

2024 COLLEGE SPORT CROSS COUNTRY CHAMPIONSHIPS WEDNESDAY 22 MAY HARCOURT PARK UPPER HUTT

1. <u>Age Groups/Distances/Times</u> Age as at 31 December 2024 (to fit with National dates)

Year 9 Girls/Boys: Year 9 students only.

Junior (U16) Girls/Boys: Have turned 13 and U16 years as of 31 December in the year of the event. Senior Girls/Boys: U20 years as of 31 December in the year of the event.

Boys	-	Senior (Under 19)	6.0K	1.55pm start
	-	Intermediate (Under 16)	4.0K	1.15pm start
	-	Junior (year 9 and below)	3.0K	12.45pm start
Girls	-	Senior (Under 19)	4.0K	1.35pm start
	-	Intermediate (Under 16)	3.0K	1.00pm start
	-	Junior (year 9 and below)	3.0K	12.30pm start

ATHLETES WITH DISABILTIES (Under 21) - 2 KMS – BOYS RACE WILL COMMENCE AT 12.00PM AND GIRLS 12.05PM REPORT TIME 11.30am (for registration).

Please note:

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6km	3 full laps
4km	2 full laps
3 km	1 short loop 1 full lap
2 km	1 full loop
etition in all g	rades will be for

2. Competition in all grades will be for:

(i) Individuals (ii) 3 person teams (iii) 6 person teams

There is no limit to number of entrants.

3. Team Managers must report with their athletes to the registration desk at Harcourt Park from 11.30am for registration.

Event timing will be done via electronic tags on temporary event bibs – Bibs are to be returned post event at finish line

Team managers to collect their schools bibs from the registration desk from 11:30am

- 4. There will be CSW medals for the winners in all grades
- 5. Pennants will be awarded to the winning schools of the 3-person Senior Team Race
- 6. Cost for CSW member schools \$7.5 per athlete to be invoiced after event
- 7. Wairarapa schools and others will be invoiced \$11.50 per athlete
- 8. One volunteer to help from each school is required-Please provide name to CSW for allocation of duties.
- 9. Bus parking will be available on Norbert Street down past the park gates (on Course map).
- There is a small carpark on Norbert Street before the park gates and another car park on Akatarawa Rd (Both indicated on the course map). Street parking in the neighbouring streets is also a possibility.

ENTRIES CLOSE 15 MAY THROUGH CSW ON-LINE ENTRY SYSTEM