

## Cross Country Relays Information

Event Overview			
<b>Sport</b>	Cross Country		
<b>Event Date</b>	Tuesday 12 May		
<b>Venues</b>	Wakefield Park and Berhampore Golf Course	<b>Times</b>	Starting 1.30pm
<b>CSW Sport Manager</b>	Nadine Stembridge	<b>Cell</b>	0272316434
<b>Entries close off date</b>	Tuesday 5 May		
<b>Player lists close off date</b>	Tuesday 5 May		

Event Detail	
<b>Event Structure</b>	Final reporting time will be 1.15 pm. Race start time 1.30 pm – races will start in waves by grades.
<b>Grades</b>	Boys – Juniors (Year 9), Intermediate (U16) and Seniors Girls – Juniors (Year 9), Intermediate (U16) and Seniors Open Mixed Relay Teams - [Any age group] Athletes are from Co-ed schools only.
<b>Match Duration</b>	Course will open at 12.30pm Approximately 2km in length
<b>Squad Size</b>	Teams will consist of four members for both boys' and girls' teams. Mixed teams must have 2 boys and 2 girls.
<b>Age Determination</b>	The age for determining grades is 31 December 2026.

Eligibility	
<b>CSW Bylaws</b>	Eligibility is governed by the College Sport Wellington bylaws.

Further Information	
<b>Equipment</b>	Athletes are advised to wear footwear to compete on the course.
<b>Use of Public Facilities</b>	The start and finish will be on the bottom grass field. Changing rooms will be available for all athletes in the Clubrooms Building at Wakefield Park.

Code Specific – Further Information	
<b>Composite Teams</b>	All teams must be entered through school sports departments. Composite teams must be approved by CSW before entries close. Any approved composite teams must complete the 'Playing for another school form' to be handed to CSW at close of entries. One school sports department must take responsibility for the composite team. Composite teams will not be eligible for medals.
<b>Race Information</b>	On arrival at Wakefield Park, team managers are to report in to pick up their race packs which include team bibs and batons. The bibs will be colour-coded to indicate the grade, numerically coded to indicate the team and alphabetically coded to indicate the lap i.e. Lap 1 will be A, Lap 2 will be B and so on. Numbers are to be worn on the front.

	<p>The race packs will also include the list of teams from each school and the running order of each team. The running order will be the same as what was entered into SPORTY. If the running order has changed or there has been a change of runner, this is where the changes are to be made. This sheet needs to be handed back before leaving the event.</p> <p><b>Numbers, batons and correction sheets must be returned in your race pack bag at the end of competition!</b></p>
<b>Medals and Certificates</b>	<p>Medals will be awarded to the winning senior team. Badges will be awarded to Intermediate, Junior and Mixed winning teams. Athletics Wellington will offer a \$200.00 travel support to the NZSS Cross Country for top school overall. Points will be awarded to the Top six teams in each grade.</p>