

Senior Track & Field Meet #3 - 4/11/2023**Sponsored by Athletics Wellington****Newtown Park Stadium, Wellington****Results****Women 200 Metre Run Open**

Name	Age	Team	Finals	Wind
Finals				
1 Gedye, Niamh	17	Paraparaumu	25.61	1.4
2 Kilmister, Sacha	15	Mana	26.26	1.4
3 James, Holly	16	Wgtn Harrier	27.86	1.4
4 Nicholson, Briar	15	Olympic	28.18	1.4
5 Rodda, Yasmin	15	Mana	28.42	1.4
6 Li, Nancy	16	Wgtn Harrier	28.73	1.4
7 Williams, Zoe	24	Kiwi Athletic	29.21	1.4

Women High Jump Open

Name	Age	Team	Finals
1 Lin, Sahar	40	Kiwi Athletic	1.40m

Women Discus Throw Open

Name	Age	Team	Finals
1 Sola, Faith	14	Titahi Bay	30.81m 1kg
2 Hughes, Isla	15	Lower Hutt	28.15m 1kg

Women Hammer Throw Open

Name	Age	Team	Finals
1 Sola, Faith	14	Titahi Bay	39.45m 3.00kg

Men 200 Metre Run Open

Name	Age	Team	Finals	Wind	H#
1 Yousuf, Leo	17	Kiwi Athletic	22.67	4.5	1
2 Lambert, Lucas	16	Paraparaumu	22.98	4.5	1
3 Sos, Saravee	32	Wgtn Harrier	23.18	4.5	1
4 Kilmister, Jacob	18	Paraparaumu	23.34	4.5	1
5 Waldrom, Troy	14	Lower Hutt	23.77	4.5	1
6 Lewer, Max	15	Mana	23.79	4.5	1
7 Kimmins, Zack	15	Olympic	23.93	1.3	2
8 Jarvis, Luke	15	Paraparaumu	23.98	1.3	2
9 Barr, Elliot	15	Mana	24.40	4.5	1
10 Filo-Smith, Marius	16	Rongotai College	24.50	1.3	2
11 Neilson, Gus	15	Mana	25.38	1.3	2
12 Park, Ben	14	Lower Hutt	25.57	1.3	2
13 Nicholson, Chris	52	Olympic	27.24	1.3	2

Men 800 Metre Run Open

Name	Age	Team	Finals
1 Martin, Joe	16	Wellington Scottish	2:01.02
2 MacBeth, Alexander	14	Wgtn Harrier	2:02.15

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3 Willers, Jag	16 Wgtn Harrier	2:02.96
4 Hopfler, Logan	15 Olympic	2:07.54
5 Ellwood, James	16 Wellington Scottish	2:08.82
6 li, Wilson	17 Wgtn Harrier	2:09.99
7 Kilmister, Jacob	18 Paraparaumu	2:10.76
8 Stallard, Bernard	15 Olympic	2:12.61
9 Lester, Guy	14 Wgtn Harrier	2:15.06
10 Mckay, Ryan	18 Olympic	2:19.42

Men 300 Metre Hurdles 0.762m Open

Name	Age Team	Finals
1 Rook, Conor	15 Olympic	46.83
2 Rook, Aidan	14 Olympic	48.53

Men High Jump Open

Name	Age Team	Finals
1 Lambert, Lucas	16 Paraparaumu	1.70m
2 Cosgrave, Lebron	15 Kiwi Athletic	1.65m

Men Triple Jump Open

Name	Age Team	Finals	Wind
1 Cosgrave, Lebron	15 Kiwi Athletic	11.87m	1.2

Men Discus Throw Open

Name	Age Team	Finals	
1 McLeod-Jones, Hugh	25 Hill City Un	42.40m	2kg
2 Waldrom, Troy	14 Lower Hutt	40.37m	1.25kg
3 Hanning, Corran	19 Kiwi Athletic	35.62m	2kg
4 Waldrom, Thomas	40 Lower Hutt	34.99m	2kg
5 Abbot, Heath	16 Karori Athletics	33.56m	1.5kg
6 Sola, Xavier	16 Titahi Bay	32.46m	1.5kg
7 McPhail, Graham	56 Kiwi Athletic	22.19m	1.5kg
8 Cook, Graham	79 Kiwi Athletic	13.97m	1kg
9 Markham, Shaun	28 Kiwi Athletic	11.23m	1kg
10 Jack, Peter	77 Kiwi Athletic	9.77m	1kg

Men Hammer Throw Open

Name	Age Team	Finals	
1 Abbot, Heath	16 Karori Athletics	54.99m	5.00kg
2 Waldrom, Thomas	40 Lower Hutt	39.82m	7.00kg
3 Hanning, Corran	19 Kiwi Athletic	31.38m	6.00kg
4 Cook, Graham	79 Kiwi Athletic	18.65m	4.00kg
5 Jack, Peter	77 Kiwi Athletic	12.05m	4.00kg

Senior Track & Field Meet #3 - 4/11/2023**Sponsored by Athletics Wellington****Newtown Park Stadium, Wellington****Results****Mixed 800 Metre Run Open**

Name	Age	Team	Finals
1 Tanimoto, Hiro	M38	Wellington Scottish	2:16.03
2 de Hair, Issy	W15	Olympic	2:24.99
3 Bowie, Pascale	W18	Athletics Whanganui	2:25.89
4 Stallard, Regan	M41	Olympic	2:26.30
5 Sutherland, Ava	W17	Olympic	2:26.45
6 Hannah, Lucy	W15	Olympic	2:31.50
7 Jurke, Lucy	W18	Olympic	2:31.82
8 Grave, Alvaro	M14	Olympic	2:33.73
9 Shafi, Ayesha	W36	Wellington Scottish	2:35.42
10 Holden, Maia	W15	Olympic	2:37.40

Mixed 3000 Metre Run Open

Name	Age	Team	Finals
1 Taylor, Max	M21	Victoria University	8:56.78
2 Strawbridge, Tom	M22	Victoria University	9:16.76
3 Hunt, Ryan	M26	Victoria University	9:18.29
4 Poland, Max	M17	Upper Hutt Athletic	9:23.58
5 Hopfler, Logan	M15	Olympic	9:39.73
6 Tanimoto, Hiro	M38	Wellington Scottish	9:59.56
7 Mckay, Ryan	M18	Olympic	10:04.21
8 Sutherland, Ava	W17	Olympic	10:34.26
9 Wos, Madison	W14	Upper Hutt Athletic	10:53.13
10 Moorhead, Juliet	W14	Olympic	10:57.74
11 Jurke, Lucy	W18	Olympic	10:58.22
12 Hannah, Lucy	W15	Olympic	11:16.96
13 Stallard, Regan	M41	Olympic	11:26.87
14 Holden, Maia	W15	Olympic	11:45.73
15 Baker, Rachel	W17	Olympic	12:32.98
-- Grave, Alvaro	M14	Olympic	DNF
-- de Hair, Issy	W15	Olympic	DNF

Mixed 800 Sprint Medley Open

Team	Finals
1 Olympic/Scottish 'A'	1:59.20
2 Olympic/WHAC 'A'	2:00.05
3 Scottish/Olympic 'A'	2:05.59

Mixed 3000 Metre Race Walk Open

Name	Age	Team	Finals
1 Dunlop-Brown, Kieran	M13	Mana	18:38.89
2 Jones, Daphne	W82	Wellington Scottish	25:41.14

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Newtown Park Stadium, Wellington

Results

Mixed 5000 Metre Race Walk Open

Name	Age	Team	Finals
1 McGovern, Clive	M73	Trentham United	29:11.95
2 Wilson, Jacqueline	W77	Trentham United	35:02.51
3 Willis, Helen	W61	Wellington Scottish	36:55.11
4 Marten, Ray	M75	Wellington Scottish	39:39.86 B Grade