



Wellington Centre Track & Field Championships 2026



GRADES: U16, U18, U20 and Senior (age as at 31.12.2026), Masters (age as at 21.02.26)

DRAFT PROGRAMME - @ 22 December 2025

- AW Championships for the Mile (Fri 19 Dec) and 3000m and 3000m Track Walk (Wed 11 Feb) will be held as separate events

PROGRAMME Saturday 21st FEBRUARY

at Newtown Park Athletics Stadium

2.00 pm	300m & 400m Hurdles all grades	2.00pm	Shot Put	Men - All grades
2.30pm	200m Heats all grades	2.00pm	Pole Vault	Men & Women - All grades
3.00 pm	1500m Finals all grades	3.00pm	Shot Put	Women - All grades
3.30 pm	200m Heats Finals if required	3.00pm	Javelin	Men all grades
3.45pm	80m Hurdles; 100m Hurdles; 110m Hurdles all grades	3.30pm	Long Jump	Men & Women - All grades
4.00pm	4 x 400m All grades	4.00pm	Javelin	Women - All grades
4.30pm	4 x 100m Mixed Relays all grades			

PROGRAMME Sunday 22nd FEBRUARY

TRACK		FIELD		
9:30am	5000metres Walk all grades	9.30am	Hammer	All grades
10:15am	5000metres all grades	10.00am	High Jump	Men's grades
11.00am	60 metres in all grades (Masters Champs)			
11.30am	400 metres all Grades			
12.00pm	3000 m Steeplechase Grades with (914mm) M20, SM, MM	12.00pm	High Jump	Women's grades
	2000 m Steeplechase Grades (838mm) M18, MM			
	2000 m Steeplechase Grades (762mm) MM60, + M16			
	2000 m Steeplechase Grades (762mm) Women's grade	12.30pm	Discus	Men's grades
12:45pm	100m Heats all grades			
		2.00pm	Triple Jump	All M & W grades
1:30pm	800 metres all grades			
2.30pm	100m Finals if required	2.30pm	Discus	Women's grades
3.30pm	4 x 100m Relays all grades	3.30pm	Weight Throw	All Masters grades
4.00pm	4 x 400m Mixed Relays all grades			