

AWJC CHAMPS PROGRAMME 2026

DAY ONE - Sunday 15 March

	9.30am	13	Girls	Discus 2	Final
		14	Boys	1500m	Final
		15	Boys	1500m	Final
	9.40am	11	Boys	1500m	Final
		10	Boys	1500m	Final
		11	Girls	Discus 1	Final
	9.45am	14	Boys	Shot 2	Final
		15	Boys	Shot 2	Final
	9.50am	13	Boys	1500m	Final
		12	Boys	1500m	Final
	10.00am	9	Boys	Shot 1	Final
		11	Boys	Long Jump 1	Final
	10.05am	12	Girls	80m Hurdles	Final
	10.10am	13	Boys	Long Jump 2	Final
		13	Girls	80m Hurdles	Final
	10.15am	14	Girls	80m Hurdles	Final
		15	Girls	80m Hurdles	Final
	10.25am	12	Girls	High Jump	Final
		9	Girls	60m	Heats
		7	Girls	60m	NO Heats
		8	Girls	60m	NO Heats
	10.35am	8	Girls	Discus 1	Final
	10.40am	10	Boys	100m	Heats
		14	Girls	Discus 2	Final
		15	Girls	Discus 2	Final
	10.50am	7	Boys	100m	Heats
	10.55am	8	Boys	100m	Heats
	11.00am	9	Boys	100m	Heats
		10	Boys	Shot 1	Final
		12	Boys	Long Jump 2	Final
	11.05am	14	Boys	100m	Heats
	11.15am	13	Boys	100m	Heats
	11.25am	11	Boys	100m	Heats
		12	Boys	100m	NO Heats
		15	Boys	100m	NO Heats
	11.30am	14	Boys	Long Jump 1	Final
		15	Boys	Long Jump 1	Final
	11.40am	10	Girls	200m	Heats
	11.45am	JUNIOR	MEDAL	PRESENTATION	
		13	Boys	Shot 2	Final
	11.50am	13	Girls	200m	Heats
		15	Girls	High Jump	Final
		14	Girls	High Jump	NOT REQ
	12.00pm	12	Girls	200m	Heats
		11	Boys	Shot 1	Final

	Day 1 -	Cont			
	12.10pm	11	Girls	200m	Heats
	12.15pm	7	Boys	Long Jump 2	Final
	12.20pm	9	Girls	200m	Heats
	12.25pm	7	Girls	200m	Heats
		8	Girls	200m	NO Heats
		14	Girls	200m	NO Heats
		15	Girls	200m	NO Heats
	12.30pm	10	Girls	Discus 1	Final
		12	Boys	Shot 2	Final
		12	Girls	Discus 2	Final
	12.40pm	13	Boys	400m	Heats
	12.50pm	11	Boys	400m	Heats
		13	Girls	High Jump	Final
	1.00pm	8	Boys	Shot 1	Final
		14	Boys	400m	Heats
		10	Boys	400m	NO Heats
		12	Boys	400m	NO Heats
		15	Boys	400m	NO Heats
	1.15pm	9	Boys	Long Jump 1	Final
		11	Girls	800m	Final
	1.25pm	14	Girls	800m	Final
		15	Girls	800m	Final
	1.30pm	9	Girls	Discus 2	Final
		10	Girls	800m	Final
	1.35pm	7	Girls	Discus 1	Final
	1.40pm	12	Girls	800m	Final
	1.50pm	13	Girls	800m	Final
	2.05pm	10	Girls	1200m Walk	Final
		10	Boys	1200m Walk	Final
		11	Girls	1200m Walk	Final
		11	Boys	1200m Walk	NOT REQ
		12	Girls	1200m Walk	Final
		12	Boys	1200m Walk	Final
	2.10pm	8	Boys	Long Jump 2	Final
	2.20pm	13	Girls	1600m Walk	Final
		13	Boys	1600m Walk	Final
		14	Girls	2000m Walk	NOT REQ
		14	Boys	2000m Walk	Final
		15	Girls	2000m Walk	Final
		15	Boys	2000m Walk	NOT REQ
	2.25pm	7	Boys	Shot 1	Final
	2.35pm	11	Girls	200m	Final
		12	Girls	200m	Final
	2.40pm	10	Girls	200m	Final
		13	Girls	200m	Final
	2.45pm	14	Girls	200m	Final
		15	Girls	200m	Final
	2.50pm	7	Girls	200m	Final

	Day 1 -	Cont			
	2.50pm	8	Girls	200m	Final
	2.55pm	11	Girls	High Jump	Final
		9	Girls	200m	Final
	3.05pm	10	Boys	400m	Final
		11	Boys	400m	Final
	3.10pm	12	Boys	400m	Final
		13	Boys	400m	Final
	3.15pm	14	Boys	400m	Final
		15	Boys	400m	Final
	3.25pm	7	Girls	60m	Final
		8	Girls	60m	Final
		9	Girls	60m	Final
	3.35pm	10	Boys	100m	Final
		7	Boys	100m	Final
	3.40pm	9	Boys	100m	Final
		8	Boys	100m	Final
	3.45pm	11	Boys	100m	Final
		12	Boys	100m	Final
	3.50pm	13	Boys	100m	Final
		14	Boys	100m	Final
	3.55pm	10	Boys	Long Jump 1	Final
		15	Boys	100m	Final
	4.10pm	7	Girls	4 x 100m Relay	Timed Final
	4.20pm	10	Girls	High Jump	Final
		7	Boys	4 x 100m Relay	Timed Final
	4.30pm	8	Girls	4 x 100m Relay	Timed Final
	4.40pm	8	Boys	4 x 100m Relay	Timed Final
	4.50pm	9	Girls	4 x 100m Relay	Timed Final
	5.00pm	9	Boys	4 x 100m Relay	Timed Final
	5.20pm	11	Mixed	Medley Relay	Timed Final
	5.30pm	10	Mixed	Medley Relay	Timed Final
	5.40pm	12	Mixed	Medley Relay	Timed Final
	5.50pm	13	Mixed	Medley Relay	Timed Final
	6.00pm	14	Mixed	Medley Relay	Timed Final
		15	Mixed	Medley Relay	Timed Final

6.10pm

Finish

Day 1