

AWJC CHAMPS PROGRAMME 2026

DAY ONE - Sunday 15 March

	9.30am	9	Boys	Shot 1	Final
		12	Girls	High Jump	Final
		13	Boys	1500m	Final
		14	Boys	1500m	Final
		15	Boys	1500m	Final
		13	Girls	Discus 2	Final
		11	Boys	1500m	Final
		11	Girls	Discus 1	Final
		12	Boys	1500m	Final
		14	Boys	Shot 2	Final
		15	Boys	Shot 2	Final
		10	Boys	1500m	Final
		13	Boys	Long Jump 1	Final
		11	Boys	Long Jump 2	Final
		7	Girls	60m	Heats
		8	Girls	60m	Heats
		9	Girls	60m	Heats
		12	Boys	Shot 1	Final
		14	Girls	80m Hurdles	Heats/Final
		15	Girls	80m Hurdles	Heats/Final
		12	Girls	80m Hurdles	Heats/Final
		13	Girls	80m Hurdles	Heats/Final
		10	Boys	Shot 2	Final
		7	Girls	Discus 1	Final
		14	Girls	High Jump	Final
		15	Girls	High Jump	Final
		7	Boys	100m	Heats
		8	Boys	100m	Heats
		14	Boys	100m	Heats/Final
		15	Boys	100m	Heats/Final
		8	Girls	Discus 2	Final
		9	Boys	100m	Heats
		13	Boys	100m	Heats
		12	Boys	100m	Heats
		14	Boys	Long Jump 2	Final
		15	Boys	Long Jump 2	Final
		11	Boys	100m	Heats
		10	Boys	100m	Heats
		10	Girls	Discus 1	Final
		12	Boys	Long Jump 1	Final
		13	Girls	200m	Heats
	12.20p	JUNIOR	MEDAL	PRESENTATION	
		13	Boys	Shot 2	Final
		14	Girls	200m	Heats/Final
		15	Girls	200m	Heats/Final

	Day 1 -	Cont			
		12	Girls	200m	Heats
		11	Boys	Shot 1	Final
		11	Girls	200m	Heats
		14	Girls	Discus 2	Final
		15	Girls	Discus 2	Final
		9	Girls	200m	Heats
		13	Girls	High Jump	Final
		7	Girls	200m	Heats
		12	Girls	Discus 1	Final
		8	Girls	200m	Heats
		7	Boys	Long Jump 2	Final
		9	Boys	Long Jump 1	Final
		10	Girls	200m	Heats
		10	Boys	400m	Heats/Final
		14	Boys	400m	Heats/Final
		15	Boys	400m	Heats/Final
		13	Boys	400m	Heats/Final
		12	Boys	400m	Heats/Final
		11	Boys	400m	Heats/Final
		8	Boys	Shot 2	Final
		9	Girls	Discus 2	Final
	2.00p	10	Girls	1200m Walk	Final
		10	Boys	1200m Walk	Final
		11	Girls	1200m Walk	Final
		11	Boys	1200m Walk	Final
		12	Girls	1200m Walk	Final
		12	Boys	1200m Walk	Final
		13	Girls	1600m Walk	Final
		13	Boys	1600m Walk	Final
		14	Girls	2000m Walk	Final
		14	Boys	2000m Walk	Final
		15	Girls	2000m Walk	Final
		15	Boys	2000m Walk	Final
		11	Girls	High Jump	Final
		12	Girls	80m Hurdles	Final If Req
		13	Girls	80m Hurdles	Final If Req
		14-15	Girls	80m Hurdles	Final If Req
		10	Boys	400m	Final If Req
		11	Boys	400m	Final If Req
		12	Boys	400m	Final If Req
		13	Boys	400m	Final If Req
		14	Boys	400m	Final If Req
		15	Boys	400m	Final If Req
		7	Boys	100m	Final
		8	Boys	100m	Final
		9	Boys	100m	Final
		10	Boys	100m	Final
		11	Boys	100m	Final

	Day 1 -	Cont			
		12	Boys	100m	Final
		13	Boys	100m	Final
		14	Boys	100m	Final If Req
		15	Boys	100m	Final If Req
		7	Boys	Shot 1	Final
		8	Boys	Long Jump 2	Final
		7	Girls	60m	Final
		8	Girls	60m	Final
		9	Girls	60m	Final
		10	Girls	800m	Final
		11	Girls	800m	Final
		12	Girls	800m	Final
		13	Girls	800m	Final
		14	Girls	800m	Final
		15	Girls	800m	Final
		7	Girls	200m	Final
		8	Girls	200m	Final
		9	Girls	200m	Final
		10	Girls	200m	Final
		10	Boys	Long Jump 1	Final
		12	Girls	200m	Final
		14	Girls	200m	Final If Req
		15	Girls	200m	Final If Req
		13	Girls	200m	Final
		11	Girls	200m	Final
		10	Girls	High Jump	Final
	4.25p	9	Boys	4 x 100m Relay	Timed Final
		9	Girls	4 x 100m Relay	Timed Final
		7	Girls	4 x 100m Relay	Timed Final
		7	Boys	4 x 100m Relay	Timed Final
		8	Girls	4 x 100m Relay	Timed Final
		8	Boys	4 x 100m Relay	Timed Final
		11	Mixed	Medley Relay	Timed Final
		12	Mixed	Medley Relay	Timed Final
		13	Mixed	Medley Relay	Timed Final
		14	Mixed	Medley Relay	Timed Final
		15	Mixed	Medley Relay	Timed Final
		10	Mixed	Medley Relay	Timed Final

6.15pm

Finish

Day 1

AWJC CHAMPS PROGRAMME 2026

DAY TWO – Sunday 22 March

	9.30am	9	Girls	Shot 1	Final
		12	Boys	High Jump	Final
		13	Girls	1500m	Final
		14	Girls	1500m	Final
		15	Girls	1500m	Final
		13	Boys	Discus 2	Final
		11	Girls	1500m	Final
		11	Boys	Discus 1	Final
		12	Girls	1500m	Final
		14	Girls	Shot	Final
		15	Girls	Shot	Final
		10	Girls	1500m	Final
		13	Girls	Long Jump 2	Final
		11	Girls	Long Jump 1	Final
		7	Boys	60m	Heats
		8	Boys	60m	Heats
		9	Boys	60m	Heats
		12	Girls	Shot 1	Final
		14	Boys	100m Hurdles	Heats/Final
		15	Boys	100m Hurdles	Heats/Final
		12	Boys	80m Hurdles	Heats/Final
		13	Boys	80m Hurdles	Heats/Final
		10	Girls	Shot 2	Final
		7	Boys	Discus 1	Final
		14	Boys	High Jump	Final
		15	Boys	High Jump	Final
		7	Girls	100m	Heats
		8	Girls	100m	Heats
		14	Girls	100m	Heats/Final
		15	Girls	100m	Heats/Final
		8	Boys	Discus 2	Final
		9	Girls	100m	Heats
		13	Girls	100m	Heats
		12	Girls	100m	Heats
		14	Girls	Long Jump 2	Final
		15	Girls	Long Jump 2	Final
		11	Girls	100m	Heats
		10	Girls	100m	Heats
		10	Boys	Discus 1	Final
		12	Girls	Long Jump 1	Final
		13	Boys	200m	Heats
		13	Girls	Shot 2	Final
		14	Boys	200m	Heats/Final
		15	Boys	200m	Heats/Final

	DAY 2 -	Cont			
		12	Boys	200m	Heats
		11	Girls	Shot 1	Final
		11	Boys	200m	Heats
		14	Boys	Discus 2	Final
		15	Boys	Discus 2	Final
		13	Boys	High Jump	Final
		9	Boys	200m	Heats
		7	Boys	200m	Heats
		8	Boys	200m	Heats
		7	Girls	Long Jump 2	Final
		9	Girls	Long Jump	Final
		10	Boys	200m	Heats
		10	Girls	400m	Heats
		14	Girls	400m	Heats/Final
		15	Girls	400m	Heats/Final
		13	Girls	400m	Heats
		8	Girls	Shot	Final
		12	Girls	400m	Heats
		11	Girls	400m	Heats
		9	Boys	60m	Final
		8	Boys	60m	Final
		7	Boys	60m	Final
	2.15p	GRADE	10-15	MEDAL	PRESENTATION
		9	Boys	Discus 2	Final
		11	Boys	High Jump	Final
	2.40p	12	Girls	1K Stpl	Final
		13	Girls	1K Stpl	Final
		14	Girls	1K Stpl	Final
		15	Girls	1K Stpl	Final
		12	Boys	1K Stpl	Final
		13	Boys	1K Stpl	Final
		14	Boys	1K Stpl	Final
		15	Boys	1K Stpl	Final
		10	Girls	100m	Final
		7	Girls	100m	Final
		8	Girls	100m	Final
		9	Girls	100m	Final
		11	Girls	100m	Final
		12	Girls	100m	Final
		13	Girls	100m	Final
		14	Girls	100m	Final If Req
		15	Girls	100m	Final If Req
		7	Girls	Shot 1	Final
		10	Girls	Long Jump 1	Final
		7	Boys	200m	Final
		8	Boys	200m	Final
		9	Boys	200m	Final
		10	Boys	200m	Final

	DAY 2 -	Cont			
		12	Boys	200m	Final
		13	Boys	200m	Final
		14	Boys	200m	Final If Req
		15	Boys	200m	Final If Req
		11	Boys	200m	Final
		10	Girls	400m	Final
		11	Girls	400m	Final
		12	Girls	400m	Final
		12	Boys	Discus	Final
		13	Girls	400m	Final
		14	Girls	400m	Final If Req
		15	Girls	400m	Final If Req
		10	Boys	800m	Final
		12	Boys	800m	Final
		13	Boys	800m	Final
		14	Boys	800m	Final
		15	Boys	800m	Final
		12	Boys	80m Hurdles	Final If Req
		13	Boys	80m Hurdles	Final If Req
		14	Boys	100m Hurdles	Final If Req
		15	Boys	100m Hurdles	Final If Req
		8	Girls	Long Jump	Final
		10	Boys	High Jump	Final
	4.55p	11	Girls	4 x 100m Relay	Timed Final
		11	Boys	4 x 100m Relay	Timed Final
		12	Girls	4 x 100m Relay	Timed Final
		12	Boys	4 x 100m Relay	Timed Final
		13	Girls	4 x 100m Relay	Timed Final
		13	Boys	4 x 100m Relay	Timed Final
		14	Boys	4 x 100m Relay	Timed Final
		14	Girls	4 x 100m Relay	Timed Final
		15	Boys	4 x 100m Relay	Timed Final
		15	Girls	4 x 100m Relay	Timed Final
		10	Boys	4 x 100m Relay	Timed Final
		10	Girls	4 x 100m Relay	Timed Final

6.00pm

Finish

Day 2

DRAFT