic Plan continues to give guidance to our operational priorities and as we all know it is vital that we have a large base of qualified officials and passionate volunteers. So, it is great to see the high number of qualified officials and committed volunteers willing to give up their personal time to help make the 2022/23 NZ Track & Field Championships such a huge success. The weather played its part, and we were treated to some incredible performances. Highlights for me were Zoe Hobbs running under 11 seconds, the return of Eliza McCartney leading an incredible group of Kiwi vaulters, and finally our own James Preston edging Brad Mathas in a hard fought 800m.

Further to these performances, it was great to watch Hamish Carson, Quentin Rew and former Board member, Julia Ratcliffe, fly the New Zealand flag at the 2022 World Track and Field Championships. Quentin and Julia followed this with the Commonwealth Games in Glasgow where Julia ended an illustrious career by winning the silver medal. We are witnessing a golden period of New Zealand Track & Field and with the Paris Olympics just around the corner I expect next year to be even bigger, better and possibly brighter.

Parts of Newtown Park were out of action for periods over the summer months while upgrades took place to ensure the stadium is ready for the Fifa World Cup. As a Board, we are committed to supporting all stadium developments where these changes may benefit our members and enhance the sporting experience for athletes and supporters. Large permanent lighting towers have been installed and I know that the organisers of the New Zealand 10,000m Champs are looking forward to hosting the Men's and Women's Championship races under lights this coming November.

Finally, I would like to acknowledge the work of Tony Rogers, our General Manager. Tony joined us in early 2021 and over the last nearly 2 and a half years he has shown a tireless work ethic and a passion for the sport that is complemented by an inclusive leadership style. Tony is supported by Tamsin Harvey who joined us in November 2022 as Community Engagement Lead. Tony and Tamsin are a great team and their excellent understanding of the sport sector ensures that we have solid relationships across the region to help athletics develop.

Andrew Wharton
Board Chair

MANAGEMENT – General Manager

The twelve-month period from 1 April 2022 through to 31 March 2023 has been an incredibly busy year for Athletics Wellington. Hosting a raft of nationally significant events in this period has definitely had advantages for our local athletes even though placing a heavy workload on Athletics Wellington personnel especially our valued volunteer leads and officials.

The major events hosted by Athletics Wellington during this period have been.



- Athletics New Zealand Road Championships staged at the New NZCIS Campus in Upper Hutt
- Athletics New Zealand 10,000 metres Championships as part of the Agency 10km event at Newtown Park
- New Zealand Masters Track & Field Championship at Newtown Park
- Athletics New Zealand 3000 metres championships as part of the Team Ledger Harcourts Capital Classic at Newtown Park, this event being a World Athletics Continental Tour Challenger meet.
- Sola Power Academy Throws Meeting at Lower Hutt, also World Athletics Continental Tour Challenger meet in Shot and Discus

As I stated, twelve months ago ***‘events are the key to inspiring so many of our athletics community to feel part of a fraternity and it is the ideal platform to continue grow our capacity and purpose’***. This prime benefit of hosting within our region is the provision of opportunities for athletes and officials to show case and learn on a national stage with less cost. Events also provide opportunity for improving facilities and equipment and building commercial partnerships of support as well as improve engagement with the wider community. The benefit of any surplus income enables greater resourcing of our Centre.

One of our aims was to continue to build stronger relationships with people that help us deliver athletics. I believe we have managed to achieve that foremostly with our Wellington City Council partners especially with the jewel in the crown for the centre that being the Newtown Park Stadium. A strengthened relationship enabled the council to have confidence in our decisions and partnership support to maximise the stadium use while under refurbishment for the FIFA Women’s World Cup. The WCC have been a major partner, heavily supporting the National Track & Field Championships and other events in the city. While we had passed the restraints of Covid we did have infrastructure restraints at the stadium. The work is now complete, and we have the exciting addition of new changing rooms and lighting at the stadium.

In the last twelve months we have worked exceptionally hard to reinvigorate our youth sections especially post Covid when restrictions were released. This started with supporting College Sport Wellington to recover their March events and hold some Zone meets and the CSW Regional Track & Field Championships in September at Newtown Park. Our support of school’s events is a priority.

In mid – November, Tamsin Harvey commenced in the Athletics Wellington Community Engagement Lead role that was established by the Board. The initial prime focuses of Tamsin have been to support the delivery of Athletics events for both Primary and Secondary schools and the AW Junior Committee programmes, including schools Cross Country events with Primary schools.

This role has also included event planning and preparation, a special emphasis on improving event health & safety procedures particularly at the stadium for a range of school events, event timetabling and sourcing officials for meetings requiring that level of support. Tamsin is the Lead person dedicated to event day equipment use, for safety checking and distribution and general stadium set up for each school event.

Our relationships with schools and school bodies are critical areas to progress growth by giving confidence and support for what we do in the community. The long-term outcomes to have increased membership rather than declining numbers in these age bands.

Athletics Wellington supported selected teams to North Island Cross Country and NZ Cross Country in Taupo, the locally staged NZ Road Championships and the NZ Track & Field Championships which included Under 16 reps for the first time. Teams were also selected and supported at Secondary School level in association with College Sport to NZSS Interprovincial Cross-Country Relay in Nelson last June and for NISS Track & Field in Palmerston North in early April 2023.

We thank and acknowledge the huge volunteer commitment by our team leaders and selectors for supporting the athletes. They are Bev Hodge, Linda Oliver, Brian Seymour John & Jacqui Cope and Julie



Richards, Andrew Matsuoka-Webber, Nathan Lewer, and Michelle van Looy and the work of Tamsin more recently to support these people.

As previously mentioned, major events support the growth of our Official's capacity and capability. Eddie Soria is to be congratulated for his drive and energy in ensuring we had very successful Officials Education programmes for five consecutive weeks at Newtown with around 25 people on each course. Eddie was approved as a lead for Athletics NZ officials educational and has recently been appointed to the National Officials Advisory Group. [NOAG]

However, the ongoing commitment and diligence of many key support people like Peter Baillie, Marshall Clark, Geoff Henry, Andy Ford, the du Toit family, many others and all our AW Leads ensure that our programme is delivered with success from week to week.

Other new implementation which has caused much consternation for many was the introduction of the New Game Day platform Membership and Event management. I thank those for the perseverance of adaption and learning this tool and we await to see if the new Athletics NZ membership models improve some engagement and retention of members.

Implementation of the Strategic Plan has been progressive with almost 50% of targets in action or achieved but further work will be required by many people to respond and support initiatives. An ongoing continuation of work to ensure a safe, sustainable athletics environment from a wider risk management viewpoint has been a strong focus area.

Many of our athletes have experienced opportunities and successes in the twelve months on the highest stages. Such athletes include Hamish Carson, Quentin Rew, Tim Robertson, Sarah Drought, and Hannah Miller to name just a few who have competed at World level. Wellington athletes have been well represented in age grade and Oceania team selections too.

By General Manager

Tony Rogers

MANAGEMENT – Community Engagement Lead

I came on board as the Community Engagement Lead for Athletics Wellington in November 2022, as the 2022-2023 summer season got underway. The Community Engagement Lead is to support the General Manager in driving engagement and promotion of Athletics across Pōneke. My role also includes improving health and safety regulations, and equipment distribution at Newtown Park Stadium for school athletics days. I have also been working with the General Manager to devise and deliver longer-term initiatives around increasing engagement and participation of youth in athletics.

During my initials weeks I spent time supporting the facilitation of Run Jump Throw courses at Chiltern St James School giving me valuable insights into the programme and Tamariki learning Athletics skills. I look forward to undertaking full Athletics NZ training course soon. Through the summer months of February to March, I attended and assisted with 11 secondary school athletics days, three primary and intermediate school athletics days, and five zone, inter-zone and regional athletics meets. I helped to organise and select a large Wellington Centre team to compete at North Island Secondary School Championships in Palmerston North. The Athletics Wellington Junior Interclub meets and Junior Championships provide a fun and competition friendly atmosphere amongst the junior grades. I look forward to helping out again at the junior club competitions in the next summer season. We have observed some impressive results from the youth grades at these events. It was awesome to see the talent and hard work reflected in the track and field results.



Moving into the winter and cross-country season, this has been new territory for me as I have typically competed at summer events in shorter distances. I helped, as required, at the Secondary School Cross-Country Relays in May. I created a small cross-country clubs' poster for the school packs, to provide some brief information for students seeking to join clubs during the winter season. At the Primary Sport Wellington zones, inter-zones and regional cross country meets, I have been helping take the different year levels of kids through an easy-going warm-up prior to beginning their cross-country race. This has been to encourage an initiative around warming-up before competition or sport, particularly during the colder months, and preventing injury.

For professional development I intend attending the SNZ Sport Development Leadership Programme in June run by Nuku Ora and SNZ and look forward to implementing development ideas in the coming months and creating more opportunities for Rangatahi in Poneke.

Tamsin Harvey
Community Engagement Lead

REGISTRATIONS

Athletics Wellington annual registrations fall into five categories. The numbers from the 2022– 2023 year are mapped as shown with the previous year period for comparison. The figures are the best provided number considering the issues that arose from migration of registrations during the financial year from the old database to the new Game Day platform which experienced huge issues during the process/

Members by Age Category	Members 2022 - 2023	% age Nationally YE 2023	Member 2021 - 2022
Adults 20+ years Includes Seniors & Masters	516	21%	534
Youth athletes 15 years to 19 years old	160	14%	142
Young athletes Aged 7 years to 14 years old	1299	14%	1230
Young Athletes 6 years old and under	416	8%	365
Social Athletes 15 years and older	126	15%	112
TOTAL	2517	13%	2383

Athletics Wellington is the 3rd largest centre with total registrations, but we have a comparatively small number of 6yr & under regos. This hopefully will have longer term benefits for clubs for recruitment and accurate registrations. With the new flexible membership models, it will be of interest to not any notable changes moving forward.

FINANCES

Finance report – for the Year to 31 March 2023

Athletics Wellington's finances for the 2022 - 2023 year largely ran to plan, which included reinvesting the prior year profit back into the sport with the establishment of the Community Engagement Lead position.

Athletics Wellington recorded an overall deficit of \$18,000 for the year and finished the year in a strong financial position with \$217,000 of cash deposits.

The Athletics Wellington financial model used involves each of the three subcommittees largely operating autonomously, with the Board having its own budget but maintaining oversight (and a degree of control consistent with good governance) of the subcommittees. All external funding applications are signed off by the Board.

Athlete levies of \$53,000 were again the main source of income, up slightly on the prior year. Generous funding has again come from NZ Community Trust for the General Manager role. An annual grant of \$18,000 was received, which is down from \$25,000 in previous years. \$6,000 was received from Lion Foundation towards Newtown Park hire costs. With a full year of events, income from hire of Newtown Park gear to schools (\$18,000), Event fees (\$22,000) and Round the Bays (\$10,000) was much higher than the prior year where Covid forced many event cancellations.

Significant capital investment (\$27,000) into equipment (mainly the finish line camera gear) at Newtown Park was made during the year, along \$12,000 spent on maintenance. Salaries (\$89,000) for the General Manager and Community Engagement Lead positions were the largest area of expenditure. Other significant operating expenditure included depreciation of Newtown Park equipment (\$15,000), hire of Newtown Park from Wellington City Council (\$13,000) and subsidies for our representative teams (\$11,000).

Treasurer - Todd Stevens

Profit & Loss Athletics Wellington Inc 1 April 2022 to 31 March 2023

	2023	2022
Income		
Athlete Registration Levies	\$52,953	\$51,426
Event Fees	\$21,888	\$16,549
Equipment / Park Hire Fees	\$18,375	\$4,950
Newtown Park Club Levies	\$9,398	\$10,128
Round the Bays Income	\$10,000	\$5,000
Grants - NZ Community Trust (GM Role)	\$21,333	\$32,607
Grants - Lion Foundation (Park Hire)	\$6,400	\$9,000
Grants - Grassroots Trust (NZ Roads)	\$3,000	\$0
Grants - Pelorus Trust (Equipment)	\$0	\$2,585
NZ Track & Field Champs	\$22,092	\$0
Colgate Games	-\$1,580	\$25,259
Interest Income	\$5,148	\$1,454
Whitby Collegiate - coach & athlete development	\$0	\$5,000
Other Income	\$0	\$292
Total Income	\$169,005	\$164,251
Expenses		
Employee Salaries	\$88,738	\$67,025
Employee Expenses	\$3,111	\$2,265
Depreciation	\$14,693	\$12,450
Equipment / Maintenance / Repair	\$12,209	\$7,033
Representative Teams	\$10,520	\$9,950
Newtown Park Hire	\$13,464	\$12,907
Coaching and Officials	\$7,704	\$922
Event Costs	\$23,416	\$21,858
NZ Road Champs	\$4,729	\$0
Awards Evening	\$3,000	\$0
Uniforms	\$802	\$2,468
Insurance	\$1,231	\$1,068
Other Expenses	\$3,305	\$3,793
Total Expenses	\$186,922	\$141,736
Net Profit / (Loss)	-\$17,916	\$22,514



Balance Sheet
Athletics Wellington Inc
As at 31 March 2023

	2023	2022
Assets		
Current Assets		
Cash Deposits	\$217,199	\$252,783
Prepayments	\$1,148	\$2,388
Stock of Uniforms	\$5,470	\$8,020
Receivables	\$39,316	\$40,893
Total Current Assets	\$263,133	\$304,084
Fixed Assets	\$40,895	\$28,378
Total Fixed Assets	\$40,895	\$28,378
Total Assets	\$304,028	\$332,462
Liabilities		
Current Liabilities		
Accounts Payable	\$18,776	\$28,367
GST Payable	\$4,312	\$1,103
Revenue in Advance	\$1,043	\$5,179
Total Current Liabilities	\$24,131	\$34,649
Total Liabilities	\$24,131	\$34,649
Net Assets	\$279,898	\$297,813
Equity		
Opening Reserves	\$297,813	\$275,299
Current Year Earnings	-\$17,916	\$22,514
Total Equity - Closing	\$279,898	\$297,813



SECTION REPORTS

OUT OF STADIA - [Cross Country, Road, Mt Running and Trail Running]

Cross Country & Road 2022

The 2022 cross country and road season was again busy, with a full programme of club events, interclub events and New Zealand championships.

Participation in our events was high throughout the season, despite athletes dealing with the challenges of Covid spreading widely in the community.

A highlight for us was hosting the NZ Road Championships at the very impressive NZ Campus of Innovation and Sport in Upper Hutt. The short lap made for fantastic spectator viewing, and the day was capped off magnificently for us with Athletics Wellington athletes sweeping the Senior Women's podium – congratulations to Hannah Miller, Sarah Drought and Deborah Lynch. I would particularly like to thank Tony Rogers for his vision and huge amount of work to make the champs such a successful reality.

Teams to represent Athletics Wellington were selected for the North Island XC Champs, NZXC Champs and the NZ Road Champs. The NZXC championship included the inaugural (and exciting) NZXC Relays, with the highlight being WHAC winning the senior title.

Wellington clubs again attended the NZ Road Relay Champs in Christchurch in big numbers. It was particularly disappointing to have the relay moved from the iconic Akaroa course at very late notice, but the Champs still went ahead based at Bottle Lake Forest. Congratulations to Wellington Scottish Athletics Club for winning the "Top Club" competition – always a competitive competition! And well done to the four Wellington teams which won NZ titles – Olympic (Junior Women), Scottish (M50 and W50) and WHAC (Open 70).

Many thanks to all officials, committee members, course measurers, employees, selectors, team managers and other volunteers for contributing their time and expertise during the year. They have all played a vital role in keeping the sport ticking along. Thank you to the clubs which organised our interclub events.

Todd Stevens

Lead - Cross Country and Road



JUNIORS

The weather gods supported 2022-2023

What a difference from last season! No lockdowns, no mandatory mask use, and best of all no gathering restrictions to have to contend with.

The weather gods were kind to us at the start of the season and we had glorious weather for the first 2 AWJC Interclubs. They were well attended with around 250 athletes recording at least 1 result and around 1400 individual event results being entered by the Camera/Results crew at each Interclub.

We also tried again to include a few Senior events at the end of Interclub 2 (e.g. 100m, 800m, Horizontal Jumps and Discus) so the junior athletes could watch them in action and give those who wanted to a chance to compete alongside. Unfortunately, less than a hand full of Senior athletes competed so the Committee decided not to include them at Interclub 6 as originally planned at the start of the season.

In the end, we managed to run 4 out of 6 AWJC Inter-Clubs and our AWJC Champs. All were well attended and a lot of smiles from our young athletes who give it their all.

I personally think it is great that the AWJC are still able to provide an environment where competition rather than just participation is encouraged amongst our younger ones. I think these experiences help “grow” a person regardless of where they may place in an event.

I would like to thank all on the Athletics Wellington Juniors Committee (AWJC) for giving up their time to attend our monthly meetings and for their passion and commitment towards progressing the enjoyment of this sport for our junior athletes.

My thanks to all the dedicated helpers and parents who “got over the fence” and helped in any way with programming, setting up and/or running events and packing up and getting results out afterwards. These Interclubs and Champs wouldn’t run without your time and efforts.

I cannot understand how some parents don’t see any problem with letting others do all the work even though their child is there competing at every Interclub.

Special shout outs to Marshall Clark, Anna Ward, Michael and Daniel Du Toit for their help and outstanding commitment on the Results team to get all results entered and published. It is a very long and sometimes stressful task that not many people put their hands up to help with.

Hope to catch up with many of you again next season.

Chair: Willy Szeto

Secretary: Marshall Clark

Willy Szeto

Juniors Committee Lead

TRACK & FIELD

The highlight of our summer season this year was hosting the National Track and Field Championships and a big thank you must be given to the organising committee for putting together a very successful meet. Our Wellington championships and Saturday meets also went well this season and I would like to thank our amazing team of officials, led superbly by Vaughan Oates and Eddie Soria. Their technical knowledge and passion for the sport is the biggest factor in the success of our local meets.

The hosting of the FIFA Women's World Cup has thrown up a few barriers for the Track and Field team this summer but the upgrade to facilities will benefit us all in the long run. It has been a fine line between catering to FIFA and building a good relationship with WCC while also making sure Athletics does not get forgotten about during all the work. Thank you to everyone for being accommodating at different times throughout the season.

Congratulations to the large number of Wellington athletes who picked up medals on their home track at Nationals. There was significant success in the U16 and U18 grades - including Rico Poutama who won 3 golds and 2 bronze in individual events. The goal for Athletics Wellington now is to help support these talented youngsters in making the step up the senior grades. Congratulations also to Hannah Miller and Hamish Carson who received the top awards at our awards dinner.

The last two years have seen some good improvements in the track and field scene in Wellington but there is more that we can do and will be doing in the coming season to help our athletes and coaches succeed on the regional, national, and international stage. Thank you to Tony Rogers for his continued efforts behind everything the organisation does and to Tamsin Harvey who came on board this year as the Community Engagement Lead and has already made a positive impact. Next season we hope to build on the momentum gathered from hosting back-to-back national championships and implement a few new initiatives to help grow Track and Field in the region.

Yarride Rosario

Senior Track & Field Lead



MASTERS

A lot has happened on the committee looking back over the past twelve months. We said goodbye – with huge thanks – to Michael and Sharon Wray; we welcomed Roger Robinson and Kathryn Switzer as our Patrons and new committee members Vickie Humphries and Ayesha Shafi, and we thanked stalwarts Graham Gould, Sean Lake, and John Palmer for their continued service.

Now that does rather nicely lead me into mentioning the upcoming AGM which is likely to be held at the end of September. We will advertise the confirmed details on our website and Facebook as soon as they become available. Please do come along and consider joining us.

48th New Zealand Masters Track and Field Championships

I would like to mention the recent 48th New Zealand Masters Track and Field Championships we hosted. I want to again take a moment to acknowledge the volunteers, officials, and organisers who went far and above to ensure the safety and success of the event; organising an event of such a scale was an enormous task. A very special thank you to each and every one of you.

We had over 200 entrants and 900 events (pewh!). Congratulations to the many athletes who achieved personal bests and also to the many record breakers. Nine New Zealand records were broken, one to Wellington athlete Michelle Allison, 46 Championships records were broken, including 14 by Wellington athletes, and 11 Wellington Records also tumbled. I was fortunate enough to watch the male and female 4 x 100 m relay – as the NZ records were sent flying in thrilling fashion!

Congratulations – Wellington Masters Athletes of the year.

Huge congratulations to Wellington Masters athletes of the year Jackie Wilson and Roger Robinson who incidentally also both won the Athletics Wellington Masters Athletes of the year; both athletes are, as ever, *inspiring*. A full list of winner appears in the Awards section.

Events

It's great to see so many Masters athletes out and about, able to train and compete again in this new 'Post Covid-19' world we live in. The 37th Wellington Masters Classic Cross-Country Relay, held on Sunday 21 May was a huge success despite the weather! The event was well attended by 16 teams, 14 running and two walking. The course, like last year, was wet, muddy and slippery with some (not surprisingly) losing their footing to the muddy conditions! A big thanks to the timekeepers and marshals, and to Trentham United Harriers for setting out the course and the use of their clubrooms.

On behalf of the team, thanks for being with us.

Liz Bentley
President



OFFICIALS

Officials Coordination

I am pleased to be able to report that the number of officials has seen a mini surge for the latest season with three newcomers in the form of Paul Abbott and Geoff and Hilary Hadfield. They all displayed a great deal of enthusiasm and were welcome additions to our pool of people available to help at events.

Special thanks need to go to Eddie Soria for running a series of training sessions through the year to ensure that everyone was in a position to work with confidence at events, particularly the National Track and Field Champs which Wellington successfully hosted in March of this year. Eddie also developed a phone app version of the latest rule book, providing an easy to access resource for officials.

The National Track and Field Championships ran very successfully, and it was a good opportunity for the Centre to obtain some new electronic equipment for measuring throws and judging horizontal jumps. Thanks to Mike Ritchie and Peter Baillie for their efforts on these procurements.

In what I hope is not becoming a trend, it is with a great deal of sadness that I must report, that Sally Mills a stalwart official for the Centre over many years died of cancer late last year. Sally brought a no-nonsense fair but firm touch to her running of events and will be sorely missed.

All the major events Wellington hosted during the season were successfully run without any major hiccups and it was great to have a season without the need for social distancing.

Looking ahead, Wellington will again be hosting the National Track and Field Champs and planning work on this has already begun.

Vaughan Oates

Officials Lead Coordinator

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Athletics Rules
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Officials Education

This past year was a very successful year in regard to Education. For the first time Wellington has one of the 6 New Zealand Athletics Lecturers appointed.

Aside from the usual small sessions that we have had every single Saturday after each event at the Track, and also after each International Meet that we have officiated, there were also 5 official Education Sessions organized by us and also 1 session one day prior to Nationals.

Sessions in numbers and Subjects and total of people attending each course were

- ✓ Officiating - General Knowledge: **24**
- ✓ Track: **23**

- ✓ Race Walking: 17
- ✓ Throws: 23
- ✓ Jumps: 24

Total of C tests assessed: **67**; Total of B tests assessed: **10** ; Total of A tests assessed: **1** Total of course refreshment: **9**. As a result of this, and all the efforts made during this season, we saw an increased number of officials, not only in our local events, but also helping out the central north island region and also all around the country. We're seeing more of our officials in higher positions like Chiefs, Referees and Meeting Managers, and the idea is to keep growing these numbers.

For T&F Nationals, Wellington was the centre with the greatest number of officials during the whole 4 days of competition. This is usually the case with being locals, but the amount of officials surpassed any expectations for our centre.

Eddie Soria

Officials Education Lead



EQUIPMENT

With the Nationals being in Wellington in March 2023, it was a big year to maintain, buy new equipment and rearrange the equipment shed.

There was track repair required to the western end where once again the track surface was deteriorating with water seepage causing more bubbles. This was out of our control, due to contractors, and as always done very late in the season. Part of the track was washed, but once again left too late to finish due to demand on contractors and we thank WCC grounds staff for actually completing what was completed, especially in the high jump fan area.

There was intention to have the whole track remarked. The relay marks were done. Hopefully this rest will be done before next years' nationals.

Steeplechase hurdles were repaired, and extra sand was added to the long jump pits. As a note we are looking at getting new sand to bring the pits up to standard and repair the covers and multi boards.

The pole vault pit had extra foam added to it as the pit had compressed so much that the high vaulters compressed to feel the ground. The pit is not up to standard for big meets.

The Canterbury (brand) Pole Vault standards broke during the Masters championships in Wellington. We luckily had the old Vinex uprights which had to be fixed to the ground and used for the nationals. One again they not up to standard for big meets, so the Cantabrian uprights are to be repaired for next year.

During the summer new electronic equipment was bought to support our officials and results management. A Veri-Lynx camera was purchased to use for Long and Triple jump take-off board judging as the plasticine board is no longer used. The camera operates with a laptop or tablet.

Other purchases included in the field, a long-distance laser EDM (electronic distance measurer) and countdown timers. New Cameras were purchased for photo finish including a front on digital bib reading camera to help identify runners finishing in non laned events. We thank Peter Baillie for helping source this equipment and install and integrate it into our systems to improve results management.

The large equipment shed was rearranged, with some of the internal walls, the tin shed and metal framing at the entrance area being removed to make the shed more accessible and user friendly to store the large gear. Thanks, and appreciation to Andrew Matsuoka-Webber for his help with this project. There is still a lot to do in both the front and back sheds.

We had a working bee a couple of weeks ago. Looking ahead it would be good to schedule a few working bees during the season. Discussions are underway for moving the masters shed to the back left hand corner so their area will be better utilized for Athletics Wellington equipment.

Thanks to all those that came along to make the season a great success and especially those who assist with setting up throwing cages.

Athletics Wellington has reviewed its cost for Schools and the high demand on equipment. The Community Engagement lead has been facilitating the distribution and safe use of equipment. We thank Geoff Henry too for his enthusiasm to repair measuring tapes throughout the season.

Hosting Nationals always gives the Centre the opportunity to look at equipment upgrades and it will be the endeavour to complete some further during the coming season including repairs to jumping pits equipment.

Purchase of a Veri lynx camera for Horizontal Jumps and a front on camera for the finish line are great acquisitions as is the new EDM for measuring in field events.

Mike Ritchie
Equipment lead.



COACHING

Athletics Wellington is always looking for support from our coaches. Athletics Wellington value tremendously the long volunteer hours by many of our coaches in the clubs and schools and the parents who are often the first level coaches. Athletics NZ coaching system has undergone an education overhaul in recent times and the level above Run Jump Throw is now Coaching Athletics Development Level 1 in various discipline groups. Congratulations to coaches for the time you committed to attend the CAD Level 1 Course course for Sprints and Horizontal jumps. The attendees included Ingrid & Karlene Taylor [Featherston], Joahn Smit [Mana], AlvirgBusa [Kapiti], Amnada Goldsmith, Helen Rook, Narmali Boswell, Joe Robbins, all of Olympic club, Nancy Li and and Holly James of WHAC and Tony Rogers. Simon England [Lower Hutt] and Kelly Thurston [Kiwi] attended the Sprint day.

Having our Community Engagement Lead on staff now is enabling us to have greater reach in to schools to support base level coaching and offer a service to schools who wish to have Run Jump Throw support.

With the role of Coaching Coordinator for Athletics Wellington there have been several challenges to overcome. To run a coaching course Athletics New Zealand requires numbers however, people wanting to do the course have said they need a set date. Communication with Athletics New Zealand is also challenging as many emails go unanswered. Currently in Wellington we have Shaka Sola with his throw's academy, but we are lacking coaches in both vertical and horizontal jumps, hurdles, and coaches for masters athletes.

By Coaching Lead
Andrew Matsuoka-Webber



FUJIFILM
Value from Innovation

MAJOR HONOURS



New Zealand Representative Team Selection

NZ World Track & Field Championships Team

– Eugene, Oregon USA - 2022

Quentin Rew - [Wellington Harrier Athletic Club] attended his 6th World Athletics Championships finishing 35th in the 20km event. This was shorter than his usual 50km with some previous excellent results.

Hamish Carson – [Wellington Scottish] attended his 1st World Athletics Track & Field Championships in his new event the 5000 metres rather than his familiar 1500 metres. He placed 12 in his heat in a time of 13.37.62

NZ World Cross Country Championships Team

Sarah Drought [WHAC] finished first in NZ team with her creditable 49th place and Hannah Miller [Scottish] placed 61st. Tim Robertson (Hutt Valley Harriers) had a solid run on his international senior running debut, crossing the finish line in 61st.

NZ Under 20 World Track & Field Championships Team

Will Anthony [Olympic] was selected for the 3000 metres. Will placed 12th in Heat 1 in a time of 8.21.13

NZ Commonwealth Games Team – Birmingham, England - 2022

Quentin Rew - [WHAC] attended his 2nd Commonwealth Games where he walked the 10km Track Walk for the first time but was unfortunately disqualified.



Oceania Track & Field Championships 2022 – MacKay, Australia

Seven athletes were selected from Wellington for the North Queensland 's event in early June.

Liam Webb – now resident in Sydney was 2nd in 400m in 47.50 and 7th in 200m in 21.84 [1.8]

Elizabeth Hewitt – Women's Under 20 placed 3rd in the Hammer 48.35m

Will Anthony - Men's Under 20 placed 1st in 3000 metres in 8.20.37 a Meet record

Max Abbot – Men's Under 20 placed 4th in Discus 52.40m, 5th in Hammer 50.50m, 6th in Shot 14.89m

Hannah Miller – selected but did not compete.

Anna Thomson - placed 4th in the Women's Triple Jump 12.43m [1.4]

Ben Lambert – placed 5th 100m final in 11.09[1.0]. Ben was also in the NZ U18 4 x 100m team which placed 2nd.

Former Wellington athletes dominated the Women's High Jump – **Keely O'Hagan** 2nd with 1.82m, Imogen **Skelton** 4th and 5th **Josie Reeves** both in 1.76m

Oceania Relays Championships

Tyrone Trego [Hutt International Boys School] was selected to represent NZ Relays team in May on the Gold Coast. Trego competed in the 4 x 100m relay.

NZ Secondary Schools Cross Country Teams 2022

Ava Sutherland [Wellington Girls and Olympic] was named in the Cross-Country Championships team selected from Nelson Championships. Selected to compete in the Australian Cross Country

Championships in the Under 17's was Ava [23rd] and Kate McHardy [Wellington Girls and Olympic] 8th Amy McHardy [7th] schooled at Wanganui Collegiate was named in both teams similarly to Ava.

NZ Secondary Schools Track & Field Teams 2022 -2023

Wellington athletes selected in the **NZSSAA Championships team** [paper] at completion of the 2022 Championships in Inglewood were - Mikayla Sola [Hutt Valley High School], Ava Sutherland [Wellington Girls' College], Alex Hewitt [St Patricks Silverstream], Hugo Jones [Scot's College], Tyrone Trego [Hutt International Boys School].

The following athletes were selected in the **NZSSAA Internal Classics Tour** team for January -February, Mikayla Sola [Hutt Valley High School], Corran Hanning [Wellington College], Alex Hewitt [St Patricks Silverstream].

Two athletes were selected in the **NZSSAA Under 18** team to travel to the Australian Championships in Brisbane. Hugo Jones [Scot's College] placed first men's Under 18 High Jump in 1.99m , with team mate **Samasoni Hewitt** [St Patrick's College Silverstream] placing 5th in 1.95m

Josh Lotsu [Crimson Global School] was seconded into NZSS Team at the Australian Champs in Brisbane for relays . The team set NZU18 and NZU19 4x 100m records. Team was Josh Lotsu, Anotida Madondo, Kahurangi Cotterill and Kadin Taylor . A blistering time of 41.46 broke the previous 1984 record of 42.04 for NZU18 and 2017 time of 41.47 for NZU19.



ATHLETICS WELLINGTON AWARDS

supported by Accor and Movenpick

The Annual Award dinner supported by the Accor group and Movenpick of Wellington's 5 April 2023. The awards period was the year of 2022 from 1 January 2022 until 31 December 2022.

- The **Women's Athlete** of the Year was awarded to **Hannah Miller**
- The **Men's Athlete** of the Year was awarded to **Hamish Carson**.



Hamish Carson the 2016 Olympian over 1500 metres and a long serving Wellington and Scottish athlete was rewarded for his consistency and excellence over middle- and long-distance events with a string of high-level performance over a new event regime. His efforts earned him selection to represent New Zealand over 5000 metres at the 2022 World Championships in Eugene, Oregon. Carson's best 5000 metres of 13:17.27 at Huelva [ESP] in May became 6th all-time NZ male alongside Rod Dixon. He backed up that fine performance in June with 9th place in the prestigious Diamond League, Paris meeting with 13:23.37. Carson also had an impressive set of 3000m performances and a best 1500m of 3:37.73

Hannah Miller also of the Scottish club, a former Southland athlete who made Wellington her new home in 2022 after returning from the USA on scholarship. Hannah had a stella domestic season taking four national titles plus a bronze during the year. Miller won the national Marathon, Half Marathon, 10km Road and 10,000m Track titles during the year as well as 3rd in National Cross Country.

Congratulations to all the **Athletics Wellington 2022 Annual Award Winners** listed below.

Awarded to	AWARD
Hannah Miller	Senior Sportswoman of the Year
Hamish Carson	Senior Sportsman of the Year
Corran Hanning	Men's Para athlete of the Year
Elizabeth Hewitt	U20 Women's athlete of the Year
Will Anthony	U20 Men's athlete of the Year
Jacqueline Wilson	Master's Women's athlete of the Year
Roger Robinson	Master's Men's athlete of the Year
Olympic U20 NRR Team	Women's Team of the Year
<i>Kate McHardy, Lucy Hannah, Ava Sutherland, Amy McHardy, Lucy Jurke and Maia Holden</i>	
Scottish M50+ NRR Team	Men's Team of the Year
<i>Grant McLean, Brendon Thompson, Todd Stevens, Nicholas Bagnall, James Turner, Andrew Kerr, David Kettles, Peter Stevens</i>	
Evan Cooper	Senior Male Coach of the Year
Julie Richards	Senior Female Coach of the Year
Brian Seymour	Junior Male Coach of the Year
Amanda Goldsmith	Junior Female Coach of the Year
Eddie Soria	Male Official of the Year
Justine Krijnen	Female Official of the Year
Mike Ritchie	Male Volunteer of the Year
Tracey Baldwin	Female Volunteer of the Year
Gary Rawson	Master's Men's Sprinter of the Year
Petra Stoeveken	Master's Women's Sprinter of the Year
Cody Wilson	Senior Men's Sprinter of the Year
Tamsin Harvey	Senior Women's Sprinter of the Year
Tyrone Trego	U20 Men's Sprinter of the Year
Ben Lambert	Youth Men's Sprinter of the year
Niamh Gedye	Youth Women's Sprinter of the year
Niamh Gedye	Women's Sprinter of the Year
Cody Wilson	Men's Sprinter of the Year
Roger Robinson	Master's Men's Middle & Long-distance Athlete of the Year
Heather Walker	Master's Women's Middle & Long-distance Athlete of the Year
Hamish Carson	Senior Men's Middle & Long-distance Athlete of the Year
Alison Andrews Paul	Senior Women's Middle & Long-distance Athlete of the Year
Will Anthony	U20 Men's Middle & Long-distance Athlete of the Year
Luca Evett	Youth Men's Middle & Long-distance Athlete of the Year
Poppy Healy	Youth Women's Middle/long distances Athlete of the Year
Alison Andrews-Paul	Women's Middle & Long-distance athlete of the year
Hamish Carson	Men's Middle & Long-distance athlete of the year
Gary Rawson	Master's Men's Jumper of the Year
Theresa Bartlett	Master's Women's Jumper of the Year
Anna Thomson	Senior Women Jumper of the year
Jamie Kearns	U20 Men's Jumper of the Year

Hugo Jones	Youth Men's Jumper of the Year
Naomi Waite	Youth Women's Jumper of the Year
Anna Thomson	Women's Jumper of the Year
Hugo Jones	Men's Jumper of the Year
Thomas Waldrom	Master's Men's Thrower of the Year
Theresa Bartlett	Master's Women's Thrower of the Year
Nathaniel Sulupo	Senior Men's Thrower of the Year
Iorana Taufato-Tafili	Senior Women's Thrower of the Year
Max Abbot	U20 Men's Thrower of the Year
Elizabeth Hewitt	U20 Women's Thrower of the Year
Alexander Hewitt	Youth Men's Thrower of the Year
Mikayla Sola	Youth Women's Thrower of the Year
Nathaniel Sulupo	Men's Thrower of the Year
Elizabeth Hewitt	Women's Thrower of the Year
Quentin Rew	Master's Men's Walker of the Year -
Jacqueline Wilson	Master's Women's Walker of the Year
Quentin Rew	Senior Men's Walker of the Year
Danielle McLean	Senior Women's Walker of the Year
Daniel Du Toit	U20 Men's Walker of the Year
Quentin Rew	Men's Race Walker of the Year
Jacqueline Wilson	Women's Race Walker of the Year
Hiro Tanimoto	Master's Men's Out of Stadia Athlete of the year
Heather Walker	Master's Women's Out of Stadia Athlete of the year
Dan Jones	Senior Men's Out of Stadia Athlete of the year
Hannah Miller	Senior Women's Out of Stadia Athlete of the year
Daniel du Toit	U20 Men's Out of Stadia Athlete of the Year
Saskia Cosgrove Drayton	U20 Women's Out of Stadia Athlete of the Year
Josh Jordan	Youth Men's Out of Stadia Athlete of the Year
Ava Sutherland	Youth Women's Out of Stadia Athlete of the Year
Dan Jones	Men's Out of Stadia Athlete of the Year
Hannah Miller	Women's Out of Stadia Athlete of the Year

MÖVENPICK
HOTELS & RESORTS

Athletics Wellington Winter Series Winners

There were some hotly contested races in the Winter Series events of Vosseler Shield, Dorne Cup and the Cross Country and Road Championships events that counted for the winners.

Grade	Name	Club
SM	Thomas Strawbridge	Trentham United Harrier Club Inc
MU20	Flynn Register	Athletics & Cycling Masterton
MU18	Max Poland	Trentham United Harrier Club Inc
MU16	Callum Wos	Trentham United Harrier Club Inc
MU14	Jack Gregory	Kapiti Running and Tri Club Inc
MU12	Jacob Williams	Hutt Valley Harrier and Amateur Athletic
MU10	Jackson Brown	Olympic Harrier and Athletic Club Inc
M70	Brian Hayes	Wellington Harrier Athletic Club Inc
M65	Tony Price	Athletics & Cycling Masterton
M60	Stephen Mair	Trentham United Harrier Club Inc
M50	Peter Stevens	Wellington Scottish Athletics Club Inc
M35	Hiro Tanimoto	Wellington Scottish Athletics Club Inc
SW	Sarah Drought	Wellington Harrier Athletic Club Inc
W35	Georgina Cox	Wainuiomata Athletic and Harrier Club In
W50	Heather Walker	Wellington Scottish Athletics Club Inc
W60=	Cathy Alderton	Olympic Harrier and Athletic Club Inc
W60=	Sue Bankier	Athletics & Cycling Masterton
W65	Jean Skilton	Olympic Harrier and Athletic Club Inc
W70	Pam Graham	Wellington Scottish Athletics Club Inc
WU10	Emily Williams	Hutt Valley Harrier and Amateur Athletic
WU12	Brooke Martin	Olympic Harrier and Athletic Club Inc
WU14	Xanthe Wong	Wellington Harrier Athletic Club Inc
WU16	Poppy Healy	Wellington Harrier Athletic Club Inc
WU18	Lulu Davies	Wellington Harrier Athletic Club Inc
WU20	Rain Milne	Victoria University Athletic Club



ATHLETICS WELLINGTON REPRESENTATIVES TEAMS

OUT of STADIA - [Cross Country, Road, Mt Running and Trail Running]

In 2023 there were Athletics Wellington representatives involved in three Cross-country events, those being the NZ Secondary Schools Interprovincial Cross-Country Relay in Nelson, the North Island Cross Country in Taupo and the NZ Championships in Taupo and then the NZ Road Championships in Wellington.



NZ Secondary Schools Interprovincial Relay – Nelson

Athletics Wellington fielded 13 relay teams at the Regional Cross Country Relays Championships Saxton Field on day two of the NZSSAA championships on 19 June 2022. The relay was run with 5 athletes over 2000 metre laps each. Wellington teams achieved 5 medals out of the six grades. The top results being listed below.

Nine Boys: 1 Wellington A 34:34 [George Gray, Liam Galt, Logan Hopfler, Silas Campbell, 5 Desmond Reddy], 2 North Harbour A 34:59 3 Canterbury A 35:17
Year Nine Girls: 1 Auckland A 36:25 2 Wellington A 38:29 [Lucy Hannah, Juju Moorhead, Zoe Cursons, Jane Doyle, Maia Holden] 3 Canterbury A 39:08
Junior Boys: 1 North Harbour A 32:43 2 Waikato Bay of Plenty A 32:55 3 Canterbury A 33:40
Junior Girls: 1 Canterbury A 37:06 2 Tasman A 37:15 3 Wellington A 37:19 [Poppy Healy Maria Revelant Giselle Kenworthy Jessie McKenzie Annabel Tuck]
Senior Girls: 1 Otago/Southland A 36:03 2 Wellington A 36:15 [Lola Campbell, Kate McHardy, Katelyn Sceats, Lucy Jurke, Ava Sutherland] , 3 Whanganui A 37:25
Senior Boys: 1 Wellington A 31:11 [Luca Evett, Ben Brunner, Max Poland, Max Doherty, Josh Jordan], 2 Waikato Bay of Plenty A 31:12 3 Canterbury A 31:16

North Island Cross Country Championships 2022 - Taupo

The Interprovincial team's competition at the annual NIXC event was taken out by local centre Waikato Bay of Plenty ahead of Wellington. Local Club Wellington Olympic took the top club award with WHAC finishing 8th, Hutt Valley Harriers 15th, Wellington Scottish 19th and Athletics & Cycling Masterton 20th from the 40 clubs in attendance.

From an individual's point of view it was great to see Olympic Club athlete Toby Gualter 28:52.6 home from the state make the most of racing opportunities with a strong 10 scored victory in the Premier senior men's race. Other individual grades titles went to Jacob Williams [Hutt Valley] U12 Boys, Peter Stevens [Scottish]

Men's 55 - 59, Graeme Butcher Men's 60-64 and Tony Price Men's 65-69 both from Athletics & Cycling Masterton club, Keith Chapman [Olympic] Men's 70 - 74, John Skinnon [Scottish] Men's 75-79 and Peter Ellis in Men's 80+ . In Women's 60 - 65 age bracket Jean Skilton was the sole Wellington women to claim a title.

	Points	Place
Waikato Bay of Plenty	1773	1
Wellington	1745	2
Auckland	1711	3
Manawatu Wanganui	1410	4
Hawkes Bay Gisborne	1367	5
Taranaki	832	6

Top Clubs

Club Name	Points	Place
Olympic Harrier & Athletic Club	3434	1
Pakuranga Athletic Club	3008	2
Napier Harrier Club	2109	3
Feilding Moa Harrier Club	1891	4
Hastings Harrier Club	1689	5
Stratford Runners and Walkers	1385	6
Cambridge Harriers	1386	7
Wellington Harriers	1387	8
Hamilton City Hawks	1388	9
Lake City Athletics	1389	10
Lynndale Athletic and Harrier Club	1390	11
Auckland City Athletics	1391	12
Athletics Tauranga	1392	13
North Harbour Bays	1393	14
Hutt Valley Harriers	1394	15
Takapuna Athletics & Harriers	1395	16
Wanganui Harrier Club	1396	17
Te Puke Harriers	1397	18
Wellington Scottish	1398	19
Athletics & Cycling Masterton	1399	20

New Zealand Cross Country Championships 2022 – Taupo

Athletics Wellington Representatives selected were.

Senior Men

Toby Gualter [OLYMPIC]
Liam Lamb [WAIRARAPA T&F]
Seamus Kane [SCOTTISH]
Nathan Tse [WHAC]
Jack Shaw [SCOTTISH]
Ryan McAlister [WHAC]
Liam Chesney [WHAC]

Men 18

Max Poland [TRENTHAM]
Josh Jordan [TRENTHAM]
Ben Brunner [SCOTTISH]
Connor Chesney [WHAC]
Ryan Mackay [OLYMPIC]

Master Men 50

Joe Fowler [OLYMPIC]
Peter Stevens [SCOTTISH]
Paul Hewitson [WHAC]
Phil Sadgrove [SCOTTISH]
Nick Perry [WHAC]

Senior Women

Sarah Drought [WHAC]
Esther George [WHAC]
Andrea Peat [WHAC]
Natasha Rae [WHAC]
Hannah Miller [SCOTTISH]
Deb Lynch [OLYMPIC]

Women 18

Lulu Davies [WHAC]
Amy McHardy [OLYMPIC]
Kate McHardy [OLYMPIC]

Master Women 50

Vickie Humphries [WHAC]
Heather Walker [SCOTTISH]

Men 20

Daniel du Toit [TRENTHAM]
Flynn Register [A & C MASTERTON]
Liam Larkin [WAIRARAPA T&F]

Master Men 35

Nick Horspool [SCOTTISH]
Brian Garmonsway [TRENTHAM]
Daniel Clendon [WHAC]
Stephen Day [SCOTTISH]
Mathew Rogers [HUTT VALLEY H]

Master Men 65

Tony Price [A & C MASTERTON]
Keith Chapman [OLYMPIC]

Women 20

Saskia Cosgrove-Drayton [WHAC]

Master Women 35

Mel Aitken [SCOTTISH]

Master Women 65

no selections

On Day 1 in the individual Championship races, Wellington athletes claimed nine medals, with successes led by Masters athletes on the testing but firm Spa Thermal Park course.

Title winners were Masters athletes Mel Aitken [Scottish] in the 45-49 Women, Heather Walker [Scottish] in 50-54 division, and Brian Garmonsway [Trentham United] claiming the 40-44 Men's grade and John Skinnon 75-79 Men's grade gold. Silver medals were achieved by Masters Vicky Humphries [WHAC] in the 55-59 grade division and clubmate Paul Hewitson in Men's 55-59, while bronze medals went to the well performed Hannah Miller [Scottish] running a brave race behind Lisa Cross [AKL] the 2018 Champion and last year's titleholder Kerry White [WBP]. Stephen Day [Scottish] in 45-49 division and Peter Stevens [Scottish] of the 55-59 grade also claimed bronze.

Tim Robertson [Hutt Valley Harriers] was an unexpected by many bronze medallists in the Senior Men's 10km one place ahead of North Island Cross Country winner Toby Gualter [Olympic]. Robertson was a promising junior athlete of the past now an international Orienteering star. This year he has improved his 1500m, 3000m and 5000m track best times in Europe before returning home to challenge himself for National team selection. Athletics Wellington thank Ken Howell and Bev Hodge for their support as team managers at Taupo.

In the Provincial Team Championships Results

The Athletics Wellingtons centre team took three medals overall,

Senior Men 3rd - Toby Gualter 31:56 Nathan Tse 33:38 Jack Shaw 35.16 Ryan McAlister 35.21

Senior Women 2nd - Hannah Miller 37:39 Sarah Drought 38:48 Deborah Lynch 39:27 Esther George 39:32

Masters Men 50+ 1st - Paul Hewitson 30:25 Peter Stevens 30:59 Joe Fowler 31:12 Nick Perry 32.01

On day 2, the inaugural **Mixed Cross Country Relays Challenge** was claimed by the Wellington Harrier Athletic Club [WHAC] with an excellent team performance finished off with Wellington Cross Country Champions Sarah Drought and Nathan Tse. They combined with leg 1 and 2 runner Callum Stewart and Esther George to post a comfortable win to claim the first edition of the event. Scottish Masters won the

Masters 35+ and 50+ divisions with Wellington Harriers finishing 2nd in the 50+ grade. Trentham United placed 2nd in the Under 18 grade.

NZ Mountain Running Championships at Deer Park Heights – 19 August

Tim Robertson [Hutt Valley Harriers] was third in the Senior Men's 8.6km race in a time of 37:17:00 while in the Masters Men 55-59 grade over 5.8km David Kettles [Wellington Scottish Athletics Club] won the division in 29:52:00

New Zealand Road Championships 2022 – NZCIS, Upper Hutt

In 2022 Athletics Wellington hosted the annual Athletics NZ Road Championships and the Athletics NZ's Club Connection Conference and AGM at the newly opened NZCIS facility at the old CIT in Heretaunga. The course was a 1.2km approx. loop course almost entirely within the campus. Athletics Wellington was able to field a large team with the local home advantage secured a great share of medals, none more so than a clean sweep trifecta on the podium in the Senior Women's 10km. Hannah Miller [Wellington Scottish] added the senior national women's 10km road title to her New Zealand marathon title. Miller went head-to-head with Sarah Drought [WHAC] the 2012 champion over the first half of the race before putting the hammer down on the penultimate lap. Miller's winning time of 35:50 from Drought 36:11 and the third of the trio Deborah Lynch [Olympic] in 36:27. The 4th scoring member for Wellington team was Emma Perron, who made the Teams race almost unassailable for others as the Women took Gold in the teams.



Men's 18 grade team title resulted from fine performance of title winner Joshua Jordan [Trentham], Hassan Joel McCall [Trentham] 5th, Ben Brunner [Scottish] 6th and Max Poland [Trentham] 8th. Other teams titles went to Wellington's 50-64 division Peter Stevens [Scottish] (M55 - 2nd), Grant McLean [Scottish] (M50 - 3rd), Paul Hewitson [WHAC] (M55 - 4th), Andrew Kerr [Scottish] (M50 - 6th); Wellington 35-49 Division team Mel Brandon [Scottish] (W40-1st) Ingrid Cree [Olympic] (W35 - 2nd), Ayesha Shafi [Scottish] (W35 - 3rd), Amanda Broughton [Scottish] (W35-4th)

The Wellington team took more than its share of individual titles in the various age division. Men's individual titles went to record setting Roger Robinson [Victoria University] M80+ in a fine 53.59mins, Brian Hayes [WHAC] M75+, Keith Chapman [Olympic] M70+, Tony Price [Masterton] M65+, Peter Stevens M50+, Nick Horspool [Scottish] M40+. Women's titles went to Georgina Cox [Wainuiomata] W45+, Heather Walker [Scottish] W50+, Sue Bankier [Masterton] W60+ and Michelle Allison [Scottish] W65+, Zoe Hilton [Trentham] G14, Walk titles from Wellington team went to Jacqui Wilson [Trentham] over 10km for W75 and Ian Sutton [Scottish] Men 10km 50+Walk.

Photo courtesy Rowan Greig

TRACK and FIELD TEAMS

Athletics New Zealand Track & Field Championships 2023

The Championships took place at Newtown Park on 2-5 March 2023. Athletics Wellington selected a team of just over 100 athletes. This team was bigger than usual given that the event was held at home, which gave many of our developing athletes a chance to perform at a big event.

Athletics Wellington team earned an impressive 19 gold, 19 silver, and 13 bronze medals across the four days of the Championships this year. In addition to this James Preston won a gold medal competing

under the Wellington Scottish club colours in the Men's 800m run. As well as these results there were several personal bests set by individuals during the Championships.

The team manager Linda Oliver, was supported by Brian Seymour and Andrew Matsuoka-Webber for the second year in a row. The workload was certainly less than the year before with COVID restrictions, and a lot of good feedback was received from members of team as a result of the support that Team Managers offered to athletes and their families.

Team Leader
Linda Oliver



Medal

Summary

Gold

Sacha Kilmister, Women U16 200 metre 26.31 (1.0)
 Blake Miscall, Men U16 800 metre 2.05.73
 Rico Poutama, Men U16 100 metre 15.21 (-0.2) MU16 High Jump 1.72m and MU16 Shot Put 10.02m
 Asher Robertson, U16 300 metre 43.99
 George Gray, Men U16 2000 metre 6:55.90
 Elliot Barr, Men U16 Long Jump 5.93 metre (1.4)
 Naomi Waite, Women U18 High Jump 1.73 metre
 Mikayla Sola, Women U18 Hammer Throw 49.37 metre
 Hugo Jones, Men U18 High Jump 1.90 metre
 Alexander Hewitt, Men U18 Discus Throw 56.22 metre
 Elizabeth Hewitt, Women U20 Hammer Throw 51.13 metre
 Tyrone Trego, Men U20 100 metre 10.65 (3.6)
 Corran Hanning, MU20 & Open Shot-Put Para J13.09 m, 76.82% & Discus Throw 37.20m 70.84%(U20)
 Alison Andrews-Pa, Women 800 metre 2:05.01
 Anna Thomson, Women Long Jump 12.62m (1.1)
 Men U20 4x100 metre relay 42.12 Leo Yousuf, Ben Lambert, Joshua Lotsu, Tyrone Trego,

Silver
<p>Sacha Kilmister, Women U16 100 metre 12.87 (3.5)</p> <p>Blake Miscall, Men 1500 meter 4:17.10</p> <p>Asher Robertson, Men U16 Long Jump 5.71 metre (1.6)</p> <p>Lebron Cosgrave, Men U16 Triple Jump 11.71 metre (1.7)</p> <p>Chelsey Moananu, Women U18 Javelin Throw 40.82 metre</p> <p>Samasoni Hewitt, Men U18 High Jump 1.86 metre</p> <p>Ryan Mallon, Men U18 Long Jump 6.55 metres (-0.2) 10. and Men U18 Triple Jump 13.54 metre (4.3)</p> <p>Heath Abbot, Men U18 Discuss Throw 52.17 metre and Men U20 Hammer Throw 50.80 metre</p> <p>Keagan Sharkey, Men U18 Javelin Throw 46.59 metre</p> <p>Naomi Waite, Women U20 High Jump 1.66 metre</p> <p>Ben Lambert, Men U20 100 metre 10.86 (3.6)</p> <p>Tyrone Trego, Men U20 200 metre 21.92 (-0.6)</p> <p>Blaine Knapman, Men U20 Javelin Throw 57.07 metre</p> <p>Joshua Taylor, Men Para U/20 & Open 400 Metre J1:04.27 72.91%</p> <p>Men U16 4x400 metre relay 3:51.40. Blake Miscall, Max Lewer, Bernard Stallard, Conor Rook</p> <p>Men U16 4x100 metre relay 45.18 Asher Robertson, Luke Jarvis, Elliot Barr, Zack Kimmins,</p> <p>Women U18 4x100 m relay Aleksandra Domanski, Niamh Gedy, Celena Gotico, Analin Rudd, 50.28</p> <p>Men 4x400 Metre Relay 3:15.06 Ethan Calder-Cass, Louis Northcott, Josh Ledger, Liam Webb</p>
Bronze
<p>Daisy Goodman, Women U16 100 meter 12.88 (3.5)</p> <p>Faith Sola, Women U16 Discus 32.30 metre</p> <p>Asher Robertson, Men U16 Men High Jump 1.72 metre</p> <p>Rico Poutama, Men U16 Long Jump 5.68 metre (0.2) Men U16 Discus Throw 31.48 metres</p> <p>Poppy Healy, Women U18 800 metre 2:17.50</p> <p>Joshua Lotsu, Men U18 100 metre 10.79 (3.2) Men U18 200 metre 22.46 (+0.0)</p> <p>Mikayla Sola, Women U20 Hammer Throw 43.95 metre</p> <p>Alex Martin, Men U20 800 metre 1:56.47</p> <p>Joshua Taylor T/F, Men Para U20 & Open Javelin Throw 16.77m 29.50%</p> <p>Tamsin Harvey, Women 200 metre 24.64 (-2.2)</p> <p>Jade Zaia, Men Discus Throw 49.36 metre</p>

North Island Secondary Schools Championships 2023

The **North Island Secondary Schools Championships** Team was selected in March post the **College Sport Wellington Regional Championships**.

The event took place in Palmerston North on the 1st and 2nd of April 2023. Firstly, a huge thanks to Tamsin for coordinating the team selection. This was a massive job and really does deserve some consultation as to how it is actioned in the future. Eventually we had a team of close to one hundred athletes although a number eventually scratched from their events or failed to turn up.

Andrew, Julie, and I attended the managers meeting at St Peters School on the Friday night. The main topic was the remit forwarded by NZ hurdles working group in regard to hurdles specifications that would apply to (or could apply) to the championships. The change would see the Junior Girls hurdles move from 70 metres to 80 metres with increased spacing of 7.0m to 7.5m. The Junior boys would remain at 80 metres but with the reduced spacing of 7.5m. As well a longer hurdle race for Juniors of 200m with five obstacles. The motion was passed unanimously with the proviso that the Junior girls hurdle height would be 0.686mm height where possible and similarly the 200m hurdles for both genders. Where it is not feasible 0.762mm hurdle heights can be used. There was further discussion regarding hurdle markings and those already using the new specs marked the side of the track with a black marker pen.

Prior to the AGM the meeting was mainly regarding the meeting operation. There was to be leniency regarding athletes gaining access to the ground.

The weather played its part with the exception of a shower or two on day one. Entries were down approximately thirty percent on the previous championships perhaps because of the fact that it affected Auckland teams the most because of the location. They normally have large teams but were significantly smaller than in the past. Our team performed particularly well although the number of first placings was much lower than the minor placings. I feel a number of well performed athletes did not take part because of the intrusion of the winter sports. Our field eventers performed very well gaining a large number of placings. The meeting ran smoothly although many heats became straight finals which left large gaps in the programme. It appears next year's meeting will also be held in Palmerston North.

A special thanks to Andrew for transporting and erecting the tent.

Team Leader

Brian Seymour

CSW - Athletics Wellington Secondary Schools Team Podium awards

1st Places: Maddison Wos (Sacred Heart College), JG 3000m 10.37.26, Ryan Mallo (St Pats Town) SB Long Jump 6.44m SB Triple Jump 13.34m, Wiremu Reriti (St Bernards) JB High Jump 1.68m, Nelsson Tiumalu (St Pats Town) IB Discus 48.68m. Samasoni Hewitt (Silverstream) SB High Jump 1.88m, Connor Sharkey (St Pats Silverstream) JB Hammer Throw 29.25m, Faith Sola (Wellington East Girls) JG Discus 34.28m, Harrison Stratford (Paraparaumu College) JB Para Shot Put 6.69m, Keagan Sharkey (St Pats Silverstream) IB Javelin 49.39m, IB 4 x 100m Relay 44.81 (Wade Ronson (Hutt Valley High), Luke Jarvis (Paraparaumu College) Elliot Barr (**HIBS**), Lucas Lambert Paraparaumu College) .

2nd places: Zoe Hilton (Upper Hutt College) JG 3000m 10.49.25 Hugo Miller (Hibs) JB 3000m 9.48.04, Daisy Goodman (Paraparaumu College) JG 100m 12.87 secs, Lucas Lambert (Paraparaumu College) IB High Jump 1.83m, Joshua Lotsu (Paraparaumu College) SB 100m 10.80, Ryan Mallon (St Pats Town) SB 110m Hurdles 15.27 secs, Heath Abbott (Wellington College) IB Hammer Throw 54.68m, Paloma King (Sacred Heart) IG Long Jump 5.24m, Chelsea Moananu (Wellington East Girls) SG Javelin 36.14m, Ashleigh Fitzsemanu (St Mary's) JG Shot Put 11.11m, Sam Bulbulia-Smart (Wellington College) JB High Jump 1.64m, Harrison Stratford (Paraparaumu College) JB Para Discus 17.88m, Ryder Markov (Heretaunga College) JB Long Jump 5.33m, Nelsson Tiumalu (St Pats Town) IB Shot Put 13.33m, Analin Rudd (Samuel Marsden) IG Triple Jump 10.50m, Faith Sola (Wellington East) JG Hammer Throw 38.94m, Freddie Kreuzer (Paraparaumu College) IB Triple Jump 12.29m, Ollie Watt (Wellington College) SB Javelin 47.29m, Holly Robins (Newlands College) IG High Jump 1.59m, Celena Gotica (Onslow College) SG 100m H 16.22secs, Lucas Lafrentz (Silverstream) IB Javelin 38.13m, Jaguun Willers (St Patricks) IB 2000m Steeples 6.30.60, JG 4 x 100m Relay 51.42secs (Ashleigh Fitzsemanu (St Mary's), Daisy Goodman (Paraparaumu College), Aimee Cherry (Wellington Girls), Greta Abbott (Tawa College), SB 4 x 100m Relay 44.20 secs (Jacob Kilmister (Kapiti College), Joshua Lotsu (Crimson), Riley Jarvis (St Pats Town), Ryan Mallon (St Pats Town).

3rd Placings: Kade Westbrook (Wellington College) IB Javelin 38.13m, Asher Robertson (Hibs) IB High Jump 1.79m, Freddie Kreuzer (Paraparaumu College) IB Long Jump 6.18m, Phoebe Gauld (Wellington Girls) JG High Jump 1.45m JG Long Jump 4.73m, Ana Ellison-Lupena (Aotea College) Hammer Throw 41.32m, Vaa Tui (Rongotai College) SB Shot Put 13.81m, Jacob Kilmister (Kapiti College) SB 400m 50.59, Lucas Lambert (Paraparaumu College) IB 100m 11.51, Niamh Gedye (Paraparaumu College) SG 100m 12.44, Xavier James (Wellington College) JB 800m 2.06.79, Poppy Healy (Queen Margaret) IG 800m 2.12.30, Joe Martin (Wellington College) IB 800m 2.00.37, Aidan Rook (St Pats Town) JB 80m Hurdles 12.81, IG 4 x 400m Relay 4m.07.43secs (Poppy Healy (Queen Margarets) Sacha Kilmister (Kapiti College) Jessica McKenzie (Hutt Valley High), Issy De Hair (Wellington Girls), SG 4 x 400m Relay 4m 12.42secs (Phoebe Campbell (Tawa College) Amelia Abernethy (Queen Margaret), Niamh Gedye (Paraparaumu College) Scarlett Anderson (Onslow College), SG 4 x 100m Relay 50.20 secs (Niamh Gedye (Paraparaumu College), Rhea Whiteman (Newlands College), Celena Gotica (Onslow College) Phoebe Campbell (Tawa College)

Athletics Wellington acknowledge all key supporters.



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