



Athletics Wellington Track and Field

Female Records

Note: For all Age Records athletes are to be that age or under on the day of the event BY-LAW C2 FROM 1/04/04 - Updated 10 October 2022

OPEN WOMEN Records							
60m	Aleksandra Domanski	Kiwi	15-Mar-26	7.72		[0.9]	Newtown Park Wellington
100m	Michelle Seymour	Paraparaumu	25-Feb-93	11.32	ET		Melbourne, AUS (NZ Record)
200m	Penny Hunt	University	20-Feb-71	23.4	HT		Evans Bay, Wellington
	Michelle Seymour	Paraparaumu	25-Feb-93	23.60	ET		Melbourne, AUS
400m	Penny Hunt	University	21-Feb-76	53.0	HT		QEII Christchurch
	Standard			53.15	ET		
800m	Alison Andrews-Paul	Wairarapa T&F	21-Feb-25	2.00.81 (I)	ET		Boston, USA
1000m	Anne Hare	WHAC	26-Jun-86	2.40.64	ET		Manresa, ESP
1500m	Maia Ramsden	WHAC	8-Aug-24	4.02.20	ET		OLY, Paris, FRA
1 mile	Maia Ramsden	WHAC	02 Mar 25	4.21.56 (I)	ET		Boston, USA
2000m	Anne Hare	Lower Hutt	11-Jul-86	5.44.67	ET		Crystal Palace GBR (NZ Record)
3000m	Kate McIlroy	Wellington HAC	09-Mar-06	8.53.10	ET		Melbourne, AUS
3000m Indoors	Maia Ramsden	WHAC	02-Dec-23	8.46.84	ET		Boston USA
5000m	Anne Hare	Wellington HAC	26-Jul-96	15.22.31	ET		Hechtel, Belgium
10000m	Barbara Moore	Wellington HAC	9-Dec-89	32.12.78	ET		Newtown Park, Wellington
3000m steeplechase	Kate McIlroy	WHAC	22-Jul-06	9.32.54	ET		Huesden, Belgium (NZ record)
100m Hurdles	Barbara Beable	University	6-Apr-75	14.0	HT	840 hurdles	Sydney
	Standard			14.15	ET	840 hurdles	
400m Hurdles	Hanna McEwan	WHAC	13-Mar-05	62.56s	ET	762 hurdles	Wanganui
3000m Track Walk	Standard			14:00.0			
5000m Track Walk	Standard			27:30.0			
10,000m Track Walk	No Standard						
20000m Track Walk	Lin Murphy	Scottish	21-Jan-93	1.39.54			Auckland (NZ Record)
High Jump	Tracey Phillips	Paraparaumu	12-Mar-94	1.88m			AUS T&F Champs, ?
Long Jump	Frith Maunder	WHAC	22-Mar-98	6.40m			Auckland
Triple Jump	Anna Thomson	Mana	27-Mar-21	13.06m	1.5		NZL Championships, Hastings
Shot Put	Barbara Beable	University	20-Mar-76	15.68m		4.00kg	Porritt Stadium, Hamilton
Pole Vault		Standard		3.75m			
Discus Throw	Leesa Lealaisalanoa	Titahi Bay	28-Mar-10	51.41m		1.00kg	QEII, Christchurch
Javelin Throw	Jessica Beyler	University	2-Mar-96	42.76m		600g	Mt Smart Auckland
Hammer Throw	Elizabeth Hewitt	Lower Hutt	13 Apr-25	59.29m		4.00kg	Perth AUS
Heptathlon	Phoebe Edwards	WHAC	2-Apr-16	5157			Sydney, Australia
4x100 relay open	E MacIntyre, F Maunder, T Phillips, M Seymour	Centre	14-Mar-93	47.14	ET		Newtown Park, Wellington
4x100 relay club	Paraparaumu		14-Mar-92	47.44	ET		Porritt Stadium, Hamilton
4x400 relay open	Centre		4-Mar-78	03:41.1	HT		North Shore
4x400 relay club	Paraparaumu		26-Mar-89	3.53.76			Auckland
1 Hour	Tina Wild	Onslow	14-Mar-79	16,393m			Newtown Park
WOMENS GRADE BEST PERFORMANCES							
Half Marathon							
Marathon	Ngairé Drake	Wellington HAC	5-Mar-89	02:35.5			



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WOMEN 19 years Records							
60m	Aleksandra Domanski	Kiwi	15-Mar-26	7.72		[0.9]	Newtown Park Wellington
100m	Jessica Penney	WHAC	9-Feb-05	12.11	ET		Hamilton
200m	Kaye Hawkins	Maidstone	21-Feb-70	24.5	HT		Evans Bay, Wellington
Standard				24.65	ET		
400m	Kelly Edge	Dunlop Hutt Valley	15-Feb-97	55.66	ET		Newtown Park, Wellington
800m	Kelly Edge	Dunlop Hutt Valley	14-Mar-98	2.05.98	ET		Melbourne, AUS (T&F Champs)
1500m	Andrea Stuart	Scottish	6-Mar-87	4.17.3	HT		Newtown Park, Wellington
1 mile	No standard						
3000m	Andrea Stuart	Otaki	21-Aug-84	9.37.6	HT		Auckland
5000m	Kirstie Rae	WHAC	8-Mar-19	16.44.29	ET		Nga Puna Wai, Chch
2000m steeplechase	Kelsey Forman	WHAC	8-Mar-15	6:52.72	ET		Newtown Park, Wellington
3000m steeplechase	No standard						
100m Hurdles	Phoebe Edwards	WHAC	10-Mar-16	14.44	ET	.840 hurdles	Perth, Australia
400m Hurdles	Hanna McEwan	WHAC	13-Mar-05	62.56	ET	762 hurdles	Wanganui
2000m Track Walk	Standard			11.00.00			
3000m Track Walk	Standard			14.30.00			
5,000m Track Walk	No standard						
10,000m Track Walk	No standard						
High Jump	Josephine Reeves	Lower Hutt	7-Apr-19	1.86m			Sydney
	Josephine Reeves	Lower Hutt	28-Jun-19	1.86m			Townsville, Australia
Pole Vault	Standard			3.50m			
Long Jump	Jessica Penney	WHAC	19-Aug-06	6.37m			Beijing (NZ Record)
Triple Jump	Anna Thomson	Mana	13-Apr-13	11.93m			Sydney
Shot Put	Leesa Lealaisalanoa	Titahi Bay	12-Dec-09	13.37m		4.00kg	Timaru
Discus Throw	Leesa Lealaisalanoa	Titahi Bay	28-Mar-10	51.41m		1.00kg	QEII Christchurch
Hammer Throw	Elizabeth Hewitt	Mana	03 Feb-23	55.35m		4.00kg	Newtown Park, Wellington
Javelin Throw	Jessica Beyler	University	3-Dec-88	41.98m		600gm	QEII Christchurch
Heptathlon	Phoebe Edwards	WHAC	2-Apr-16	5157			Sydney, Australia
4x100 relay open	L. Kidd, Van Straten, P. Edwards, K Freakley	Centre	18-Feb-78	47.9	HT		North Shore
	Standard			48.05	ET		
4x100 relay club	L. Kidd, Van Straten, P. Edwards, K Freakley	Lower Hutt	18-Feb-78	49.9	HT		North Shore
	Standard			48.05	ET		
4x400 relay Centre	L. Kidd, F. Janis, P. Edwards, K Freakley	Centre team	11-Mar-78	3.51.0	HT		McLean Park, Napier
4x400 relay club	K. Freakley, F. Janis, P. Edwards, L. Kidd	Lower Hutt	26-Nov-77	3.56.6	HT		North Shore

WOMEN 18 years Records							
60m	Aleksandra Domanski	Kiwi	15-Mar-26	7.72		[0.9]	Newtown Park Wellington
100m	Jessica Penney	WHAC	9-Dec-05	12.11	ET		Porritt Stadium Hamilton
200m	Sacha Kilmister	Mana	6-Apr-25	25.54	ET	[-2.0]	Porritt Stadium Hamilton



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400m	Kelly Edge	Dunlop Hutt Valley	15-Dec-97	55.66	ET		Newtown Park
800m	Anna Roche	WHAC	12-Jul-10	2.07.17	ET		Vancouver, Kajaks International Meet
1500m	Andrea Stuart	Otaki	6-Mar-87	04:17.3	HT		Newtown Park, Wellington
1 Mile	No Standard						
3000m	Andrea Stuart	Otaki	28-Jan-84	09:37.6	HT		Auckland
5000m	Kirstie Rae	WHAC	8-Mar-19	16.44.29	ET		Nga Puna Wai, Chch
100m Hurdles	Phoebe Edwards	WHAC	10-Mar-16	14.44		.840 Hurdles	Perth
400m Hurdles	Hannah McEwen	WHAC	13-Mar-05	62.56		762 Hurdles	Wanganui
2000m steeplechase	Kelsey Forman	WHAC	8-Mar-15	6:52.72	ET		Newtown Park, Wellington
3000m Track Walk	Standard			14:45.0			
5000m Track Walk	Standard			26:00.0			
10,000m Track Walk	No Standard						
High jump	Josephine Reeves	Lower Hutt	7-Apr-19	1.86m			Sydney (NZ record)
Pole Vault	Standard			3.30m			
Long jump	Jessica Penney	WHAC	19-Aug-06	6.37m			Beijing (NZ Record)
Triple Jump	Anna Thomson	Mana	13-Apr-13	11.93m			Sydney
Shot put	Leesa Lealaisalanoa	Titahi Bay	12-Dec-09	13.37m		4.00Kg	Timaru
Discus throw	Leesa Lealaisalanoa	Titahi Bay	28-Mar-10	51.41m		1.00Kg	QEII Christchurch
Javelin throw	Jessica Beyler	University	3-Dec-88	41.98m		600gm	QEII Christchurch
Hammer throw	Elizabeth Hewitt	Mana	03-Feb-23	55.35m		4.00kg	Newtown Park Wellington
Heptathlon	Phoebe Edwards	WHAC	27-Mar-15	5163			Brisbane, Australia
4x100m club	Standard			48.00			
4x100m centre	A. Gouws, K. Kenny, D. Goodman, S Kilmister		17-Jan-26	50.08			Mitre 10 Park, Hastings
4x400m club	L. Kidd, Van Straton, P Edwards, K Freakley	Lower Hutt	26-Nov-77	03:56.6	HT		North Shore
4x400m centre	L Kidd, F .Janis, P Edwards, K Freakley	Lower Hutt	11-Mar-78	03:51.0	HT		McLean Park Napier

WOMEN 17 years Records

100m	Jessica Penney	WHAC	9-Dec-05	12.11	ET		Hamilton
200m	Kaye Hawkins	Maidstone	21-Feb-70	24.5	HT		Evans Bay, Wellington
200m	Standard			24.65	ET		
400m	Kelly Edge	Dunlop Hutt Valley	15-Feb-97	55.66	ET		Newtown Park, Wellington
800m	Anna Roche	WHAC	12-Jul-10	2.07.17	ET		Vancouver, Kajaks International meet
1500m	Andrea Stuart	Scottish	6-Mar-87	4.17.3	HT		Newtown Park, Wellington
3000m	Andrea Stuart	Otaki	28-Jan-84	9.37.6	HT		Auckland
5000m	Kirstie Rae	WHAC	8-Mar-19	16.44.29	ET		Nga Puna Wai, Chch
100m Hurdles	Phoebe Edwards	WHAC	12-Mar-15	14.08	ET	.762 hurdles	Sydney
300m Hurdles	Cara Marshall	Dunlop Hutt Valley	25-Feb-95	46.78	ET	762 hurdles	Newtown Park, Wellington
2000m steeplechase	Kelsey Forman	WHAC	8-Mar-15	6:52.72	ET		Newtown Park, Wellington
2000m track walk	Standard			11.00.00			
3000m track walk	Standard			15.00.00			
High Jump	Josephine Reeves	Lower Hutt	8-Mar-19	1.84m			Nga Puna Wai, Chch
Pole Vault	Standard	3.10m					



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Long Jump	Jessica Penney	WHAC	12-Nov-05	6.27m			Hamilton (NZ record)
Triple Jump	Anna Thomson	Mana	13-Apr-13	11.93m			Sydney
Shot Put	Leesa Lealaisalanoa	Titahi Bay	12-Dec-09	13.37m		4.00Kg	Timaru
Discus Throw	Leesa Lealaisalanoa	Titahi Bay	28-Mar-10	51.41m		1.00Kg	QEII Christchurch
Hammer Throw	Elizabeth Hewitt	Mana	11-Apr-21	61.72		3.00Kg	Hamilton
Javelin Throw	Jessica Beyler	University	3-Feb-88	41.98m		600g	QEII Christchurch
Heptathlon	Phoebe Edwards	WHAC	27-Mar-15	5163			Brisbane, Australia (NZ Record)
4x100 relay open	L. Kidd, Van Straten, P. Edwards, K. Freakley	Centre team	18-Feb-78	47.9	HT		North Shore
	Standard			48.05	ET		
4x100 relay club	L. Kidd, Van Straten, P. Edwards, K. Freakley	Lower Hutt	18-Feb-78	47.9	HT		North Shore
	Standard			48.05	ET		
4x400 relay open	K. Freakley, F. Janis, P. Edwards, L. Kidd	Centre Team	11-Mar-78	3.51.0	HT		McLean Park, Napier
4x400 relay club	K. Freakley, F. Janis, P. Edwards, L. Kidd	Lower Hutt	26-Nov-77	3.56.6	HT		North Shore
NB:	** W17 compete over this distance at nationals						

WOMEN 16 years Records

100m	Maria Maunder	Paraparaumu	20-Mar-93	12.43	ET		Sydney
200m	Kirsten Wilson	Lower Hutt	18-Feb-88	25.6	HT		Newtown Park
200m	Anzelle Gouws,		1-Feb-26	25.67	ET	[-0.3]	Newtown Park, Wellington
400m	Kathryn Kennedy	WHAC	9-Dec-07	57.58	ET		Wanganui
800m	Andrea Stuart	Otaki	7-Apr-84	2.10.07	ET		Hamilton
1500m	Andrea Stuart	Otaki	4-Mar-84	04:27.1	HT		Hastings
3000m	Phoebe McKnight	Lower Hutt	17-Mar-17	9:38.49	ET		Hamilton
2000m steeplechase	Kelsey Forman	WHAC	8-Mar-15	6:52.72	ET		Newtown Park, Wellington
100m Hurdles	Phoebe Edwards	WHAC	16-Mar-14	14.33	ET		Newtown
300m Hurdles	No Standard						
2000m Track Walk	Taylor Sutton	Olympic	15-Mar-26	9.53.66	ET		Newtown Park. Wellington
3000m Track Walk	Taylor Sutton	Olympic	1-Feb-26	15.56.41	ET		Newtown Park. Wellington
5000m Track Walk	Taylor Sutton	Olympic	8-Mar-26	28.31.57	ET		Waitakere, Auckland
High Jump	Keeley O'Hagan	Paraparaumu	20-Feb-10	1.82m			Waitakere (NZ Record)
Pole Vault	No Standard						
Long Jump	Jessica Penney	WHAC	30-Nov-04	5.86m			Newtown Park
Triple Jump	Anna Thomson	Mana	1-Apr-14	11.77m			Tauranga
Shot Put	Leesa Lealaisalanoa	Titahi Bay	12-Dec-09	13.37m		4.00kg	Timaru
Discus throw	Leesa Lealaisalanoa	Titahi Bay	28-Mar-10	51.41m		1.00kg	QEII Christchurch (NZ Record)
Hammer throw	Elizabeth Hewitt	Mana	06-Mar-21	56.66m		3.00kg	Sola Power, Lower Hutt
Javelin throw	Jessica Beyler	University	3-Dec-88	41.98m		600gms	QEII Christchurch
Heptathlon	Phoebe Edwards	WHAC	16-Feb-14	4454			Waitakere
4x100 relay club	No Standard						
4x100 relay open	No Standard						
4x400 relay club	No Standard						
4x400 relay open	No Standard						



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WOMEN 15 years Records							
100m	Maria Maunder	Paraparaumu	20-Mar-93	12.43	ET		Sydney
100m	Kirsten Wilson	Paraparaumu	20-Mar-93	12.43	ET		Newtown Park, Wellington
200m	Kirsten Wilson	Lower Hutt	18-Feb-89	25.5	HT		
200m	<i>Standard</i>			25.65	ET		
400m	Kate Brewer	Paraparaumu	30-Mar-91	57.76	ET		Porritt Stadium, Hamilton
800m	Andrea Stuart	Otaki	7-Apr-84	2.10.7	HT		Hamilton
1500m	Andrea Stuart	Otaki	4-Mar-84	4.27.1	HT		
3000m	Phoebe McKnight	Lower Hutt	17-Mar-17	9:38.49	ET		Hamilton
2000m steeplechase	Phoebe McKnight	Lower Hutt	6-Feb-16	7:13.33	ET		Masterton
80m Hurdles	Phoebe Edwards	WHAC	6-Apr-13	11.97	ET	.762 hurdles	Masterton
100m Hurdles	Phoebe Edwards	WHAC	24-Jan-14	14.33	ET	.762 hurdles	Wellington
2000m Track Walk	Taylor Sutton	Olympic	15-Mar-26	9.53.66	ET		Newtown Park. Wellington
3000m Track Walk	Taylor Sutton	Olympic	1-Feb-26	15.56.41	ET		Newtown Park. Wellington
5000m Track Walk	Taylor Sutton	Olympic	8-Mar-26	28.31.57	ET		Waitakere, Auckland
High Jump	Keeley O'Hagan	Paraparaumu	20-Feb-10	1.82m			
Pole Vault	<i>Sai Vaka</i>		1 Feb 26	2.35m			Newtown Park. Wellington
Long Jump	Hana McEwan	WHAC	1-Dec-01	5.58m			Waitakere
Triple Jump	Anna Thomson	Mana	12-Dec-10	11.47m			Hastings
Shot Put	Geraldine Isaacs	Paraparaumu	4-Dec-98	12.97m		3.25Kg	Logan Park, Dunedin
Shot Put	Amania Mafi	Upper Hutt	8-Apr-17	13.51		3.00Kg	NZSS, Inglewood
Discus	Leesa Lealaisalanoa	Titahi Bay	5-Apr-09	51.11m		1.00Kg	QEII Christchurch
Hammer Throw	Elizabeth Hewitt	Mana	06-Dec-19	53.33m		3.00Kg	Newtown Park, Wellington
Javelin	Jessica Beyler	University	3-Dec-88	41.98m		600g	
4x100 relay open	Bogiwalu, M Maunder, Marshall, K Cusin	Wgtn Centre	4-Apr-92	49.91	ET		Wellington
4x100 relay club	Seymour, Atkinson, Brackfield, Beldham	Paraparaumu	15-Feb-86	51.1	HT		QEII Christchurch
	<i>Standard</i>			51.25	ET		