

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 114 Boys 100 Meter Run Junior**

Record: R 11.73 23/03/2017 Joshua Williams, Wgtn Coll

Name	Year Team	Finals	Wind	H#
=====				
Finals				
1 Filemu, Zaiden	Scots College	11.81	1.1	2
2 Gardiyawasam, Rocky	Wellington College	11.96	1.1	2
3 Tupai, Nova	Wellington College	12.00	1.1	2
4 Atkin, Zachary	Rongotai College	12.14	1.1	2
5 Fountain, Amos	Wellington College	12.30	1.1	2
6 Anae-Laupola, Ron	Kapiti College	12.55	1.1	2
7 Salig, Shaun	Silverstream	12.60	0.8	1
8 Nguyen, Daniel	St Pat's Town	12.75	1.1	2
9 Temara, Ryder	St Bernard's	12.95	0.8	1
10 Falesui, Tim	Taita College	13.01	0.8	1
11 Congdon, Marlee	St Pat's Town	13.23	0.8	1
12 Kay, Liam	Mana College	13.56	1.1	2
13 Solo, Cedrick	Scots College	13.59	1.1	2
14 Gounder, Ishek	St Bernard's	14.19	0.8	1
15 Taylor, Brooklyn	Heretaunga College	14.37	0.8	1
-- TePuia, Tama	Taita College	DQ	0.8	1 TR17.3.1

Event 116 Boys 100 Meter Run Intermediate

Record: R 10.97 1998 David Falealili, Scots College

Name	Year Team	Finals	Wind	H#
=====				
1 Waldrom, Troy	Silverstream	11.48	2.7	2
2 Boyd, Brooklyn	Rongotai College	11.72	2.7	2
3 Quazi, Yusuf	Wellington College	11.84	2.7	2
4 Hamer, Ashton	St Pat's Town	11.89	1.0	1
5 O'Leary, Toby	Whitby Collegiate	11.91	2.7	2
6 Coulson, Ethan	Wairarapa College	11.93	2.7	2
7 Story, William	Silverstream	11.96	1.0	1
8 Park, Ben	HIBS	12.06	1.0	1
9 Yannetta, Cameron	Kapiti College	12.30	1.0	1
10 Porea-Hopokingi, Cayne	St Pat's Town	12.31	2.7	2
11 Klarwill, Chris	Kapiti College	12.34	1.0	1
12 Catchpole, Christian	Hutt Valley	12.53	1.0	1
13 van Son, Luke	Aotea College	12.69	2.7	2
14 Mitchell, Silas	Kapiti College	12.94	1.0	1

Event 119 Boys 100 Meter Run Senior

Record: R 10.78 20/09/2022 Tyrone Trego, HIBS

Name	Year Team	Finals	Wind	H#
=====				
1 Kimmins, Zack	St Pat's Town	11.14	0.8	2
2 Jarvis, Luke	Paraparaumu College	11.21	0.8	2
3 Savage, James	Paraparaumu College	11.65	0.8	2
4 Soro, Alipate	St Pat's Town	11.79	0.8	2
5 O'Gorman, Luca	Rathkeale College	11.81	0.8	2
6 Dickey, Cooper	Kapiti College	11.94	-0.8	1
7 Van Leeuwen, Kees	Heretaunga College	11.96	0.8	2
8 Poutama, Rico	Wellington College	11.99	0.8	2
9 Radravu, Jona	Rongotai College	12.16	-0.8	1

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 119 Boys 100 Meter Run Senior**

10	Greally, Thomas	St Bernard's	12.27	-0.8	1
11	Carey, Zach	Heretaunga College	12.28	0.8	2
12	To'omaga Tapuai, Lui	Aotea College	12.34	0.8	2
13	Kereti, Ksam	Taita College	13.23	-0.8	1

Event 119A Boys 100 Meter Run AWD

Name	Year	Team	Finals	Wind
1 Ahern, Jesse		Aotea College	16.16	1.8
2 Ngature, Darius		Wellington High	16.73	1.8
3 Walker, Cody		Wairarapa College	18.53	1.8

Event 124 Boys 200 Meter Run Junior

Record: R 23.59 14/03/2019 Ben Lambert, Paraparaumu

Name	Year	Team	Finals	Wind
1 Filemu, Zaiden		Scots College	23.48R	-0.6
2 Gardiyawasam, Rocky		Wellington College	24.08	-0.6
3 Fountain, Amos		Wellington College	24.73	-0.6
4 Salig, Shane		Silverstream	25.15	-0.6
5 Temara, Ryder		St Bernard's	27.04	-0.6
6 Cristea, Florin		Whitby Collegiate	29.49	-0.6

Event 126 Boys 200 Meter Run Intermediate

Record: R 22.24 1998 David Falealili, Scots College

Name	Year	Team	Finals	Wind
1 Waldrom, Troy		Silverstream	23.39	-1.0
2 Wilson, Gyan		Rongotai College	23.78	-1.0
3 Boyd, Brooklyn		Rongotai College	24.09	-1.0
4 O'Leary, Toby		Whitby Collegiate	24.30	-1.0
5 Senior, Riley		Chanel College	24.81	-1.0
6 Tana, Pumau		Naenae College	26.48	-1.0

Event 129 Boys 200 Meter Run Senior

Record: R 22.04 1993 Matthew Coad, St Pat's Town

Name	Year	Team	Finals	Wind
1 Kimmins, Zack		St Pat's Town	22.10	1.6
2 Jarvis, Luke		Paraparaumu College	22.22	1.6
3 Lewer, Max		Silverstream	22.73	1.6
4 Savage, James		Paraparaumu College	23.13	1.6
5 O'Gorman, Luca		Rathkeale College	23.78	1.6
6 Greally, Thomas		St Bernard's	24.11	1.6
7 Kincaid, Kael		Wellington College	24.15	1.6
8 Tuangalu, Taniela		Wellington College	24.50	1.6

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 129A Boys 200 Meter Run AWD**

Name	Year Team	Finals	Wind
1 Waenga, Nigel	Wainuiomata	28.57	2.6
2 O'Brien, Albert	Onslow College	31.04	2.6
3 Johnson, Edouard (Eddy)	Onslow College	32.65	2.6
4 Lenton-Wills, Connor	Wairarapa College	34.10	2.6
5 Donohue-Braas, Te Whero	Rongotai College	34.36	2.6
6 Ngature, Darius	Wellington High	34.70	2.6
7 Nathan, Joshua	Wellington High	37.38	2.6
8 Ahern, Jesse	Aotea College	37.54	2.6

Event 134 Boys 3000 Meter Run Junior

Record: R 9:27.10 26/03/2024 Jacob Williams, HVHS			
Name	Year Team	Finals	
1 Angammana, Ovin	Scots College	9:50.40	
2 Wallace, James	Silverstream	10:15.55	
3 MacPhee, Archie	Wellington College	10:42.53	
4 Peters, Thomas	Silverstream	10:47.78	
5 Kendrick, Lucas	Rongotai College	10:57.60	
6 Barton, Harry	Rongotai College	11:02.55	
7 Topp, Felix	Silverstream	11:03.21	
8 Sewell, Austin	Raphael House	11:47.93	

Event 136 Boys 3000 Meter Run Intermediate

Record: R 9:00.04 15/03/2018 William Anthony, Scots Coll			
Name	Year Team	Finals	
1 Gregory, Jack	Kapiti College	9:26.64	
2 Strickland, Finnigan	Hutt Valley	9:30.54	
3 Kimber, Ben	Hutt Valley	9:33.47	
4 Maclean, Lachlan	St Pat's Town	9:43.10	
5 Robinson, Finley	Silverstream	9:47.76	
6 Starr, Cameron	Silverstream	9:56.53	
7 Campion, Hugo	Rongotai College	10:00.10	
8 Tonkin, Noah	Tawa College	10:00.29	

Event 139 Boys 3000 Meter Run Senior

Record: R 8:34.00 12/03/2020 William Anthony, Scots Coll			
Name	Year Team	Finals	
1 Reddy, Desmond	Rongotai College	9:36.64	
2 Kyle, Casey	HIBS	9:51.79	
3 Bialy, Leo	HIBS	10:21.70	

Event 144 Boys 300 Meter Run Junior

Record: R 38.16 2012 F Tau, St Pat's Town			
Name	Year Team	Finals	
1 Tupai, Nova	Wellington College	38.06R	
2 Bowen, Connor	Scots College	41.17	

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 144 Boys 300 Meter Run Junior**

3 Politini, Oscar	Rongotai College	42.16
4 Wynford, Daylin	Tawa College	42.59
5 Ive, Mason	Wellington College	43.05
6 Aoina, Chester	Silverstream	44.07
7 Stylianidis, Leo	HIBS	44.47

Event 146 Boys 400 Meter Run Intermediate

Record: R 50.76 1992 P Young, Wellington College			
Name	Year	Team	Finals
1 James, Xavier		Wellington College	52.60
2 Wilson, Gyan		Rongotai College	53.11
3 Brook, Toby		Wellington College	54.96
4 Senior, Riley		Chanel College	55.39
5 Fidow, Samuel		St Pat's Town	58.93
6 Kraus, Damon		St Pat's Town	59.68
7 Joby, Jovan		St Bernard's	1:05.53

Event 149 Boys 400 Meter Run Senior

Record: R 49.00 1986 A Green, Wellington College			
Name	Year	Team	Finals
1 Gray, George		Wellington College	52.26 52.257
2 Lewer, Max		Silverstream	52.27 52.261
3 Rice, Oscar		Rathkeale College	53.64
4 Dickey, Cooper		Kapiti College	54.22
5 O'Regan-Smith, Fraser		Rongotai College	54.97
6 O'Brien, Albert		Onslow College	1:12.87

Event 154 Boys 1500 Meter Run Junior

Record: R 4:18.28 23/03/2017 Finn Seeds, Hutt Interna			
Name	Year	Team	Finals
1 Meiklejohn, Matthew		Silverstream	4:30.55
2 Healy, Oliver		Wellington College	4:42.28
3 Angammana, Ovin		Scots College	4:43.22
4 Wallace, James		Silverstream	4:53.98
5 Sadguna, Gokul		HIBS	5:01.84
6 Barton, Harry		Rongotai College	5:03.42
7 Campbell, Wilder		Wellington College	5:12.01

Event 156 Boys 1500 Meter Run Intermediate

Record: R 4:03.63 2008 Noah Barrett, Scots College			
Name	Year	Team	Finals
1 Pescini, Tom		Wellington College	4:25.51
2 Lester, Guy		Scots College	4:27.67
3 Hyink, Leo		Hutt Valley	4:27.89
4 Millar, Hugo		HIBS	4:31.36
5 Maclean, Lachlan		St Pat's Town	4:35.38
6 Thompson, Isaac		Wellington College	4:35.64

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 156 Boys 1500 Meter Run Intermediate**

7 Waldrom, Bair	Silverstream	4:37.49
8 Kimber, Ben	Hutt Valley	4:38.88
9 Robinson, Henry	Wellington College	4:38.94
10 Campion, Sebastian	Rongotai College	4:41.04
11 Robinson, Finley	Silverstream	4:49.78

Event 159 Boys 1500 Meter Run Senior

Record: R 3:53.90 30/03/2021 William Anthony, Scots Coll			
Name	Year	Team	Finals

1 Gunregjav-Willers, Jaguu	St Pat's Town	4:26.29
2 Reddy, Desmond	Rongotai College	4:36.48
3 Stallard, Bernard	St Pat's Town	4:37.09
4 Hopfler, Logan	Wellington College	4:50.54
5 Kyle, Casey	HIBS	4:50.67

Event 160J Boys 110 Meter Hurdles 0.914m Senior

Record: R 15.04 2009 Matthew Proctor, St Pat's Town				
Name	Year	Team	Finals	Wind

1 Robertson, Asher	HIBS	15.66	0.5
2 Soro, Alipate	St Pat's Town	16.61	0.5
3 Arthur, Conor	Silverstream	17.38	0.5
4 Barber, Matthew	St Pat's Town	18.34	0.5
5 Burwell-Garratt, Aston	Rongotai College	18.58	0.5

Event 161L Boys 100 Meter Hurdles 0.838m Intermediate

Record: R 13.73 2003 Nicholas Kalavati, Silverstream				
Name	Year	Team	Finals	Wind

1 Mettrick, Raphael	St Pat's Town	16.18	0.1
2 Ranchord, Nikhil	Wellington College	16.23	0.1
3 Lim, Samuel	St Pat's Town	19.34	0.1

Event 168N Boys 80 Meter Hurdles 0.762m Junior

Record: R 11.48 2007 Manaia Walker-Tepania, Aotea				
Name	Year	Team	Finals	Wind

1 Reiterer, Urban	Wellington College	12.85	-0.5
2 Tuiano, Legacy	Silverstream	13.08	-0.5
3 Perrot-Lealamanua, Knigh	St Pat's Town	13.33	-0.5
4 Aoina, Chester	Silverstream	13.99	-0.5
5 Finau, Takaetali	Wellington College	14.57	-0.5
6 Kendrick, Lucas	Rongotai College	15.40	-0.5
7 Congdon, Marlee	St Pat's Town	15.93	-0.5
8 Kreuzer, Duncan	Paraparaumu College	17.37	-0.5

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 171J Boys 4x100 Meter Relay Senior**

Record: R 43.63 2007 , Wellington College		
Team		Finals
1 St Patrick's College Town 'A'		44.35
2 Wellington College 'A'		45.30
3 Rongotai College 'A'		46.42
4 St Bernard's College 'A'		48.91

Event 171L Boys 4x100 Meter Relay Intermediate

Record: R 44.60 2014 St Pat's Town, St Pat's Town		
Team		Finals
1 Wellington College 'A'		46.67
2 St Patrick's Silverstream 'A'		47.03
3 St Patrick's College Town 'A'		49.17
4 Kapiti College 'A'		49.91

Event 171N Boys 4x100 Meter Relay Junior

Record: R 46.95 2012 St Pat's Town, St Pat's Town		
Team		Finals
1 Wellington College 'A'		47.13
2 St Patrick's Silverstream 'A'		52.20
3 Kapiti College 'A'		52.40
4 Scots College 'A'		53.28
5 St Bernard's College 'A'		53.35

Event 171X Mixed 4x100 Meter Relay Senior

Team		Finals
1 Paraparaumu College 'A'		47.38
2 Kapiti College 'A'		49.11

Event 184 Boys 800 Meter Run Junior

Record: R 2:03.33 23/03/2017 Finn Seeds, Hutt Interna		
Name	Year Team	Finals
1 Meiklejohn, Matthew	Silverstream	2:04.06
2 Healy, Oliver	Wellington College	2:09.93
3 Tilbury, Billy	Tawa College	2:13.88
4 Bowen, Connor	Scots College	2:14.42
5 Smith, Charlie	St Pat's Town	2:20.57
6 Hayne, Reuben	HIBS	2:20.77
7 Politini, Oscar	Rongotai College	2:22.38
8 Wynford, Daylin	Tawa College	2:22.66
9 Crown, Max	Silverstream	2:23.65
10 Robinson, Korbin	Kapiti College	2:26.67

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 186 Boys 800 Meter Run Intermediate**

Record: R 1:57.85 2013 Josh Ledger, Hutt Internati			
Name	Year	Team	Finals
1 James, Xavier		Wellington College	2:04.00
2 Lester, Guy		Scots College	2:05.79
3 Brook, Toby		Wellington College	2:06.90
4 Lane, Toby		Kapiti College	2:10.10
5 Ellwood, Henry		Wellington College	2:17.02
6 Hobbs, Charlie		Silverstream	2:18.87
7 Summerville-Murray, Roma		Silverstream	2:24.93
8 McDougall, Charles		St Pat's Town	2:27.26

Event 189 Boys 800 Meter Run Senior

Record: R 1:55.50 2011 K McDonald, Scots College			
Name	Year	Team	Finals
1 Gunregjav-Willers, Jaguu		St Pat's Town	1:55.39R
2 Hopfler, Logan		Wellington College	1:58.39
3 Stallard, Bernard		St Pat's Town	2:03.23
4 Millar, Lachlan		HIBS	2:09.19
5 Madge, Carter		Paraparaumu College	2:11.15
6 Galloway, Otis		Rongotai College	2:12.29
7 Ray, Joshua		Paraparaumu College	2:14.06
8 Walkinshaw, Caleb		Silverstream	2:18.16
9 Jones, Samuel		Rongotai College	2:24.93

Event 214 Boys High Jump Start-1.40m Junior

Record: R 1.80m 2008 H Walker-Tepania, Aotea Colle			
Name	Year	Team	Finals
1 Filemu, Zaiden		Scots College	1.71m
1.50 1.55 1.60 1.65 1.68 1.71 1.75			
O O O O XO XXX			
2 Johnson-walker, Lennox		Silverstream	1.68m
1.50 1.55 1.60 1.65 1.68 1.71			
O O XXO O XO XXX			
3 Faafoi-Rogers, Fred		Wellington College	1.65m
1.45 1.50 1.55 1.60 1.65 1.68			
O O O XO O XXX			
4 Solo, Cedrick		Scots College	1.55m
1.40 1.45 1.50 1.55 1.60			
O O O O XXX			
4 Telea, Taua		Rongotai College	1.55m
1.40 1.45 1.50 1.55 1.60			
O O O O XXX			
6 Reiterer, Urban		Wellington College	J1.55m
1.45 1.50 1.55 1.60			
O O XO XXX			
7 Hutchings, Byron		Kuranui College	1.50m
1.40 1.45 1.50 1.55			
O XO O XXX			

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 216 Boys High Jump Start - 1.45 Intermediate**

Record: R 1.92m 26/03/2024 Rico Poutama, Paraparaumu Col						
Name	Year Team					Finals
1 Ioapo, Caeden	Rongotai College					1.70m
	1.50	1.55	1.60	1.65	1.70	1.75
	O	O	O	O	O	XXX
2 Bell, George	Wellington College					J1.70m
	1.60	1.65	1.70	1.75		
	O	O	XO	XXX		
3 Holden, Raffi	Wellington High					1.65m
	1.60	1.65	1.70			
	O	XO	XXX			
4 Dye, Ben	Wellington College					J1.65m
	1.55	1.60	1.65	1.70		
	O	O	XXO	XXX		
5 Fairbrother, Monty	Rathkeale College					J1.65m
	1.55	1.60	1.65	1.70		
	O	XO	XXO	XXX		
6 Winiata, Boston	Paraparaumu College					1.60m
	1.45	1.50	1.55	1.60	1.65	
	XO	O	XO	XXO	XXX	
7 Campbell, Tyler	HIBS					1.55m
	1.50	1.55	1.60			
	O	XO	XXX			
7 Townend, Patrick	Wellington College					1.55m
	1.50	1.55	1.60			
	O	XO	XXX			

Event 219 Boys High Jump Start - 1.50 Senior

Record: R 2.03m 26/03/2024 Hugo Jones, Scots College						
Name	Year Team					Finals
1 Wills, Clayton	Wellington College					1.80m
	1.70	1.75	1.80	1.85		
	O	XO	O	XXX		
2 Robertson, Asher	HIBS					1.75m
	1.70	1.75	1.80			
	O	O	XXX			
2 Guthrie-Thiel, Mylo	HIBS					1.75m
	1.70	1.75	1.80			
	O	O	XXX			
4 Jackson, Lenn	Rongotai College					1.70m
	1.65	1.70	1.75			
	O	XO	XXX			
4 Campbell-Evans, Te Ao	St Bernard's					1.70m
	1.50	1.60	1.65	1.70	1.75	
	O	O	O	XO	XXX	
-- Cosgrave, Lebron	St Pat's Town					NH
	1.60	1.65				
	XX	X				
-- Young, Ben	Rongotai College					NH
	1.65					
	XXX					

College Sport Wellington Regional Championships 2025 - 20/03/2025
Newtown Park Stadium, Wellington
Results
Event 234 Boys Long Jump Junior

Record: R 5.97m 2007 H Walker-Tepania, Aotea College						
Name	Year	Team	Finals	Wind		
1 Atkin, Zachary		Rongotai College	5.59m	NWI		
5.34m(NWI)	5.59m(NWI)	5.26m(NWI)	X	5.16m(NWI)	5.13m(NWI)	
2 Salig, Shane		Silverstream	5.25m	NWI		
4.89m(NWI)	5.05m(NWI)	4.81m(NWI)	5.25m(NWI)	X	4.43m(NWI)	
3 Solo, Cedrick		Scots College	5.13m	NWI		
5.11m(NWI)	5.07m(NWI)	5.13m(NWI)	X	4.95m(NWI)	X	
4 Craft-Pio, Xavier		Aotea College	4.92m	NWI		
4.74m(NWI)	4.92m(NWI)	X	4.74m(NWI)	X	4.37m(NWI)	
5 Nguyen, Daniel		St Pat's Town	4.79m	NWI		
4.47m(NWI)	4.72m(NWI)	4.79m(NWI)	4.61m(NWI)	4.60m(NWI)	4.59m(NWI)	
6 Aoia, Chester		Silverstream	4.59m	NWI		
4.21m(NWI)	4.59m(NWI)	4.33m(NWI)	4.33m(NWI)	X	3.98m(NWI)	
7 Ehrmann, Luis		Wellington College	4.54m	NWI		
4.37m(NWI)	4.54m(NWI)	4.48m(NWI)				

Event 236 Boys Long Jump Intermediate

Record: R 6.61m 23/03/2017 Roderick Solo, Scots College						
Name	Year	Team	Finals	Wind		
1 Ross, Jacob		Wairarapa College	5.89m	NWI		
5.31m(NWI)	5.65m(NWI)	5.68m(NWI)	4.51m(NWI)	5.79m(NWI)	5.89m(NWI)	
2 McDonald, Leevae		Wellington College	5.56m	NWI		
5.41m(NWI)	5.51m(NWI)	5.51m(NWI)	X	5.51m(NWI)	5.56m(NWI)	
3 Martin, Luka		Wellington College	5.50m	NWI		
5.38m(NWI)	5.39m(NWI)	X	5.18m(NWI)	5.50m(NWI)	5.32m(NWI)	
4 Linehan, Tom		Heretaunga College	5.35m	NWI		
5.19m(NWI)	5.16m(NWI)	5.35m(NWI)	X	5.35m(NWI)	X	
5 Yannetta, Cameron		Kapiti College	5.33m	NWI		
X	5.01m(NWI)	5.33m(NWI)	4.99m(NWI)	5.01m(NWI)	4.48m(NWI)	
6 Purea-Hopokingi, Cayne		St Pat's Town	4.94m	NWI		
X	X	X	X	4.94m(NWI)	X	

Event 239 Boys Long Jump Senior

Record: R 6.78m 12/03/2020 Roderick Solo, Scots College						
Name	Year	Team	Finals	Wind		
1 Robertson, Asher		HIBS	6.68m	NWI		
6.68m(NWI)	6.63m(NWI)	X	X	6.53m(NWI)	6.53m(NWI)	
2 Kwan, Regan		Wellington College	6.34m	NWI		
6.07m(NWI)	6.00m(NWI)	6.34m(NWI)	6.20m(NWI)	5.54m(NWI)	5.95m(NWI)	
3 Poutama, Rico		Wellington College	6.20m	NWI		
6.02m(NWI)	6.06m(NWI)	6.02m(NWI)	6.03m(NWI)	6.20m(NWI)	6.02m(NWI)	
4 Griffin, Dara		Scots College	6.12m	NWI		
5.50m(NWI)	6.02m(NWI)	4.98m(NWI)	5.78m(NWI)	6.12m(NWI)	6.06m(NWI)	
5 Cowan, Fletcher		Rongotai College	5.70m	NWI		
5.70m(NWI)	5.30m(NWI)	5.26m(NWI)	5.49m(NWI)	5.35m(NWI)	5.68m(NWI)	
6 Williams, Jack		Naenae College	4.55m	NWI		
4.51m(NWI)	4.52m(NWI)	4.08m(NWI)	4.55m(NWI)	3.59m(NWI)	3.52m(NWI)	

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 239A Boys Long Jump AWD**

Name	Year Team	Finals	Wind
1 O'Brien, Albert	Onslow College	4.19m	NWI
3.77m(NWI) 3.83m(NWI) 4.19m(NWI)			
2 Time, Levi	Wainuiomata	3.45m	NWI
2.98m(NWI) 3.22m(NWI) 3.45m(NWI)			
3 Waenga, Nigel	Wainuiomata	3.12m	NWI
2.67m(NWI) 3.12m(NWI) 3.12m(NWI)			
4 Johnson, Edouard (Eddy)	Onslow College	2.80m	NWI
2.55m(NWI) 2.40m(NWI) 2.80m(NWI)			

Event 244 Boys Triple Jump Junior

Record: R 12.20m 12/03/2020 Ryan Mallon, St Pat's Town			
Name	Year Team	Finals	Wind
1 Tupai, Nova	Wellington College	11.39m	NWI
10.92m(NWI) 11.39m(NWI) 11.20m(NWI) 10.80m(NWI) X			10.22m(NWI)
2 Gardiyawasam, Rocky	Wellington College	11.14m	NWI
X 11.14m(NWI) X X 10.78m(NWI) 10.40m(NWI)			
3 Nguyen, Daniel	St Pat's Town	10.45m	NWI
10.15m(NWI) 10.02m(NWI) 10.45m(NWI) X 10.43m(NWI)			
4 Rivers, Cyrus	Rongotai College	10.22m	NWI
9.99m(NWI) 9.95m(NWI) 9.95m(NWI) 10.22m(NWI) 9.83m(NWI) 9.82m(NWI)			
5 Kreuzer, Duncan	Paraparaumu College	10.15m	NWI
10.15m(NWI) X 9.33m(NWI) X X X			
6 Orbell, Sebastian	Scots College	9.90m	NWI
9.63m(NWI) 9.90m(NWI) 9.87m(NWI) 9.66m(NWI) 9.48m(NWI)			

Event 246 Boys Triple Jump Intermediate

Record: R 13.41m 2006 R Aphane, Scots College			
Name	Year Team	Finals	Wind
1 McDonald, Leevae	Wellington College	11.91m	NWI
10.53m(NWI) 10.88m(NWI) 11.57m(NWI) 11.48m(NWI) 11.91m(NWI) 11.74m(NWI)			
2 Fairbrother, Monty	Rathkeale College	11.72m	NWI
11.70m(NWI) 11.41m(NWI) 11.31m(NWI) 11.72m(NWI) 11.37m(NWI) 11.66m(NWI)			
3 Fidow, Samuel	St Pat's Town	11.43m	NWI
10.95m(NWI) 10.67m(NWI) X 10.78m(NWI) 10.60m(NWI) 11.43m(NWI)			
4 Minhinick, Kingston	Silverstream	10.87m	NWI
10.87m(NWI) 10.45m(NWI) 10.74m(NWI) 10.67m(NWI) 10.50m(NWI) 10.06m(NWI)			
5 Alderdice, Bowie	Kapiti College	10.82m	NWI
10.71m(NWI) 10.26m(NWI) 10.82m(NWI) X 10.37m(NWI) X			
6 Snarski-Gyles, Arlo	Wellington College	10.44m	NWI
X 9.77m(NWI) X 10.44m(NWI) 9.89m(NWI) X			
-- Porea-Hopokingi, Cayne	St Pat's Town	FOUL	
X X X			

Event 249 Boys Triple Jump Senior

Record: R 13.69m 1993 V Poutawera, Newlands College			
Name	Year Team	Finals	Wind

College Sport Wellington Regional Championships 2025 - 20/03/2025

Newtown Park Stadium, Wellington

Results

....Event 249 Boys Triple Jump Senior

1	Poutama, Rico	Wellington College	12.71m	NWI
	12.71m(NWI) X	12.43m(NWI) X	12.31m(NWI)	12.46m(NWI)
2	Kwan, Regan	Wellington College	12.26m	NWI
	X	12.26m(NWI)		
3	Cowan, Fletcher	Rongotai College	11.71m	NWI
	11.60m(NWI)	11.42m(NWI)	11.46m(NWI)	11.62m(NWI) X
4	Johanning, Erik	Paraparaumu College	11.25m	NWI
	10.76m(NWI) X	11.02m(NWI)	11.25m(NWI) X	X

Event 254 Boys Shot Put 4.000kg Junior

Record: R 14.59m 1997 Thomas Waldrom, Silverstream				
Name	Year	Team	Finals	
1 Davidson, Mataio		Rongotai College	12.01m	
	12.01m	11.37m	11.89m	10.65m
2 Mullane-Ronaki, Ngatoa		Rongotai College	11.73m	
	11.73m	11.51m	11.68m	11.66m
3 Leiataua, Se'eti		St Bernard's	11.23m	
	10.06m	10.70m	10.42m	10.49m
4 McCabe, Jimmy		St Pat's Town	10.67m	
	10.67m	9.29m	9.84m	9.42m
5 Cusin-Tavite, Giovanni		Silverstream	10.43m	
	10.43m	9.77m	10.21m	8.36m
6 Meredith-Faletolu, Alaza		Scots College	9.94m	
	8.17m	9.62m	9.75m	X
7 Triggs, August		Scots College	9.60m	
	8.67m	8.40m	9.60m	
8 Tupou, Malakai		Scots College	9.34m	
	X	X	9.34m	

Event 256 Boys Shot Put 5.000kg Intermediate

Record: R 16.02m 2003 Victor Vito, Scots College				
Name	Year	Team	Finals	
1 Tuimavave, TJ		St Pat's Town	12.64m	
	11.93m	12.08m	12.64m	11.62m
2 Faleafaga, Wayve		St Pat's Town	12.20m	
	11.97m	11.77m	10.94m	11.71m
3 O'Donnell-Russell, Tian		St Pat's Town	10.88m	
	9.24m	X	10.88m	10.72m
4 Fonohea, Samiu		Silverstream	10.63m	
	9.67m	10.63m	9.72m	10.43m
5 Fa'amausili, Samuelu		St Pat's Town	10.46m	
	9.21m	9.95m	10.46m	9.17m
5 Tafili, Samson		Rongotai College	10.46m	
	10.45m	10.46m	10.30m	10.42m
7 Finau, Tomiteau		Wellington College	10.00m	
	9.09m	10.00m	9.74m	
8 Hopkinson, Joe		Wellington College	9.71m	
	9.67m	9.71m	X	

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 259 Boys Shot Put 5.000kg Senior**

Record: R 18.32m 2015 Ben Power, HIBS									
Name		Year		Team				Finals	
1	Fata Tolai, Kace								15.55m
	13.15m	14.20m	15.55m	13.95m	11.94m	13.81m			
2	Aukusitino, Ioane								13.29m
	12.59m	13.29m	12.86m	X	13.23m	12.18m			
3	Lo, Brandon								12.47m
	11.57m	12.03m	X	12.26m	12.47m	12.34m			
4	Sola, Soni								11.62m
	10.55m	11.41m	11.47m	10.46m	10.36m	11.62m			
5	King, Zion								11.57m
	11.48m	11.13m	11.57m	11.11m	10.59m	11.46m			
6	Baum, Toby								9.01m
	8.58m	8.75m	8.06m	8.33m	8.04m	9.01m			

Event 259A Boys Shot Put 5.000kg AWD

Name	Year	Team					Finals
1 Uili, Sika		Hutt Valley					10.10m
	7.70m	10.10m	8.70m				
2 Nuttridge-Ferguson, Karn		Kapiti College					7.80m
	6.55m	6.60m	7.80m				
3 Dickson, Pomare		Newlands College					6.40m
	6.06m	5.92m	6.40m				
4 Dunbar, Lachie		Wairarapa College					5.90m
	5.15m	5.90m	4.86m				
5 Donohue-Braas, Te Whero		Rongotai College					5.81m
	5.45m	5.47m	5.81m				
6 Ihaka, Mikaere		Taita College					5.30m
	5.30m	4.82m	4.30m				

Event 264 Boys Discus Throw 1.000kg Junior

Record: R 49.40m 2016										Zion Trigger Faitele, St Pat											
Name					Year					Team					Finals						
=====																					
1		Waldrom, Kade										Silverstream					40.07m				
		38.86m		40.07m		38.90m		X		38.72m		37.28m									
2		Meredith-Faletolu, Alaza										Scots College					39.42m				
		37.54m		39.42m		34.45m		34.87m		35.62m		X									
3		Onesemo, Taitum										St Pat's Town					36.07m				
		30.12m		32.68m		X		36.07m		31.97m		X									
4		Stowers, Charlie										Silverstream					33.21m				
		32.11m		X		32.53m		30.38m		33.21m		25.82m									
5		Cusin-Tavite, Giovanni										Silverstream					32.87m				
		29.73m		32.87m		31.14m		32.81m		X		23.69m									
6		Perrot-Lealamanua, Knigh										St Pat's Town					32.60m				
		X		32.60m		X		29.77m		X		X									
7		Waterhouse, Connor										Aotea College					31.27m				
		X		23.50m		31.27m															
8		Uili, Avy										St Bernard's					30.17m				
		X		X		30.17m															

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 264 Boys Discus Throw 1.000kg Junior**

9 Pearson-Harkness, Bailey Wellington College 28.47m
 25.19m 24.89m 28.47m

Event 266 Boys Discus Throw 1.250kg Intermediate

Record: R 54.80m 2011			Nelson Asofa-Solomona, Welli		
Name	Year	Team	Finals		
1 Waldrom, Troy		Silverstream	43.36m		
43.10m X X 38.36m 41.29m 43.36m					
2 Sharkey, Conor		Silverstream	36.71m		
35.54m 34.01m 34.32m 35.14m 36.71m X					
3 Tuimavave, TJ		St Pat's Town	36.31m		
X X 35.03m X 36.31m X					
4 Winiata, Boston		Paraparaumu College	34.85m		
34.85m X 29.35m 30.55m X X					
5 Thomas, Felix		Aotea College	32.88m		
30.99m 29.46m 26.15m 26.12m 32.88m 32.45m					
6 Hopkinson, Joe		Wellington College	32.78m		
30.74m X 26.22m 32.78m 32.75m X					
7 Valu, Tupe		Wellington College	29.45m		
X 27.85m 29.45m					
8 Sihane-Hune, Olu		St Pat's Town	29.29m		
29.29m X X					
9 Mitchell, Silas		Kapiti College	26.57m		
26.57m X 20.49m					
10 Moore, Jakob		Mana College	25.74m		
25.74m X X					
11 Robertson, Luken		HIBS	25.01m		
X 25.01m X					

Event 269 Boys Discus Throw 1.500kg Senior

Record: R 54.48m 1996			S Sola, Rongotai College		
Name	Year	Team	Finals		
1 Tiimalu, Nelsson		St Pat's Town	50.56m		
46.48m 46.81m 50.05m 50.41m 50.56m 50.11m					
2 To'omaga Tapuai, Lui		Aotea College	39.52m		
35.29m 35.93m 39.52m 36.41m 34.79m X					
3 Fata Tolai, Kace		Wellington College	38.90m		
31.36m 38.90m 34.16m 32.49m 31.43m X					
4 Seaboryne, Jax		Rongotai College	38.82m		
38.82m X X 33.27m 34.92m X					
5 Carey, Zach		Heretaunga College	34.95m		
X 25.18m 22.33m 34.95m 23.54m X					
6 Powell-Young, Layton Joh		Scots College	32.52m		
32.52m X X 31.77m 28.83m 31.39m					

Event 269A Boys Discus Throw 1.500kg AWD

Name	Year	Team	Finals		
1 Nuttridge-Ferguson, Karn		Kapiti College	20.93m		
20.93m X 18.30m					

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 269A Boys Discus Throw 1.500kg AWD**

2	Dunbar, Lachie	Wairarapa College	14.04m
	10.85m X 14.04m		
3	Dickson, Pomare	Newlands College	12.09m
	X 12.09m X		
4	Donohue-Braas, Te Whero	Rongotai College	10.32m
	X 10.32m X		
5	Ihaka, Mikaere	Taita College	9.91m
	8.72m 9.10m 9.91m		
6	Trelayne, Malakai	Taita College	9.69m
	X 9.69m 8.78m		
--	Bennett, Jaxon	Heretaunga College	FOUL
	X X X		
--	Koloa, Joe	Wainuiomata	FOUL
	X X X		

Event 284 Boys Javelin Throw 600g Junior

Record: R 43.68m 1987				C Richard, Bishop Viard		
Name	Year	Team	Finals			
1 Sternagel-Silao, Connor		Wellington College	36.54m			
32.06m 28.41m 30.71m	32.59m	35.48m 36.54m				
2 Waldrom, Kade		Silverstream	34.96m			
29.15m 28.27m 33.08m	34.96m	32.74m 34.60m				
3 Davidson, Mataio		Rongotai College	32.90m			
29.18m 32.90m 28.78m	31.40m	X 31.05m				
4 Baguley, Theo		Wellington College	29.14m			
25.43m X 26.90m 26.86m	28.54m	29.14m				
5 Seu, Feka		St Pat's Town	28.68m			
27.72m 20.01m 28.68m	X	28.16m X				
6 Caibigan, Nj		Paraparaumu College	27.11m			
26.95m X 25.78m 27.11m	X	20.30m				
7 Stowers, Charlie		Silverstream	26.10m			
26.10m X X						
8 Miller, Jackson		Rongotai College	25.54m			
23.35m 25.54m 22.86m						
9 Rylan, Lewis-Waitere		Wairarapa College	22.88m			
X X 22.88m						

Event 286 Boys Javelin Throw 700g Intermediate

Record: R 56.36m 1990										A Stowers, Silverstream			
Name		Year		Team						Finals			
1	Ross, Alex				Silverstream				38.85m				
	37.46m	37.30m	31.43m	38.85m	X	36.60m							
2	Dye, Ben				Wellington College				37.99m				
	37.99m	X	X	X	X	X							
3	van Onselen, Oscar				Silverstream				37.80m				
	33.56m	33.65m	X	33.43m	32.23m	37.80m							
4	Mettrick, Raphael				St Pat's Town				35.22m				
	35.22m	X	34.04m	X	32.12m	X							
5	Bracewell, Thomas				St Pat's Town				33.16m				
	X	26.39m	31.14m	32.30m	31.63m	33.16m							

College Sport Wellington Regional Championships 2025 - 20/03/2025
Newtown Park Stadium, Wellington
Results
....Event 286 Boys Javelin Throw 700g Intermediate

6 Taouma, Cooper	St Pat's Town	31.57m
X X 31.57m X X X		
7 Tawhiri, Codie	Rongotai College	26.66m
X X 26.66m		
-- Bumby, Angus	Wellington College	FOUL
X X X		

Event 289 Boys Javelin Throw 700g Senior

Record: R 64.62m 1992 A Stowers, Silverstream					
Name	Year	Team	Finals		
1 Gray, George		Wellington College	53.54m		
43.17m 53.54m 51.02m X	X	51.25m			
2 Powell-Young, Layton Joh		Scots College	46.95m		
39.68m 46.95m 45.10m X	X	41.26m			
3 Mettrick, Dominic		St Pat's Town	41.73m		
29.52m 29.96m X 35.34m		36.09m 41.73m			
4 Aukusitino, Ioane		St Pat's Town	40.95m		
32.60m 40.95m X 35.92m	X	34.59m			
5 Sims, Archie		Wellington College	38.96m		
38.96m X 37.87m X X X					
6 Robinson, TJ		Rongotai College	34.17m		
34.17m 32.30m X X 29.44m	X				
7 Tafiti Tupuivao, Jeremy		Porirua College	29.97m		
29.97m 28.30m X					
8 Baum, Toby		Kapiti College	29.12m		
23.04m 16.58m 29.12m					
9 Pei, William		Porirua College	29.10m		
X 29.10m X					
10 Otani, Ryoma		Rathkeale College	28.16m		
X 28.16m X					
11 Haywood, George		Scots College	25.10m		
25.10m 21.41m X					

Event 289A Boys Javelin Throw 700g AWD

Name	Year	Team	Finals
1 Dunbar, Lachie		Wairarapa College	11.20m
10.57m 10.02m 11.20m			
-- Donohue-Braas, Te Whero		Rongotai College	FOUL
X X X			
-- Ahern, Jesse		Aotea College	FOUL
X X			

Event 314 Girls 100 Meter Run Junior

Record: R 12.70 1978 S Harrison, Naenae College					
Name	Year	Team	Finals	Wind	H#
1 Paese, Monica		Marsden	13.23	-0.5	2
2 Willis, Phoebe		Hutt Valley	13.59	-0.5	2
3 Curtis, Keira-El		Scots College	13.62	-0.5	2
4 Tagoai, Danii		Scots College	13.69	-0.5	2

College Sport Wellington Regional Championships 2025 - 20/03/2025

Newtown Park Stadium, Wellington

Results

....Event 314 Girls 100 Meter Run Junior

5	Epiha-Hall, Rakapa	QMC	13.71	-0.5	2
6	Goodger, Kendyl	Wairarapa College	13.82	2.3	1
7	Leti, Mamo	Mana College	14.00	-0.5	2
8	Roil, Leah-Ray	Sacred Heart	14.07	2.3	1
9	Terry, Blake	Scots College	14.08	2.3	1
10	Bishop, Gia	Mana College	14.14	-0.5	2
10	Shipman, Millie	Marsden	14.14	-0.5	2
12	Forster, Brooke	Whitby Collegiate	14.16	2.3	1
13	Sitana-Vargas, Emilia	St Matthews	14.31	2.3	1
14	Harris, Amelia	St Oran's College	14.53	-0.5	2
15	Askevold, Carlotta	Onslow College	14.71	2.3	1
16	Ford, Isabella	Whitby Collegiate	14.81	2.3	1
17	Fagaloa-Smith, Malia	St Catherine's	14.85	2.3	1
18	Shen, Dora	QMC	16.19	2.3	1

Event 316 Girls 100 Meter Run Intermediate

Record: R 12.40 20/09/2022 Niamh Gedy, Paraparaumu College

Name	Year Team	Finals	Wind	H#
1 Goodman, Daisy	Paraparaumu College	13.15	-1.1	2
2 Mason, Eve	Paraparaumu College	13.39	-1.1	2
3 Bond, Ella	QMC	13.63	-1.1	2
4 Paku, Sophie	Wellington G	13.73	-1.1	2
5 Mear, Ella	Kapiti College	13.82	-1.1	2
6 Letoa-Tuala, Sienna	Whitby Collegiate	13.94	-1.1	2
7 Simonsen, Kalia	Wellington G	14.00	-0.8	1
8 McKinney, Abby	Wellington G	14.01	-1.1	2
9 Vaaua-Sua, Rosaleilah	WEGC	14.08	-0.8	1
10 Tonkin, Ciara	Tawa College	14.15	-0.8	1
10 Gazley, Cleo	Marsden	14.15	-1.1	2
12 Fitzsimons, Zara	St Oran's College	14.32	-0.8	1
13 Cameron, Ella	Chilton	14.39	-0.8	1
14 Burt, Milana	Sacred Heart	14.42	-0.8	1
15 Ropati, Ruby	Scots College	14.72	-0.8	1
16 Guershom, Naomi	St Mary's College	14.80	-1.1	2
17 Woodside, Jessica	Aotea College	14.84	-0.8	1

Event 319 Girls 100 Meter Run Senior

Record: R 11.80 1978 F Freakley, Naenae College

Name	Year Team	Finals	Wind	H#
1 Meroiti, Baylee	Tawa College	13.40	1.8	2
2 Paviour-Smith, Sophia	QMC	13.56	1.8	2
3 Stevens, Summer	Paraparaumu College	13.74	1.8	2
4 Harris, Bella	St Oran's College	13.84	-1.5	1
5 Ropitini, Jada	St Oran's College	14.02	-1.5	1
6 Webb, Miranda	Kapiti College	14.06	1.8	2
7 Lucas, Grace	Wellington G	14.52	-1.5	1
8 Mapendere, Nokutenda	Naenae College	14.77	-1.5	1
9 Mitchell, Lauren	Hutt Valley	15.09	-1.5	1
10 Fructus Kobayashi, Aliso	Hutt Valley	15.94	-1.5	1

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 319A Girls 100 Meter Run AWD**

Name	Year Team	Finals	Wind
1 Troke, Amelia	Wairarapa College	16.10	2.0
2 Perry, Jenny	Wairarapa College	20.24	2.0
3 Geary, Orlaith	Solway College	20.88	2.0
4 Jones, Breana-Tayla	Mana College	21.22	2.0
5 Teal, Jaslyn	Newlands College	25.83	2.0

Event 324 Girls 200 Meter Run Junior

Record: R 26.24 1993		H Rhoades, Hutt Valley High	
Name	Year Team	Finals	Wind
1 Paese, Monica	Marsden	26.80	0.3
2 Alaifea, Iite	WEGC	26.91	0.3
3 Willis, Phoebe	Hutt Valley	27.19	0.3
4 Shipman, Millie	Marsden	28.15	0.3
5 Dickson, Poppy	St Mary's College	29.02	0.3
6 Forster, Brooke	Whitby Collegiate	29.60	0.3
7 Roil, Leah-Ray	Sacred Heart	30.43	0.3

Event 326 Girls 200 Meter Run Intermediate

Record: R 25.52 1988		Kirsten Wilson, Hutt Valley High	
Name	Year Team	Finals	Wind
1 Goodman, Daisy	Paraparaumu College	26.89	0.6
2 Gouws, Anzelle	St Matthews	27.00	0.6
3 Mason, Eve	Paraparaumu College	27.22	0.6
4 Bond, Ella	QMC	27.37	0.6
5 Paku, Sophie	Wellington G	27.89	0.6
6 Dent, Elodie	WEGC	28.53	0.6
7 Sutton, Taylor	St Mary's College	28.99	0.6
8 Gazley, Cleo	Marsden	29.44	0.6

Event 329 Girls 200 Meter Run Senior

Record: R 25.10 1986		J Coulter, Samuel Marsden	
Name	Year Team	Finals	Wind
1 Kilmister, Sacha	Kapiti College	26.06	0.6
2 James, Holly	WEGC	27.75	0.6
3 Paviour-Smith, Sophia	QMC	28.05	0.6
4 Nicholson, Briar	Wellington G	28.39	0.6
5 Harris, Bella	St Oran's College	29.09	0.6
6 Bir, Brianna	Newlands College	30.05	0.6

Event 329A Girls 200 Meter Run AWD

Name	Year Team	Finals	Wind
1 Troke, Amelia	Wairarapa College	33.36	-0.1
2 Holmes, Ruby	Heretaunga College	36.10	-0.1
3 Geary, Orlaith	Solway College	43.94	-0.1
4 Perry, Jenny	Wairarapa College	43.96	-0.1

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 334 Girls 3000 Meter Run Junior**

Record: R 10:17.54 30/03/2021 Poppy Rae-Mcgregor, Parapa			
Name	Year	Team	Finals
1 Thomson, Mia		Scots College	10:02.66R
2 Thurston, Isobel		Wellington G	10:29.80
3 Dapas, Isla		Marsden	11:02.98
4 Gregory, Scarlett		Kapiti College	11:03.57
5 Hunt, Isabelle		Chilton	11:03.58
6 Sims, Phoebe		Marsden	11:08.87
7 von Dadelszen, Mei		Newlands College	11:32.58
8 Matthews, Emily		Scots College	11:37.87

Event 336 Girls 3000 Meter Run Intermediate

Record: R 9:39.68 9/03/2016 Phoebe McKnight, Hutt Valle			
Name	Year	Team	Finals
1 McDowell, Olivia		Kapiti College	10:11.27
2 Hilton, Zoe		Raphael House	10:50.00
3 Johnstone, Emily		Paraparaumu College	13:21.75

Event 339 Girls 3000 Meter Run Senior

Record: R 9:38.69 14/03/2019 Kirsty Rae, WEGC			
Name	Year	Team	Finals
1 Maclean, Maddison		St Mary's College	10:28.02
2 Hannah, Lucy		QMC	10:34.46
3 Holden, Maia		Wellington G	10:39.65
4 McGrath, Gwen		Sacred Heart	11:04.16

Event 344 Girls 300 Meter Run Junior

Record: R 42.70 20/09/2022 Sacha Kilmister, Kapiti Colle			
Name	Year	Team	Finals
1 Green, Anna		Hutt Valley	42.66R
2 Mazey, Amelia		Aotea College	45.32
3 Filo-Smith, Liciya-Peach		WEGC	45.40
4 Gilmour, Abigail		St Mary's College	45.83
5 Cox, Ewa-Marie		Solway College	46.89 Comp JB300
6 Martin, Brooke		QMC	47.04
7 Peregrine, Manna		Paraparaumu College	49.92
8 Benson, Elizabeth		Chilton	50.37
9 Elmiger, Maggie		St Mary's College	54.28

Event 346 Girls 400 Meter Run Intermediate

Record: R 58.40 1991 K Brewer, Tawa			
Name	Year	Team	Finals
1 Dent, Elodie		WEGC	1:03.12
2 Sutton, Taylor		St Mary's College	1:07.12
3 Fisher, Violet		Solway College	1:07.16
4 Forster, Emily		Hutt Valley	1:07.67

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 346 Girls 400 Meter Run Intermediate**

5 Velvin, Willa	QMC	1:08.29
6 Wong, Xanthe	Wellington G	1:08.54
7 Ropati, Ruby	Scots College	1:17.89

Event 349 Girls 400 Meter Run Senior

=====			
Record: R 57.00	1977	Karla Freakley, Naenae Colleg	
Name	Year	Team	Finals
=====			
1 Kilmister, Sacha		Kapiti College	1:01.23
2 Meroiti, Baylee		Tawa College	1:03.40
3 James, Holly		WEGC	1:04.06
4 Stevens, Summer		Paraparaumu College	1:06.58
5 Bir, Brianna		Newlands College	1:08.75
6 Kenworthy, Giselle		Wellington G	1:10.04
7 Bucknor, Zoey		Solway College	1:23.79

Event 354 Girls 1500 Meter Run Junior

=====			
Record: R 4:50.40	2015	Kirsty Rae, Wellington East	
Name	Year	Team	Finals
=====			
1 Thomson, Mia		Scots College	4:47.97R
2 Young, Hatty		Hutt Valley	4:50.60
3 Thurston, Isobel		Wellington G	5:05.96
4 Pannett, Amelie		WEGC	5:13.98
5 Dapas, Isla		Marsden	5:14.80
6 Sims, Phoebe		Marsden	5:16.99
7 Hoar, Sophie		Wellington G	5:17.72
8 Wilkie, Ada		St Matthews	5:19.97
9 Gregory, Scarlett		Kapiti College	5:20.50
10 Hunt, Isabelle		Chilton	5:23.44
11 Willson, Lucy		Wellington G	5:25.00

Event 356 Girls 1500 Meter Run Intermediate

=====			
Record: R 4:40.36	9/03/2016	Tessa Hunt, Wellington East	
Name	Year	Team	Finals
=====			
1 McDowell, Olivia		Kapiti College	4:46.72
2 Hilton, Zoe		Raphael House	5:01.62
3 Moorhead, Juju		Wellington G	5:20.22
4 Hermann, Neve		Newlands College	5:21.75
5 Pienaar, Elme		Chilton	5:24.12
6 Eastwood, Emily		Wellington G	5:28.91
7 Dalvi, Shriya		Newlands College	5:31.71

Event 359 Girls 1500 Meter Run Senior

=====			
Record: R 4:31.30	1986	A Stuart, Aotea College	
Name	Year	Team	Finals
=====			
1 McKenzie, Jessie		Hutt Valley	4:44.77
2 Hannah, Lucy		QMC	5:04.17
3 Holden, Maia		Wellington G	5:10.63

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 359 Girls 1500 Meter Run Senior**

4 McGrath, Gwen	Sacred Heart	5:29.95
5 Hesketh, Hannah	WEGC	6:20.40
6 Boyd, Naomi	Paraparaumu College	6:33.37

Event 361J Girls 100 Meter Hurdles 0.762m Senior

=====				
Record: R 14.37 2015 Phoebe Edwards, WEGC				
Name	Year	Team	Finals	Wind
=====				
1 King, Paloma		Sacred Heart	18.68	1.7

Event 367N Girls 70 Meter Hurdles 0.762m Junior

=====				
Record: R 11.60 1992 B Beazer, Wainuiomata				
Name	Year	Team	Finals	Wind
=====				
1 Alaifea, Iite		WEGC	11.71	1.0

Event 368L Girls 80 Meter Hurdles 0.762m Intermediate

=====				
Record: R 12.09 2013 Phoebe Edwards, WEGC				
Name	Year	Team	Finals	Wind
=====				
1 Mason, Eve		Paraparaumu College	12.73	0.7
2 Robins, Grayce		Newlands College	14.83	0.7

Event 371J Girls 4x100 Meter Relay Senior

=====				
Record: R 49.70 1983 , WEGC				
Team			Finals	
=====				
1 Wellington Girls' College	'A'		59.59	

Event 371L Girls 4x100 Meter Relay Intermediate

=====				
Record: R 51.50 1980 , Paraparaumu College				
Team			Finals	
=====				
1 Solway College	'A'		55.70	

Event 371N Girls 4x100 Meter Relay Junior

=====				
Record: R 53.10 1980 , WEGC				
Team			Finals	
=====				
1 Scots College	'A'		54.14	
2 Hutt Valley High School	'A'		55.27	
3 Wairarapa College	'A'		55.60	
4 Wellington East Girls' College	'A'		55.88	
5 Mana College	'A'		55.92	
6 Whitby Collegiate	'A'		58.57	
7 St Catherine's College	'A'		59.68	

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 384 Girls 800 Meter Run Junior**

Record: R 2:17.69 9/03/2016 Lizzie Hegan, Wellington Gi			
Name	Year	Team	Finals
1 Green, Anna		Hutt Valley	2:15.25R
2 Martin, Brooke		QMC	2:28.48
3 Pannett, Amelie		WEGC	2:30.16
4 Gilmour, Abigail		St Mary's College	2:31.11
5 Hoar, Sophie		Wellington G	2:34.30
6 Scott, Kristin		Sacred Heart	2:41.11
7 Laurenson, Elise		St Oran's College	2:43.05
8 Grove, Heidi		Wairarapa College	2:52.07

Event 386 Girls 800 Meter Run Intermediate

Record: R 2:13.30 1980 A McKenzie, Hutt Valley Hig			
Name	Year	Team	Finals
1 Wong, Xanthe		Wellington G	2:30.06
2 Cornell, Bianca		Tawa College	2:30.73
3 Hermann, Neve		Newlands College	2:35.52
4 Pienaar, Elme		Chilton	2:37.45
5 Young, Arabella		Hutt Valley	2:40.36
6 Eastwood, Emily		Wellington G	2:41.79
7 Morrison, Isla		Marsden	2:44.83
8 Woodside, Jessica		Aotea College	2:53.14
9 Johnstone, Emily		Paraparaumu College	2:54.90

Event 389 Girls 800 Meter Run Senior

Record: R 2:11.80 1987 H Garrett, Upper Hutt Colle			
Name	Year	Team	Finals
1 McKenzie, Jessie		Hutt Valley	2:16.79
2 Green, Eva		Hutt Valley	2:31.52
3 Bailey, Rebecca		St Oran's College	2:45.02
4 Johnson, Bay		Marsden	2:51.26
5 Haami, Mila		Hutt Valley	3:29.67

Event 414 Girls High Jump Start-1.25m Junior

Record: R 1.60m 2010 Lucy Garner, Chilton			
Name	Year	Team	Finals
1 Maling, Gabriella		WEGC	1.40m
1.25 1.30 1.35 1.40 1.45			
O XO O O XXX			
2 Epiha-Hall, Rakapa		QMC	1.35m
1.25 1.30 1.35 1.40			
O O O XXX			
2 Johnson, Anahera		Marsden	1.35m
1.25 1.30 1.35 1.40			
O O O XXX			
2 Sandhu, Keerat		Chilton	1.35m
1.25 1.30 1.35 1.40			
O O O XXX			

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 414 Girls High Jump Start-1.25m Junior**

5	Handley Craig, Sasha	St Matthews	J1.35m
	1.25 1.30 1.35 1.40		
	O O XO XXX		
6	Martin, Brooke	QMC	J1.35m
	1.25 1.30 1.35 1.40		
	XO XXO XO XXX		
7	Collier-Fiske, Keely	Paraparaumu College	J1.35m
	1.25 1.30 1.35 1.40		
	XXO O XXO XXX		
7	Renwick, Evelyn	Wellington G	J1.35m
	1.25 1.30 1.35 1.40		
	O XXO XXO XXX		
9	Miller, Alissa	Wellington G	1.30m
	1.25 1.30 1.35		
	O O XXX		
10	Calvert, Jessica	Wellington G	J1.30m
	1.25 1.30 1.35		
	O XO XXX		
--	Boyte-Gunn, Sophie	Hutt Valley	NH
	1.25		
	XXX		
--	Cosgrave, Leah	WEGC	NH
	1.25		
	XXX		

Event 416 Girls High Jump Start - 1.30 Intermediate

Record: R 1.72m 2009 Keeley O'Hagan, Otaki College			
Name	Year	Team	Finals
1	Tourelle, Ruby	Upper Hutt College	1.50m
	1.45 1.50 1.60		
	XO O XXX		
2	Bond, Ella	QMC	1.45m
	1.35 1.40 1.45 1.50		
	XO O XXO XXX		
3	McKinney, Abby	Wellington G	1.40m
	1.30 1.35 1.40 1.45		
	O O O XXX		
4	Lynskey, Una	QMC	J1.40m
	1.30 1.35 1.40 1.45		
	O O XXO XXX		
4	Velvin, Willa	QMC	J1.40m
	1.30 1.35 1.40 1.45		
	O O XXO XXX		
6	Poutawera, Danielle	Wellington G	1.35m
	1.30 1.35 1.40		
	O O XXX		
7	Markham, Ruby	Hutt Valley	J1.35m
	1.30 1.35 1.40		
	XO O XXX		
8	Woodside, Jessica	Aotea College	J1.35m
	1.30 1.35 1.40		
	O XO XXX		

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 416 Girls High Jump Start - 1.30 Intermediate**

8 Johnson, Daisy	Hutt Valley	J1.35m
1.30 1.35 1.40		
O XO XXX		

Event 419 Girls High Jump Start - 1.35 Senior

Record: R 1.72m 2015		Phoebe Edwards, WEGC	
Name	Year Team	Finals	
1 Jones, Sophie	Wellington G	1.50m	
1.30 1.35 1.38 1.41 1.46 1.50 1.53			
O O O O O XXO XXX			
2 Hassan, Emily	Kapiti College	1.38m	
1.30 1.35 1.38 1.41			
O O XO XXX			
3 Huriwaka, Katrina	Paraparaumu College	1.35m	
1.30 1.35 1.38			
O O XXX			
4 James, Holly	WEGC	1.30m	
1.30 1.35			
O XXX			
5 Lucas, Grace	Wellington G	J1.30m	
1.30 1.35			
XO XXX			
-- Gilbert Tonks, Emilia	Whitby Collegiate	NH	
1.30			
XXX			
-- Hori-Hohepa, Hoana	Hutt Valley	NH	
1.30			
XXX			
-- Wilson, Ava	St Matthews	NH	
1.30			
XXX			

Event 434 Girls Long Jump Junior

Record: R 5.19m 2008		E Eastgate, Onslow	
Name	Year Team	Finals	Wind
1 Willis, Phoebe	Hutt Valley	4.87m	NWI
4.74m(NWI) 4.87m(NWI) 4.62m(NWI) 4.78m(NWI) 4.74m(NWI)			
2 Terry, Blake	Scots College	4.58m	NWI
4.20m(NWI) 4.42m(NWI) X 4.27m(NWI) 4.58m(NWI) 4.48m(NWI)			
3 Shepherd, Thora	Solway College	4.41m	NWI
4.41m(NWI) 4.13m(NWI) 4.12m(NWI) 4.36m(NWI) 4.16m(NWI) 4.29m(NWI)			
4 Brown, Giuliana	Wairarapa College	4.15m	NWI
X 4.01m(NWI) 3.87m(NWI) 4.08m(NWI) 4.15m(NWI) 4.02m(NWI)			
5 Grainger, Ellie	Wellington G	4.13m	NWI
3.45m(NWI) 3.77m(NWI) 4.13m(NWI) 3.90m(NWI) 3.66m(NWI) 3.60m(NWI)			
6 Johnson, Anahera	Marsden	3.89m	NWI
3.75m(NWI) 3.89m(NWI) 3.71m(NWI) 3.80m(NWI) 3.61m(NWI) 3.51m(NWI)			
7 Noble, Brooke	Heretaunga College	3.81m	NWI
3.81m(NWI) 3.66m(NWI) 3.67m(NWI)			
8 Birch, Mila	WEGC	3.76m	NWI
3.24m(NWI) 3.00m(NWI) 3.76m(NWI)			

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 434 Girls Long Jump Junior**

9 Mann, Jessica Marsden 3.51m NWI
 3.03m(NWI) 3.23m(NWI) 3.51m(NWI)

Event 436 Girls Long Jump Intermediate

Record: R 5.58m 2002		Hanna McEwan, Samuel Marsden			
Name	Year	Team	Finals	Wind	
1 McCully, Kacey		QMC	4.80m	NWI	
4.79m(NWI) 4.69m(NWI) 4.80m(NWI) 4.49m(NWI) X			4.41m(NWI)		
2 Goodman, Daisy		Paraparaumu College	4.61m	NWI	
4.48m(NWI) 4.50m(NWI) 4.56m(NWI) 4.49m(NWI) 4.43m(NWI) 4.61m(NWI)					
3 Gouws, Anzelle		St Matthews	4.60m	NWI	
4.60m(NWI) 4.56m(NWI) 4.37m(NWI) 4.28m(NWI) 4.27m(NWI) 4.13m(NWI)					
4 Sutton, Taylor		St Mary's College	4.58m	NWI	
4.58m(NWI) 4.33m(NWI) 4.15m(NWI) 4.24m(NWI) X			4.25m(NWI)		
5 McKinney, Abby		Wellington G	4.36m	NWI	
4.23m(NWI) 4.00m(NWI) 4.36m(NWI) 4.32m(NWI) 4.25m(NWI) 4.32m(NWI)					
6 Mawby, Seren		Newlands College	4.34m	NWI	
4.24m(NWI) 4.19m(NWI) 4.33m(NWI) 4.25m(NWI) 4.22m(NWI) 4.34m(NWI)					
7 Tourelle, Ruby		Upper Hutt College	4.19m	NWI	
X 3.87m(NWI) 4.19m(NWI)					
8 Shepherd, Natalie		Paraparaumu College	4.09m	NWI	
4.09m(NWI) 3.41m(NWI) 3.76m(NWI)					

Event 439 Girls Long Jump Senior

Record: R 5.63m 1994		N Smith, Wainuiomata			
Name	Year	Team	Finals	Wind	
1 King, Paloma		Sacred Heart	4.95m	NWI	
4.95m(NWI) 4.85m(NWI) X 4.41m(NWI) X			3.69m(NWI)		
2 Paviour-Smith, Sophia		QMC	4.52m	NWI	
3.95m(NWI) 4.08m(NWI) 4.33m(NWI) 4.32m(NWI) 4.52m(NWI) 4.17m(NWI)					
3 Kenworthy, Giselle		Wellington G	4.48m	NWI	
3.71m(NWI) 4.01m(NWI) 3.99m(NWI) 3.78m(NWI) 4.48m(NWI) 3.78m(NWI)					
4 Mapendere, Nokutenda		Naenae College	4.40m	NWI	
3.99m(NWI) 3.80m(NWI) 4.00m(NWI) 4.00m(NWI) 4.20m(NWI) 4.40m(NWI)					
5 Aleka, Destiny Filus		Scots College	3.89m	NWI	
X 3.78m(NWI) 3.57m(NWI) 3.71m(NWI) 3.89m(NWI) 3.45m(NWI)					

Event 439A Girls Long Jump AWD

Name	Year	Team	Finals	Wind	
1 Aldridge, Sarah		Solway College	3.18m	NWI	
3.10m(NWI) 3.05m(NWI) 3.18m(NWI)					
2 Lasini, Ruby		Wainuiomata	3.07m	NWI	
2.85m(NWI) 3.07m(NWI) 2.76m(NWI)					
3 Holmes, Ruby		Heretaunga College	2.54m	NWI	
2.54m(NWI) - -					
4 Geary, Orlaith		Solway College	1.94m	NWI	
1.47m(NWI) 1.62m(NWI) 1.94m(NWI)					
5 Tahurangi-Bowles, Hannah		Wainuiomata	1.34m	NWI	
1.34m(NWI) - -					

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 444 Girls Triple Jump Junior**

Record: R 10.40m 2009 Kristina Rybinski, WEGC						
Name	Year	Team	Finals	Wind		
1 Terry, Blake		Scots College	9.48m	NWI		
X	8.90m(NWI)	9.14m(NWI)	9.23m(NWI)	9.08m(NWI)	9.48m(NWI)	
2 Ifill, Bethany		Solway College	9.42m	NWI		
	8.99m(NWI)	9.28m(NWI)	9.04m(NWI)	9.02m(NWI)	9.25m(NWI)	9.42m(NWI)
3 Mahoney, Emmeline		Wellington G	8.90m	NWI		
	8.27m(NWI)	8.78m(NWI)	8.63m(NWI)	8.17m(NWI)	8.80m(NWI)	8.90m(NWI)
4 Collier-Fiske, Keely		Paraparaumu College	8.56m	NWI		
	8.42m(NWI)	7.78m(NWI)	8.35m(NWI)	8.56m(NWI)	8.27m(NWI)	X
5 Neale, Ada		Kapiti College	8.46m	NWI		
	8.46m(NWI)	8.30m(NWI)	X	7.94m(NWI)	X	8.31m(NWI)
6 Milburn, Ryanne		Paraparaumu College	8.44m	NWI		
X	7.93m(NWI)	8.09m(NWI)	8.44m(NWI)	8.06m(NWI)	8.11m(NWI)	

Event 446 Girls Triple Jump Intermediate

Record: R 11.18m 2011 A Thomson, Aotea College						
Name	Year	Team	Finals	Wind		
1 Mear, Ella		Kapiti College	10.34m	NWI		
	9.74m(NWI)	10.34m(NWI)	X	10.29m(NWI)	10.17m(NWI)	X
2 Letoa-Tuala, Sienna		Whitby Collegiate	10.07m	NWI		
	9.26m(NWI)	9.46m(NWI)	9.57m(NWI)	9.86m(NWI)	10.07m(NWI)	X
3 Mensen, Renee		Solway College	9.01m	NWI		
	8.78m(NWI)	9.01m(NWI)	8.30m(NWI)	9.01m(NWI)	8.40m(NWI)	8.72m(NWI)
4 Dickason, Zoe		Wellington G	8.76m	NWI		
	8.63m(NWI)	8.35m(NWI)	8.29m(NWI)	8.76m(NWI)	8.49m(NWI)	8.58m(NWI)
5 St Just, Isabelle		WEGC	8.56m	NWI		
	8.02m(NWI)	8.56m(NWI)	7.89m(NWI)	8.01m(NWI)	8.40m(NWI)	8.39m(NWI)
6 McKague, Adriana		Wellington G	8.45m	NWI		
	8.33m(NWI)	8.40m(NWI)	8.45m(NWI)	8.43m(NWI)	X	8.21m(NWI)
7 Cowan, Mackenzie		WEGC	8.17m	NWI		
	7.08m(NWI)	7.59m(NWI)	8.17m(NWI)	7.32m(NWI)	8.13m(NWI)	7.79m(NWI)

Event 449 Girls Triple Jump Senior

Record: R 11.83m 2013 A Thomson, Aotea College						
Name	Year	Team	Finals	Wind		
1 Jones, Sophie		Wellington G	9.62m	NWI		
	9.54m(NWI)	9.62m(NWI)	9.60m(NWI)	9.62m(NWI)	9.53m(NWI)	9.52m(NWI)
2 Huriwaka, Katrina		Paraparaumu College	9.39m	NWI		
	8.51m(NWI)	8.66m(NWI)	8.83m(NWI)	9.22m(NWI)	9.29m(NWI)	9.39m(NWI)
3 Kenworthy, Giselle		Wellington G	9.14m	NWI		
	9.06m(NWI)	8.82m(NWI)	9.05m(NWI)	8.64m(NWI)	8.91m(NWI)	9.14m(NWI)
4 Oldfield, Megan		WEGC	8.55m	NWI		
X	8.05m(NWI)	8.18m(NWI)	8.20m(NWI)	8.55m(NWI)	8.08m(NWI)	

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 454 Girls Shot Put 3.000kg Junior**

Record: R 12.51m 15/03/2018 Elizabeth Hewitt, Chilton						
Name	Year Team					Finals
1 Makisi, Mele Tonga	Scots College					11.00m
	10.10m	9.40m	10.18m	9.97m	11.00m 10.63m	
2 Alaifea, Iite	WEGC					10.60m
	10.58m	10.19m	10.60m	10.12m	X 10.20m	
3 Curtis, Keira-El	Scots College					10.58m
	10.10m	10.40m	10.58m	10.49m	10.18m 9.72m	
4 Bishop, Gia	Mana College					10.20m
	8.34m	10.20m	9.64m	9.82m	9.60m 9.74m	
5 Phelps, Zaria	Wellington G					9.83m
	9.72m	9.64m	9.54m	9.67m	9.48m 9.83m	
6 MacDonald, Skye	Kuranui College					9.35m
	9.35m	9.22m	8.43m	9.12m	9.00m 9.20m	
7 Hilton, Leah	Raphael House					8.90m
	X	8.90m	7.85m			

Event 456 Girls Shot Put 3.000kg Intermediate

Record: R 13.51m 14/03/2019 Elizabeth Hewitt, Chilton						
Name	Year Team					Finals
1 Ah Fua, Glennis	St Mary's College					12.35m
	11.43m	11.50m	10.96m	12.35m	12.31m	
2 Letoa-Tuala, Sienna	Whitby Collegiate					J12.35m
	12.18m	11.58m	12.35m	11.62m	11.83m 12.10m	
3 Vaaua-Sua, Rosailalah	WEGC					10.60m
	10.60m	10.04m	10.43m	X	X 8.33m	
4 Ioane, Sina	Taita College					10.46m
	X	9.67m	9.25m	9.97m	10.46m X	
5 Burrell, Faith	Heretaunga College					9.77m
	8.50m	9.77m				
6 Tasi, Aria	Whitby Collegiate					9.69m
	9.69m	9.12m	9.16m			
7 Maere-Cowan, Aryana	Scots College					9.50m
	9.28m	9.05m	9.50m	8.57m	9.22m X	
8 Hardman, Abby	St Mary's College					8.81m
	8.17m	8.43m	8.81m			

Event 459 Girls Shot Put 3.000kg Senior

Record: R 14.91m 14/04/2019 Amania Mafi, Upper Hutt Coll						
Name	Year Team					Finals
1 To'ia, Isabel	Sacred Heart					12.04m
	11.58m	12.04m	11.47m	11.69m	10.58m X	
2 Carswel, Aurora	Wairarapa College					11.35m
	10.94m	11.35m	11.20m	9.95m	10.12m 11.08m	
3 Ellison-Lupena, Ana	Aotea College					11.22m
	10.59m	11.22m	10.66m	10.78m	X	
4 Hewitt, Senira	St Mary's College					10.73m
	10.49m	10.36m	10.73m	10.46m	- 10.30m	
5 Pewhairangi, Maika	Kapiti College					9.89m
	8.88m	9.56m	X	9.89m		

College Sport Wellington Regional Championships 2025 - 20/03/2025
Newtown Park Stadium, Wellington
Results
....Event 459 Girls Shot Put 3.000kg Senior

6 Aiono, Sarona	WEGC	9.74m
9.15m 9.74m 8.20m		
7 Ualesi, Mia	St Mary's College	9.46m
8.69m 8.81m 9.46m		
8 Harris, Bella	St Oran's College	8.67m
8.14m 8.67m 8.38m		
-- Owens, Jess	Hutt Valley	FOUL
X X X		

Event 459A Girls Shot Put 3.000kg AWD

Name	Year	Team	Finals
1 Lasini, Ruby		Wainuiomata	5.91m
5.44m 4.89m 5.91m 5.06m			
2 Aldridge, Sarah		Solway College	5.74m
5.21m 5.65m 5.74m			
3 Troke, Amelia		Wairarapa College	4.79m
4.79m 4.77m 4.74m			
4 Collins-Mohi, Hinerangi		Mana College	4.53m
X X 4.53m 4.23m			
5 Cobb, Rhion		Wairarapa College	3.87m
3.26m 3.87m 3.39m 3.00m			
6 Jones, Breana-Tayla		Mana College	3.20m
X X 3.17m 3.20m			
7 Preston, Lucia		Wellington High	1.72m
1.72m 0.75m 1.32m X			

Event 464 Girls Discus Throw 1.000kg Junior

Record: R 33.20m 2009				J Akavi, Bishop Viard			
Name	Year	Team	Finals				
1 Curtis, Keira-El		Scots College	30.27m				
26.70m 29.95m X 30.27m 28.92m X							
2 Makisi, Mele Tonga		Scots College	28.45m				
X 26.50m 28.45m 27.91m 26.85m 24.82m							
3 Hilton, Leah		Raphael House	25.90m				
23.02m 22.05m 25.90m 21.01m X X							
4 Bishop, Gia		Mana College	25.50m				
22.19m 22.65m 23.14m 20.83m 25.50m 24.81m							
5 Tye, Kelsey		Sacred Heart	22.65m				
20.10m 20.40m 21.41m X 22.31m 22.65m							
6 Letoa-Tuala, Aliyana		Whitby Collegiate	20.43m				
20.32m X X 17.12m 1.67m 20.43m							
7 MacDonald, Skye		Kuranui College	19.92m				
19.92m 19.39m 17.57m							
8 Veisinia, Theresa		Taita College	17.25m				
X 17.25m X							
-- Filo-Smith, Liciya-Peach		WEGC	FOUL				
X X X							

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 466 Girls Discus Throw 1.000kg Intermediate**

Record: R 45.28m 2009 Lesa Lealai-Salanoa, St Mary							St Mary
Name	Year	Team					Finals
1 Sola, Faith		WEGC					35.10m
35.04m X 35.10m X X 33.69m							
2 Vaaua-Sua, Rosailelah		WEGC					29.24m
19.22m 25.87m 24.31m 29.24m							
3 Ah Fua, Glennis		St Mary's College					28.09m
26.00m 28.09m X X X 26.17m							
4 Hilton, Zoe		Raphael House					26.19m
25.73m 24.65m 26.19m 24.79m 23.93m X							
5 Fisher, Violet		Solway College					23.92m
22.24m 22.65m X 17.13m 16.70m 23.92m							
6 Ioane, Sina		Taita College					22.62m
22.62m 18.49m 20.37m 20.95m X X							
7 Corin, Isabel		Kapiti College					18.78m
17.56m 18.78m X							
8 Shallcrass, Molly		Marsden					16.39m
X 16.39m X							

Event 469 Girls Discus Throw 1.000kg Senior

Record: R 47.98m 2011 Lesa Lealai-Salanoa, Porirua							Porirua
Name	Year	Team					Finals
1 To'ia, Isabel		Sacred Heart					34.40m
32.58m 31.44m 32.57m 34.40m X 32.22m							
2 Hughes, Isla		Hutt Valley					31.50m
30.21m 31.50m 26.31m 29.88m 29.52m 27.30m							
3 Carswel, Aurora		Wairarapa College					30.32m
30.32m 28.70m X 29.03m X 27.24m							
4 Thomas, Zara		St Mary's College					24.42m
19.15m 23.03m 24.42m X 21.14m 23.53m							
5 Adams, Mikaela		St Oran's College					24.10m
22.75m X 22.38m X 17.30m 24.10m							
6 Esera, Helmy		Aotea College					23.36m
21.12m 23.36m 19.55m 15.86m 19.21m X							
7 Fa'Amausili-McKenzie, Ro		St Mary's College					21.86m
X 21.86m 19.65m							
-- Ellison-Lupena, Ana		Aotea College					FOUL
X X X							

Event 469A Girls Discus Throw 1.000kg AWD

Name	Year	Team	Finals
1 Aldridge, Sarah		Solway College	13.89m
X 13.89m 13.33m			
2 Baker, Marlie		Heretaunga College	7.04m
7.02m X 7.04m			
-- Holmes, Ruby		Heretaunga College	FOUL
X X X			

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****Event 484 Girls Javelin Throw 500g Junior**

Record: R 31.88m 1987		J Beyler, Wellington Girls'	
Name	Year	Team	Finals
1 Templeman, Katie		Scots College	17.26m
14.49m 17.26m 13.35m X 15.73m X			
2 Phelps, Zaria		Wellington G	15.22m
X 11.55m 15.22m 12.17m 14.55m X			
3 Milburn, Ryanne		Paraparaumu College	14.36m
X 10.50m X 14.21m 11.53m 14.36m			
4 Mann, Jessica		Marsden	13.81m
X 12.07m 13.81m X X 13.34m			
5 Ford, Isabella		Whitby Collegiate	13.55m
X X 13.55m X 12.26m X			
-- Leofu, Jean-Rima		Porirua College	FOUL
X X X			
-- Malaulau, Liberty		Scots College	FOUL
X X X			

Event 486 Girls Javelin Throw 500g Intermediate

Record: R 41.07m 2013		Emma Fullbrook, Samuel Marsd	
Name	Year	Team	Finals
1 Coxson, Bella		Whitby Collegiate	33.64m
X 28.71m 31.43m 30.60m 30.59m 33.64m			
2 Thorburn, Audrey		WEGC	31.68m
28.24m 28.66m X 27.45m 25.22m 31.68m			
3 Meikle, Sophie		Paraparaumu College	29.97m
29.97m 21.86m 20.32m 20.38m 23.48m 22.68m			
4 Boyer, Mackenzie		Kuranui College	25.81m
25.05m X 25.81m X X X			
5 Kumar, Divya		Whitby Collegiate	24.67m
X 24.67m 17.84m 18.81m 22.04m 24.08m			
6 Forbes, Madeleine		Marsden	20.09m
20.09m 19.20m 19.38m 18.00m 18.37m X			
-- Beard, Evie		Wellington High	FOUL
X X X			
-- Pritchard-Aiono, Gloria		Aotea College	FOUL
X X X			
-- Ngan, Elyse		Marsden	FOUL
X X X			

Event 489 Girls Javelin Throw 500g Senior

Record: R 41.13m 2015		Emma Fullbrook	
Name	Year	Team	Finals
1 Bailey, Rebecca		St Oran's College	44.08mR
X 36.33m 40.20m 42.73m 38.50m 44.08m			
2 Patelesio, Ahena		St Catherine's	21.15m
X 21.15m 20.08m X 16.00m X			
3 Pewhairangi, Maika		Kapiti College	21.06m
17.76m 16.07m 19.81m 17.87m 21.06m 20.98m			
4 Peni, Kaley		Aotea College	19.97m
18.57m 18.55m 17.23m X 19.95m 19.97m			

College Sport Wellington Regional Championships 2025 - 20/03/2025**Newtown Park Stadium, Wellington****Results****....Event 489 Girls Javelin Throw 500g Senior**

5	Suailua, Alysshah	Porirua College	15.21m
	X X X 10.49m X 15.21m		
--	Ualesi, Mia	St Mary's College	FOUL
	X X X X X X		

Event 489A Girls Javelin Throw 500g AWD

Name	Year	Team	Finals
1 Aldridge, Sarah		Solway College	9.73m
	X 8.61m 9.73m		
2 Lasini, Ruby		Wainuiomata	8.95m
	8.34m X 8.95m		