



ATHLETICS WELLINGTON

INCORPORATED

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**ANNUAL REPORT
AND
STATEMENT OF ACCOUNTS
FOR THE YEAR TO 31 MARCH 2024**

**PRESENTED TO THE
ANNUAL GENERAL MEETING**

TUESDAY 9TH JULY





2023 – 2024 ATHLETICS WELLINGTON OFFICE BEARERS

PRESIDENT

Bernice Dickie

IMMEDIATE PAST PRESIDENT

Louise MacDonald

LIFE MEMBERS

Jim Blair MNZM

Simon England

Mark Harris

Peter Jack

Colin MacLachlan

Sylvia Maunder

Brian Seymour

Alan Stevens MNZM

Willy Szeto

Don Dalgliesh

Amanda Goldsmith

Geoff Henry MNZM

David Lonsdale

Peter Maunder

Peter Rendall

Todd Stevens

Ray Wallis

Deceased Life Members

Don Brown

Marian Jackman MBE

Vic Marks

Bruce Perry

John Riseborough

Bob Spence QSM

Clive Chandler

Dave Malcolm

Arthur May

Ian Priest

Bob Swain

Peter Tearle

BOARD

CHAIRMAN: Andrew Rook [Dec -June]

Andrew Wharton [Jul - Dec resigned]

MEMBERS:

Joshua Dorman

Kirsten Kilmister

Abi Skelton

Joshua Ledger

Eric Speakman

ATHLETICS WELLINGTON MANAGEMENT TEAM [STAFF]

GENERAL MANAGER

Tony Rogers

COMMUNITY ENGAGEMENT LEAD

Tamsin Harvey [resigned April - PT July to March]

ADMINISTRATOR

Eimear Lynch [Part time April - June]

ATHLETICS WELLINGTON - SECTION LEADS TEAM [VOLUNTEERS]

TREASURER

Todd Stevens

REGISTRAR

vacant

COMMITTEE LEADS

JUNIORS

Willy Szeto

TRACK & FIELD

Yarride Rosario

CROSS COUNTRY & ROAD

Todd Stevens

OFFICIALS LEAD

Vaughan Oates

EQUIPMENT LEAD

Mike Ritchie

OFFICIALS EDUCATION

Eddie Soria

COACHING LEAD

Andrew Matsuoka-Webber



OBITUARIES

Raema Collins

Raema Collins, who died in Palmerston North Hospital on 29 October, was a familiar voice at Newtown Park for many years in the 1980s and 1990s. Her passion and interest in athletics started while at Horowhenua College, Levin, where she was a school sprint champion.

Often known as the mother of 1990 Commonwealth Games sprint representative Andrew Collins which fostered her involvement in Athletics especially through the Kiwi Athletic Club. Raema was known in the club as responsible for creating the famous one-piece sprints suits in maroon and white Kiwi colours for sprinters like son Andrew and fellow sprint reps Purdy and Green. Raema served as a Kiwi AC Committee member during 1984 - 2001. She was known for her fundraising abilities like producing and creating weekly printed programmes and News sheets to raise money for National team representative and funds for the track resurfacing at Newtown Park and sponsorships to support championship medals.

Many Wellington Athletics followers will likely remember the feminine voice of Raema in the stadium announcer's box during the 80's and 90's sharing the announcing duties with Roger Robinson in an era when there were enough spectators at weekly Wellington Centre meetings to need formal announcing. She stepped up to these duties in Wellington regularly and when Wellington hosted National Championships and other significant events.

Roger Robinson remembers Raema as *"reliable and well-informed, calm and very congenial to work with, even under the frequent pressure of that job, Raema was greatly valued as a colleague and friend. She made a great contribution to Wellington athletics in her own right and is remembered with admiration and fondness"*.

In addition to her Kiwi club and Athletics Wellington roles Raema served NZAAA /Athletics NZ in the following, 1987-88 Women's Committee. 1988-89 Board member, Convenor of the Records Committee, Women's Committee. 1989 Manager New Zealand Women's team, to the Kagome-Ekiden Road Relay in Barcelona, Spain. 1989-90 Board member, Convenor of the Records Committee, Women's Committee. 1990-91 Board member, Convenor of the Records Committee. 1991-93 President Wellington Centre, Vice-President Athletics NZ. 1992- 1993.

Bruce Perry

Well-known and respected official **Bruce Perry** of Wellington died on Sunday 30 July aged 93. He was a Life member of Athletics Wellington. He was a long-time member of the Wellington Scottish Harrier Club and a foundation and life member of the Wellington Marathon Clinic. He was a former president of the Wellington Athletics Officials Association and a qualified walking judge. Bruce, supported by wife Noeline also served as the Lead official's coordinator for 2010 and 2011. Bruce was often Meeting Manager of Saturday Track and Filed meetings of meets like the Capital Classic or Championships events.

Kathryn Fraser

Kathryn who passed away on the 30 August after being involved in a e-scooter motor vehicle accident in Christchurch last year was an integral part of Athletics Wellington for many years, sitting on the Senior Track and Field Committee and acting as the secretary for the Centre central committee when that was the structure to our current Board structure.

She was a dedicated official with her results management each Saturday for many years. She could always be relied on to help at any meeting and held expertise across all disciplines of the sport.

Fraser was an Oceania area walks judge and made regular appearances at Athletics Canterbury and Athletics New Zealand events as a walks judge, chief walks judge and assistant chief track umpire at New Zealand T&F championships between 2010 and 2021. In 2018 she was selected as an official at the 2018 Gold Coast Commonwealth Games. After her move to Christchurch, she was a member of the New Zealand Athletics Officials Committee including Chair in 2015 until its disbandment in 2019.



REPORTS

BOARD CHAIRMAN

Kia ora,

At the end of 2023 Andrew Wharton resigned as Chair of Athletics Wellington, and I want to acknowledge his time on the Board and his contribution to athletics in the Wellington region. We also saw Tamsin Harvey finish up in her role as Community Engagement Lead at the beginning of April, and I also wanted to acknowledge the valuable contribution that Tamsin has made in her time with Athletics Wellington. Thank you, Andrew & Tamsin.

I feel honoured to have been nominated in February 2024 to Chair the Board and alongside our very capable General Manager, Tony Rogers, look ahead to our new strategic period starting in 2025.

As our 2022-2025 strategy comes to a close our attention focuses on how we can build on the current initiatives to ensure that athletics remains a strong sport for recreational and competitive participants in the Wellington region.

Recreational athletes have a number of choices available to them and we are seeing innovative participation models developing that challenge the traditional club structure, so whilst participation remains strong, athletics needs to adapt to the changing world for athletics to remain relevant.

In addition, we need to continue being an affordable sport given the cost-of-living crisis. We saw a small increase in registration and affiliation fees in 2023/24 in alignment with increases by Athletics New Zealand, but increasing participation fees in the current environment is unlikely to be sustainable so we'll explore new and innovative funding sources to grow and strengthen the sport that we love. In the current economic climate and with grant funding being harder to secure, this may require flexibility in our approach to operations and delivery.

The world of volunteering is changing, and we know that our lead roles and event organisers are constantly battling with not enough officials and volunteers to help facilitate and run good athletics events. We know that solutions are needed to address this problem and we also need to continue recognising our existing volunteers, showing that their contributions are valued.

The Board also recognises the need to evolve and has partnered with the School of Management at Victoria University of Wellington to undertake a review and provide recommendations on initiatives that will put the Board in the best place to continue undertaking its governance role and supporting the GM, lead roles and clubs in providing athletics opportunities to everyone on the Wellington region. Victoria University have agreed to undertake this work free of charge, and we are grateful for their support.

We have seen some fantastic results from our athletes on and off the track, and we have delivered some great local initiatives, regional and national events throughout the year.

Congratulations to our athletes and our people, and I look forward to working with you all to build on those successes throughout the 2024/25 year.

Andrew Rook
Board Chair



FINANCES

Athletics Wellington's Finance report for the year end to 31 March 2024. Finances for the 2023 - 2024 year largely ran to plan (except for NZ Track & Field hosting), which included investing in the Community Engagement Lead position resulting in an overall deficit of \$31k for the year.

Athletics Wellington finished the year in a strong financial position with \$202k of funds (being cash deposits plus net receivables).

The Athletics Wellington financial model used involves each of the three subcommittees largely operating autonomously, with the Board having its own budget but maintaining oversight (and a degree of control consistent with good governance) of the subcommittees. All external funding applications are signed off by the Board.

Athlete levies of \$61k were again the main source of income, up 16% on the prior year reflecting both increased membership and higher fees. Generous funding has again come from NZ Community Trust for the General Manager role. An annual grant of \$20k was received. \$5k was received from Lion Foundation towards Newtown Park hire costs.

Income from hire of Newtown Park gear to schools (\$21k), Event fees (\$36k) and Newtown Park club levies (\$12k) were all significantly higher than prior years, reflecting a full calendar of events and higher charges to better recover the cost of providing the resources at Newtown Park.

We had one major financial disappointment, with our hosting of the NZ Track & Field Champs in March 2024 resulting in zero income due to the champs running at a loss. Our hosting arrangement with Athletics NZ had any profit shared with Athletics Wellington. In the prior year Athletics Wellington received a \$22k profit share. The financial outcome of the champs is largely controlled by Athletics NZ as it makes the major financial decisions. The fact that the event ran at a loss, and Athletics Wellington received no financial return for the huge volunteer effort it put in, reflects incredibly poorly on Athletics NZ and its commercial ability.

Capital investment (\$15k) into equipment at Newtown Park was made during the year, along \$11k spent on maintenance.

Salaries and expenses (\$120k) for the General Manager and Community Engagement Lead positions were the largest area of expenditure. Other significant operating expenditure included depreciation of Newtown Park equipment (\$15k), hire of Newtown Park from Wellington City Council (\$12k) and Event Costs (\$20k).

Todd Stevens

Treasurer





Athletics Wellington Inc
Profit & Loss
1 April 2023 to 31 March 2024

	2024	2023
Income		
Athlete Registration Levies	\$61,460	\$52,953
Event Fees	\$36,204	\$21,888
Equipment / Park Hire Fees	\$20,975	\$18,375
Newtown Park Club Levies	\$12,120	\$9,398
Round the Bays Income	\$10,000	\$10,000
Grants - NZ Community Trust (GM Role)	\$20,000	\$21,333
Grants - Lion Foundation (Park Hire)	\$5,000	\$6,400
Grants - Grassroots Trust (NZ Roads)	\$0	\$3,000
NZ Track & Field Champs	\$0	\$22,092
Strength & Adapt Project Income	\$5,000	\$0
Interest Income	\$8,516	\$5,148
Total Income	\$179,275	\$170,586
Expenses		
Personnel Costs	\$120,050	\$91,849
Depreciation	\$14,643	\$14,693
Equipment / Maintenance / Repair	\$10,610	\$12,209
Representative Teams	\$8,756	\$10,520
Newtown Park Hire	\$12,382	\$13,464
Coaching and Officials	\$4,318	\$7,704
Event Costs	\$20,038	\$23,416
Strength & Adapt Project Expenses	\$2,792	\$0
Sola Power equipment contribution	\$4,000	\$0
NZ Road Champs	\$0	\$4,729
Awards Evening	\$5,083	\$3,000
Colgate Games	\$0	\$1,580
Uniforms	\$2,276	\$802
Insurance	\$1,446	\$1,231
Other Expenses	\$3,500	\$3,305
Total Expenses	\$209,897	\$188,502
Net Profit / (Loss)	(30,622)	(17,916)





Athletics Wellington Inc
Balance Sheet
As at 31 March 2024

	2024	2023
Assets		
Current Assets		
Cash Deposits	\$180,253	\$217,199
Prepayments	\$0	\$1,148
Stock of Uniforms	\$7,970	\$5,470
Receivables	\$39,544	\$39,316
Total Current Assets	\$227,767	\$263,133
Fixed Assets		
Fixed Assets	\$39,210	\$40,895
Total Fixed Assets	\$39,210	\$40,895
Total Assets	\$266,977	\$304,028
Liabilities		
Current Liabilities		
Accounts Payable	\$13,309	\$18,776
GST Payable	\$4,391	\$4,312
Revenue in Advance	\$0	\$1,043
Total Current Liabilities	\$17,700	\$24,131
Total Liabilities	\$17,700	\$24,131
Net Assets	\$249,277	\$279,898
Equity		
Opening Reserves	\$279,898	\$297,813
Current Year Earnings	(30,622)	(17,916)
Total Equity - Closing	\$249,277	\$279,898



REGISTRATIONS

Athletics Wellington annual registrations fall into five broad categories. The numbers from the 2023 -2024 year are mapped as shown with the previous year's period for comparison. It should be noted that the offering from Athletics NZ and in turn Athletics Wellington enabled some more flexible membership in the last year. The date accuracy is also increasing in the output with greater expertise in Game Day. In general terms the membership has remained steady and consistent.

Athletics Wellington Centre has approximately 10.5% of New Zealand population living in its region. In terms of the total membership of Athletics Wellington has almost 13% of the ANZ membership registration.

One keynote is that our total membership is 42% female compared to the National average of 47 %

Athletics Wellington Membership by Membership Category	2023-2024				2022 - 2023		2021 - 2022
	Female	Male	Total	NSO % by Cat.	Members	NSO % by Cat.	Members
Adults 20+ years Incl. Seniors, Masters & Life Members	138	295	507	~22%	516	~ 21%	534
Adults 20+ years Incl. Seniors & Masters Winter Only	28	46					
Youth athletes 15 -19 years old Full memberships	60	72	146	~ 14%	160	~ 14%	142
Youth athletes 15 -19 years old Quarterly	3	11					
Young athletes Aged 7-14 years old	569	634	1259	~ 14%	1299	~ 14%	1230
Young athletes Aged 7 -14 years old Quarterly	26	30					
Young Athletes 6 years old and under	118	229	370	~ 9%	416	~ 8%	365
Young Athletes 6 years old and under Quarterly	8	15					
Social Athletes 15 years and older	42	66	108	~ 12%	126	~ 15%	112
TOTAL	992	1398	2390		2517	13%	2383

MANAGEMENT - General Manager

For Athletics Wellington it has been another extremely busy 12-month period to year end of March 2024. Hosting nationally significant events in this period again has given some home advantages to our officials and athletes but again some key people have worked hard to ensure these events are held successfully.

For the majority of these major events hosted by Athletics Wellington during this period we have benefitted for the first time with the addition of new and valued flood lighting to the Newtown Park Stadium and unlike the last year full use of newly appointed changing rooms. Events to benefit were

- Athletics New Zealand 10,000 metres Championships as part of the Agency 10km Festival
- Athletics New Zealand Jennian Homes four day National Track & Field Championships.
- Team Ledger Harcourts Capital Classic including Athletics New Zealand 3000 metres championships, this event being a World Athletics Continental Tour Challenger meet.

Further afield the Sola Power Academy Throws Meeting at Lower Hutt, this year was a National Permit meet and featured the opening of their new Javelin throwing runway as part of the developing facility for throwers.

For these events Athletics Wellington have been well supported by both the Wellington City Council and Lower Hutt City Council, along with excellent support by Upper Hutt City Council for Cross Country events at Harcourt Park. Such relationship are important part of our delivery. The Wellington City Council have been a major partner heavily supporting the National Track & Field Championships and other events in the city again during the last



twelve months. A good part of last winter was maintaining this relationship and with the WWC Football liaison with stadium projects and use for the FIFA tournament. We also acknowledge the efforts of Mark Harris' contribution to staging events and use of Masterton stadium for AW and regional event within our boundary.

As we look ahead our athletes and officials will need to travel to major championships in the next twelve months or so particularly the South Island and we need to weigh up our options for future major event bids to Wellington. I still believe that events are a pinnacle part of Athletics Wellington strategy to grow revenue, membership and greater community engagement. We need to be cognisant of the needs of the grazers in our market to ensure we deliver for our membership but also those in the community who are more casual in their approach to our sport.

I acknowledge and thank the sport for their support of the bold but much needed decision to introduce entry fees across the season for Track & Field activities both at Senior and Junior meets which will continue support one of our revenue streams.

We set a target to work on reinvigorating our youth sections especially in Track & Field and Out of Stadia. Some excellent support from the University of Victoria Running hub and Club was valued input with our winter College Sport Wellington Cross Country events. While it was disappointing that CSW allowed the dropping of the Zone events outside McEvedy Shield and replacing with qualifiers meet, what this highlights is the time and expertise required to run major schools track & field events. This is an area which needs to be carefully monitored that potential athletes are given opportunities in the future.

During the year we developed the new **Youth Development Squad** commencing induction with Under 16 athletes to give our aspiring young athletes a small community of identity, support, development and foster their athletic pathways. Work by Tamsin Harvey and Yarride Rosario is acknowledged as we initiated this project. Tamsin Harvey in her role as Community Engagement Lead made great progress and was beginning to make traction into taking athletics experiences into schools along with the valued facilitation of all school athletic days at the stadium and support of all levels of Schools Cross Country events. I sincerely believe although we have lost Tamsin through resignation this a prime role that Athletics Wellington needs to continue to develop to gain long term benefits of growth through Tamariki and Rangatahi.

The second new initiative for youth was building a relationship with ChangeMakers Resettlement Forum, an organisation that integrates new immigrants and refugees to our community. Two very successful open days were held for attendees often supported by adults and a group of people from Changemakers who had experiences in the stadium for the first time and participated in Run Jump Throw activities. These were supported by coaches Geoff Henry, Mike Ritchie, Simon England, Simon Bowen, Owen Westerhout and Tamsin Harvey. A special thanks to Yared Kebede for the connection with Jacqueline and her Changemakers team. These two youth initiatives were enabled by some support from Athletics NZ through the Strength and Adapt funding. We anticipate these programmes both continuing.

Athletics Wellington supported selected teams to North Island Cross Country and NZ Cross Country in Taupo, the NZ Road Championships in Palmerston North and the NZ Track & Field Championships at home again. Teams were also selected and supported at Secondary School level in association with College Sport to NZSS Interprovincial Cross-Country Relay in Palmerston North last June and for NISS Track & Field in Palmerston North in early April 2024. Special thanks to Tamsin and the selectors and team managers for these events. Out of Stadia selectors were Nathan Lewer [lead], Julie Richards, John Cope, Heidi Humphries, while Bev Hodge and Zac Milne proved invaluable team management for Seniors and John & Jacqui Cope with Julie Richards supported Schools teams.

For our track & field teams Brain Seymour needs special acknowledgement with his support as Team manager with Seniors and Secondary Schools teams, being well supported at Senior level by Linda Oliver, Andrew



Matsuoka-Webber, Tamsin Harvey and recently Eimear Lynch. All team managers with their volunteer commitment are selfless in supporting athletes to succeed and maximise their opportunities.

As General Manager I express my sincere thanks to Eddie Soria for his enthusiasm and drive to continue to support our officials with upskilling and encouragement throughout the year and his own willingness to continue to develop his skill set in Out of Stadia areas. Our officials carry a special workload and often thanks from athletes on site is so meaningful for them. I thank Tracey Baldwin too for her contribution to coordination the official's collegiality with provision of afternoon teas at stadium for many track meetings.

I wish to acknowledge the hard-working our Nationals LOC group, [Eddie Soria, Mike Ritchie, Sheelagh Prosser, Charlie Nairne, Nathan Lewer, and Stacey Wilson] who supported the last two years of National Track & Field Championships and Vaughan Oates and Bernice Dickie for their role on competition days with officials organisation. This team not only just put in hours in the preparation stages but the fabulous work over the two long weekends of 2023 and 2024 were hugely appreciated.

Finally, I wish to acknowledge our people who are stepping aside that have supported Athletics Wellington in many ways over many years. Outgoing President Bernice Dickie for her service during her three-year term and for always being obliging to support and help on any occasion. Mike Ritchie who is stepping back from his Equipment Lead role for his tireless work at keeping our equipment assets ready for use for over a decade. Likewise, a special thanks to Vaughan Oates for his work for 5 years at filling the breach at coordinating our officials since Jim McIlroy handed over the role and to Andrew Matsuoka-Webber for his stint as Coaches Lead with continuation of liaison with coaches, ANZ coach leads and public requests.

By General Manager

Tony Rogers

MANAGEMENT - Community Engagement Lead

Tamsin Harvey began her role as Community Engagement in mid-November 2022 and resigned at the end of March 2024 to take up role with the Heart Foundation. During the last year she was engaged at times as 0.5 part time due to Athletics Wellington agreeing to allow her part time Study in Post Graduate Diploma in Health.

In her 2nd full year in the role Tamsin made great progress in building her school connections along with several other key special projects. Her function to support communicating and liaison with school Teachers in Charge of Athletics or Directors of Sport at Primary and Secondary school level in preparation for their athletics days at the stadium or support in school is critical to our growth. This support extended to ensuring health & safety procedures were planned and observed, equipment used appropriate, along with advice on timetabling and officiating and support of sound system as needed. She was a valuable connect between schools and the valued volunteer work force of Peter Baillie and Marshall Clark for results management.

Tamsin was actively engaged in selection of Secondary Schools teams for representation at North Island Track & Field and National Schools Cross Country as well as senior Athletics Wellington team management support with logistics and uniform management.

When possible, her role also supported the Wellington Junior Club committee and Interclub meetings, while actively engaging with General Manager and Track & Field lead on Senior track & field meeting formats for Saturday and twilights

One of Tamsin key roles was actively assisting in the preparation of the Annual Athletics Wellington Award dinner with venue and awards preparation and management.

A lot of planning and preparations for primary & intermediate school athletics days takes place with Pre-Christmas Schools start use of Newtown anytime from September, during the summer 14 primary/intermediate schools required equipment. 2 primary/intermediate schools we organised equipment for outside of Newtown Stadium. Support for 6 large primary/intermediate school zone days, and the PSW regionals. 21 events in total. During February March she helped facilitate 16 days of Secondary Schools athletics at Newtown Stadium and an additional 3 x primary/intermediate athletics days and 1 x intermediate schools' Regionals.

This season, we used bib numbers for the distance events at St Pats Old Boys Day, McEvedy, combined Rongotai and Wellington College, CSW Qualifiers, WRISSA and Regionals. At school events, in particular, we have a high number of athletes in 800m-3000m events. Using bibs allowed for easier detection from the front-on camera regarding placings. Most of the bib numbers get returned which meant we could reuse them across the competitions. Bibs #'s for events especially support the Photo finish and results teams

During the previous Winter Season of 2023 Tamsin supported the delivery of Secondary Schools Cross Country Relays and Secondary School Cross Country Championships in May and the Primary schools for several zones including group warmups activation and duties of setting up flags, helping with packs for school teams. Tamsin designed a valuable XC Club poster to place in school packs, and hand out at event to help with connecting with school coordinators and clubs.

Over the last year 'in school' support has been delivered for Amesbury School, Samuel Marsden, St Orans, Oxford Crescent Upper Hutt, and Island Bay

Tamsin supported the driving of a renewed initiative with the Youth **Development Programme** formulating criteria, Invitations for the squad and Athlete Agreement documentation. Track & Field lead Yarride Rosario and GM Tony Rogers supported. The group was named in late August and two major workshops have since been staged along with an initial online meeting.

The other new initiative developed by Tamsin over the last 12 months was attempting to stage sports collaboration session for girls of Rangatahi age, with Wellington Diamond United football to share "Have a Go Day "Football and athletics for Girls". It was hoped this may be a positive following the FIFA women's world cup. However, a switch in opportunity was presented by General Manager Tony to build a relationship with the Change Makers Forum. There were two very successful session held allowing new immigrants Tamariki and Rangatahi to experience some valued athletics Experiences at the stadium

During the year Tamsin was fortunate to be able to attend "Be Collective" training session at Nuku Ora and a two day of "Run Jump Throw" training with Athletics NZ in Auckland.

Tamsin was highly successful overall at improving great connections with school organisers over the 18 months in the role. .

Tamsin Harvey **Community Engagement Lead**

As Part time temp Eimear Lynch has completed some administration hours to cover since Tamsin departure from April to June.





SECTION REPORTS

OUT OF STADIA EVENTS - [Cross Country, Road, Mt Running and Trail Running]

The 2023 cross country and road season was again busy, with a full programme of club events, interclub events and New Zealand championships.

Participation in our events was high throughout the season, despite continued growth in private event offerings and a busy programme of school events. It was pleasing to see the challenges of Covid disruptions largely behind us after 3 frustrating seasons. The Winter Series Championship proved popular and helped lift participation. Two athletes in particular dominated the local interclub and Wellington Championship events showing a clean pair of heels in all events: Sarah Drought and Seamus Kane. Congratulations to Sarah who also won the NZ Senior Road Champs title.

Teams to represent Athletics Wellington were selected for the NZ Secondary Schools XC Relay, North Island XC Championships, NZ Cross Country Championships, and the NZ Road Championships.

Wellington clubs again attended the NZ Road Relay Championships, in Christchurch in big numbers. However, the overall medal return for Wellington clubs was the lowest it has been for many years. Significantly, across the 3 "main" grades (Juniors, Seniors, Masters 35) only 1 medal (a bronze to Scottish in W35) came Wellington's way out of a total of 18 medals. Other clubs around the country have certainly lifted their focus on and commitment to competitive relay teams. We are also seeing newer clubs in Auckland and Canterbury bringing innovation and flexible member offerings to attract talent, and if Wellington clubs don't respond they will be left even further down the medal table at NZ Championships.

Many thanks to all officials, committee members, course measurers, employees, selectors, team managers and other volunteers for contributing their time and expertise during the year. They have all played a vital role in keeping the sport ticking along. Thank you to the clubs which organised our interclub events.

Todd Stevens

Lead – Out of Stadia

JUNIORS

The 20223 -2024 was well supported by athletes and clubs with a big support from the weather god. The biggest change for the season was the introduction of a competition fee of \$6.00 per athlete per meet. After a review in consultation with Athletics Wellington and the AWJC reps it was agreed a one-off fee of \$20.00 was payable for the season pre-Xmas or a \$14.00 fee post Xmas if not previously registered.

Summary of the activity of the Athletics Wellington Junior Committee for 2023-24:

- The AW Junior Committee met 8 times during the season to plan and review the junior athletics programme
- A season entry fee system was put in place at the start of the season, instead of requiring an entry per meet. This was mostly well-accepted and proved to be a successful approach.
- All six planned Junior Interclub meets were held, including Interclub 2 that was hosted at Masterton
- There were a total of 1202 athlete attendances at the Interclub meets
- In addition to the six Interclub meets, the committee supported two further events: the Lower Hutt Medal Day, and the Paraparaumu Ribbon Day
- The AW Junior Championships were held spread over two Sundays in March



- The Junior Champs attracted entries from 329 athletes, with a total of 1347 event entries
- There were 21 new Junior Championship records set

Marshall Clark
AWJC Secretary

I would like to think that the AWJC had a successful 2023/24 season.

There were concerns raised by clubs at the start of the season that there could be a barrier put up due to the proposal for an Entry Fee to be introduced for competing athletes. However, after some alternatives were discussed/proposed a solution that everyone was agreeable to was implemented.

I am pleased to say that although we noted a dip in the number of athletes attending our AWJC Interclub meets and AWJC Champs it was not as bad as some thought might happen. Whether this dip was due to the Entry Fee or a dwindling interest in competing – who can say for sure? I do expect that there will be an increase in numbers for all of our AWJC Clubs this upcoming 2024/2025 season due to the exposure that athletics will get from the upcoming Olympic Games in Paris.

We were incredibly lucky with the weather and managed to hold all 6 of our AWJC Interclubs that were scheduled on our calendar. They were well attended, and we managed to attract over 100 athletes to each of our Interclubs and over 300 athletes to our AWJC Champs. It is great to see so many young athletes out there mixing with athletes from other clubs, making new friends and memories.

My thanks to all the dedicated helpers and parents who helped in any way with setting up and/or running events and packing up and getting results out afterwards. These Interclubs and Champs wouldn't run without your time and efforts. It is much appreciated in this age of "let someone else do it because I'm too busy". I can't understand what makes these people think you/we are not also busy as too.

We thank a large group of Junior club delegates who contributed to the year for their time, passion and commitment towards a common goal of progressing the enjoyment of this sport for our junior athletes. Marshall Clark Secretary, Nathan Lewer Mana Deputy Chair, Jo Williams Lower Hutt, Theresa Bartlett Athletics Wairarapa, Ingrid Bain Athletics Featherston, Amanda Goldsmith Olympic, Joshua Sharkey Upper Hutt, Kane Mokokoko Titahi Bay, Julie Richards WHAC, Craig Alderdice Paraparaumu, Mark Harris Wairarapa T&F, Tamsin Harvey Athletics Wellington, Anna Ward WHAC, Grant Bell Karori, Susi Cooper-Faye Athletics Featherston, Jeremy Langford Onslow, Lauren Shearer Onslow, Don Dalgliesh Scottish, Mike Keenan Paraparaumu, Craig Thompson Paraparaumu, Jules Hickey Karori.

A special shout out to both Marshall Clark and Amanda Goldsmith who have decided to retire after many years of outstanding service on the Wellington Junior athletics scene. Their commitment and expertise will be sorely missed at the AWJC Committee meetings, Interclubs and the AWJC Champs.

Willy Szeto
Juniors Committee Lead

SENIOR TRACK & FIELD

Once again and incredibly busy track & field season for our senior local Wellington athletes across the region excluding the four-day Jennian National Track & Field Championships. In total there were 23 meeting opportunities of which the majority catered for both track and field together. We thank Mark Harris for his continued leadership



of clubs with the 3 Central League Teams Competitions as well as two of his summer series meetings in the Wairarapa. With lights at Newtown Park this summer we held 7 Twilight meetings ,6 on a Wednesday and one on Friday along with a Friday evening and Saturday for the Wellington Championships. There were 5 regular Saturday competitions including the Melrose Shield this year successfully taken back to Upper Hutt by a well organised UH AC team. Other feature meetings were the 20th Team Ledger Harcourts Capital Classic, The Sola Power and Peter Jack Throws meetings and the Agency 10000m championships and Scottish Night of Miles event pre-Xmas. There was also a larger number of Secondary Schools meeting opportunities through their schools and Zones

A big plus for the track season was the staging of Nationals for the 2nd year and this time with no impact from construction for the refit that was apparent a lot of previous seasons, for FIFA WWC preparations New stadium lights now give greater flexibility to timetabling to enable engagement. There was an introduction of the \$8.00 event entry fee/athlete for all open meetings which enabled valuable support of officials and equipment to run the meeting effectively as well as meeting WCC track hire fees. New Hurdles, a starters stand, new long jump sand, throws equipment, and other track and field maintenance equipment was all well received . AW Track & Field acknowledge the WCC sportsgrounds staff for their ongoing work to present the stadium to its best.

We thank our regular officials lead by Eddie Soria for ensure we manage each week's meetings, Andy Ford for his work towards confirmation of the twilight meetings and Peter Baillie, Marshall Clark, Michale du Toit, and Mike Ritchie for their work with regular meeting preparation.

Yarride Rosario
Senior Track & Field Lead

Tony Rogers
Track & Field Secretary

MASTERS

As athletes we continue to be inspired by impressive performances from our members throughout the season both locally and abroad.

Committee 2024

In January, I notified the committee of my intention to stand down at the upcoming AGM. At the time of writing, Sean and Ayesha are also standing down. We are seeking to replace our two 12-month reps, Heather and Belinda Walker.

Due to the devolution of Masters since the MoU, the Masters direct membership and ecosystem continues to reduce. As a result, the frequency of committee meetings as well as the required number of committee members will be discussed at the upcoming Masters AGM. Save the date for the **AGM – Thursday 12 September 2024**.

Congratulations

Huge congratulations to **Wellington Masters Athletics** athletes of the year
> **Heather Walker** and **Roger Robinson**.

Masters' athletes recognized for Athletics Wellington awards for the calendar year 2023 were

- Peter Stevens - Masters Men's Athlete of the Year, & Masters Men's Cross Country & Road Athlete of the Year.
- Heather Walker - Masters Women's Athlete of the Year & Middle- & Long-Distance Athlete of the Year.
- Gary Rawson - Men's Sprinter of the Year Kirsten Kilmister - Women's Sprinter of the Year
- Mark McFarlane - Men's Jumper of the Year Theresa Bartlett - Women's Jumper of the Year
- Adrian Stockill - Men's Thrower of the Year Linda Rawlins - Women's Thrower of the Year
- Clive McGovern - Men's Walker of the Year Jackie Wilson - Women's Walker of the Year
- Paul Hewitson - Men's Middle- and Long-Distance Athlete of the Year
- Victoria Humphries - Women's Cross Country and Road Athlete of the Year



Events

New Zealand Masters Track and Field Championships in Christchurch were thoroughly enjoyable by those who attended, along with some excellent performances. Unfortunately, the event clashed with two other significant Wellington events: Round the Bays and the Wellington Track & Field Champs – obviously this diluted participation. Ideally, we would like to avoid that situation happening again.

On behalf of the team, thanks for being with us.

Liz Bentley
Masters President

OFFICIALS

Officials Coordination

This last season saw the status quo largely maintained, Wellington officials were again well represented at events around the region with a strong contingent attending the National Track and Field champs in Wellington at the end of the season. We have continued to expand our supply and expertise in using electronic measuring equipment. Which has ensured that we can supply accurate results for our athletes.

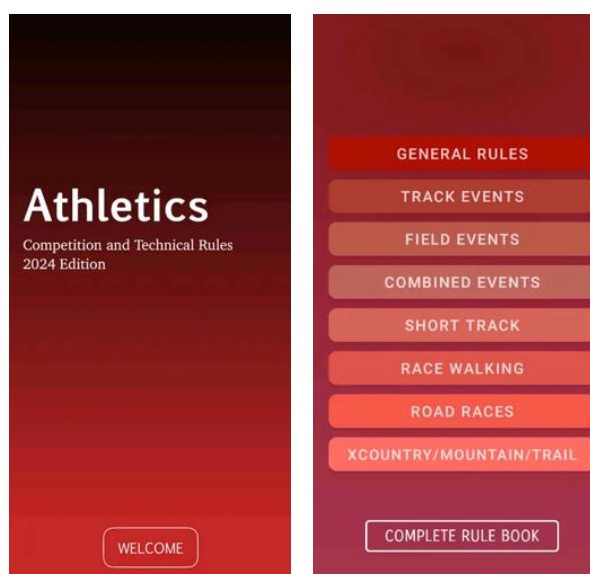
It is of course concerning that we do not seem to be able to attract more people to assist with officiating however I am confident that our current team is committed for a good few year yet.

As advised in 2022 I wish to stand down as the Officials lead for the Centre, I have greatly enjoyed carrying out this role but feel it is time for someone else to take up the mantle for this role. I will still be seen every Saturday, either at Newtown or other venues around the country and look forward to another season for 2024/25

Vaughan Oates
Officials Lead Coordinator

Acknowledgement

A special thanks to Mark Peters and Belinda Leckie for the contribution to our officiating both at Track & Field events and out of stadia events during their short time here in the Wellington Centre



Know Your Athletics Rules - Get the App – developed by our own Eddie Soria

Officials Education

I conducted another successful training session in my role as Official Education lead in November where 23 officials showed up. The theory course was about a refresh on measuring devices and best practices, and the practical part was about learning how to use the EDM, Laser and the VeriLynx camera for the horizontal jumps.

Last year also saw the most amount of Wellington Officials at our National Competition covering very important areas like Referees, Chief Officials and, we received some one-on-one training for the Competition Director position during one of the days. So overall our Wellington Officials are gaining confidence and are being appointed for positions with more responsibilities and that shows a great progression in our area. This is result of their willingness to continue their official education pathway practically and with theory.

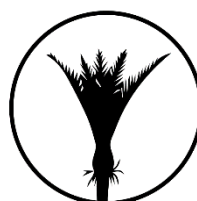
As we have seen before, Wellington Officials are supporting not only our local events, but also covering the Central Area from Taranaki, Masterton, Hastings, Palmerston North, and Wellington. Our Officials were also a key component for the Continental Tour Meets in Hastings, Whanganui and our own Capital Classic here in Wellington.

During Nationals I opened the possibility for anyone to take their exams if they wanted to, and I supervised them while they were taking their exams. Just by opening that possibility we saw 2 officials gaining B grades in Jumps, 1 official gaining B grade in Throws, 1 official gaining B grade in Track and 1 official gaining A grade in Jumps. So overall our career paths are looking good for the future as well. During the year I have also worked with Gabrielle O'Rorke to upskill with course measuring for road events.

Serving in my role as a National Officials Advisory Group and Athletics Wellington Educator I also invited to support delivery of an Officials Training course after Potts Classics in Hastings which was hugely appreciated.

Eddie Soria
Officials Education Lead

NIKAU



EQUIPMENT

The equipment Lead role has been to have oversight and management equipment and the maintenance of alongside keeping tidy the storage of the equipment in both the large garage and secure technical room lock up. This is never an easy task with multiple users throughout the summer and off-season with coaches.

Accredited Athletics Wellington coaches have key access to the garage for training equipment and this is important that each play their role to help oversee use of gear and returning equipment to the shed during training times. With ability to use lights during training in winter monitoring this storage will be critical.

There was an improvement with the support of the permanent Community Engagement Lead in dealing with equipment issue for schools. However, we need to be cognisant of appointing a club responsible for Junior Interclub meets equipment management and Senior Open days. The club designated person must be based at shed and lockup, so gear is replaced in correct places.

Major upgrades, maintenance and purchases undertaken during the year were the purchase of 36 new Polanik hurdles to go with earlier purchase and new comprehensive starters stand which has included official safety



features for the more complex equipment required at major meetings. Further purchase of hurdles should be made to enable a full complement. Thanks to Chris Holloman for assembling the hurdles. Considerable time was spent in upgrading the current Pole vault pit and stands in preparation for the major events to make it acceptable to our New Zealand elite athletes. The Wellington City Council supported the replacement of sand in the West end jumping pit and renewal at the other end will be required now.

Part of the role was initiation and overseeing regular working bees to prep the stadium for the season and major events like Nationals. Such working bees included repainting items like steeplechase barriers, runways, circles and installation and pack down of throwing cages. Repair of trolleys and other items during the season is part of ongoing maintenance. A key area of maintenance was the uplifting of the inside track rail during winter for WWC football but also to enable purposeful cleaning of the track and then the reinstallation to meet World Athletics specifications for track certification.

Such working bees are well attended by a small group of core officials, and it will require greater support from athletes, coaches and club in the future to support working bees.

Overall, it was a great year with the culmination of the national track & field championships. All the equipment and running of the meets were to the highest level and both officials and Athletics NZ were very happy with the setup at the National Championships.

Looking forward major maintenance and purchase required will be,
Track Zones

- ✓ Track surface needs repairs in several places especially in high wear issues like start zones – continued advocacy with WCC is key
- ✓ Rails need to be checked regularly to ensure detritus is cleared for ease of drainage.
- ✓ Continued maintenance of Steeples barriers and water jump including some pins attached for raising heights.
- ✓ Extra training blocks needed to have full compliment. These are used for children's athletics competitions.

Throws Zones

- ✓ Possible new hammer net.
- ✓ Checking of pulleys and front left-wing leg needs re welding on hammer cage.
- ✓ Check throws surfaces underfoot response levels in consultation with by Shaka. This may need some possible grinding .

Jump Zones

- ✓ New sand for zoo end LJ pit. West end done and very good.
- ✓ New Polanik HJ uprights for big competitions. P
- ✓ Possibly new pole vault uprights in next 4 years.
- ✓ New High jump and pole vault bars

Mike Ritchie

Equipment Lead.

COACHING

Athletics Wellington Coaching continues to field numerous enquiries from parents and older athletes about clubs and coaches.

In July 2023 AW conducted a Coach Survey developed by Tamsin and Andrew to assess the background and needs of our coaches on the database. They received 19 responses. 67% of these coaches were aged over 40 years and only 10% or 2 coaches were female. Over half the coaches who responded were middle & distance or Out of Stadia Coaches. Almost half of all coaches were interested in gaining further development.

Unfortunately, Athletics NZ has not been able to be proactive in this area although recent appointment Mike Trathen was making great improvement at developing a coaches network and community in his short time in the role

Next step is how to continue to grow the local coaches voice to consider establishing some new initiatives based on needs for coaches and athletes.

Tamsin was supported to a RJT workshop in August in Auckland at AUT Millennium Institute which gave her further confidence and skills for delivery in Schools. Andrew supported the initiation of coaching support for the Invictus Games staged in Wellington. A Workshop for coach developers was held by Nuku Ora and more recently Nuku Ora also conducted all sport wide coach survey. Coaching sessions were held in schools by Tamsin Harvey, Tony Rogers, Eimear Lynch and Chris Holloman at different times during the summer

The Changemakers Resettlement Forum initiative enabled us to engage some coaches new and old to the Athletics Wellington fold in a formal setting by gaining their support to stage the session and be able to remunerate them for their work.

Andrew Matsuoka-Webber
Coaching Lead

Tamsin Harvey
Secretary

YOUTH DEVELOPMENT PROGRAMME

In July 2023 Athletics Wellington determined it appropriate time to reignite a Youth Development Squad programme. It had agreed the previous year to put in place some more appropriate support programme due to the loss of opportunity with Interprovincial programmes for our young athletes and the introduction of the Under 16's at in the Nationals programmes.

The purpose of the AW Youth Development Squad Initiative is to help, Identity, Support, Develop and Encourage/Foster our younger athletes progress through the pathways available to them under the umbrella of Athletics Wellington. It is also hoped that it may improve retention of athletes and bridge the aspirational and support gap between junior athletics and senior grades *along with developing* some cultural aspects of former AW team programmes such as U18/U16 IP are not lost. Each year Athletes registered and regularly competing for an Athletics Wellington club can be invited once they are aged 14 years old or older on entry and may remain in the group until aged 22 years. Initial criteria for selection are all athletes that performed with distinction in Under 16 National events and each year additional athletes will be inducted at the Under 16 level.

Then initial squad is Daisy Goodman, Sacha Kilmister, Juju Moorhead, Holly Robins, Faith Sola, Madison Wos, Elliot Barr, Lebron Cosgrave, George Gray, Logan Hopfler, Xavier James, Blake Miscall, Rico Poutama, Desmond Reddy, Asher Robertson.

To date the group have had two in person workshops and one online forum facilitated by Tamsin Harvey, Yarride Rosario, Tony Rogers. Guests have included Cody Wilson and James Preston The workshops have focused on skills related to Pre competition planning and goal setting





MAJOR HONOURS

New Zealand Representative Team Selections

World Athletics Championships, Budapest, HUN, September 2023

James Preston made his debut appearance at a World Championships over the 800m. He ran in Heat 6 for 6th place with 1.46.84 finishing 30th overall in the summary.

World Athletics Indoor Championships, Glasgow, GBR, March 2024

James Preston and **Maia Ramsden** made their first appearances for New Zealand at the World Indoor Championships at Glasgow in March.

Maia set a New National Indoor record in her heat placing third in a fast 2nd heat with 4.06.51 to be third ranked qualifier and finished a creditable 10th in the final

James also set a National Indoor record with 1.47.59 4th place in his heat missing progression to the semifinals .

World Cross Country Championships, Belgrade SBR, March 2024

Ava Sutherland of Olympic Harriers represented NZL at her first major international in the Under 20 Women's Cross-Country finishing 73rd in a time of 24.14

NZSSAA Secondary Schools Track & Field and Road Championships Team 2023 and Classics 2024 team

Five Wellington Athletes were named in the Championships team, Wellington Girls Colleges pair of **Ava**

Sutherland, Lucy Jurke, and three athletes from St Patrick's Silverstream **Alex Hewitt, Samasoni Hewitt**, and **Blaine Knapman**. Except for Alex Hewitt all four others were named in the NZSSAA Classics.

Hutt International Boys School athlete Asher **Robertson** was named **Junior Boys Athlete of the Meet**.

NZSSAA Secondary Schools Track & Field Under18 Team to AUS T&F Championships, Adelaide, AUS

Heath Abbot, Asher Robertson, Keegan Sharkey and Poppy Healy were all selected to travel aspar to f the NZL SS team to Adelaide. Accompanying the team was Coach Owen Westerhout

Wellington Athletes selected for New Zealand Out of Stadia Teams

World Half Marathon and Road Championships, Riga, Latvia

Athletics & Cycling Masterton Club member Debbie Donald represented NZL at the on 1 October. Wellington based Napier athlete Eric Speakman was selected to run the 5km at the same Road event.

IAU 24HR Worlds 2023, Chinese Taipei

Three athletes from Wellington Paul Hewitson [WHAC] and James Inwood [A&C Masterton] in Men's team and Fiona Hayvice [Scottish] for women competed in this event in early December.

NZSS team to Australian Cross Country Championships, Canberra, AUS

Five Wellington athletes, **Max Doherty, Ava Sutherland, Kate** and **Amy McHardy** and **Lucy Jurke**, were selected to compete as part of the NZ Secondary School team at the Australian Championships in Canberra at the purpose-built cross-country course in Stromlo Forest Park. All five athletes were from the Olympic club and John Cope coached. Max Doherty was 12th place in the Men's U18 6000m race earning a team silver medal and repeated on Monday in the 5 x 3000m Relay event in the Under 20 Men's team. The girls individual races Kate McHardy 6th, lead the Wellington girls home in Women 's U18 4000m, Ava Sutherland was 10th and Amy McHardy 19th. As members of the Women U18, 5 x 2000m relay they claimed bronze. Lucy Jurke was 16th in the Women U20 6000m race in the hot dry conditions. She was reserve for the relay and took gold in the Time trial 2000m for reserves U19 section.

ATHLETICS WELLINGTON AWARDS

supported by Accor and Movenpick

The Annual Award dinner supported by the Accor group and Movenpick of Wellington's 24th April 2024.

The awards period was the year of 2023 from 1 January 2023 until 31 December 2023.

The **Women's Athlete** of the Year

Maia Ramsden



The **Men's Athlete** of the Year

James Preston



Congratulations to all the **Athletics Wellington 2023 Annual Award Winners** listed below

Special Awards

U20 Women's athlete of the Year	Elizabeth Hewitt
U20 Men's athlete of the Year	Tyrone Trego
Masters Women's athlete of the Year	Heather Walker
Masters Men's athlete of the Year	Peter Stevens
Men's Para athlete of the Year	Corran Hanning
Women's Team of the Year	AW Senior Women's Road Champs team
Men's Team of the Year	AW Men U20 4 x 100m
Female Official of the Year	Justine Krynen
Male Official of the Year	Eddie Soria
Female Volunteer of the Year	Julie Richards
Male Volunteer of the Year	Mike Ritchie
Sprints Coach of the Year	Alan Taylor
Distance Coach of the Year	Evan Cooper
Throws Coach of the Year	Shaka Sola
Jumps Coach of the Year	Mike Ritchie



Women's Sprinter of the Year	Tamsin Harvey
Men's Sprinter of the Year	Cody Wilson
Masters Men's Sprinter of the Year	Gary Rawson
Masters Women's Sprinter of the Year	Kirsten Kilmister
Senior Men's Sprinter of the Year	Cody Wilson
Senior Women's Sprinter of the Year	Tamsin Harvey
U20 Men's Sprinter of the Year	Tyrone Trego
Youth Men's Sprinter of the year	Josh Lotsu
Youth Women's Sprinter of the year	Niam Gedye
Women's Middle & Long-distance athlete of the year	Maia Ramsden
Men's Middle & Long-distance athlete of the year	James Preston
Masters Men's Middle & Long-distance Athlete of the Year	Paul Hewitson
Masters Women's Middle & Long-distance Athlete of the Year	Heather Walker
Senior Men's Middle & Long-distance Athlete of the Year	James Preston
Senior Women's Middle & Long-distance Athlete of the Year	Maia Ramsden
U20 Men's Middle & Long-distance Athlete of the Year	Alex Martin
U20 Women's Middle & Long distances Athlete of the Year	Ruby Barton
Youth Men's Middle & Long-distance Athlete of the Year	Luca Evett
Youth Women's Middle & Long distances Athlete of the Year	Poppy Healy
Women's Jumper of the Year	Anna Thomson
Men's Jumper of the Year	Hugo Jones
Masters Men's Jumper of the Year	Mark McFarlane
Masters Women's Jumper of the Year	Theresa Bartlett
Senior Women Jumper of the year	Anna Thomson
Youth Men's Jumper of the Year	Hugo Jones
Youth Women's Jumper of the Year	Naomi Waite
Women's Thrower of the Year	Elizabeth Hewitt
Men's Thrower of the Year	Nathaniel Sulupo
Masters Men's Thrower of the Year	Adrian Stockill
Masters Women's Thrower of the Year	Linda Rawlins
Senior Men's Thrower of the Year	Nathaniel Sulupo
Senior Women's Thrower of the Year	Iorana Tafili
U20 Men's Thrower of the Year	Blaine Knapman
U20 Women's Thrower of the Year	Elizabeth Hewitt
Youth Men's Thrower of the Year	Alex Hewitt
Youth Women's Thrower of the Year	Mikayla Sola
Women's Race Walker of the Year	Jacqui Wilson
Men's Race Walker of the Year	Clive McGovern
Masters Men's Walker of the Year	Clive McGovern
Masters Women's Walker of the Year	Jacqui Wilson
Senior Women's Walker of the Year	Antonio Martin
Men's Out of Stadia Athlete of the Year	Seamus Kane
Women's Out of Stadia Athlete of the Year	Sarah Drought
Masters Men's X-Country & Road athlete of the year	Peter Stevens
Masters Women's X-Country & Road athlete of the year	Victoria Humphries
Senior Men's X-Country & Road athlete of the year	Seamus Kane
Senior Women's X-Country & Road athlete of the year	Sarah Drought
U20 Men's X-Country & Road athlete of the Year	Lorcan Rabbitte
U20 Women's X-Country & Road athlete of the Year	Lucy Jurke
Youth Men's X-Country & Road athlete of the Year	Max Doherty
Youth Women's X-Country & Road athlete of the Year	Ava Sutherland

ATHLETICS WELLINGTON REPRESENTATIVES TEAMS



OUT of STADIA - [Cross Country, Road, Mt Running and Trail Running]

Out of Stadia Leading Results 2023

New Zealand Secondary Schools Cross Country and Interprovincial Championships, Palmerston North

Some strong individual performances and excellent Wellington team performances by school and regional Wellington Centre teams were achieved on both days of competition action at Massey University in the 49th National Secondary School Cross Country.

On Saturday, in the individual races' medals went to Madison Wos taking gold with a determined run in the Year 9 girls over 3km, Toby Ireland took gold for T11 Para athletes over 2km. In the year 9 boys race of 3km, Xavier James took a silver medal as did Desmond Reddy in the Junior boys over 4km. In the Senior girls in what was possibly the strongest field on the day Ava Sutherland lead in her teammate Kate McHardy to secure the bronze medal behind last year's runner up and 2022 Junior title holder Boh Ritchie.

Scoring podium places with School 3 person and 6 person teams saw Wellington Girls College dominate the medal haul with senior [under 19] and junior [under 16] girls securing the 3 & 6 person golden double, and their year 9 team taking silver in the three person count.

Likewise Wellington College gained a silver double in the Junior teams race for 3 & 6 person teams count and achieving a golden double with year 9 Boys for the 3 & 6 person teams scores.

Athletes were selected to represent their regional centre teams to compete in 4-person x 2.0 km relay event the Year 9 teams took the Girls and Mixed team golds and silver in year 9 Boys. Wellington Junior's centre teams won gold in Boys and Mixed teams and silver in the Girls division. In the senior grades the Wellington girls' team after having an early lead had to surrender to Waikato BOP's exceptional Boh Ritchie and settle for silver, while the Senior boys took bronze. Overall Wellington achieved five individual medals, ten School teams medals and eight Centre teams medals.

Girls: Senior 4km: Ava Sutherland (Wellington Girls') 14:37 3, Kate McHardy (Wellington Girls') 14:43 4th,

Teams 3 person: Wellington Girls' 1st, 6 person: Wellington Girls' 1st Junior 3km:

Teams 3 person: Wellington Girls' 1st, 6 person: Wellington Girls' 1st. Year 9 3km: Madison Wos (Sacred Heart Wgtn) 1st 1:29, Zoe Hilton (Upper Hutt) 11:53 6th .

Teams 3 person: Diocesan 1, Wellington Girls' 2nd.

Boys: Junior 4km: Ben Oxford (Macleans) 13:01 1st, Desmond Reddy (Rongotai) 13:11 , 2nd,

Teams 3 and 6 person: Westlake Boys' 1, Wellington College 2nd,

Year 9 3km: Sam Ruhe (Tauranga Boys') 10:06 1st, Xavier James (Wellington College) 10:31 2nd

Teams 3 person: Wellington College 1st, 6 person: Wellington College 1st,

Para Junior 2km: Toby Ireland (Hutt Valley) 9:08 1st .

Sunday Results:

Regional Interprovincial 8km Cross Country Teams Relay

Year Nine Girls: Wellington 32:41, Auckland 33:35, East Coast North Island 35:20.

Year Nine Boys: Waikato Bay of Plenty 30:00, Wellington 30:39, Canterbury 31:36.

Year Nine Mixed: Wellington 33:54, Waikato Bay of Plenty 37:58.

Junior Girls: Auckland 31:38, Wellington 32:46, Canterbury 33:57.

Junior Boys: Wellington 29:06, Waikato Bay of Plenty 29:32, Taranaki 29:41.

Junior Mixed: Wellington 32:36, Southland 32:44, Aoraki 33:29.

Senior Girls: Waikato Bay of Plenty 31:42, Wellington 31:59, Southland 32:04.



Senior Boys: Canterbury 27:02, Waikato Bay of Plenty 27:08, **Wellington 37:52.**

Senior Mixed: Whanganui 29:43, Otago 29:45, Waikato Bay of Plenty 30:51.

Para Athlete 4km: Canterbury 22:09, Canterbury 22:50.

New Zealand Half Marathon Championship.

This event was part of the Gazley Volkswagen Wellington event based from Sky Stadium.

The event doubled as an Athletics Wellington Championship. Local athlete Sarah Drought [WHAC] was too strong in the Women's race taking her first national title since winning the national road 10km title also on the Wellington waterfront back in 2012. She won by more than two minutes in a race record time of 1:15:44. She has continued her great form of this year, especially in all Wellington winter events to date. Finishing just four seconds outside her personal best Esther George [WHAC] in 1:18:03 took out the silver with Deb Fuller securing a podium placing with bronze in the NZ Championships in PB of 1:19:31. Deborah Lynch [Olympic] was third Wellington athlete home taking the Wellington Championship bronze in 1:21:13 PB. Michael Voss [Lake City] claimed his first senior national title, with a clear-cut victory over Daniel Balchin [Canterbury] in 1:06:21. Cullern Thorby [Lake City] backed up his third at the Rotorua Marathon with the bronze medal in a personal best 1:08:32 in the NZ title hunt. Meanwhile the Athletics Wellington Senior Men title was taken by equally dominant local athletes this season Seamus Kane [Scottish] with Nick Sasse [Victoria University] runner up and Daniel Clendon [WHAC] third.

Athletics Wellington Championships Medallists

Open Women: 1 Sarah Drought 2 Esther George 3 Deborah Lynch. **Open Men:** 1 Seamus Kane 2 Nick Sasse 3 Daniel Clendon. **Women 35:** 1 Sarah Drought, 2 Floortje Kaars, 3 Lindsay Barwick

Men 35; 1 Daniel Clendon, 2 Josh Campbell, 3 Alastair Saunders. **Women 50:** 1 Betty Harp, 2 Victoria Humphries, 3 Christina Needham. **Men 50:** 1 Andrew Kerr 2 Grant McLean 3 Graeme Morrison

Athletics NZ National Cross-Country Championships, Taupo.

Wellington took titles in both U14 Boys and Girls events with Jacob Williams [Hutt Valley Harrier] claiming gold over 3000m in a time of 10:10 16 sec of fellow Wellington athlete Matthew Meiklejohn [Trentham United Harrier], and the girl's race was won by Zoe Hilton [Trentham United Harrier] in a time 11:37 for 3000 metres.

Masters' individual athletes had their share of podium success across the five-year age grades. Daniel Clendon [WHAC] finishing third in M45-49 over 8km in 27:37 and in MM 55-59 over the same distance Peter Stevens [Scottish] took gold in a time 30:35 for his division while Graeme Butcher [A&C Masterton] was 2nd in the MM 60-64 grade over 8km in 32:50. In the MM65+ 6000m race for Butcher's clubmate Tony Price took bronze in 26:54 and John Wood [HVH] and Peter Ellis [Kapiti] took Gold and silver respectively in MM 80-84.

In the Women's grades a top performance came from Kate McHardy [Olympic] in the W18 winning in a smart time of 18.31 over 5km. There was plenty of intrigue in the women's race with Sarah Drought a bold and commanding leader for most of the race until succumbing to chasing pack of Annika Grogan [Auckland] and Annika Pfitzinger [Tasman] in the final 500m to hold on for the bronze medal over 10km in 37.33 10 secs behind Grogan. In the Masters Women's grades Ayesha Shafi [Scottish] took silver in the MW 35-39 over 6000m while Heather Walker [Scottish] was decisive winner in the races with Gold for MW 50-54 for the 6km and the MW 55-59 were dominated by three Wellington athletes over the 6km with Victoria Humphries [WHAC] first in 26:59 ahead of Jan Sheppard [Olympic] in 30:00 and Belinda Walker [Trentham United] with 30:56.

In the Centre teams races a very strong gold medal efforts went to the Women's U18 team with winner Olympics' Kate McHardy, sister Amy 7th and WHAC's Poppy Healy 6th and Scarlett Anderson 24th and a dominant women's 50+ team winning with 24 points comprising Belinda Walker [Trentham] 2nd, Vicky Humphries [WHAC] 5th, Michelle van Looy [Olympic] 7th and Andrea Harris [Wairarapa] 10th. The Senior Women placed 2nd with Sarah Drought 3rd, Maia Flint [Vic Uni] 8th, Saskia Cosgrove-Drayton [WHAC] 12th and 16th placed Rain Milne [Vic Uni].



Men's Under 20 placed 2nd in their grade with Lorcan Rabbitte [Vic Uni] 5th, William Larkin [Wairarapa] 9th, Max Doherty [Olympic] 13th and Josh Jordan [Trentham] 24th. In the Masters Team's Wellington MM 35 -50 placed 2nd with Dan Clendon, Jamie Duncan [WHAC] 12th, Stephen Day [Scottish] 14th and Josh Campbell [Trentham United] 15th while the Masters Men 50+ of Scottish pair Peter 6th and Graeme Stevens 7th supported by Craig Holden [Olympic] 9th and Graeme Morrison 13th [WHAC] were silver medal winners.

Day Two – National Interclub Mixed Cross Country Relay

On Day two was the inaugural for the National Championship Interclub Mixed Cross Country relay over 4 x 2km course after last years Challenge event. In the Under 16 grade Trentham United took bronze with Zoe Hilton, Caleb Rice, Mathew Meiklejohn and Maddison Wos. Under 18 race Olympic Harriers took silver behind a slick Tauranga team with McHardy sisters, Max Doherty and Conner Kemp. In the prestigious senior race Wellington Harrier Athletics placed 2nd to North Harbour Bays with Liam .The Master 50 team title was taken by Wellington Scottish ahead of local rival Olympic Harriers Chesney, Dan Clendon Sarah Drought and Sakia Cosgrove Drayton . Wellington Scottish claimed silver in the Masters 35 grade with Hiro Tanimoto, Ayesha Shafi , Stephen Day and Emily Solsberg . The Master 50 title was claimed by Wellington Scottish ahead of local rivals Olympic Harriers. Scottish team was Jim Jones, Anne Hare, Peter Stevens and Heather Walker while Olympic fielded Darren Gordon, Jan Sheppard, Craig Holden and Michelle van Looy.

Wellington Athletes at National Ultra Events

Congratulations to Wellington Athletes for their fine performances in Ultra Endurance 24- and 12-hour races. In the 24-Hour NZ Championship Liam Jones (Scottish) covered 182.921 km for third place, Club mate Gordon Pal (Wellington Scottish) covered 173.299km. In the 12 Hour James Inwood (Masterton) ran 113.216 km.

Athletics NZ National Road Championships, Palmerston North.

Wellington athletes dominated events at the NZ Road Championships at Massey University, Palmerston North winning numerous titles as individual & teams' events. A highlight was Sarah Drought [WHAC] winning the prestigious Women's race repeating her victory of 11 years ago on the Wellington waterfront. Sarah's second title was in a time of 35.28, for 10km, her first since 2012 winning by 15 secs.

The Road titles success were, Alexander MacBeth [WHAC] winning the Under 16 Boys over 4km. Victories in the Under 14's over 3km going to Jacob Williams, [HVH] for Boys and Olivia McDowell of Kapiti Running & Tri Club in the Girls. The Williams family dominated the Under 12 race over 2km, with Cooper & Emily winning respectively. Mel Brandon [WSCO] took the Women's 35+ title in 18.43 over the 5km, while Heather Walker [WSCO] took the Women's 50+ title and Michelle Allison [WSCO] in the Women's 65+ division. In the Senior Men's 10km Nathans Tse [WHAC] took an excellent 3rd place in 30.53, while clubmate Dan Clendon took bronze in the Men's 35+ race in 33.15. In Under 20 races Lucy Jurke [Olympic Harrier] continued her good form with a bronze in 18.44 for 5km and similarly Lorcan Rabbitte [Victoria University] 25.35 for 8km. Ava Sutherland took silver in Under 18 Women In the Centre teams races Wellington took gold in Women's Under 20, Senior Women's, Masters Men's 35+, Masters Men 50+ and Masters Women 50+ and Masters Women's 65+

TRACK and FIELD TEAMS

Athletics New Zealand Track & Field Championships 2024

The Nationals championships were highlighted by an exceptional run of James Preston to retain his 800-metre title with an astonishing front running display to clock 1.44.87 for a new Championship record. Alison Andrews-Paul also retained d her senior women's 800m and the return of Phoebe Edwards retuning to top level athletics in style and winning the women's Long Jump with 6.28m.

Medallists

Gold Medals

Seniors

Athlete	Event	Performance
Alison Andrews-Paul	800m	2m.04.54
James Preston	800m	1m 44.87
Phoebe Edwards	Long	6.28m

Under 20's

Keegan Sharkey	Javelin	52.88m
Alex Hewitt	Hamme	58.68m
Max Poland	Steeplechase	9m 59.20
Naomi Waite	High	1.80m
Leo Yousuf, Ben Lambert, Josh Lotsu, Ryan Mallon	4 x 100m Relay	42.39.

Under 18's

Keegan Sharkey	Javelin	57.37m
Jag Willers	Steeplechase	6m 28.63
Analin Rudd	Triple Jump	11.33m
Heath Abbott	Hammer	60.67m

Under 16's

Conor Sharkey	Hammer	40.46m
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Para Athletes

Corran Hanning	SM Discus	34.80m
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Silver Medals

Seniors

Athlete	Event	Performance
Elizabeth Hewitt	Hammer	51.08m

Under 20's

Heath Abbot	Hammer	53.21m
Hugo Jones	High Jump	2.01m
Blane Knapman	Javelin	50.81m
Ryan Mallon	Triple Jump	13.98m

Under 18's

Nelsson Tuimalu	Discus	46.91m
Asher Robertson	Long Jump	6.37m
Joe Martin	1500m	4m 02.92
Rico Poutama	High jump	1.90m
Asher Robertson, Blake Miscall, Jag Willers, Max Lewer	4 x 100m Relay	3m 35.59

Under 16's

Juliet Moorhead	3000m	10m 26.70
Alexander McBeth	800m	2m 02.79
Alexander McBeth	1500m	4m 09.58

Para Athletes

Joshua Taylor	Para 400m	64.45
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Bronze Medals

Seniors

Athlete	Event	Performance
Cody Wilson	100m	10.52
Liam Webb	400m	47.89
Anna Thomson	Triple Jump	12.01m
Naomi Waite	High Jump	1.78m
Hugo Jones	High Jump	2.06m

Under 20's

Alexandra Domanski	Triple Jump	10.79m
Scarlett Anderson	3000m Stp	12m 23.33
Ryan Mallon	Long Jump	6.68m
Joshua Lotsu	100m	10.94

Under 18's

Asher Robertson	300m H	40.46
Asher Robertson	High Jump	1.86m
Lucas Lambert	100m	11.03
Lucas Lambert	200m	22.45
Rico Poutama	Long Jump	6.36m
Callum Wos	3000m	9m.50.33
Joe Martin	800m	1m 56.37
Sacha Kilmister	200m	25.55
Poppy Healy	400m	57.72

Under 16's

Emma Lowden	3000m	10m 26 95
Bair Waldrom	2000m Stp	7m. 01.93
Daisy Goodman	Long Jump	5.07m

Para Athletes

Albert O'Brien	Para 400m	1.21.35
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Total of 14 Gold, 14 Silver and 22 Bronze Medals

Those who made the top eight placings were

4th Placings 22,

5th Placings 9

6th Placings 10

7th Placings 11

8th Placings 6

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North Island Secondary Schools Championships 2024

The Wellington Regional Secondary Schools team achieved 22 First placings, 29 Second placings and 12 Third placings. The team also achieved 17 fourths and 9 fifth placings

Gold Medals

Athlete	Grade	Event	Performance
Jacob Williams	JB	3000m	9.24.90
Jacob Williams	JB	1500m	4.22.0
Toby Brook	JB	800m	2.08.43
Conor Sharkey	JB	Hammer	42.02m
Luke Jarvis	IB	100m	10.93
Nelsson Tiumala	IB	Discus	50.77m
Nelsson Tiumala	IB	Shot	13.80m
Rico Poutama	IB	Triple	12.94
Layton Powell-Young	IB	Javelin	49.97m
Joe Martin	SB	800m	1.54.65
Samasoni Hewitt	SB	High	2.00m
Jaguun Willers	SB	2000m S/c	6m 15.52
Keagan Sharkey	SB	Javelin	56.31m
Rebecca Bailey	SG	Javelin	38.76m
Mikaya Sola	SG	Hammer	50.58m
Poppy Healy	SG	1500m	4.35.78
Naomi Waite	SG	High	1.63m
Analín Rudd	SG	Triple	10.87m
Ruby Lasini	JG	Para Long	2.86m
Ruby Lasini	JG	Para Shot	6.05m
4x100m JB - 48.57	J J Popham, Z Atkin, W Attwell, G Wilson		
4x400m SB - 4.34.06	J Martin, J Willers, W Li, S Flood		

Silver Medals

Ruby Lasini	JG	Para 100m	18.45
Ruby Lasini	JG	Para 200m	43.04
Olivia McDowell	JG	3000m	10m.36.69
Olivia McDowell	JG	1500m	4m 47.11
Albert O'Brien	JB	Para 200m	33.4
Albert O'Brien	JB	Para 400m	1m 16.43
Gyan Wilson	JB	100m	12.1
Desmond Reddy	IB	3000m	8m 59.22
Alex Mc Beth	IB	800m	1m 56.58
Poppy Healy	SG	800m	2m 12.13
Lite Alaifea	JG	80m H	12.89

Bowie Alderdice	JB	80m H	13.18
Sione Tupou	IB	100m H	13.87
Rico Poutama	IB	High	1.83m
Rico Poutama	IB	Long	6.18m
Mikaya Sola	SG	Shot	12.95m
Analín Rudd	SG	Long	4.87m
Hugo Jones	SB	High	1.94m
Cooper Taouma	JB	Javelin	39.95m
Asher Robertson	IB	300m H	39.38
Zoe Hilton	JG	2000m S/c	7m 22.00
Madison Wos	IG	1500m	4m 37.32
Gyan Wilson	JB	200m	23.87
Joe Martin	SB	1500m	3m 58.59
Lachie Kennedy	IB	Triple	12.73m
George Gray	IB	Javelin	49.27m
4 x 100m - IB - 44.52	R Poutama, L Jarvis, A Robertson, S Tupou		
4 x 100m - SB - 44.34	L Yousef, L Lambert, Z Ziogas, H Jones		
4 x 400m - IB - 3.40.38	G Gray, L Hopfler, A McBeth, B Stallard		

Bronze Medals

Bair Waldrom	JB	3000m	9m 58.46
Logan Hopfler	IB	3000m	9m 01.86
Asher Robertson	IB	High	1.75m
Asher Robertson	IB	Long	6.14m
Sienna Leotoa-Tuala	JG	Shot	11.52m
Jacob Rice	JB	800m	2m 12.14
Chelsea Moananu	SG	Javelin	33.09m
Xavior Sola	SB	Discus	39.66m
Gyan Wilson	JB	Long	5.35m
Mikaya Sola	SG	Discus	41.36m
Taylor Sutton	Open G	2000m RW	11m 13.72
Luke Jarvis	IB	200m	22.77

Team Leaders

Brian Seymour and Julie Richards



Athletics Wellington acknowledges all key supporters.



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