

5th - 6th April at Porritt Stadium in Hamilton

Team Selection

If you place in the **top 3** in your event at 2025 CSW Wellington Secondary School Regionals you are **automatically eligible** with priority for selection.

If you cannot compete at the **CSW Regionals** and **you have competed** in a 2025 Zone/qualifier School Athletics Events, you **may be eligible** to enter NISS if you meet the qualification event standard and within the event guidelines of entries by region.

- **Monday 24 March:** Team will be named by CSW and Athletics Wellington
- **Sunday 30 March:** Entries Close by 5.00 pm. Team management will make the entries

Entry rules for Athletes for the event are that Individuals may enter

- a maximum of 4 individual events plus relays.
- no more than 2 individual track events over 200m. *These events are: 300m, 400m, 800m, 1500m, 3000m, Steeplechase, 3000/2000m Walk, 300m Hurdles.*
- Junior athletes in the sprints can do any 2 of 100m, 200m or 300m.
- Only 3 competitors from the same region may compete in any event (excluding relays) unless dispensation is sought for an extra very well performed athlete who has met the standard. This will only be granted where it does not increase the number of heats required.
- Regional Associations may enter only one relay team per grade.

See the event standards [here](#) . The event timetable and information at www.nzssaa.org.nz

LAST CHANCE QUALIFYING MEETINGS and EXPRESSIONS OF INTERESTS

Saturday 15 March:

Athletics Wellington Open Meeting including CSW Championships events for 300mHurdles, 2000m steeplechase, 2000m/3000mWalk (Girls/Boys) , Pole Vault and hammer Enter Here:

<https://meets.rosterathletics.com/public/competitions/details/about?id=26242>

- Entries Close Friday 12 noon

Thursday 20 March:

CSW Regional Championships – Enter through your School to College Sport

Saturday 22 March:

Athletics Wellington Open Meeting with the following events 200m, 800m, 3000m. 3000m Walk High and Triple Jump, Discus & Javelin

Enter Here: <https://meets.rosterathletics.com/public/competitions/details/schedule?id=26429>

Expression of Interest for Athletes>

All athletes interested should complete and EOI at this [LINK](#)

Note: *Completing this form **DOES NOT** count as selection or an entry. It is to indicate your interest in attending NISS Athletics Champs **in Hamilton**, so that you may be selected into the Wellington SS team*

In General athletes will be expected to make their own arrangements to travel to the event, however but CSW and AW will support the team with overall management at the venue.

Please contact Nadine Stembridge from CSW nadine@collegesport.org.nz
or info@athleticswellington.org.nz if you have any questions.