

## AWJC CHAMPS PROGRAMME 2026

### DAY TWO – Sunday 22 March

	9.30am	12	Boys	High Jump	Final
		13	Girls	1500m	Final
		14	Girls	1500m	Final
		15	Girls	1500m	Final
	9.35am	9	Girls	Shot 1	Final
		13	Boys	Discus 2	Final
	9.40am	11	Girls	1500m	Final
		11	Boys	Discus 1	Final
		10	Girls	1500m	Final
	9.50am	13	Girls	Long Jump 1	Final
		12	Girls	1500m	Final
	9.55am	14	Girls	Shot	Final
		15	Girls	Shot	Final
	10.00am	11	Girls	Long Jump 2	Final
	10.05am	8	Boys	60m	Heats
	10.10am	7	Boys	60m	Heats
	10.15am	9	Boys	60m	Heats
	10.20am	12	Girls	Shot 1	Final
	10.30am	8	Boys	Discus 2	Final
		14	Boys	100m Hurdles	Final
		15	Boys	100m Hurdles	Final
	10.40am	13	Boys	80m Hurdles	Final
	10.45am	12	Boys	80m Hurdles	Final
	10.50am	7	Boys	Discus 1	Final
	11.00am	14	Boys	High Jump	Final
		15	Boys	High Jump	Final
		10	Girls	100m	Heats
	11.10am	9	Girls	100m	Heats
	11.15am	12	Girls	100m	Heats
	11.25am	10	Girls	Shot 2	Final
		11	Girls	100m	Heats
		14	Girls	Long Jump 2	Final
		15	Girls	Long Jump 2	Final
	11.35am	13	Girls	100m	Heats
	11.40am	10	Boys	Discus 2	Final
	11.45am	7	Girls	100m	Heats
		8	Girls	100m	NO Heats
		14	Girls	100m	NO Heats
		15	Girls	100m	NO Heats
	11.50am	11	Girls	Shot 1	Final
		12	Girls	Long Jump 1	Final
	11.55am	13	Boys	200m	Heats
	12.00pm	8	Girls	Shot 2	Final
	12.05pm	11	Boys	200m	Heats
	12.15pm	9	Boys	200m	Heats

	<b>DAY 2 -</b>	<b>Cont</b>			
	12.20pm	8	Boys	200m	Heats
	12.25pm	7	Boys	200m	Heats
		13	Boys	High Jump	Final
	12.30pm	14	Boys	200m	Heats
	12.40pm	10	Boys	200m	Heats
		12	Boys	200m	NO Heats
		15	Boys	200m	NO Heats
	12.50pm	12	Boys	Discus 1	Final
		14	Boys	Discus 2	Final
		15	Boys	Discus 2	Final
	12.55pm	9	Girls	Long Jump 2	Final
		10	Girls	400m	Heats
	1.05pm	11	Girls	400m	Heats
		13	Girls	Shot 2	Final
	1.10pm	7	Girls	Long Jump 1	Final
	1.15pm	12	Girls	400m	Heats
		13	Girls	400m	NO Heats
		14	Girls	400m	NO Heats
		15	Girls	400m	NO Heats
	1.50pm	GRADE	10-15	MEDAL	PRESENTATION
	1.55pm	9	Boys	Discus 1	Final
	2.15pm	11	Boys	800m	Final
	2.20pm	10	Boys	800m	Final
	2.25pm	7	Girls	Shot 1	Final
		12	Boys	800m	Final
	2.30pm	13	Boys	800m	Final
	2.35pm	14	Boys	800m	Final
	2.40pm	15	Boys	800m	Final
		11	Boys	High Jump	Final
	2.50pm	10	Girls	100m	Final
		11	Girls	100m	Final
	2.55pm	12	Girls	100m	Final
		13	Girls	100m	Final
	3.00pm	14	Girls	100m	Final
		15	Girls	100m	Final
	3.05pm	8	Girls	100m	Final
		9	Girls	100m	Final
	3.10pm	7	Girls	100m	Final
	3.15pm	10	Girls	Long Jump 1	Final
	3.20pm	7	Boys	60m	Final
		8	Boys	60m	Final
		9	Boys	60m	Final
	3.30pm	12	Boys	1K Stpl	Final
		13	Boys	1K Stpl	Final
		14	Boys	1K Stpl	Final
		15	Boys	1K Stpl	Final
	3.35pm	8	Girls	Long Jump 2	Final
	3.40pm	12	Girls	1K Stpl	Final

